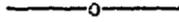


apoplexy. The argument, he stated, was conclusive against this extreme view. The same conclusion was arrived at in respect to insanity, epilepsy, St. Vitus's dance, heart disease, and chronic bronchitis. At the same time, immoderate smoking cannot be carried on without danger, sometimes even to life itself.—*Ibid.*



A CAUTION FOR LADIES.



Women of the present day are happily too strong-minded to paint their faces or dye their hair (says the *Pall Mall Gazette*), even were such proceedings necessary to heighten their attractions. They can therefore afford to smile at a warning conveyed by the *Sanitary Record* against the use of cosmetics and hair dyes, which frequently contain lead, and consequently produce disastrous results on the inner system, hardly compensated for by their pleasing effects on the outer system. It seems a patient was lately admitted into King's College Hospital, suffering from all the symptoms of lead poison. On enquiry, it was found that the sufferer was a ballet dancer by profession, and, as is usual with ballet dancers, was in the habit of using flake white freely as a cosmetic. This powder proved on analysis to be composed chiefly of carbonate of lead. When applied to the face, the powder becomes partly absorbed through the mouth and nostrils, and thus enters the circulation and pervades the whole system. A friend of the patient was, according to her account, suffering from the same symptoms as herself, and there is, it is stated, nothing unusual in the case, as symptoms of lead poisoning have often been traced to the use of cosmetics and also to the habitual employment of hair dyes containing lead. In short, when Beauty with paint competes with Beauty without paint, she does so at the risk not only of defeat, but also of death.