

Exhaustion

Horsford's Acid Phosphate.

Overworked men and women, the nervous, weak and debilitated, will find in the Acid Phosphate a most agreeable, grateful and harmless stimulant, giving renewed strength and vigor to the entire system.

Dr. Edwin F. Vose, Portland, Me., says: "I have used it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

Descriptive pamphlet free on application to

Rumford Chemical Works, Providence, R.I.

Beware of Substitutes and Imitations.

For sale by all Druggists.

An important feature of Harper's Magazine for several months to come will be Poulton's series of papers on the "White Man's Africa," treating in the author's striking way the new continent recently opened up to European exploitation. The first paper, in the November number, will give a novel view of Jameson's raid from material placed in the author's hand by an English physician and a Boer official—thus presenting both sides of this remarkable episode. The series is the result of a journey to South Africa undertaken by Mr. Bigelow for Harper's Magazine, and is to be illustrated from photographs specially made for the purpose.

One of Life's Little Things and its Inestimable Value.

"Sir Humphrey Davy truly said: Life is made up, not of great sacrifices or duties, but of little things, in which smiles and kindnesses and small obligations given habitually are what win and preserve the heart and secure comfort. It is a small thing for a man to set apart a little of his income for premium payments on life insurance, but there is no calculating the amount of comfort it will secure when the wife and brood are left unprotected by the eternal absence of the husband and father."

"Cemeteries abound in evidences of dead hopes and living vanities. And too often in buried ignorance and selfishness, where men have died and left no life insurance. Ignorance? That's a mistake. No man on earth who can read can be ignorant of the benefits of life insurance in these days. Nor even the agents are continually going about for the enlightenment of such."

If you have never read or heard of the Compound Investment Plan of Life Insurance it will be to your advantage to either write Wm. McCabe, North American Life Assurance Company, Toronto, Ont., or to secure an interview with any of the Company's agents.

A Life of Martyrdom.

ENDURED BY THOSE WHO SUFFER FROM CONSTANT HEADACHE.

One Who Suffered Thus for Over Twenty Years Relates Her Experience, Which Will Prove Valuable to Others.

From the Tribune, Mattawa, Ont.

Among the residents in the vicinity of Mattawa there is none better known or more highly esteemed than Mr. and Mrs. R. Ranson, who have been residents of this section for the past fifteen years. Mrs. Ranson has been a great sufferer for years, her affliction taking the form of dizziness and violent headaches, and the attacks would come upon her so suddenly that she could scarcely reach her bed unaided, and would be forced to remain for three or four days unable to take any nourishment and suffering more than tongue can express. She was but seventeen years of age when these attacks first came upon her, and the doctor who then attended her, said that in his opinion her life would not extend over a few years at most. But more than a score of years have since passed during the greater part of which, it is true, Mrs. Ranson was a great sufferer. But that is happily now past, and she is enjoying better health than ever she did. To a reporter of the Tribune Mrs. Ranson told her story, adding earnestly that she hoped her experience might prove of benefit to some other sufferer. She said: "The spells of dizziness and intense headaches would attack me every three or four weeks, and would last from two to four days at each attack, and with each attack my suffering appeared to grow more intense. I had good medical advice, and tried many remedies, but with no beneficial results. In the spring of 1895 my appetite began to fail, my hands and feet would swell, and my heart palpitate violently. I was utterly discouraged and felt that I would not live much longer. One day my daughter urged me to give Dr. Williams' Pink Pills a trial, but I had taken so much medicine with no benefit that I refused. However, she went to town and got four boxes, and to please her more than for any hope of benefit I agreed to take them. I did not find the first box do me any good, but by the time I had taken the second my appetite began to improve and I could sleep better. I then began to have faith in them and as I continued their use found myself constantly getting better. When I had finished the fourth box both myself and friends were surprised to find that I had not had a headache for more than six weeks, the action of my heart had become regular, and I could sleep soundly all night. I was still weak, however, and decided to continue the use of the pills, which I did until three more boxes were used. Since then I have been stronger than at any time for years before and have not had an ache or pain. I can do my work, have a new interest in life and feel ten years younger. I feel that Dr. Williams' Pink Pills will do for others what they have done for me, and believing this I am glad to make my story public in the hope that it will be of value to some sufferer."

Mrs. Ranson's husband and mother were both present and say that they look upon her recovery as miraculous. They further said that many and many a night they had sat up keeping hot cloths on her head, that being the only treatment that had helped her, before she began the use of Dr. Williams' Pink Pills.

This great remedy enriches and purifies the blood, strengthens the nerves, and in this way goes to the root of disease, driving it from the system, and curing when other remedies fail.

Every box of the genuine Dr. Williams' Pink Pills has the trade mark on the wrapper around the box, and the purchaser can protect himself from imposition by refusing all others. Sold by all dealers at 50 cents a box or six boxes for \$2.50.

Alex. Murray, M.A. (Honour), will resume private tuition in the second week of October. For full particulars apply to A. G. Murray, 61 Victoria Street or 67 Czar Street, Toronto.

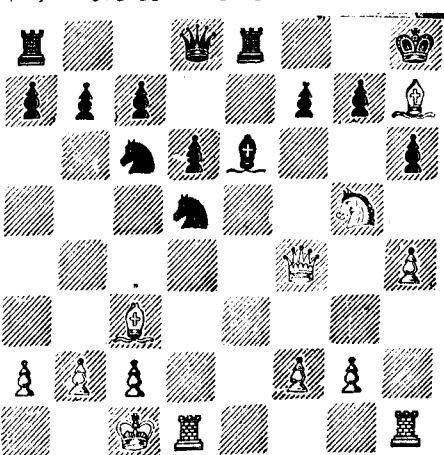
Chess.

A short and spicy "Centre Gambit" at Nuremberg: the veteran lowering his colors prior to his twentieth move:—

Winawer Steinitz Game 756
1 P K4 P K4 BD GE
2 P Q4 P xP 24 E4
3 P qh3, ppx, 4 bqb4, (p qb7), 5 q xp, 6 bqt5 ch, 6 kt qb3 kt qb3, 7 kt kb3, p q3, 8 castle, 9 xkt, 9(q xb, kt kb3, 10 b kt5, castle, 11 krl, b kkt5, 12 qn1, b xkt, ... kt k4, etc.) p xb, k kt k2, 10 kt kkt5, castle, 11 p k5, b kb4, etc.) p xp, 5 b xkt, kt kkt5, 6 p k5, b bqt5 ch, 7 kbl, p q4, 8 bqt5 ch, kt kb3 q2, 9 q kkt4, b kbl, 10 p k5, p xp, 11 q kx4 ch, k k2, 12 bqr3 ch, p q4, 13 bxp ch, k kb3, 14 q kb3 ch, k k4, 15 q k3 ch, k kb3, 16 q kb4 ch, k kt3, 17 b q3 ch krl, 18 p kt4 ch, krl, 19 kt b3 ch, 20 q mates
3 Q xP Kt QB3 14 rx
4 Q K3 Kt B3 4C ZP
4... P kkt3, 5 kt qb3, 6 kt2, 6 qk2, k kt k2, 7 castle qr, castle, 8 b qb4, kt q4, etc.) p kb4, p q4, 9 ppx, kt xp, 10 kt x kt, qkx, 11 b qk4, b xp ch, 13 k xb, qxr, 13 bxr, bkb4, 14 b q3, rxh, wins
(r1bqkblr, pppplppp, 2n2n2, 8.



4P3, 4Q3, PPP2PPP, RNB1KBNR)
5 P k5, kt kkt5, 6 (qk4, p q4, 7 p xp ep ch, b k3, 8 p xp, q q8 ch, 9 kxq, kt xp ch, 10 k k1, kt xq, 11 b kb4, b qb4, etc.) q k2, p q3, 7 ppx ch, b k3, 8 ppx, qxp, 9 kt kb3, castle qr, 10 kt qb3, b qb4, 11 b k3, krl, winning
5 Kt QB3 B Kt5 ju Rn
6 B Q2 Cast e s2 HZ
7 Castle R K1 As RH
8 sound sacrifice B xKt Jv nu
8 B B4 B xKt Jv nu
9 B xB Kt xP 2u PD
9... R xp: 10 b xkt, winning a piece
10 Q B4 Kt B3 CN DP
(10... kt xb, 11 b xp ch, ... 12 b xr) 10... kt k2, 11 p k r4, kt k3, 12 (q kt3, q kt5 ch, 13 qkx, kt xq, 14 p f5 etc) q kb3, p kkt3, 13 p k5, q kkt4 ch, 14 q xq, kt xq, 15 p xp wins
11 Kt B3 P Q3 SM 76
12 Kt Kt5 B K3 MW zF
13 K Q3 P KR3 v3 7766
14 winning the game properly
14 P KR4 Kt Q4 2244 P5
14... P xkt2, 15 p xp, kt q4, 16 q k4, (k kb1, 17 b xp ch, k k2, 18 p qb4 wins) p kb3, 17 q kx4 ch, kb2, 18 b kkt6 ch, (k k2, 19 q xp ch, ... 20 mate) k xb, 19 q kx4 ch, k kb4, 20 p kkt 6 ch, k kb5, 21 r krl ch, ... 22 mating
15 B R7 ch K R1 377+ 288
15... kb12, 16 kt xb ch, r xkt, 17 r xkt!!
(r2qr2k, ppp2ppb, 2npb2p, 3n2N1.



5Q1P, 2B5, PPP2PP1, 2KR3R)
16 apparently winning sacrifice 15 F5
16 R xKt B xR
17 v'ing wonderful combination 77D QP
17 B K4 P KB 3
17... (17... b xb, kt xp ch) r xb, 18 (kt xrl, b xkt, etc) q b5, q kkt1, 19 q xb, r k2! seems probable (17... rxh, 18 kt xr, q kkt1, 19 q xrp ch, q k2, 20 bxp ch, k ktl, 21 kt kb6 mate) q k2, 19 q xp ch, ... 20 mating
18 B xB BP xKt D5 PW
19 P xP Kt K4 44W xE
20 wonderful coup de repos resigus WX ill.
20... q b3, 21 r xp, ch, p xp, 22 q mates