

which and by which their students would be benefited, for thus forewarned and instructed many more years of more efficient service to the community, financial results more encouraging, in fact, every benefit we pray for, would result from heart-to-heart talks about their future labors.

The so-called ethical medicine concerns, whose goods by every device, assisted by medical journals, are most disgustingly and too often introduced to us, have been and are our greatest enemies in every respect, especially so in the cleavage they have caused in our relationship to our next best friends—the honest druggists. However, reaction is setting in, and we are learning that the local druggist has enough on his shelves to meet our practical work—and also learning that the price lists are eclipsed by ethical and legitimate publications more deserving of our study and adoption—learning, too, that it is not professional to act as salesmen for non-ethical goods, even if, in our verdancy, we hang on our office walls their alluring and charming, yet disgraceful, picture cards. We, of all professional men, most assuredly are the most easily victimized, and an ordinary survey of our own daily life will most clearly, yet sorrowfully, prove this fact. Yes, the allowance by us of the work of the patent medicine concern or company to break up an ancient and honorable friendship existing between us and druggists, is dishonorable and disastrous, and those of us who take brief yet clear observations of the movements and designs of men can easily see the maelstrom to which we are drifting. To preserve our professional standing we must preserve our friendship with honest druggists—our best friends.

A TREATMENT FOR SPRAINED ANKLE.*

BY J. SHEAHAN, M.D., ST. CATHARINES.

When we speak of sprained ankle we understand an injury suddenly produced in that joint when its movements are carried beyond their normal physiological limits, or when the bones entering into its formation are deflected in some unnatural direction, without, however, producing actual dislocation. Then we find a stretching, or a partial rupture, or a complete rupture, of some of

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