

more matter-of-fact turn of mind can drive, fish, etc., shoot or botanize to their hearts' content. If their souls be utterly dead to all this good cheer, they can stay at the Hotel, read, eat, grumble, and make themselves as disagreeable as they please. This always being the peculiar province and privilege of the traveller.

Santa Barbara has done wonders for legions of people suffering from the curse of our modern civilization—lung affections. Thousands are living to-day in California and elsewhere, who owe their extended lives solely to its climate. Many, alas, wait *too long* ere starting for California. *Such should stay at home.* Its soft balmy atmosphere, and agreeable temperature, is a curative agent in itself.

Those seeking relief from, and with a hereditary tendency to, lung troubles, after consulting their physicians should visit it early, when all will conspire to benefit them—change of scene, new faces, new thoughts, all divert the sick and tired, and furnish that best of hygienic medicines, *distraction*. Gently, and almost imperceptibly, many such are soon brought back to health. The appetite improves, a little color is seen in the once pallid cheek. A new vigor is infused into the body, making it susceptible of greater exertion, hence refreshing slumber, with the better appetite and the constantly increasing strength; finally comes the gain in flesh—and presto, they “throw physic to the dogs” (why this is done the writer cannot say, as in an extensive practice he has yet to learn that the latter take it, they considering it a gratuitous charity and impertinence)—and rightly give the credit to the climate.

No one climate is suitable for all classes of cases—a few weeks' residence will enable the visitor to judge of the climate, and its suitability to his or her case. If not agreeable and a drier climate is necessary, they can drive to the healthful valley of the Ojai near Santa Barbara, where they can live, eat and sleep out of doors, without any cover over them, but the canopy of the heavens, with safety and benefit. A friend of the writer's, in speaking of the benefit that he had received from the mountain air, for lung trouble, fittingly described it by saying, “it actually tasted good.” Quite a number from the Isthmus have already, under my advice, visited Santa Barbara. The sick and delicate to gain health and strength, the weak and debilitated by long residence in the hot and humid Tropics, to reinvigorate their worn and relaxed

bodies. Of these, one and all write back warmly—nay, some affectionately, of what the climate of California has done for them. Several families sent there for health have decided to settle. Their actions speaking louder than their words.

The visitor to Santa Barbara will find excellent hotels and boarding houses. The leading hotel, and that best situated for those seeking health or pleasure, is the Arlington, one of the largest and best-managed Hotels in Southern California.

PANAMA, July 27th, 1882.

Correspondence.

To the Editors of THE CANADA MEDICAL RECORD.

In your last July issue, page 238, you provide your readers with some remarks and quotations regarding the everlasting *bugbear* of “consultations with Homœopaths.”

You mention the fact of the Medical Society of the State of New York having framed and adopted a new code of ethics, “*permitting free consultations with competent practitioners of any school.*”

You say that this action met with the almost unanimous opposition and repudiation of the Medical Societies of other States of the Union. This likewise extended to the name of *Allopath*, because it was *untrue* and obnoxious, etc.

The Medical Societies of the other States made a declaration of principles, too, beginning with; “Rational medicine, being based upon experience and pathological research, demands absolute freedom in the selection and administration of materia medica, and that there is nothing in its code of ethics prohibiting the use by its members of any known and *honorable* means of combating disease and as a means of alleviating human suffering, and we hail with pleasure and gratitude every discovery in etiological and therapeutical science, by whomsoever made.”

One would think that such a declaration would permit of unlimited consultations and intercourse “with competent practitioners of any school,” just as the Medical Society of the State of New York desired. Why, then, do the Medical Societies of other States condemn the New York code—I would like to know? Let us see what more they say.

The American Medical Association say:—“We