

TO MAKE PHYSICAL TRAINING COMPULSORY

French Propose to Introduce it as Part of the School System Which Must be Taken by All Scholars.

(Copyright, 1920, by Cross-Atlantic News Service.)

Paris, Aug. 13.—A very ambitious measure—to make physical training compulsory for both sexes—has been discussed by the senators.

It seeks to make a new nation—to make Frenchmen, and Frenchwomen (for it applies to both sexes), of the future healthier, more vigorous and more self-dependent.

There is another reason, and that a very important one, for its production. With the great economic struggle that will begin when the business of selling the peace has been disposed of, France sees that three years is much too long for young men to remain under the colors, and therefore M. Lefevre, the War Minister, has given the assurance that compulsory physical education will undoubtedly reduce the period of military service. That will be something for which young men who have to quit their studies to become soldiers will be grateful.

It is proposed to make physical training compulsory for both sexes from the age of six. In the case of youths the training will last until their incorporation in the army. For girls it will be given in the primary and secondary schools, in conformity with laws and regulations special to public instruction. There has been some difficulty about making physical exercises compulsory for girls. Some senators were afraid that the heavy hand of the state would spoil the "budding grace" of girls. There are, it seems, laws in existence providing for physical exercises for girls, but they have not been applied. They will be applied in the future.

The obligatory exercises to be imposed are intended to avoid malformations of the throat, nose and lungs; for it is argued that these irregularities can be best got rid of when a child is not yet formed. It is, however, proposed to differentiate between exercises and athletics. Sports will not be imposed on children of tender years. When boys grow up they will have to take part in games, and their physical development will be of as much concern to their teachers as their progress in reading, writing and arithmetic. The bill provides for examination in physical culture, so that in time certificates of fitness will come to have equal importance with certificates of proficiency in learning.

To put compulsory physical education in practice throughout France will mean a heavy outlay for gymnasiums and athletic grounds will have to be established all over the country. The burden will be shared by the state on the one hand, and the departments and communes on the other.

Frenchmen are making great progress in all branches of athletics. Their progress would be greater still, they say, if there were more athletic grounds. The physical education project will give them the grounds, and then it will be a case of other countries looking to their athletic laurels.

POLES FIGHTING WITH INSUFFICIENT ARMS

Were They Able to Get Arms and Ammunition Bolsheviks Would Find it Harder Going.

While the reports coming from the east of war are most distressing, for those interested in Polish freedom, they are not, however, as bad as would seem from the reports.

The apparently interrupted march of the Bolshevik army from one success to another is due, not to their outstanding military genius so much as to the fact that the Poles are unable to oppose them with anything like a similar military equipment. Thousands of Poles have rushed to the defence of the country, and many of these newly-formed regiments have gone forward to meet the oncoming tide of militaristic Bolshevism armed only with scythes. Periodic terror is an admirable quality to manifest itself in the people of a country, but it will, unfortunately, not take the place of machine guns.

Chattering headlines announce the fall of great fortresses—Brest-Litovsk, Rovno, Dubno and others—where as a matter of fact no fortress existed. Before the World War these cities were strongly fortified, but the ebb and flow of military campaigns during the past six years have completely obliterated them, and the Polish government had not been able to restore them. These so-called fortress cities were as undefended by a system of fortifications as any peaceful Canadian village.

Therefore it will be seen that with tremendously superior numbers, all well armed, and with no fortifications to bar their way, the Bolshevik army has not won its way by the exercise of marvellously superior military prowess. The valiant little Belgian army threw itself across the path of the German advance. All their valor and "will to die" could not check the armed horde thrown against them. The Belgian army was an efficient, intensely patriotic military organization equipped as well as any army in Europe—yet they were compelled to yield, stubbornly we know—to the overruling army of Germany.

The Polish army, inadequately equipped, many of its volunteer corps carrying only scythes, have more than equalled the valiant standard of the Belgians. Germany, ever watchful for an opportunity to compound the problems of the Allies, has declared her favor with the Bolsheviks, has declared her neutrality in any concerted action which may be taken to assist Poland by the Entente. She stands as a great obstacle between Poland and her sorely needed military supplies.

Owing to the international complications which render the status of Dantzig somewhat obscure, although she was plainly designated as Poland's

Farmer's Wife Has Gained 15 Pounds

Looks So Well Since Taking Tanlac Her Best Friends Hardly Know Here.

"Tanlac has been such a wonderful blessing to my wife, that I shall praise it as long as I live," recently declared Atherton Titus, a well-known and prosperous farmer living at Perry's Point, N. B.

"She certainly was in a terrible condition before taking Tanlac. Why, for ten years her stomach was so bad she didn't dare eat anything like pork or pancakes, and even nutmeg would sour and cause gas to form that bloated her up till she was in perfect agony. She fell off in weight till she was a mere shadow of what she used to be and became so weak she could hardly do a thing about the house. To make matters worse rheumatism set in and the pain in her arms and legs was so awful it kept her awake for hours at night. She tried nearly everything in the way of medicines and treatment but never got anything more than temporary relief until she tried Tanlac."

"In all my life I've never seen anything equal the way Tanlac got rid of all her troubles, and it has built her up to where she is like an entirely different woman. She can now eat anything at all and is never troubled in the least with sourness or gas. She has gained all of fifteen pounds in weight and her looks have so improved that her best friends hardly know her. The rheumatism has practically disappeared and she sleeps like a child the whole night through. She can now work all day without getting tired and feels as well and strong as ever she did in her life. We both firmly believe in Tanlac and want everyone to know what a grand medicine it is."

Tanlac is sold in St. John by Ross Drug Co. and F. W. Munro under the personal direction of a special Tanlac representative.—Advt.

AMMUNITION TO BE USED AGAINST REDS

Cargo of War Materials Being Loaded for Wrangel Government—Port of Destination Unknown.

(Copyright, 1920, by Public Ledger Company.)

Philadelphia Aug. 13.—With ammunition to be used in the suppression of the Reds in Russia the Russian steamer Westmont is loading a full cargo of rifles, shells, and locomotives at Pigeon's Point for the Wrangel government in South Russia.

The Westmont is in command of Captain Smith, and with two Russian army officers aboard, will sail direct from this port to the Black Sea, where she will receive orders as to her destination. The vessel was recently purchased by A. D. Cummins & Co., ship brokers, of this city, from the United States Shipping Board and is 400 feet long and 54 feet beam, and was built at Seattle, Wash., in 1913. It is understood that the freight paid the ship by the Russian government is in the neighborhood of \$150,000.

The Dublin Fires.

With Archbishop Mannix in London these Dublin fires are being looked on as the flames of prejudice.

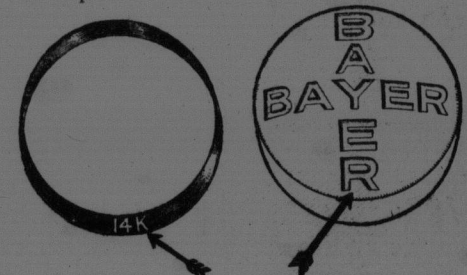
gateway to the sea by the great Peace Conference, it is only very lately that it has been possible for the Polish Government to bring munitions through this port.

Thanks to the propaganda of the Prussian junkers and the Bolshevik agitators, who make common cause in their hatred of Poland, the German dock workers at Danzig have refused to unload munitions, brought there by the ships of the Allies, for the use of the Polish army. This condition, however, has been in a measure remedied by the women of Poland, who have volunteered to unload these ships.

From these facts, therefore, it will be observed that the Bolsheviks are advancing because the Polish army is without arms and ammunition, because no equal fortifications are barring their way, because they are opposing machine guns to scythes, because they outnumber their valiant enemy ten to one, because they are receiving the tacit if not open assistance of Germany, and not because the valiant little Polish army is not fighting with its back to the wall, ready, if necessary, to die to the last man.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" on Aspirin is like 14 Karat gold. It positively identifies the only genuine Aspirin—Bayer's—presented by physicians for over nineteen years and now made in Canada.

Always buy an unbroken package a few cents larger than "Bayer".

There is only one Aspirin—Bayer's—of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

TUXIS BOYS AND TRAIL RANGERS

WINNIPEG MEN INTERESTED IN BOY LIFE.

Last winter a committee from the Rotary Club of Winnipeg made a survey of the boy life of the city with regard to its facilities for play life and of its juvenile crime. Mr. Robson, the chairman of the committee, said recently: "When we consider that 544 boys were arraigned in the juvenile court and that 176 of this number were detained for varying periods for correction, with a dedication, one realizes that there is far too large a number of boys whose abilities and vitality are misdirected. We discovered that approximately 10,000 boys were enrolled in day and night schools."

"A further survey was undertaken to ascertain what proportion of the boys in the city were organized for recreation, with either public or private facilities for play. The findings of the committee, Mr. Robson stated, were in line with the result of similar investigations in other cities, that when boys were not provided with facilities for recreation, there was a greater danger of drifting into bad company, with the inevitable consequence of sooner or later finding himself before the courts charged with more or less serious offenses."

"Two of the boys' work institutions in Winnipeg are preparing a map of the city showing conclusively from what districts the majority of juvenile offenders come," said Mr. Robson. "With the completion of this map the committee will be able to ascertain definitely whether the proximity of a public playground does not act as an effective remedy."

"A large number of city churches and other local organizations are making great efforts to provide educational and recreation means for Winnipeg boys," Mr. Robson pointed out. "Among these are the Y. M. C. A. with a membership of approximately 1,500 boys of the age under consideration. The Winnipeg and Newwood Boys' Clubs have an enrollment of about 300. The Boy Scout movement has more than 2,000 and the various churches are taking care of almost 2,000 in week-evening activities."—Firelighter

REAL ESTATE TRANSFERS.

Property transfers are reported as follows:

St. John.

R. H. Bruce to R. F. Wright, property in Mount Pleasant Court.

Charlotte Charlton to H. M. The King, property in Lancaster.

Earl St. John Building Co., Ltd. to B. Logan, property in Simonds.

R. Howland to E. R. Allaby, property in St. Martin.

John Lee to Henry Lee, property in Simonds.

H. H. McLean to F. R. Taylor, property in Horfield street.

The Westmont is in command of Captain Smith, and with two Russian army officers aboard, will sail direct from this port to the Black Sea, where she will receive orders as to her destination. The vessel was recently purchased by A. D. Cummins & Co., ship brokers, of this city, from the United States Shipping Board and is 400 feet long and 54 feet beam, and was built at Seattle, Wash., in 1913. It is understood that the freight paid the ship by the Russian government is in the neighborhood of \$150,000.

Executive of J. W. Morrison at alto East St. John Building Co., Ltd., property in Simonds.

F. R. Taylor to Isadore Amdur, at St. John.

Go to your druggist if he is an up-to-date one, he will have

FEEL THE SURGE OF

ABOUNDING YOUTH

Age is sickness—gradual disintegration of the tissues which comprise your vital organs—your nerves, heart, liver, kidneys, brain, etc.—all of these organs depend on the internal secretions of fluids of certain glands. When such glands become lax in their functioning, through under or over-secretion, you are sick. Unless these glands are aided to resume proper functioning, the tissues of the vital organs gradually wear away and crumble away. You are old in health, if not in years, and old-fashioned methods of treating sickness are admittedly helpless. Your days are numbered unless you get rid of the trouble by direct action, and that is by revitalizing and restoring the glands to their proper functioning.

Go to your druggist if he is an up-to-date one, he will have

PHOSPHONOL

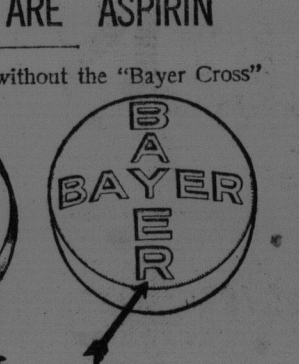
THE WONDERFUL NERVE AND BRAIN TABLETS

Each box contains a month's treatment. Get a box today. If you are away from any drug store send direct to The Schell Drug Co., Montreal. Price of Phosphonol, three dollars a box; two for \$5.00.

Sold in St. John by the Ross Drug Co., Ltd., 100 King St.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" on Aspirin is like 14 Karat gold. It positively identifies the only genuine Aspirin—Bayer's—presented by physicians for over nineteen years and now made in Canada.

Always buy an unbroken package a few cents larger than "Bayer".

There is only one Aspirin—Bayer's—of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Aspirin is the trademark (registered in Canada) of Bayer Manufacture of Monocristalline Aspirin. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Bayer Company will be stamped with their general trade mark, the "Bayer Cross."



SHOULD BE KEPT HANDY!

Windsor Table Salt

THE CANADIAN SALT CO. LIMITED

property in Horfield street.

Kings County.

G. G. Berry to Soldiers' Settlement Board, property in St. John.

Alfred M. Clarke et al to W. I. Henderson, property in Rotherham.

Lavinia McManis et al to John McCormack, property in Hiramond.

J. H. Morey to Crandall Bunnell et al, property in Cardwell.

H. E. Scovill to H. M. The King, property in Westfield.

A. S. Tabor to Soldiers' Settlement Board, property in Sussex.

Will Take All Its Time.

The Quebec Government is announcing that it is going to take over the liquor trade of the province. If it does it will have to give up all its other lines of activity.

GRAPE JELLY

is sure to "Jell"

clear as crystal

made with

1/2 SUGAR

and

HALF

LILY WHITE

SYRUP

THE CANADIAN SALT CO. LIMITED

property in Horfield street.

Kings County.

G. G. Berry to Soldiers' Settlement Board, property in St. John.

Alfred M. Clarke et al to W. I. Henderson, property in Rotherham.

Lavinia McManis et al to John McCormack, property in Hiramond.

J. H. Morey to Crandall Bunnell et al, property in Cardwell.

H. E. Scovill to H. M. The King, property in Westfield.

A. S. Tabor to Soldiers' Settlement Board, property in Sussex.

Will Take All Its Time.

The Quebec Government is announcing that it is going to take over the liquor trade of the province. If it does it will have to give up all its other lines of activity.

GRAPE JELLY

is sure to "Jell"

clear as crystal

made with

1/2 SUGAR

and

HALF

LILY WHITE

SYRUP

THE CANADIAN SALT CO. LIMITED

property in Horfield street.

Kings County.

G. G. Berry to Soldiers' Settlement Board, property in St. John.

Alfred M. Clarke et al to W. I. Henderson, property in Rotherham.

Lavinia McManis et al to John McCormack, property in Hiramond.

J. H. Morey to Crandall Bunnell et al, property in Cardwell.

H. E. Scovill to H. M. The King, property in Westfield.

A. S. Tabor to Soldiers' Settlement Board, property in Sussex.

Will Take All Its Time.

The Quebec Government is announcing that it is going to take over the liquor trade of the province. If it does it will have to give up all its other lines of activity.

GRAPE JELLY

is sure to "Jell"

clear as crystal

made with

1/2 SUGAR

and

HALF

LILY WHITE

SYRUP

THE CANADIAN SALT CO. LIMITED

property in Horfield street.

Kings County.

G. G. Berry to Soldiers' Settlement Board, property in St. John.

Alfred M. Clarke et al to W. I. Henderson, property in Rotherham.

Lavinia McManis et al to John McCormack, property in Hiramond.

J. H. Morey to Crandall Bunnell et al, property in Cardwell.

H. E. Scovill to H. M. The King, property in Westfield.

A. S. Tabor to Soldiers' Settlement Board, property in Sussex.

Will Take All Its Time.

The Quebec Government is announcing that it is going to take over the liquor trade of the province. If it does it will have to give up all its other lines of activity.

GRAPE JELLY

is sure to "Jell"

clear as crystal

made with


1/2 SUGAR

and

HALF

LILY WHITE

SYRUP

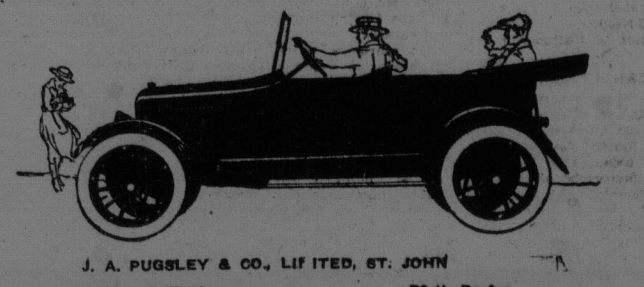


Choosing Comfort

WHEN you select this Canadian-made Overland, your choice is rewarded by the surpassing comfort of Triple Springs.

Their Springbase of 130 inches gives Overland long-wheelbase steadiness on rough roads. The actual 100-inch wheelbase preserves light weight economy and ease of handling.

Upkeep also is reduced by the cushioned protection given the fine alloy steels used in Overland. It is completely equipped and of appearance worthy of the place it has won already in the forefront of Canadian cars.



Immediate Delivery Obtainable Illustrated Booklet on Request

J. A. PUGSLEY & CO., LTD., ST. JOHN

Woodstock Dealers: GEORGE E. ARMSTRONG

St. Stephen Dealers: McWHIA & BUCHANAN

THE NATIONAL GARAGE CO., LTD.

Head Office and Factories: Willys-Overland Limited, Toronto, Canada

Branches: Toronto, Montreal, Winnipeg and Regina

How R. R. Rate Increase Will Touch Family Purse

No one can hope to avoid paying his share of the railroad worker's wages and the cost of new railway extensions and improvements, by merely refusing to travel. "Every pound of food eaten, every ton of fuel burned, every garment worn and every stick of timber entering into the construction of homes will contribute its share" to the gigantic total, reasons the Washington Post, which estimates that it means a per capita tax of \$12.00 on every man, woman and child in the United States for higher freight rates alone, and perhaps \$15.00, when all the increases are taken into consideration. In view of such estimates THE LITERARY DIGEST believes it worth while to gather for its readers the views of leading authorities in various important industries on the precise effect of the new rates in their respective fields. In some cases the statements were found in newspaper interviews, in others they come in response to direct telegram and telephone queries. At any rate, this summary of opinion has been incorporated in an interesting and instructive article in THE LITERARY DIGEST for August 14th, 1920. You will wish to read it.

Other news-articles which are sure to interest are:

What To Eat In Hot Weather

Cooling Foods and Drinks That Make Living Comfortable Even in the Hottest Weather.

The Employer's Duty to Employ

Japan Taking Saghalien

The Dry Drive on Cox

Silver Lining on Business Clouds

A Supreme Court for Quarrelling Nations

England's "Iron Heel" in Ireland

Is Japan Map-Making in Asia

A French Tribute to Uncle Sam

Opening the Gate of the Great Lakes

Whiskey-Selling Doctors

How Butterflies Hear

To Avoid Poisoning by Automobiles

New Prairie Architecture