

COMMENDED BY MRS. M. W. SEWALL
The Eminent American Educator



MRS. MAY WRIGHT SEWALL

Principal of the Girls' Classical School; former
President of the International Council of
Women; and Nominee of the Inter-
national Congress of Women.

"I am profoundly grateful that a subject of such information to young women should be treated in a manner at once so noble and so delicate that any pure-minded teacher or mother may read or discuss its pages with young girls without the slightest chance of wounding the most delicate sensibilities, or by being misunderstood."