

Miscellaneous.

GLYCO-THYMOLINE AS AN ORO-NASAL AND A GENERAL ANTISEPTIC.

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It is only by slow degrees that medical men as a profession are learning to realize the important part played by bacteria in the cavities of the nose and mouth. One sign of this appreciation may be found in the fact that washes and gargles for the mouth and throat are being more and more adopted in everyday practice. The systematic use of such applications, however, so far as the nostrils are concerned, is for the most part still confined to specialists. One reason for this comparative neglect of a simple method of treatment by general practitioners has, no doubt, hitherto lain in the difficulty of obtaining a safe, and at the same time, an efficient antiseptic and cleansing fluid for the mucous membranes in question.

Glyco-Thymoline was brought to my notice as an excellent lotion for nasal and oral sprays and washes. On due inquiry it was found to fulfil the conditions usually recognized by medical men in the United Kingdom as vouching for the character, so to speak, of such a preparation; its composition is not a secret, its formula being freely published. Under these circumstances, I determined to try the effect of this preparation in a few suitable cases. As a general antiseptic fluid that does not coagulate albumen, and is non-irritant, deodorant and practically non-poisonous, Glyco-Thymoline has clearly a wide range of usefulness. My own observations, however, have been practically confined to its use in the nose and mouth, with results that have proved satisfactory in every instance, especially in acute coryza, pharyngitis, influenza and aseptic conditions of the mouth.

In Glyco-Thymoline we have a good, safe application in septic conditions of the mouth, throat and nose. It seems not improbable that in the near future medical men will attend more than they have done hitherto to the mucous membranes of the upper respiratory tract in influenza, measles, scarlatina, chronic and acute coryza, whooping-cough, and other infectious ailments. Post-nasal catarrh—that curse of modern civilization—has never been adequately attacked by the general practitioners. Carious teeth, again, another defect of civilization, are apt to damage the general health considerably. In both these conditions Glyco-Thymoline will be found a safe and effective remedy well worth a careful trial in practice.