

with a view of securing this end, must be the result of individual effort in the education of the young;—by which I do not mean merely the kind and amount of information crammed into the head of the pupil, but the whole system of training required to produce a well-adjusted balance between all the intellectual and moral faculties of which man's higher nature is composed, and that physical developement of the entire system which reason and observation have shown to be the best safeguard against the occurrence of such a calamity in after life." *

The close and constant aggregation of the young together (in the vitiated atmosphere of a crowded mill,) has a tendency to excite the emotional and effective sensibilities of our nature, and to awaken the sexual passion before its proper time. The effect of this in the production of insanity, need not be pointed out to anyone practically conversant with the subject.

The employment of children in factories is fraught with other evils. Parental authority is weakened when the children spend the greater part of their time habitually away from home and among strangers. They very soon learn ideas of independence, if not of insubordination. Selfishness is fostered by the fact of their earning money by their own labor, which they soon learn to think they have a right to do with as they please—the sum at their disposal at any one time is usually so small that no attempt is made to save it for any useful purpose. Habits of unthrift result—the public house and the cigar shop are always at hand to swallow up any spare pence at their disposal. If the use of alcoholic stimulants and tobacco is injurious to adults, and leads to the production of insanity, it must be still more so in the case of all young persons whose nervous system has not yet reached its full development."

"This loosening of the family bond—this upsetting of parental authority—this perversion of the natural feelings and affections, indicates a state of mind very favorable to the developement of insanity, when circumstances arise calculated to produce it."

"An eager desire for wealth and a rash spirit of speculation prevades every class of the community."

"There is an amount of brain work going on in the present age, far different in kind from, and far greater in

* Address at the annual meeting, Dublin.—*Journal of Mental Science*, October, 1875.