

In the treatment of all skin troubles bathe freely with Cuticura Soap and hot water, dry gently, and apply Cuticura Ointment to the affected parts. These fragrant super - creamy emollients tend to prevent little skin troubles becoming serious if used for every day toilet pur-

The number of the first plant of the control of the plant of the control of the first plant of the control of t

forty years Mr. Reid has seen services as a commercial traveller. A letter recently received from him indicates how he suffered from Rheumatism, and at last found relief.

Read this letter:

"About four years ago I wrote you of my condition from Muscular and Infiammatory Rheumatism and Kidney Trouble and my efforts through travel and change of climate to rid myself of these nunwelcome guests, and how I only found relief in Gin Pills have been my sheet anchor. I find in advancing years a tendency of the kidneys to get out of order nore easily than formerly but a lew doses of Gin Pills puts them right and wards off other and more serious trouble. I feel it not only a duty but a pleasure to recommend Gin Pills for the Canada to whom I am well known as a commercial traveller of over forty years' service."

Yours truly,

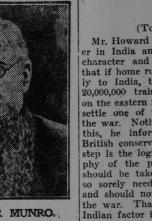
(Signed) W. G. Reid.

A sample of Gin Pills sent free upon into the content of the previous of the previous of the content of the previous of the content of the previous of the content of the conten



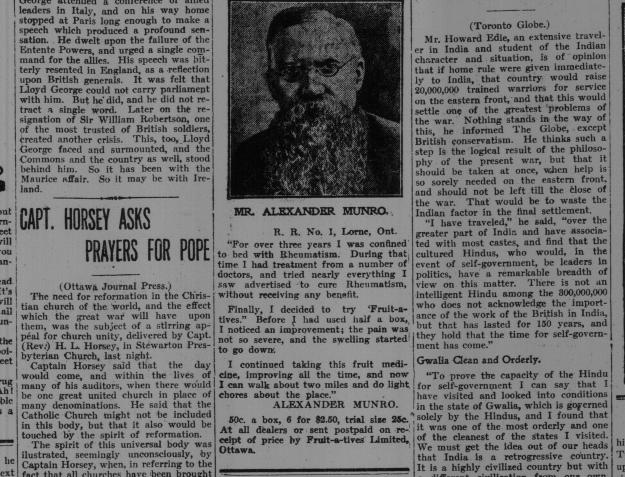
that any he ever underwent, and again a gray he will be a considered to Againth's exigation, and a gray of the constraint of the constrain

# FOR INDIA?



### Traveler Says it Would Raise 20,000,000 Soldiers for Allies;

Natives Ask Autenomy



It is a highly civilized country but with a different civilization from our own a different civilization from our own.

BY CASING SPREADER
I had used them the pimples were completely gone. I can highly recommend?
B. B."

Manufactured only by The T. Milburn
Co. Limited, Toronto, Ont.

"Bear the Burdens of War."

Take up your cross and bear its burden. Maintain public health standards at home, so that the people at home are fit to bear the burdens of war.

Suffering humanity looks for the repair of their broken lives to its women—its nurses.

You can do your "bit" by /learning nursing at once. Our course teaches you right at home. Let us send you complete details.

ROYAL COLLEGE OF SCIENCE, 709 N3 Spadina Ave., Toronto, Ont,



should, you'll never be constipated.

Keep the liver tuned right up to its work. Take one pill regularly (more only if necessary) until your bowels act regularly, freely, naturally.

Genuine bears Signoture Brentsood Colorless faces often show the absence of Iron in the blood.

Carter's Iron Pills will help this condition.

Our Truthful Contemporary The Wakeville Post-Abe Felt gave his horse poultry medicine by

A RESIDENTIAL COLLEGE FOR WOMEN STUDENTS ATTENDING McGILL UNIVERSITY

ounded and endowed by the late Rt. Hon. Baron Strathcona and Mount Royal. Courses leading to degrees in Arts, separate in the main from those for men, but under identical conditions; and to degrees in music.

Applications for residence should be made early as accommodation in the College is limited.

For prospectus and informat apply to THE WARDEN.

## uxated Iron to General Gibson Says Ho Feels that every Soldier Who Goes to the Front Should Take Nascated Iron Dr. James Francis Sullivan Explains Why It Helps to Increase Strength and Endurance and Build Up Weak, Nervous, Run-down Folks.

Dr. James Francis Suflivan Explains Wy It Helps to Increase Strength and Endurance and Build Up Weak, Nervous, Run-down Folks.

What every soldier most needs is tremendous "stay there" strength, power and endurance, with nerves of steel and blood of iron. To help produce this result there is nothing in my experience which I have found so valuable as organic iron-Nusated Tron, says Dr. James Francis Sull'ann, former? Physician of Bellevue Hospital (Outdoor Depty), personally found it of such great is and the Westchester County Hospital, and the Westchester County Hospital (outdoor Depty), personally found it of such great is a strength, energy and endurance.

General Horatio Gates Gibson, says Nuxated Iron has brought back to him in good measure that old buoyancy and energy that filled his velic should take General David Stuart Coron, noted fordion says: "When I became held by undergrant to the City of Mexico and her feels that every soldier should take General David Stuart Coron back? as I had done in my younger days. I tried different so-called 'tonics' without feeling any better, blut finally I heard of how physicians were widely recommending organic iron to renew redblood and rebuild strength in worn-out bodies. As a result I started taking Nuxated Iron and within a month it had roused my weakened vital fores and made me feel strong again, give mendurance such as I never hoped to again possess."

Another interesting gege of 12 years was Sergeant in the Civil War to remain on the U. S. Army and the last vetera of the Civil War to remain on the U. S. Army and the last vetera of the Civil War to remain on the U. S. Army active list. General Clem says: "I find in Nuxated Iron the one and ever relabilitates with such supprising results, is not also that the c

### Have you Indigestion?

liours

Never-Failing Remedy for Appendicitis

and mislead people until those bad attacks of Gall Stone Colic appear. Not one in ten Gall Stone Sufferers knows what is the trouble. Marlatt's Specific will cure without pain or operation. Buy from

J. BENSON MAHONY, Druggist

J.W. MAKE 600 SBI ONTARIO ST. TORONTO ONT.

Your food will continue to disagree with you, and cause distress until you strengthen your digestive organs, and tone and sweeten the stomach. You can do this quickly and surely by promptly taking a few doses of

Their natural action relieves the stomach of undigested food, stimulates the flow of gastric juice, renews the activity of the liver and bowels, and strengthens the digestive sys-tem. Take them with confitem. Take them with confidence, for 60 years' experience prove that Beecham's Pills

Are good for the Stomach

Largest Sale of Any Medicine in the World

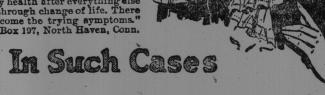
Women Are Here Told the Best Remedy for Their Troubles.

Freemont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change — heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. Godden, 925 Napoleon St., Fremont, Ohio.

Middle Aged

North Haven, Conn.—"Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."

—Mrs. FLORENCE ISELLA, Box 197, North Haven, Conn.



LYDIA E. PINKHAM'S VEGETABLE COMPOUND

has the greatest record for the greatest good LYDIA E.PINKHAM MEDICINE CO. LYNN. MASS.