## **Contents**

		Page
1.	Working Together to Provide a Safe and Healthy Workplace	1
2.	Roles and Responsibilities in Occupational Safety and Health	3
3.	Your Rights Under the Canada Labour Code	7
4.	Workplace Hazardous Materials Information System (WHMIS)	8
5.	OSH Committees, OSH Representatives, and You	14
6.	What to Do If You Are Injured at Work	17
7.	Your First-Aid Station	19
8.	Your Fire Emergency Organization	20
9.	Where to Find More Information About Occupational Safety and Health	21