

*Riddell: Wesley's System of Medicine.*

the bran in it"; for a Raging Madness, "let him eat nothing but apples for a month," and in Nervous Disorders, a full dietary is given. So also in a Dry Asthma, the patient is to use "food light and easy of digestion, Ripe Fruit baked, boiled or roasted, are very proper." For the Asthma, "live for a fortnight on boiled carrots only; it seldom fails." For the Falling Sickness, "use an entire milk diet for three months; it seldom fails." For Extreme Fat, "use a total vegetable diet. I know one who was entirely cured of this by living a year thus; she breakfasted and supped on milk and water (with bread) and dined on turnips, carrots, and other roots, drinking water"; in a Dysentery, "feed on rice, saloup, sago, and sometimes beef tea, but no flesh"; in a Raging Madness, "let him eat nothing but apples for a month" or "nothing but bread and milk. Tried." For Rheumatism, "live on new milk, whey, and white bread for fourteen days; this has cured a desperate case." "In a Stubborn Rheumatism, let your diet be barley-gruel, with currants, roasted apples, fresh wheys and light puddings." "In smallpox, let your whole food be milk and water united with a little white bread" or "milk and apples."

Wesley has very few medicines whose virtues consisted simply in their nastiness. Dry Zibethun Occidentale, i. e., *Stercus humanum* for films on the eye, *Stercus bovinum* warmed and spread on leather, used hot as a topical application for a Windy Rupture, Ear wax for White Specks in the Eye, and Goose Dung and Celandine on a plaster for cancer, exhaust the list.

He has many of the usual remedies which were in vogue at the time and most of which will be found in Buchan; and he applied them in no manner differing from others. Tarter Emetic and Ipecacuanha, Valerian and Wormwood, Horseradish, and *Carduus Benedictus*, Quince, Bramble and Burdock Leaves, Pennyroyal and Magnesia, Balm