

CHATS WITH YOUNG MEN.

Do not try to be somebody else. Do not dream of great far away opportunities; do the best you can where you are.

Master One Work. All young men should have a distinct line of work that they can master and grow proficient in.

Character is Everything. A youth should resolve, at the very outset of life, that he will hold his honor too dear for purchase, beyond all barter, peddles, and if he retains this he will always be rich.

Worth Cultivating. Admiration is a faculty worth cultivating, even if not chiefly, as a measure of self interest.

The Secret of Success. "To come up again and wrest triumph from defeat." That is the secret of the success of every brave and noble life that ever was lived.

Keep up Your Courage. There is first the belief that we are well and capable of continuing so. That is nothing more than faith in our own human powers.

"Be Not so Solicitous." The melancholy voice of yesterday reads to us as an awful lesson against being too much troubled about any of the objects of ordinary ambition.

Men are every day, in a less noble and dramatic way, enacting the same futile struggle. In the midst of efforts to build up a fortune, or to found a re-

putation, or to achieve some transient end, death comes; and very often quite suddenly, and some-times due to over-exertion, over-vegetation or despondency and despair.

Some Helpful Thoughts. It is the man who goes straight to his goal, obstacle or no obstacle, that commands our respect, gets our confidence and gets to the front.

Kind words are the music of the world. They have a power which seems to be beyond natural causes, as if they were some angels' which had lost its way, and came on earth and sang on undying, by smiting the hearts of men with sweetest wounds, and putting for the whole an angel's nature into us.

We ought to set a great value on time. Every minute is precious. We do not go through life throwing away our pennies, — at least, we don't do so if we have common sense.

He who can take an optimistic view of life in its varying aspects is a happy man. Our lives are what we make them, and our circumstances depend largely upon ourselves.

Good manners are the blossoms of good sense, and it may be added, of good feeling, too; for if the law of kindness be written in the heart it will lead to that disinterestedness in little as well as in great things.

"What message will you send the family?" was asked of a good man dying in a strange land. "My life is my message," was his reply.

Intellectual culture and development may point out to man the avoidance of evil, but they do not necessarily develop character, and that is what counts. — Rev. D. J. O'Sullivan.

Let us rest while we work. All the worry and fret which addle our brains have either origin in unfaith or forgetfulness of God. As a familiar story teaches, He managed the world before we came into it; He will be here to take care of it after we quit it.

OUR BOYS AND GIRLS.

STORIES ON THE ROSARY.

By LOUISA EMILY DORRICE. Carriage of the Cross.

LUCY'S CARRIAGE.

Lucy read the letter slowly, then putting it into Mrs. Madison's hands and signing to her to read it, she went away with a white drawn face and locked herself into her own room.

Hard, bitter thoughts came crowding into Lucy's mind. Confronted so that her heart craved for affection, more perhaps than does that of many people, her mother had never shown her any of that natural love which seemed her right.

Keep up Your Courage. There is first the belief that we are well and capable of continuing so. That is nothing more than faith in our own human powers.

"Be Not so Solicitous." The melancholy voice of yesterday reads to us as an awful lesson against being too much troubled about any of the objects of ordinary ambition.

Men are every day, in a less noble and dramatic way, enacting the same futile struggle. In the midst of efforts to build up a fortune, or to found a re-

Her heart had gone out to the words of each little meditation, and her eyes had rested on the incident in that awful tragedy of which each station treated.

"My most beloved Jesus! I embrace all the tribulations Thou hast destined for me until death. I beseech Thee, by the merits of the pain Thou didst suffer in carrying the Cross, to give me the necessary help to carry mine with perfect patience and resignation."

Those words were easy to say, and thousands who have them on their lips continually little realize their full meaning, and what courage they will need to "embrace all the tribulations" which may be their lot when they come.

For years past she had tried day by day to take up the cross, which through her mother's want of affection pressed so heavily upon her, and was felt by her so much more keenly than any one on earth could know.

The bearing of the cross with philosophical and a stoical acceptance of the inevitable may be satisfactory to the pride of man, but to bear it as a Christian alters alike the intention and its eternal effect on the one who thus carries it after the one who first bore it for him.

Mrs. Madison, who felt more for Lucy than she could express, was astonished when the girl came in the next morning from Mass with a face lighter and brighter than, even in spite of their happy days, she had ever seen it.

When she got there she found things even worse than her mother had described them. Mrs. Gregory had evidently married beneath her station in life, and her husband was in all respects a very unprepossessing individual.

It needed all her courage and fortitude to listen patiently to all Mrs. Gregory's endless stories of how badly she had been treated, and to hear her continual discussion of her ailments, symptoms and nerves.

Bella and Della, aged fourteen and sixteen, were pet girls who thought that they knew much better than Lucy about most things, and much resented being taught by her.

A LITTLE LIFE SAVER.

Baby's Own Tablets have saved many a precious little life.

"My baby was always sickly until I began giving him Baby's Own Tablets, but they have changed him into a fine, big, healthy child."

IMITATION OF CHRIST. THAT A MAN OUGHT NOT TO ESTEEM HIMSELF WORTHY OF CONSOLATION, BUT RATHER DESERVING OF STRIPES.

Suffer me, therefore, that I may lament my sorrow a little; before I go, and return no more, to a land that is dark and covered with the mist of death.

TRE BLESSING OF WORK. IT IS THE EVANGEL WHICH LEADS TO HAPPINESS.

It is a truth, testified to by the true men and women of all ages, that happiness is the fruit of honest labor, and that no other tree will produce it in such profusion or perfection!

There were two girls strangers to her, ready for her to teach them, and a nervous, delicate mother needing her care.

Then there was the thought of the living with strangers, her mother almost as strange to her as any of them, and last but not least all the dreams of going abroad so nearly realized to be given up.

is not the work that drags them down; it's the wailing. No one denies that food is a blessing, yet millions of dyspeptics and thousands of starving folk will tell you how too much or too little sustenance it quite the opposite.

Work is like a block of stone; you may use it as a step to the cellar, or you may carve out of it an angel that will lift your thoughts to the skies.

SIMPLE TRUTHS ABOUT PERSECUTION.

Right Rev. Wm. Strong.

To be a Catholic is to be persecuted. Persecutions have been the lot of Catholics always and in every land. The divine Founder told in advance: "They shall persecute you" (St. Luke xxi, 12).

The Ave Maria insists upon the radical distinction between Catholic missions and Protestant revivals. "The revival is far and away more emotional than is the mission, and its emotionalism is based on a much weaker foundation than is the passionate earnestness of the Catholic exercise."

Many persons have learnt the true emptiness and nothingness of this world of its pleasures and gains and honors by being forced either to suffer the agony or devote themselves to the care of the sick and afflicted who have claims upon them.

There is nothing like K.D.C. FOR NERVOUS DYSPEPSIA. FREE SAMPLES K.D.C. AND PILLS. Write for them: K.D.C. CO., 110, Broad St., N. Y. City.

The London Mutual Fire INSURANCE CO. OF CANADA. ESTABLISHED 1850. HEAD OFFICE: TORONTO, ONTARIO.

Church's ALABASTINE. the PERFECT, SANITARY and PERMANENT WALL-COATING, ready for use by mixing in COLD WATER, is EASY TO GET, because it is for sale by nearly all the leading hardware and paint stores in Canada.

Farm Laborers. Farmers desiring help for the coming season, should apply at once to the Government Free Farm Labor Bureau.

THOS. SOUTHWORTH, Director of Colonization, TORONTO, Ont.

Snowy White Linen in every home, comes from the use of Surprise A Pure Hard Soap. Makes white goods whiter, Colored goods brighter. See for Yourself. Remember the name Surprise.

INCUBATORS. Now is the time to secure the CHATHAM INCUBATOR. If you put it off until the last moment, the chances are that you will not be able to get them, as their past success has proven them to be the best in the market.

LIQUOR HABIT PERMANENTLY CURED. Good News. To all men and women who have become enslaved by the soul destroying vice, drunkenness, and to those who are on the way of becoming slaves to drink, here is indeed good news.

RUPTURE CAN BE CURED. at home WITHOUT Pain, Danger, or Time From Work by the WONDERFUL DISCOVERY of an eminent Toronto Specialist.

RHEUMATISM IN THE BACK. Setaia, Lumbago and Pain in the Back can be cured by my New Treatment just discovered. It is curing thousands.

INDIGESTION CONQUERED BY K.D.C. TO HEALTHY ACTION AND TONES WHOLE SYSTEM.

POULTRY SUPPLIES. LARGE CATALOGUE FREE. A J. Morgan LONDON.

Farm Laborers. Farmers desiring help for the coming season, should apply at once to the Government Free Farm Labor Bureau.