

*Riddell: Wesley's System of Medicine.*

the bran in it"; for a Raging Madness, "let him eat nothing but apples for a month," and in Nervous Disorders, a full dietary is given. So also in a Dry Asthma, the patient is to use "food light and easy of digestion, Ripe Fruit baked, boiled or roasted, are very proper." For the Asthma, "live for a fortnight on boiled carrots only; it seldom fails." For the Falling Sickness, "use an entire milk diet for three months; it seldom fails." For Extreme Fat, "use a total vegetable diet. I know one who was entirely cured of this by living a year thus; she breakfasted and supped on milk and water (with bread) and dined on turnips, carrots, and other roots, drinking water"; in a Dysentery, "feed on rice, saloup, sago, and sometimes beef tea, but no flesh"; in a Raging Madness, "let him eat nothing but apples for a month" or "nothing but bread and milk. Tried." For Rheumatism, "live on new milk, whey, and white bread for fourteen days; this has cured a desperate case." "In a Stubborn Rheumatism, let your diet be barley-gruel, with currants, roasted apples, fresh wheys and light puddings." "In smallpox, let your whole food be milk and water united with a little white bread" or "milk and apples."

Wesley has very few medicines whose virtues consisted simply in their nastiness. Dry Zibethun Occidentale, i. e., Stercus humanum for films on the eye, Stercus bovinum warmed and spread on leather, used hot as a topical application for a Windy Rupture, Ear wax for White Specks in the Eye, and Goose Dung and Celandine on a plaster for cancer, exhaust the list.

He has many of the usual remedies which were in vogue at the time and most of which will be found in Buchan; and he applied them in no manner differing from others. Tarter Emetic and Ipecacuanha, Valerian and Wormwood, Horseradish, and Carduus Benedictus, Quince, Bramble and Burdock Leaves, Pennyroyal and Magnesia, Balm