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A Tonic Wine, pleasant to take.
Gives strength
Makes new blood
Builds up the system
Throws off all weakness

A boon to those recovering from wasting fevers and long illness.

Sold by all medicine dealers.
Davis & Lawrence Co., Ltd. Montreal.

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A good thing is worth a fair price and the cheapest.

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74 Prince William Street, St. John, N. B.

Little Boy Had Eczema For Six Months. Salves and Ointments No Good.

Eczema is one of the most torturing of the many itching skin diseases, and also the most prevalent, especially in children. The cause is bad blood, aided by inactive skin, inflammation, etc. It manifests itself in small, round pimples or blisters, which later on break and form crusts or scales. The skin has an itching, burning and stinging sensation. To get rid of Eczema, it is necessary to have the blood pure, and for this purpose nothing can equal

Burdock Blood Bitters.

Mrs. Florence Benn, Marlbank, Ont., writes: "My little boy had eczema for six months. I tried ointments and salves, but they lasted for only a short time, when it would break out worse than ever. I then decided to give Burdock Blood Bitters a trial. I only gave him two bottles, and it is now two months since, and there is no sign of a return. I feel sure that as a blood regulator, nothing can equal it. I cannot say too much for what it has done for me."

THE T. MILBURN CO., LIMITED,
Toronto, Ont.

OUT AT LAST—Ladies hat fasteners. Does away with hat pins, which makes new hole every time used not so with Handy Fasteners Mailed anywhere 25c, a pair Agents wanted. Big profits

MERCANTILE AGENCY,
74 Stanley Street,
St. John, N. B.

Pens THE ST. JOHN BUSINESS COLLEGE

A new lot of the celebrated
St. John Business College Pens
Just received from the manufacturers.

On sale at the Book Stores.
Mailed for \$1 per gross box.

S. KERR & SON.

The Home

HOW TO AVOID COLDS.

Habitual colds are due to an ill-kept skin on the outside, and dyspeptic mucous membranes on the inside, the result of indigestion coupled with carelessness, says an exchange.

Cold water, proper food and common sense are the foundations upon which a cold cure must rest. A cold sponge bath, one to three minutes long, with a brisk, dry rub immediately before and after, is excellent—usually all that is necessary to keep the cutaneous circulation alive and the skin reactive to sudden changes of temperature.

For those accustomed to cold water, tolerance can be gained in three weeks' time by the use of water at any comfortable temperature, making it one degree colder each day, until it can be employed without dread as cold as it will run. Salt may be added to the water for its stimulating effects; or alcohol; witch hazel is also useful.

Cold water intelligently used does not steal vitality, but fosters it. It stimulates the nerves that control the expansion and contraction of the blood vessels and regulates the cutaneous circulation. The dry rub is a fair substitute for those who cannot take the cold sponge.

For cold feet, wading ankle deep in cold water in the bath tub for one or two minutes before retiring will be found effective. If reaction does not set in after brisk rubbing, wrap the feet in flannels; they will soon thaw out. Do not use hot water bottle or other debilitating forms of heat. Cold hands may be treated on the same principle, but they have to be kept in cold water usually a much longer time.

Some colds are due to micro-organisms which attack the air passages; but this is much less likely to happen in a person whose powers of resistance have been raised by dietetic and hygienic measures.

If colds result from dust in the nasal passages, as sometimes happens, the nostrils may be washed out regularly with some warm alkaline solution, and with as much satisfaction as one brushes the teeth. This is properly a part of the morning toilet for those, at least, who suffer from catarrh in atmosphere of great cities. Operative interferences on the nose and throat may be required for deformities of diseases tissues which act as an exciting cause.

The inside and outside skins of the body are so much in sympathy and so dependent on each other that any disorder of the one is especially true of the alimentary canal and the skin as a whole. Overeating with the overexertion, indulging in things known to disagree, are among the causes of colds; for talking cold is ordinarily nothing but a successful attack from without; an attack that succeeds simply because the skin, which resists, is not properly supported from within, or lacks tone itself.

One should "keep moving" when wet or chilly, and not stand on a street corner or elsewhere without taking deep breaths. The lungs used in this way act as a pump to drive the blood along. The practice, with the other named, will reduce to a shadow the liability of having to entertain this unwelcome guest periodically.—Ex.

A POPULAR FALLACY.

Are women credulous? Ask the beauty doctor, ask the vender of quack medicines, ask the fortune-teller, ask the bargain salesman. The answer in all cases must be, "Yes, a certain class of women are credulous, pitifully so." But this class is far from being representative of the whole sex, and to judge women by this class alone would be equivalent to judging the other sex by the class whose greatest mental effort is to "trump up" a new fib each night to explain their absence until 11 p. m. from the bosom of their families.

Granted that a woman does reach her conclusions more speedily than a man does, is she, therefore, to be ticketed as wanting in judgment? It is admitted that her conclusion is correct quite as often as the more lengthily reasoned out one of a man, but because it is more hastily arrived at, a woman

is said to be guided not by reason, but by instinct.

Instinct in this case, however, is only another name for the power of quick reasoning. In the early stages of the world's history woman had a hard struggle for existence, and the preservation of herself and her offspring more or less depended on the speed with which she was able to "think out" a difficult position and act. Those who were able to reason quickly survived. This gift of quick reasoning has been transmitted through all the ages. Hence the fallacy that "women jump at conclusions."—Scottish American.

THRIFTY MABEL.

Time was, not very long ago,
When Mabel's walking skirt
Trailed half a yard behind to show
How well she swept the dirt.
But "short and sweet" are in again;
No more the grievance rankles,
For Mabel's now curtailed her train,
And shows her dainty ankles.

But Mabel has a thrifty mind
To supplement her charms;
The frills that once she wore behind
She fastens on her arms;
Her sleeves are made in open bags
Like trousers in the navy;
No more she sweeps the street, but drags
Her sleeve across the gravel.
—London Punch.

"Do you object to a cigarette smoke?" asked young Softleigh as he prepared to light a cigarette.
"Really, I don't know," rejoined Miss Cutting. "No gentleman ever smoked one in my presence."

What Sulphur Does.

FOR THE HUMAN BODY IN HEALTH AND DISEASE.

The mention of sulphur will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sulphur and molasses every spring and fall.

It was the universal spring and fall "blood purifier," tonic and cure all, and mind you this old fashioned remedy was not without merit.

The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect.

Nowadays we get all the beneficial effects of sulphur in a palatable, concentrated form, so that a single grain is far more effective than a teaspoonful of the crude sulphur.

In recent years, research and experiment have proven that the best sulphur for medicinal use is that obtained from Calcium (Calcium Sulphide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate coated pellets and contain the active medicinal principle of sulphur in a highly concentrated, effective, form.

Few people are aware of the value of this form of sulphur in restoring and maintaining bodily vigor and health; sulphur acts directly on the liver, and excretory organs and purifies the kidneys and enriches the blood by the prompt elimination of waste material.

Our grandmothers knew this when they dosed us with sulphur and molasses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse than the disease, and cannot compare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubtedly the best and most widely used.

They are the natural antidote for liver and kidney troubles and cure constipation and purify the blood in a way that often surprises patient and physician alike.

Dr. R. M. Wilkins, while experimenting with sulphur remedies, soon found that the sulphur from Calcium was superior to any other form. He says: "For liver, kidney and blood troubles, especially when resulting from constipation or malaria, I have been surprised at the results obtained from Stuart's Calcium Wafers. In patients suffering from boils and pimples and even deep-seated carbuncles, I have repeatedly seen them dry up and disappear in four or five days, leaving the skin clear and smooth. Although Stuart's Calcium Wafers is a proprietary article, and sold by druggists, and for that reason tabooed by many physicians, yet I know of nothing so safe and reliable for constipation, liver, and kidney troubles and especially in all forms of skin disease as this remedy."

At many rate people who are tired of pills cathartics and so-called blood "purifiers," will find in Stuart's Calcium Wafers, a far safer more palatable and effective preparation.

How to Cure A Burn

Apply Pond's Extract—the old family doctor—it will relieve the inflammation immediately. Cures burns, bruises, cuts, sprains; relieves all pains as if by magic. For over 60 years Pond's Extract has been the "first aid" in cases of accident—the reliable family remedy. Inhalations are weak, watery, worthless; Pond's Extract is pure, powerful, priceless.

Sold only in sealed bottles under bug wrapper.
ACCEPT NO SUBSTITUTE.

Obstinate Coughs and Colds.

The Kind That Stick.

The Kind That Turn To Bronchitis.

The Kind That End In Consumption.

Consumption is, in thousands of cases, nothing more or less than the final result of a neglected cold. Don't give this terrible plague a chance to get a foothold on your system.

If you do, nothing will save you. Take hold of a cough or cold immediately by using

DR. WOOD'S NORWAY PINE SYRUP.

The first dose will convince you that it will cure you. Miss Hannah F. Fleming, New Germany, N.S., writes:—"I contracted a cold that took such a hold on me that my people thought I was going to die. Hearing how good Dr. Wood's Norway Pine Syrup was, I procured two bottles and they effected a complete cure."

Price 25 cents per bottle. Do not accept substitutes for Dr. Wood's Norway Pine Syrup. Be sure and insist on having the genuine.

THE T. MILBURN CO., LIMITED,
TORONTO, ONT.

CONSTIPATION.

Although generally described as a disease, can never exist unless some of the organs are deranged, which is generally found to be the liver. It consists of an inability to regularly evacuate the bowels, and as a regular action of the bowels is absolutely essential to general health, the least irregularity should never be neglected.

MILBURN'S LAXA-LIVER PILLS

have no equal for relieving and curing Constipation, Biliousness, Water Brash, Heartburn, and all Liver Troubles.
Mr. A. B. Bettes, Vancouver, B.C., writes:—"For some years past I was troubled with chronic constipation and bilious headaches. I tried nearly everything, but only got temporary relief. A friend induced me to try Laxa-Liver Pills, and they cured me completely.
Price 25 cents per box, or 5 boxes for \$1.00, all dealers, or mailed direct on receipt of price.
THE T. MILBURN CO., LIMITED
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