

English. The attendance has varied from thirty to more than one hundred daily at each station. It is only a beginning and it is hoped that if the grant be continued and increased, much more can be accomplished.

It is the aim of these milk depots, first to obtain fresh milk from clean dairies in which both the equipment and all the employees are under regular careful inspection. The milk thus obtained is to be furnished at cost price to pregnant women, to nursing mothers, and to children old enough to take whole milk. It is also supplied for the use of young infants, but mothers will be taught the simpler methods of modification at home, and in a few cases where deemed necessary carefully modified milk from a well-equipped laboratory will be supplied at slightly increased prices. No milk will be furnished for sick babies without a request or a prescription from the attending physician, as it is felt that milk depots should not be converted into medical dispensaries. Milk will be furnished healthy babies only after proof that the mother is unable to supply breast milk in sufficient quantity and every effort should be made to conserve and increase what she may have. In cases in which the breast supply is sufficient, but the mother on account of poverty is obliged to earn her own living, an effort will be made to supply funds so as to enable her to nurse her infant at home.

For babies who require altogether artificial food a suitable modified milk will be supplied at cost or below cost price. Ice, if necessary, is also to be supplied so that the milk may be kept cool. Inexpensive ice boxes will be kept in each milk depot and can be supplied to those requiring them at cost price.

Mothers who secure milk from the depot will be required to attend weekly and have their babies weighed, and also to attend conferences or addresses. With the assistance of nurses, and under the superintendence of a physician, an effort will be made to supply instruction to young mothers in the management of their babies. It is hoped that these depots may also be instrumental in conveying a certain amount of instruction to dairymen and to the public generally as to the value of good milk and the mode of obtaining it. In all these ways it is expected that such milk depots will be active centres of education for the distribution of a more perfect knowledge of all the conditions which tend to the infant's welfare. It is a great and necessary work and demands of those who would help it on much enthusiasm, much tact and patience, and a considerable knowledge of how to care for young infants.

We have already proof in our city of the great value of this work by the excellent results obtained in one of our wards by the well directed efforts of Dr. Severin Lachapelle and the Rev. Mr. Lepailleur.

CHILD WELFARE EXHIBITIONS AND THEIR VALUE

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It was well stated by one of the speakers at the brilliant and remarkable inaugural meeting of this Association, that for progress to be made in matters of public health, for the Government to enact and carry out laws and regulations tending towards an improved hygiene, we must depend not upon the opinions of experts—although these may initiate advance—but upon the establishment of a sound public opinion; upon familiarizing the man in the street, and the mother in the home, with

the need for reform and the means whereby reform may be brought about. Once public sympathy in any cause is thoroughly aroused the Government must inevitably take action. It is the people that lead the Government, and not the Government that leads the people.

It follows, therefore, that promotion of public health demands in the first place the making popular of knowledge of improved conditions, and of the means whereby defects and abuses may be cor-