

## THE BAROMETER OF EXCHANGE

(W. L. Edmonds, in Toronto Globe.)  
The resolutions being adopted by boards of trade and other organizations throughout Canada urging a curtailment in imports from the United States are born of necessity. And that necessity is the correction of the abnormal rate of exchange obtaining in respect to the trade between the two countries. With the American dollar selling in Canada at from 115 to 117 cents and the Canadian dollar only having a value of 83 to 85 cents in the United States, it naturally follows that the machinery of international trade cannot function properly.

The root cause of this abnormal condition is, of course, the wide difference there is between the export and import trade. The difference for the fiscal year 1919 was more than \$222,000,000, the imports from the United States being \$746,287,000 against exports thereof of \$524,287,000. In other words, the percentage of the former to the latter was 164 per cent. True this difference was not so marked as in 1918, there being in 1919, as compared with the former year, a decrease of \$44,098 in the imports from the United States and, on the other hand, an increase of \$87,111,084 in exports thereof. But unfortunately the tendency toward readjustment of the balance of trade does not on the whole appear to be working as satisfactorily during the current fiscal year as it did in 1919, for although there was during the eight months ending November a decrease of \$23,410,228 in the imports from the United States, the exports therefrom fell off by \$11,960,960, with the result that the proportion the former bore to the latter was 166 per cent., or four points below 1919.

When Britain Aided.  
During the last year or two of the war the premium on New York funds was prevented from ascending to the heights of the British government permit of the money held to its credit in the United States to be used in paying for materials bought there by Canadian manufacturers engaged in war work. It is estimated that about \$400,000,000 was in all paid out on this account. But that method can no longer be utilized. The fact that the premium of from 15 to 17 per cent. that has been running the last few weeks on New York funds, and which of course has to come out of the pockets of the Canadian people, for whether the article imported is raw material or whether it is a finished product for the merchant the premium obtaining is a plus to the cost. In other words, the premium is a plus in the high cost of living as far as commodities and articles imported from the United States are concerned.

Naturally, the remedy for the abnormal premium is the removal of its cause. And that entails a readjustment of the import and export balance of the trade in order that the two may more closely approximate than they do at present. The better method than to increase exports and decrease imports. But it is much easier to refrain from buying merchandise than it is to sell it, naturally the quickest factor to function in the process of modifying the adverse trade balance is to be found in the curtailment of imports, while at the same time making all possible effort to stimulate the export trade.

There are a great many things for the securing of which Canada will have recourse to the United States market. We must, for example, have their steel, their petroleum, and their other raw materials. The aggregate value of these three alone amounted last year to \$18,000,000, or working under all the handicaps which we cannot for the present do without certain raw materials and always with the shipping industry. Ship plates we shall shortly be manufacturing to some extent ourselves, but the last three or four years we could not have built a single steel steamer had it not been for the plates obtained from the mills south of the border line. Last year we brought in about \$7,000,000 worth of steel from the United States, and this should be a fair estimate of the structural steel of the larger cities, but in the meantime about ninety per cent of the material of this kind used in Canada comes from the neighboring republic. Obviously, then, the trade in order that the two may more closely approximate than they do at present. The better method than to increase exports and decrease imports. But it is much easier to refrain from buying merchandise than it is to sell it, naturally the quickest factor to function in the process of modifying the adverse trade balance is to be found in the curtailment of imports, while at the same time making all possible effort to stimulate the export trade.

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## ONE DOLLAR TO FIGHT GERMS

That's All it Costs For  
"Liv-rite Tonic" Which  
Strengthens Body Against  
the Flu.

Clear cold weather is not nearly so dangerous to the system as it is when it is constantly changing with variations continually in the temperature. It is absolutely necessary if we would be free from the various illnesses which come with such changes that one's body should be strong and vigorous so that there should be no "flaws" in the constitution so that fortified as well as possible, the germs of disease may attack without success. To do this, to make the body strong enough to resist such attacks it is necessary that the proper medicine be taken as a safeguard. To this end "Liv-rite Tonic" is highly recommended. "Liv-rite Tonic" has worked a cure where other remedies have failed. It has strengthened the weakened body, relieved the nerves and muscles, and with its carefully prepared formula of iron and vegetable oils has so purified the blood as to give new life to the system. It is in any way weakened and needs to be built up. "Liv-rite" can do it. You can get it at any drug store. There are a great many things for the securing of which Canada will have recourse to the United States market. We must, for example, have their steel, their petroleum, and their other raw materials. The aggregate value of these three alone amounted last year to \$18,000,000, or working under all the handicaps which we cannot for the present do without certain raw materials and always with the shipping industry. Ship plates we shall shortly be manufacturing to some extent ourselves, but the last three or four years we could not have built a single steel steamer had it not been for the plates obtained from the mills south of the border line. Last year we brought in about \$7,000,000 worth of steel from the United States, and this should be a fair estimate of the structural steel of the larger cities, but in the meantime about ninety per cent of the material of this kind used in Canada comes from the neighboring republic. Obviously, then, the trade in order that the two may more closely approximate than they do at present. The better method than to increase exports and decrease imports. But it is much easier to refrain from buying merchandise than it is to sell it, naturally the quickest factor to function in the process of modifying the adverse trade balance is to be found in the curtailment of imports, while at the same time making all possible effort to stimulate the export trade.

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## IRRITABLE NERVES RESTORED AND HEALTH REGAINED IN A SIMPLE WAY

The man or woman who is rundown, not feeling up to the mark, perhaps irritable, nervous or depressed, can well afford to learn about the wonderful results the newly discovered blood-food is giving to folks that use it.

There is a wonderful power in this new blood-food, and every weak, pallid person can be quickly nourished back to health that uses it as directed.

After each meal, with a sip or two of water, you simply take two little chocolate-coated tablets, sold in all drug stores under the name of "FERROZONE".

The effect is noticeable at once. You feel happier, brighter, more contented. That old-time feeling of weariness disappears—you forget you "were" ever out of health.

There is a reason for this change and that reason consists of the fact that Ferrozone contains blood-making materials you can get in no other way.

So safe, infants can use it, so sure to relieve, doctors prescribe it, so beneficial in preventing winter ailments that no person can afford to do without it.

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## Nasty Throat Droppings Catarrhal Discharges Quickly Cured

Doctors recommend Catarrhoseal as nature's own cure. It dries out the germs, heals sore spots, cleans away every vestige of Catarrhal mucus.

You send the soothing vapors of the pine woods the richest balsams and healing essentials, right to the cause of your cold by inhaling Catarrhoseal.

Little drops of wonderful curative power are distributed in the air you breathe. Like a miracle, that Catarrhoseal cures catarrhs, colds, croup, and all throat ailments.

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## WOMEN POLICE OFFICERS.

After ten months of trial, the higher authorities of the London police have decided that women police officers have made good, and the 100 now on duty will be retained. The wage is \$10 per week—seven hours per day.

The force was recruited from the patrol workers of the National Union of Women Workers employed by the commission in 1916, to aid in the protection of the city. They did excellent work but last November it was felt that the pressing need for them had passed, and they were disbanded with the exception of the 100 retained.

The work of the women force is preventive in a large measure, particular attention being devoted to young girls who are prone to get into mischief at night in the West End covering regular beats near the theatres and hotels. They work under the direction of a woman chief, whose headquarters are in Scotland Yard. If a woman is accused by some man who does not know her she can cause his arrest by appealing to the woman officer, and it frequently happens arrests are made without complaint.

All women applicants for the force are trained for eight weeks in the regular duties of a policeman, but they are not sworn in as constables, and are only liable for such duty as the commissioner may direct.

All our women are most carefully chosen," said their chief, Mrs. Stanley, "but we have no place for the 'prude or the prowl'."

LLOYD GEORGE HAS RARE SPECIMEN OF NEW HEAD-GEAR.

London, Feb. 19.—Lloyd George has challenged Winston Churchill's monopoly of eccentric head-gear.

It was a magnificent challenge and when the prime minister emerged from 10 Downing street wearing it crowd flocked to see him.

It is a Derby, not a topper, and the hat a French priest, but it is a combination of all three. It is the shining silk of which toppers are made, its shape is the oval of a Derby, but of topper height, while its brim the wide, upward curving brim beloved of French priests.

It is a rare specimen, is Lloyd George's new hat—mysteriously unique.

Loe Tilly of Sacramento, Cal., went into his back yard early in the morning and noticed something flying about in the thick fog. The thing, he thought, was new, but he did not know what it was. He pulled down a wild goose by the neck.

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## Painful Piles

A Free Trial of Pyramid Pile Treatment. You are suffering dreadfully with itching, bleeding, protruding piles or hemorrhoids. Now get over it.

You positively cannot afford to ignore these remarkable results. You are suffering dreadfully with itching, bleeding, protruding piles or hemorrhoids. Now get over it.

FREE SAMPLE COUPON. PYRAMID DRUG COMPANY, 108 Pyramid Building, New York City. I hereby request you to send me a Free sample of your Pyramid Pile Treatment, in plain wrapper.

NAME..... STREET..... CITY..... STATE.....

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## A Cure For Pimples

"You don't need mercury, potash or any other strong minerals to cure pimples caused by poor blood. Take Extract of Roots—Druggist calls it 'Mother Seigel's Curative'—and your skin will clear up as fresh as a baby's. It will sweeten your stomach and regulate your bowels." Get the genuine. 50c and \$1.00 Bottles. At drug stores.

## IF KIDNEYS AND BLADDER BOTHER

Take a glass of Salts to flush out your kidneys and neutralize irritating acids.

Kidney and Bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder obliging you to seek relief two or three times during the night. The sufferer is in constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in voiding it.

Bladder weakness, most folk call it because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple ailments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the uric acid in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again.

Jad Salts is inexpensive, harmless, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink, which quickly relieves bladder trouble.

## SCOTLAND, ENGLAND AND DRINK TRADE

(Christian Science Monitor)

"In the same way that all eyes were fixed on the men who fought our battles in the war, the temperance reformers in Britain, the dominions, and the continent will be watching the people of Scotland. It will be a great disappointment to these friends if Scotland falls to the work of the liquor traffic, and it will be a great stimulus to others all over the world to go and do likewise."

So did Lloyd George in an address at Glasgow recently indicate the importance, not only to the Scots people, but to the world of the liquor traffic prohibition which Scotland is privileged to make this year under the Temperance (Scotland) Act of 1920.

Under this act, which finally received the royal assent on August 15, 1919, it is provided that, after a lapse of eight years, dating from June 1, 1912, the people of Scotland shall be endowed with powers of local option in regard to the liquor traffic. Licensing, therefore, as a matter of right, and apart from the wishes of the people, is already a thing of the past in Scotland, and when the municipal and county council elections are held, next November, every burgh, ward, and parish in the country will have a chance to define the future status of the drink traffic within its borders. The electors will have a right to say what they wish in one of three directions: First, they can vote for no license, and thus secure prohibition; second, they can vote for the limitation of licenses, and these will be restricted by one-fourth; third, they can vote for no change, and conditions will remain as they are. On August 15 next, the clerk of the local authority will be ready to issue forms for a requisition of a poll, which forms must be signed by at least one-tenth of the electors. They will be lodged in September, duly advertised, kept available for inspection, and, in November, the electors will be asked to vote on the poll.

For many months past, all the great temperance societies in Scotland have been devoting themselves to the work of securing the best results from this opportunity. In order to prevent overlapping, Scotland has been divided up into districts, a certain number being allotted respectively to the Scottish Temperance League, the Scottish Prohibitionist League, the Temperance Association, and the International Order of Good Templars (Grand Lodge of Scotland); whilst the British Women's Temperance Association has agreed to assist in all districts.

There are a great many things for the securing of which Canada will have recourse to the United States market. We must, for example, have their steel, their petroleum, and their other raw materials. The aggregate value of these three alone amounted last year to \$18,000,000, or working under all the handicaps which we cannot for the present do without certain raw materials and always with the shipping industry. Ship plates we shall shortly be manufacturing to some extent ourselves, but the last three or four years we could not have built a single steel steamer had it not been for the plates obtained from the mills south of the border line. Last year we brought in about \$7,000,000 worth of steel from the United States, and this should be a fair estimate of the structural steel of the larger cities, but in the meantime about ninety per cent of the material of this kind used in Canada comes from the neighboring republic. Obviously, then, the trade in order that the two may more closely approximate than they do at present. The better method than to increase exports and decrease imports. But it is much easier to refrain from buying merchandise than it is to sell it, naturally the quickest factor to function in the process of modifying the adverse trade balance is to be found in the curtailment of imports, while at the same time making all possible effort to stimulate the export trade.

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