



By means of the accompanying cut you can trace the path of the blood in its course through the body, as it carries nourishment to the cells and tissues and collects the waste matter. Leaving the left ventricle of the heart the blood passes along the aorta or main artery, and thence through the smaller arteries to the limits of the body. Passing through the capillaries into the veins the blood finds its way along the

vena cava or large vein, to the right auricle of the heart, and thence through the pulmonary arteries to the lungs, where it is oxygenized and returned to the heart to repeat the tour of the body. The blood makes its course through the body about every three minutes, and each time is acted upon by the kidneys and liver, whose duty it is to filter from it all poisonous impurities and waste matter.

## The Circulation of the Blood

If the body is to be properly nourished the blood must be kept pure and rich. By regulating and invigorating the kidneys, Dr. Chase's Kidney-Liver Pills purify the blood. As a means of upbuilding and enriching the blood, Dr. Chase's Nerve Food is the most potent preparation obtainable.