The Free Press

LONDON, ONT.

Published by

The Free Press Publishing Co., Limited.

LONDON, ONTARIO.
Established 1849.

Morning and Evening.

TELEPHONE NUMBERS:
5200—Private Branch Exchange—5200
After 10 p. m. and Sundays: Business Office, 3080; Editorial and Reporters, 6420; Composing and Mailing Rooms, 2927.

ADVERTISING BRANCH OFFICES:
E. L. McArthur, 232 St. James street, Montreal, Que.
E. J. Guy, 302 Royal Bank Building, Toronto, Ont.
D. J. Randall, 341 Fifth avenue, New York, N. Y.
C. W. Wallis, 1243 First National Bank Building, Chicago, Ill.

SUBSCRIPTION RATES:
City—Delivered

15 cents per week; $3.90 for six months; 65 cents per month; $7.80 for one year.

By Mail—Outside City

$5.00 per year; $2.75 for six months, or 50 cents per month for short-term subscriptions.

To the United States, $6.00 per year; $3.50 for six months, or 65 cents a month.

Foreign subscriptions, $13.80 a year.

The Free Press will not be responsible for remittances in currency.

All subscriptions are payable in advance and at full price. Insure safety of your remittance by using postal note money order or registered letter. Subscriptions are started only with current issue. Three days' notice required to make change of address. Be sure to give both old and new address. Renew promptly and sign your name exactly as it is on your label. Subscriptions remittances are not acknowledged unless requested. Receipt of remittance is shown by your label being changed inside six days.

ADVERTISERS NOTE:

Circulation audited by A. B. C. Report furnished advertisers on request.

Saturday, April 1, 1922.

Answered Prayer

It is a crude statement but true: "Man is a praying animal." The history of prayer is not only the history of religion, it is the history of the race. It is universal. Irrespective of religion or nationality, people pray. Mankind never outgrows the need of prayer. With some, petitions may be crude, ignorant and pagan; with others spiritual, cultured and soul-inspiring; but all pray. Professor William James, speaking on this subject, once said: "We hear in these days of scientific enlightenment a good deal of discussion about the efficacy of prayer, and many reasons are given why we should not pray, whilst others are given us why we should. But in all this very little is said of the reason why we do pray—the reason why we do pray is simply that we cannot help praying."

A great many people undoubtedly have lost faith in prayer because their petitions are not answered in the manner expected. They have concluded that since we are living in a universe of law, and since the laws of nature move on in unerring regularity, what can they expect to obtain by prayer? It is true that nature's laws are regular and reliable. It has been reported that an astronomer is journeying now to the Antipodes to observe the next eclipse of the sun. He already knows the moment it will take place. But because the laws of nature are so sure and steadfast is not to say man is a slave to all these laws and forces. Man has been learning through the years to manipulate and master these forces. He does not violate the laws, but uses the knowledge of them to his advantage and wonderful discoveries and inventions have been the result. If man's limited knowledge and control of such forces and laws can bring such results, who dare limit the powers of God to use them for His glory and man's good?

The difficulty of answered prayer with others is the thought of the transcendance of God, which they stress to the extent of forgetting His immanence. God, they claim, is so transcendent, so concerned with the might and majesty of the universe, that He cannot be expected to pay any attention to an individual, who is but a tiny speck on the surface of one of the innumerable planets. It is said this was the perplexity of Madame Guyon until a Franciscan friar gave her this suggestion: "Madame, you are seeking without that which you have within. Accustom yourself to seek God in your own heart, and you will find Him." God is never far from a sincere praying soul.

Others find difficulty in believing in answered prayer, or in praying at all, claiming prayer is just like uttering one's feelings to the atmosphere, where your words leave you but bring nothing back. In a sense prayer is speaking to an atmosphere. All human relations are questions of atmospheres. In all our dealings with people we deal with atmospheres which we feel, can describe and value, and they react upon our own experiences. All religion is a matter of personal atmosphere created by a personal presence. Christianity is not a mere code or creed. It is spirit, life and atmosphere. It is not merely dealing with plans, projects or petitions; it is dealing with a person in the atmosphere of whose presence we may find ourselves while in prayer.

It is true that the testimony of Scripture and the testimony of personal experience are most convincing in the matter of answered prayer. It is true God did not always grant the petition in the form presented. Had He done so He might have denied the substance desired. Answers to prayer were not always affirmative. But one has to remember that "No" is an answer as well as "Yes." Sometimes "Wait" is equally an answer. God may not always answer your petition, but He answers you. Paul's prayer was not granted, he prayed for a removal of "the thorn in the flesh," but Paul was answered. God said: "My grace shall be sufficient for you." He lived in glory in his infirmity. Augustine's mother dreaded to see her boy go to Italy and prayed he might not journey with him as she sought his conversion. He went to Italy, but his going led to his conversion and the mother's prayer was answered in ways she had not even prayed.

We know there are certain principles of answered prayer. The principles are few but essential. They are summed up in these quotations: "If ye abide in the Lord and He in you, ask the desire of thy heart." "If ye love Me and My word abide in you, ye will, and it shall be done unto you." "And this is the confidence that we have in Him, that if we ask anything according to His will, He hears us: and if we know that we have the petitions that we desired of Him." To pray with Him creates a desire to pray for what God would have us pray for, and to be aimed at changing our wills to harmonizing our wills with His. If one made a request contrary to the will of God and should that petition be granted it would do the recipient more harm than good. God's will is best for man. Plato caught the real spirit of true prayer when he prayed: "King Zeus, grant us the good whether we pray for it or not, but evil keep from us though we pray for it." In other words: "Thy will be done." The harmonizing of the will of man with the will of God is the true secret of answered prayer.

The First of Fools

An old legend appropriate to the day tells us that fools were made by the gods not exactly as an afterthought, but out of very weariness with wisdom.

Seat of all the wiseacres in creation, Olympus was so dull, great Zeus complained that among all the gods there was not "one fool with enough wit to make the rest look cheerful."

"O Zeus!" said Mercury, "the diversion we lack may be found for us on earth. Look! See that crowd of folks in holiday gear, dancing, singing and eating. I think it would be great sport to send a shower to spoil their finery." "Thy thought is witless as it stands," replied the father of the gods. "But it may be improved. Let that serene priest, below there, tell the people that a shower is about to descend, but that it shall wet only fools." So Jove threw a bolt of lightning into the air, and the thunder rolled, and the priest, hearing the thunder and learning its message, made the announcement to the people: "In the storm that is coming the rain will wet only fools."

A philosopher leaning against his doorpost learned the fiat of high heaven and withdrew and shut himself into his study, for well he knew his own and all human folly. Not another person prepared to avoid the storm. Each man waited to see the fools drenched, and so every man was wet to the skin. When the sun shone, the philosopher sauntered into the market place, where the soaked ones hailed him with "Fool! Fool!" and pelted him with anything that was handy. But the philosopher said to the crowd: "Wait for a single minute and I will prove to you that I am not such a fool as I look." Then casting his eyes skyward he said: "O Jove, father of the witty and the witless, send down upon me a deluge; wet me to the skin even as these fools are wet; make me as great a fool as my neighbors, and help me, in consequence of being a fool, to live at peace among fools." The shower fell and the dripping sage rose from his knees wittier than before. And the old fabulist who tells this story, adds that Jove was so pleased with the philosopher's request that he exclaimed: "Children, let us drink to him. Here's a health to the first of fools!"

They say, further, that since that time the fool has been ever with us.

The gentle Elia, writing on the first of April, after many witty flights, remarks: "And take my word for this, reader, and say a fool told you, if you please, that he who has not a dram of folly in his mixture hath pounds of worse folly in his composition."

Festum Fatuorum! All Fools!

A French Delegate for the Genoa Conference

Premier Poincare, according to recent report, cannot attend the Genoa conference. Instead of being annoyed the French leader is rather pleased, it seems, that things have so fallen out. Conferences, personally, are fatiguing affairs, and, according to the experience of the recent Premier of the French Government, delegates' careers in that country are apt to terminate with disconcerting rapidity. The overthrow of ex-Premier Briand is the latest witness to the fact that the French treat their prime ministers with capriciousness and little ceremony.

Just now one of the most interesting questions in France is: Who will be the chief French delegate? Immediately the answer is given: Not the premier. The reason then added is: It is not customary for both the President and the Premier to be absent from France at one and the same time. According to authority, President Millerand recently concluded all arrangements to go to the French possessions in Africa at a time prior to the date chosen for the Genoa meetings, and neither he nor the Premier seem inclined to revoke them.

The French are inclined to regard the Genoa conference lightly, and although there will be no Parliamentary sessions during the month of April, holidays having been declared on account of the President's absence, there are but few men in the Government circles willing to attend the Genoa conclave. The French now are a little ashamed of the attitude taken by their delegate during the Washington conference and Parliamentarians are not eager to go to Genoa.

Who will, then, be the chosen man? According to news from France it is stated the name of Andre Tardieu, former high commissioner in the United States, is the name oftenest mentioned as the likely candidate. This fact may be taken as a sign that the strong political differences which a short time ago existed between the Premier and M. Tardieu have been glossed over and M. Tardieu is the one person capable of meeting the situation created and of safeguarding French interests in pourparlers with the Soviets.

If M. Tardieu is willing to act, probably he will wipe out the impression created by the French delegates in Washington, and a better understanding will again be established.

It is to be hoped that M. Tardieu will accept the appointment, so the Genoa conference may bring the world still nearer that desideratum—a well-founded general peace.

NOTE AND COMMENT

April 1. Everybody's Day.

Never make your almanac for last year.

The teakettle still is a little member, but it worketh a great fire-water.

The coal strike is on! Operators and operatives together, all the fools are not yet dead.

After wishing this storm on to us, the West is reported as enjoying itself in weather: "Fair and comparatively mild."

When the Government split the Liberal-Progressive "bloc" in the Nova Scotia mines controversy, be sure they had already ground their axes.

The Minister of Labor evidently thinks he expression "Not for mine" is applicable to a mines controversy. From the nature of his attack he might well have said: "Not for miners."

The Third Column

THE CROCUS.

A yellow crocus bloomed to-day.
Where all is dead and bleak and bare
It flashed its light along the way
And radiantly twinkled there.

Out of the darkness and the gloom,
Braving the blizzard's bitter sting,
There came this golden bit of bloom
To herald the advancing spring.

"Hold out! Hold out!" it seemed to say,
"Soon must the siege of winter fall,
The daffodils are on their way,
The hyacinths have heard you call.

"Behind me comes a countless throng
Of bigger, braver blooms than I;
The woods shall shortly ring with song,
Spring's glorious army draweth nigh."

A yellow crocus flashed to-day
Its torch of faith for all to see—
The troops of spring are on the way,
The captive earth will soon be free.
—Edgar A. Guest.

STILL HAPPY.

The weather cannot make me glum, though torrents pour and tempests hum. Whatever climate is on tap I wear a brightly beaming map, and write a sane and sounding verse, contending that things might be worse. When sunshine on the landscape floats I hoe my beans and shredded oats, and carol high, uplifting lines, until the birds take in their signs. When wild winds blow my hat away I raise no cheap alackaday; I have another hat to wear, and if it goes I have my hair. And this glad thought I still rehearse: Somewhere the weather is much worse. When through long days the tireless rain is beating at the door and pane I sit me down with divers books wherein the Sherlocks chase the crooks, and when I tire of Mr. Holmes I dig me up a book of pomes and murmur, as I read the verse, "Somewhere it's raining 10 times worse." I've learned to take things as they come, nor sigh when they are out of plumb; there's something pleasant I can do when skies are dark, as when they're blue; there's something soothing I can read when weather bureaus go to seed; there's something joyous I can sing, though Pluvius must have his fling. I would accept the universe with gratitude were it much worse. —Walt Mason.

THE THING WE KEEP SEEING.

No matter what we do we must first lose our whole personality in doing it—or else it does not fully express us as we are.

The golfer, the swimmer, the tennis player, has to center all his knowledge and desires upon the game at hand. For the thing he sees as being his job will be his job—and he will have performed well if all that he possesses is thrown into his vision.

The thing we keep seeing is the thing we do—eventually, if not at the start.

There can be nothing very gross and evil in the mind that is forever dwelling on the beautiful things of the earth. Gradually it becomes what it sees—beauty in all its forms.

The mind takes habits upon itself the same as does the body.

The mind is built in the same manner as is a house or intricate machine. In its early state just a mass of cells, the moment an idea gets to working and thoughts start, running around among these cells the brain takes great activity upon itself and thrives from the experience. Little by little does it grow to greatness.

Who ever heard of a brain going sick from healthy use? Even in old age it remains as keen and active as in middle life.

How often the mind grows young as the body grows old!

And how very frequently you see a body of many years still young because the mind in it sees youth and loveliness every day.

Our viewpoints are controlled by our daily method of looking at things.

It is a great gift one has in a conquering spirit—riding over every discouragement and obstacle as though each were a part of the program of life.

If you see big, fine enterprises before you all the time you are not liable to disappoint yourself. Nor anyone else, for that matter.

The happiest people in the world are those who are constantly traveling towards a definite, planned-out destination. —George Matthew Adams.

LITTLE BENNY'S NOTEBOOK.

The Park Ave. News.

Weather. Diffrent.

Spoarts. A orange eating contest tock place last Wensday, Leroy Shooster, Sam Cross, Puds Simkins and Benny Potts all trying to see who could eat their orange the ferst. Puds Simkins coming in ferst and Benny Potts coming in last but claiming he won on account of being the ony one that ate the seeds and all.

Things You Awt to Know. June is the ferst munth of summir irregardless of the weather. After a tadpole terns into a frog it is too late to tern back agen, proving you awt to look before you leep.

Pome by Skinny Martin.

Be Happy Wile You May.
Did the hen come before the egg
Or the egg before the hen?
O I eat them both with a smile on my face
And dont care wy or wen.

Lern to wissle correckly off of a champeen wisseler. A few minits a day will werk wonders. See Lew Davis for rates and hours. (Avvertizement.)

Lost and Found. Lost—A pen nife with one blade broak and one blade missing. Loser has a good ideer who found it, so finder better retern it soon and avoid scandil.

—Lee Pape.

THE PRIZE MISQUOTATION.

Says a writer in The Cleveland Plain Dealer's Post Box:

"As a whole, the man who is employed can well afford to part with a few shillings to his forlorn and shipwrecked brother sailing o'er the sands of time."

And, as Jake Falstaft says, it's a darn sight better than Longfellow's version, at that.

Daily Canadian Quotation

My boatmen sit apart.
Wolf-eyed, wolf-sinewed, stiller than the trees.
Help me, O Lord, for very slow of heart
And hard of faith are these.
Cruel are they, and yet Thy children. Four are they,
Yet wert Thou born to save them utterly.
Then make me, as I pray,
Just to their hates, kind to their sorrows, wise
After their speech, and strong before their free,
Indominitable eyes.
—Marjorie Pickthall, in "Pere Lalemont."

The Week In Parliament

Progressives are studying peculiar position they are placed by voting solidly with the Liberals. Pathetic position of Hon. W. S. Fielding.

BY W. E. ELLIOTT
(Free Press Staff Correspondent).

OTTAWA, Ont., March 31.—Now that the jubilation of Government supporters over the majority of 120 on the first division has died down, Progressive members may take time to consider the peculiar position in which they are placed by voting to sustain a Government which openly repudiates a pre-election pledge on an important subject. Without impugning the sincerity of those who agreed with the Government argument that conditions in late years rendered obsolete the plank for a cash grant to returned men, there is no getting away from the fact that the aforesaid plank was republished in the Liberal handbook of October, 1921. If it were no longer called for by conditions in Canada, it must have been put there for some other reason. That reason, the Conservative Opposition affirms, was to catch votes. The late Government specifically denied the soldiers a further cash grant and took the consequences. The King Government now intimates that its pledge will not be implented, and the Progressives have said, by word and action: "Oh, well. We are not concerned with pre-election pledges."

• • •

Even giving full value to the contention that the nature of the want of confidence vote did not appeal to them, there is still a most striking unanimity in the way the Progressives rallied to the Liberal support. Remember, that there are a lot of former Conservatives behind Mr. Crerar. Recall, too, the exceedingly varied and even opposed views expressed by Progressives on certain subjects during the debate on the address. Then consider that of 59 Progressives and one Independent (Neill) who were in the House when the division came, the whole 60 voted with the Government. Doubtless, it was hard to break away and become conspicious, after Mr. Crerar had given the cue for his side. But already some of the Progressives feel a little uncomfortable over that very unanimity. Remarks have been dropped that indicate a hope for a division later on an issue which will enable them to dispel the impression that they are an annex to the Liberal party.

• • •

Hon. Rodolphe Lemieux's efficiency in the Speaker's chair was appreciated more than once during his absence of several days this week. G. N. Gordon (deputy Speaker) is without the same Parliamentary experience, and, indeed, was in the House only last session. In transaction of routine business he has been "prompted" at every step by Arthur Beauchesne, assistant clerk, who seems to know by heart all the little details. But, then, Mr. Beauchesne is a graduate of the press gallery. Hon. Charles Marcil, an ex-Speaker of Sir Wilfrid Laurier's time, presided over the House in committee on Wednesday. Another old newspaper man.

• • •

The Dominion Alliance delegation on Tuesday, asking Dominion-wide prohibition, failed even of a promise of consideration. The premier's reply was, in effect, "nothing doing." Not so with a deputation on the same day from the provincial license boards. Definite suggestions for restricting transportation of liquor; higher penalties for operation of stills and increased co-operation of federal with provincial officers, were received courteously, it might almost be said, favorably, by the minister of justice, Sir Lomer Gouin, and some degree of action may be anticipated.

• • •

The big Ontario delegation asking that municipalities be allowed to retain the fines imposed in cases where they must stand the expense of law enforcement also meet with encouragement. An excellent argument was put up, especially by Mayor W. H. Wilson, of Windsor, who explained border conditions, and the minister intimated that the criminal code amendment submitted would be given every consideration.

• • •

Miss Agnes Macphail, member for Southwest Grey, broke her silence in the House this week, with a question on the D.S.C.R. estimates. She wanted to know why officials receiving the largest salaries were granted the largest increases. Hon. Dr. Beland replied, in effect, that they were granted larger increases than others because they received larger salaries. A contribution by Miss Macphail to Wednesday's debate on the Euler franchise resolution sounded just a little "stumpish" in its reference to women as "mere goods and chattels." It didn't seem to have any particular bearing on the constitutional aspect of the franchise resolution. It is just barely possible that the franchise law in its technical aspects is not one of the lady member's strong points.

• • •

There is something just a little pathetic in the spectacle of Hon. William Stevens Fielding, ex-premier of Nova Scotia, finance minister under Laurier, and 40 years in parliamentary life, sitting in the House as lieutenant to Mackenzie King. Past 73 years of age, his voice is now husky when raised in debate, yet he is listened to as an authority, aside from his ministerial rank, and is always master of the situation when he leads the House. Somehow one cannot but regret that the mantle of leader passed by the "little gray man" to rest, through party exigencies, upon one of another type. There is a Fielding following yet, which dreams dreams, no doubt, but it will soon be too late.

• • •

Frank White, member for London, called attention, in his remarks on the D.S.C.R. estimates, to a peculiar situation with regard to salary increases. Hon. Dr. Beland's reply to criticism thereof had been that the various salary boosts in his department were according to civil service scale, and consequently u ncontrollable. Mr. White pointed out that the staff of this particular department is not, as a matter of fact, under the Civil Service Commission. If it were the minister would be able to state what maximum is set in respect to each position. The personnel has been decreased, Mr. White noted; cost of living is on the down grade, and yet all senior members of the staff are retained and granted salary increases, a precedent likely to affect many positions in the gift of the Government. If such a principle be adopted in this case, it is going to be rather inconsistent for the Minister of Railways to ask railway men to accept lower wages in order that freight rates may be cut.

Work of Hume Cronyn, member for London in the last House, created a most favorable impression on the minds of his colleagues. A few days ago a member referred to his connection with the Industrial and Scientific Research Bureau, and later, in the debate on the soldiers' bonus plank, Hon. W. S. Fielding, dealing with the parliamentary committee on soldiers' re-establishment, turned aside to mention that it had been "presided over by that excellent member, Mr. Cronyn, whom we have no longer with us."

Press Comment

EVERYTHING BUT SCENERY.

If we took the pessimists seriously it would be necessary to conclude that soon there would be nothing left in New England but the scenery.—Boston Transcript.

NOT PURITANISM, BUT PURITY.

The revolt against impurity on the stage and screen is growing in America. No sign of Puritanism or nambypambyism is visible in the swelling movement, but a hopeful indication that the clean minds of the people reject the filth that has been offered in various guises, now and then attractive, but nevertheless vile because of its quality. —Omaha Bee.

LONELY AND COLD.

That Mr. Lloyd George is something of a poet, though he does not lisp or speak in numbers, has long been known, but perhaps the first definite proof of it was given in the remarks made by him this week in the Methodist chapel in the town with the name that only a Welshman could pronounce and few others could spell.

The presence of the great man in the humble conventicle had been noted with interest, and the minister had referred to him as having "climbed the mountain of fame and responsibility." That gave the premier his text. He did not deny the truth of the metaphor. Instead, he admitted it, but in a way that revealed a somewhat ominous weariness—a certain longing for rest.

The mountain top, he said, was not an enviable spot, but a cold and lonely one, the colder and lonelier the higher it was that the climber had reached, and at the summit he was exposed to every storm and blast of wind that blows. Attack may come from any side, he went on to say, and mists often come to hide the paths.

This is such an obvious figure that it simply must have been used before, yet inquiries addressed to several somewhat more than literate persons, and consultation of several books have brought to light nothing that closely resembles it. The obvious, however, so often escapes notice that it would not be surprising if in this similitude Mr. Lloyd George had attained originality by saying something that anybody could have said.—New York Times.

THE OLD ORDER CHANGES.

With the change and progress of each generation there passes some fashion of street pageantry; if I pity the child who has never seen a fire engine of the best period, so I, myself, was pitied by an earlier generation because I had never seen a "cab funeral"—a lengthy procession to Kensal Green, with mourners sitting on the roofs of four-wheeled cabs, which delighted those infants of the "fifties.". . . Who, in their turn, those infants of the fifties were pitied by those who had lived before the railroad—because they had no knowledge of the coach in its glory, the pageant of horseflesh at its best.—London Chronicle.

MOSES AND DARWIN.

Whether the earth grew in six days or in six million centuries, whether man came up from a lower order of animal life during vast stretches of time in which all other forms of life came into existence on earth, need not disturb people's religious faith. The essence of religion is not in detail, but in spiritual principles and human loyalty to them. Just now, when some agitation exists over efforts to teach Darwin's theories as truth in schools and colleges, we may sympathize with those who condemn such teaching without in any way weakening our intellectual honesty. It seems reasonable that only established truth should be taught in schools as such.—Chicago Journal of Commerce.

THE ETERNAL STRUGGLE.

It is easy to say that we have no vote on the question of our own entrance into the world. Here we are, and must remain, and we are bound to make the best of it. We must carry the load, and our consent is unasked; if we drop the burden, human society finds its own way, in its own time, to punish us, no matter what penalty inexorable nature imposes. Our peril is in the refusal to do our part, to accept responsibility, to stick to the business in hand, however inconvenient and uncomfortable. There is no time to spend, no energy to waste, in grief over failure and demerits; we must stop scolding ourselves or bewailing our faults; though the day is dark or the scene is bleak, we must go on. —Philadelphia Ledger.

ROAD LIGHTHOUSES.

Although the land has no such dangers as the sea, the erection of "lighthouses" at blind corners and busy cross roads the first of which has just been completed at Wrotham Heath, near Seven Oaks—is a service for which all who travel at night, whether market wagoners, motorists or cyclists, will be properly grateful. For all but the hardened "road hog" there has been as much anxiety as enjoyment hitherto in driving at night on our winding country roads. High hedges often cut off any fair view of what is coming, side roads run in with alarming unexpectedness and tree-hidden hamlets, with their risk of strolling couples, seem to leap suddenly from the darkness. This reform will rob the night of such dangers. —London Daily Mail.

PHRASING IT PROPERLY.

Beatrice—Come home early, darling—I've got something I want to talk to you about.

Benedict—I suppose that means you want to talk to me about something you haven't got?—London Telegraph.

Soothes Irritable Throat Relieves Bronchitis Quickly

No Drugs to Take, No Medicine to Upset the Stomach. Just Breathe "CATARRHOZONE."

Count ten—a bad cold is relieved by Catarrhozone—wait one minute and you will feel its soothing influence on a sore, irritated throat. No failure with "Catarrhozone"—it is effective because you can breathe a healing vapor to the very spot that needs help. The big thing to remember about Catarrhozone is this: You just breathe a healing piney vapor that is full of the purest balsams, that is rich in the greatest healing agents known to science. This wonderful vapor dispels all soreness, kills all germs, gives nature a chance to completely destroy the disease. Colds and throat troubles can't last if the pure, healing vapor of Catarrhozone is breathed. Catarrh will disappear, bronchial attacks will cease, coughs and winter ills will become a thing of the past. Complete outfit lasts two months. Price $1.00; smaller size 50 cents; sample 25 cents. All dealers, or The Catarrhozone Co., Montreal.—Advt.

For Your Convenience the Royal Bank Has Branches At:

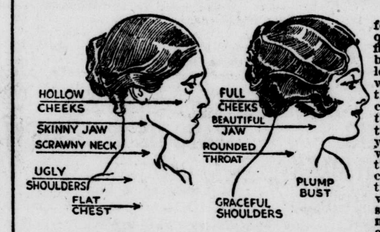
381 Richmond Street - V. F. Cronyn, Manager
972 Dundas Street - - W. D. Beamer, Manager
721 Richmond Street - - - R. H. Gale, Manager
577 Hamilton Road - - - L. N. Nicholls, Manager

The Royal Bank of Canada

Capital and Reserve $40,800,000 Assets $500,000,000

Mastin's Yeast Vitamon Tablets Greatest Beauty Secret

Banishes Skin Eruptions, Puts On Firm Flesh, Strengthens the Nerves and Increases Energy



Thin or run down folks who want to quickly get some good, firm, solid flesh on their bones, fill out the hollows and sunken cheeks with strong, healthy tissues and build up increased energy and vitality should try taking two of Mastin's tiny yeast VITAMON tablets with their meals. Mastin's VITAMON tablets contain highly concentrated yeast vitamines as well as the two other still more important vitamines (Fat soluble A and Water soluble C) all of which Science says you must have to be strong, well and fully developed. They banish pimples, boils and skin eruptions as if by magic, strengthen the nerves, build up the body with firm flesh and tissue and often completely rejuvenate the whole system. By getting the precious yeast vitamines in this concentrated tablet form you run no risk of causing gas or upsetting the stomach and can be sure of quick, gratifying results.

If you are thin, pale, haggard, drawn looking or lack energy and endurance you will find it well worth while to make this simple test: First weigh yourself and measure yourself. Next take Mastin's VITAMON—two tablets with every meal. Then weigh and measure yourself again each week and continue taking VITAMON regularly until you are satisfied with your gain in weight and energy. It is not only a question of how much better you look and feel, or what your friends say and think—the scales and tape measure will tell their own story.

IMPORTANT! While the remarkable health-building value of Mastin's VITAMON Tablets have been clearly and positively demonstrated in cases of lack of energy, nervous troubles, anaemia, indigestion, constipation, skin eruptions, poor complexion and a generally weakened physical and mental condition, they should not be used by anyone who OBJECTS to having their weight increased to normal. So rapid and amazing are the results that success is absolutely guaranteed or the small price you pay will be promptly refunded and the trial will cost you nothing. Be sure to remember the name Mastin's VI-TA-MON—the original and genuine yeast vitamine tablet—there is nothing else like it, so do not accept imitations or substitutes. You can get Mastin's VITAMON tablets at all good druggists, such as Standard Drug Co., Limited; Cairncross & Lawrence; Liggett Drug Stores.

MASTIN'S VITAMON TABLETS
THE ORIGINAL AND GENUINE — YEAST VITAMINE TABLET

Mastin's VITAMON Tablets are Fully Guaranteed in Every Respect.

If it isn't MASTINS it isn't VITAMON
The Worlds Standard-Used by Millions

DUNCAN KERSHAW & CO.,
207 St. James' Street, Montreal, P. Q., Canada.

Roasted right to bring out the full flavor and aroma

Rideau Hall Coffee

NOTHING ADDED NOTHING TAKEN AWAY
SOLD IN TINS ONLY—BY ALL GOOD GROCERS
84

For best results use

EGG-O Baking Powder

A trial will convince

ORDER FROM YOUR NEIGHBORHOOD GROCER
41

Refinement

DAINTINESS of costume begins with Mercury Underwear.

Never was underwear so precisely fashioned to preserve the lines of the figure. It fits perfectly, not by stretching but by correct design. The trim is neat. The covered seams cannot irritate. The garments are unshrinkable, and entire satisfaction is guaranteed.

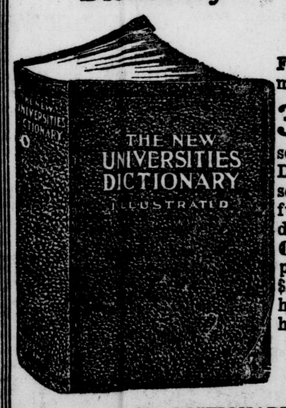
Made in all styles, combinations, vests, drawers and bloomers.

Mercury Underwear

Mercury Mills Limited—Hamilton—Canada
MAKERS OF HOSIERY AND UNDERWEAR FOR MEN, WOMEN AND CHILDREN
142

The London Free Press

New Universities Dictionary



COUPON

How To Get It

For the mere nominal cost of manufacture and distribution

3 COUPONS AND $1.28

secures this NEW, authentic Dictionary, bound in black seal grain, illustrated with full pages in color and duotone.

¶ Present or mail to this paper three Coupons with $1.28 to cover the cost of handling, packing, clerk hire, etc.

MAIL ORDERS WILL BE FILLED

Add for Postage: Up to 150 miles 14c. For greater distances, ask Postmaster rate for 3 pounds.

22 DICTIONARIES IN ONE.

All Dictionaries published previous to this one are out of date.