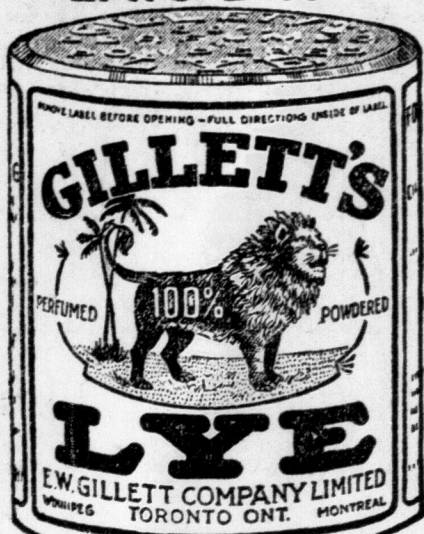


DAILY PAGE FOR ADVERTISER WOMAN READERS

GILLETT'S LYE
EATS DIRT

Tomorrow's Meals

BREAKFAST.

Apple Sauce Flakes
Bacon and Eggs Rolls
Coffee

LUNCHEON.

Creamed Fish Corn Fritters
Cucumbers Muffins
Tea Cookies

DINNER.

Pork Chops Mashed Potatoes
String Beans Squash
Sliced Tomatoes Peach Cobbler
Coffee

SPECIAL RECIPES

Corn Oysters—One cup grated raw corn, one egg, one-half cup flour, salt and pepper. Add flour and well-beaten egg to grated corn; salt and pepper to season highly. Drop by spoonfuls on well-buttered griddle or fry in deep fat. Do not make larger than a good-sized oyster.

Corn Fritters—One and one-half cups corn, three-quarter cup flour, one teaspoon salt, one and one-half teaspoon baking powder, one-quarter teaspoon paprika, two eggs. Grate corn from cobs. Add dry ingredients and yolks of eggs, well-beaten, then white of eggs, beaten stiff. Saute in butter in frying pan until brown. Drain on brown paper.

Succotash—Cook lima beans in boiling salted water until tender, using just enough water so there will be none to drain off when beans are done. When beans are tender, add an equal amount of sweet corn cut from the cob. Season with butter, pepper and salt; cover and cook ten minutes. Stir until beans and corn are well blended. Serve in hot covered dish.

Let Children Write

Perhaps many a poor penman would have written a more creditable hand if in childhood he had had a desk of his own, in a suitable place, provided with materials for writing at such times as he chose. It would have seemed an art more worth cultivating under such conditions than when he had to write on his knees or on a littered table.

Every child's room should have a private desk or table where he may write. Here he should have a stock of pens, penholders, pencils, pads and writing paper, and he should be trained to use these materials frequently, says the Mother's Magazine. Such a bit of property helps him to cultivate neatness and order. If he evidences slovenliness at first, the mother should urge him to orderliness and inspect his desk until he has attained neatness.

It should be impressed upon him that this is part of his training, that as a man he will always need to keep his papers in place and in order, and that if he is to be in the employ of others, it will be to his advantage to have formed good habits in such matters.

The child will take pride in possession of his own desk and pens, and this will lead him to the cultivation of the use of pen and ink.



Nearly every vegetable grown may be employed in the preparation of soups, either as the foundation for the soup or as the garnish to any kind of meat stock. A few types of vegetable soups are here given. Meat, meat broth, or beef extract may be added to any of them if additional flavor is desired, but as they stand they are very satisfactory soups.

Mixed Vegetable Soup.

Three quarts water, one quart shredded cabbage, one pint sliced potato, one-half pint minced carrot, one-half pint minced turnip, one-half pint minced onion, one leek, two tomatoes, two tablespoons minced celery, two tablespoons green pepper, two tablespoons butter or drippings, three teaspoons salt, one-half teaspoon pepper. Have the water boiling hard in a stewpan and add all the vegetables except the potatoes and tomatoes. Boil rapidly for ten minutes, then draw back where it will boil gently for one hour. At the end of this time add the other ingredients and cook one hour longer. Have the cover partially off the stewpan during the entire cooking. This soup may be varied by using different kinds of vegetables.

Potato Soup.

Eight medium-sized potatoes, one-half pint chopped celery, four tablespoons minced onion, one tablespoon butter, one tablespoon flour, one and one-half teaspoons salt, one-half teaspoon pepper, one teaspoon minced chervil or parsley, one quart milk.

Pare the potatoes and put in a stewpan with the celery and onion. Cover with boiling water and put over a hot fire. Cook thirty minutes, counting from the time the pan is put over the fire. Reserve half a cupful of the milk cold, and put the balance to heat in the double boiler. Mix the flour with the cold milk and stir into the boiling milk. When the potatoes, etc., have been cooking thirty minutes pour off the water, saving it to use later. Mash and beat the vegetables until light and fine, then gradually beat in the water in which they were boiled, rub through the puree sieve and then put back on the fire. Add the salt and pepper. Beat with an egg whisk for three minutes, then gradually beat in the boiling milk. Add the butter and minced herbs and serve at once.

Green Pea Soup.

One quart shelled peas, three pints water, one quart milk, one onion, two tablespoons butter, one tablespoon flour, three level teaspoons salt, one-half teaspoon pepper.

Put the peas in a stewpan with the boiling water and onion and cook until tender, which will be about half an hour. Pour off the water, saving for

use later. Mash the peas fine, then add the water in which they were boiled, and rub through a puree sieve. Return to the saucepan, add flour and butter, beaten together, and the salt and pepper. Now gradually add the milk, which must be boiling hot. Beat well and cook ten minutes, stirring frequently.

Cream of Bean Soup.

Make as above, but add only enough of the water in which the beans were cooked to make the mixture like thin mush. Have this very hot and add boiling hot milk to make it like thick cream, about a quart of milk to three pints of the bean puree. Boil up at once and serve. It spools a cream soup to let it cook many minutes after the milk is added.

Tomato Soup.

One quart peeled and finely cut tomatoes, one quart cold water, one onion, one tablespoon sugar, two teaspoons salt, one-half teaspoon pepper, two tablespoons butter, four tablespoons cornstarch, one tablespoon flour. Mix the cornstarch with the water and put into a stewpan with the other ingredients, except the butter and flour, the onion being left whole. Stir frequently until the soup boils, then cook half an hour, counting from the time it begins to boil. At the end of this time beat the butter and flour together until light and smooth and stir into the soup. Cook ten minutes longer, then take out the onion and serve the soup with toasted or fried bread. If a smooth soup is desired strain through a fine sieve. This is the simplest kind of tomato soup. It may be varied by the addition of rice, macaroni, beans, peas and other vegetables. Instead of the fried bread, stale bread may be cut in small pieces and put in the bottom of the soup tureen.



Mrs. George Brown, of the Red Cross Society, announced yesterday the following donations:

Woman's Auxiliary of the Y. M. C. A., through Mrs. Creighton, \$25.
Ladies' Aid Society of the Empress Avenue Methodist Church, \$25.
Mrs. John M. Daly, \$5; Miss L. Strong, \$5; Miss Hay, \$5; Mrs. Hennigan, one pair of crutches; Mrs. Togg, one pair of crutches and outfit for one wounded soldier; Mrs. Kinsman, socks; employees of Smallman & Ingram, 75 pillows; Hyde Park Women's Institute, 11 pillows, 25 nightgowns and 27 pillows.

The Part of Women in the Great War
Bearing the Burdens While the Men Fight

While men on the European continent are attending to the business of war, women are doing man's work of peace, with the exception of the Serbian women, who are taking a material part in the actual fighting of the battles. The women of France are doing the work of the men in the Balkans. The farm women were in the fields before President Poincaré made the appeal to them to "complete the work of gathering the crops left unfinished by the men who have been called to arms," as in rural France the women are full partners of the men in farm management.

Gathering the crops is recognized to be quite as important for national safety as service on the firing line. Napoleon knew an army traveled on its rations, that success is on the side of the full granaries, equally with the strongest battalions.

The underground railroads in the city of Paris are kept going with the aid of women. Women of society are working as clerks where the male employees have gone to the front. They are also street car conductors. Wherever the destructive tide of war has passed itself women are quick to respond, showing quite clearly that the French womanhood of the Joan of Arc type is not by any means extinct.

A Great Sustaining Force.

Likewise the farms of Germany, Austria, and Belgium are being harvested by women.

Women of the world are not on their knees at this tragic moment of world's history.

They are sacrificing their sons and husbands to the firing line—they remain at home and make it possible

for the campaign of their country to go on.

Women are advancing in industry and effectually proving their ability to do man's work in time of peace, thus tearing to shreds the old platitudinous anti-suffrage arguments against their fitness for the ballot.

Women are not only the first aid to men in the war, but are a great sustaining force in the war campaign. For the first time in history there are women aviators acting as scouts during war. Three French women, all experienced fliers, have left for the front. They are Madame Pallier, Madame Marvingt and Helen de Blagny.

Red-Cross Workers.

The Duchess of Sutherland was among the first arrivals in Belgium as a Red Cross nurse. Queen Mother Alexandra has donated to and is receiving Red Cross funds, one of the subscribers being the Empress Eugenie of France. The Duchess of Sutherland explained her large house into a hospital for the wounded in the French army, and remains in charge of it herself.

"It was in Paris last week and offered my services to the Second des Blessés, a few days after an urgent message asking for help was received from Brussels, and I was sent off yesterday. Throughout the journey of eleven hours I was received with the most amazing kindness. The people wept when they saw the little red cross on my arm, and cried with bated breath, 'Voilà la Croix Rouge!'"

"I confess I broke down myself." Queen Amelia of Portugal has offered her services as a nurse in the English military hospitals, and she is by no means an amateur at such a task. She has studied medicine and conducted a clinic for the poor in the Royal Palace

at Lisbon when her husband and son reigned.

Queen Amelia is also regarded as a woman of remarkable strength of character and organizing power.

The Queen of the Belgians is a physician, and has practiced much among the poor in Brussels. Queen Wilhelmina is doing all she can to cheer up the Hollanders, who fear a German invasion. She leaves the palace at 7 o'clock in the morning in an automobile for a tour of inspection of the military posts. They are a sort of surprise visits that cause great enthusiasm among the soldiers, and one might justly suspect she would like to place herself at their head and rush to the dangerous points, as was the custom of her forefathers. When not fort inspecting, she assists the Prince Consort in caring for the wounded German soldiers in the Red Cross hospitals.

Homes Become Hospitals. Mrs. W. K. Vanderbilt turned her large house into a hospital for the wounded in the French army, and remains in charge of it herself. Janet Scudder, the foremost woman sculptor, an American, has offered her beautiful place at Ville d'Avray for similar purposes.

Mrs. E. H. Harriman, realizing the condition of the artists' models in the Latin Quarter, has given a large sum to the fund for supplying them with a meal a day.

The Duchess of Talleyrand, formerly Anna Gould, has opened a workshop in the Rue de la Pompe for transplanting both iris and peony. If strong roots are planted, some blooms usually appear the following spring or summer.

Cultivate the garden often. This will make a good dust-mulch and conserve the moisture.

Lime-sulphur, especially in the ready-prepared forms, is coming into use more and more as a substitute for Bordeaux. In a stronger form it is also used as a winter spray for San Jose scale.

Remove all dead leaves from garden plants and cut out any diseased stems.

Kerosene emulsion may be mixed at home, but for the small garden it is usually much more convenient to keep a small supply of a concentrated commercial preparation on hand, ready for use by simply diluting. This is a safe and effective treatment for the various sucking and soft-bodied insects, and the young or "nymphs" of squash-bugs and white flies.

Divide the old and crowded peonies this month.

WOMEN'S INSTITUTE

KOMOKA.

The Komoka Women's Institute will hold its September meeting at the home of Mrs. Fred Edwards, on Wednesday

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

From Union Jack.

Dear Miss Grey:—As I never have asked questions of you before, I hope you will give me satisfactory answers about the two things I want to know.

1. What is the meaning of the following names: Walter, Louisa, Beatrice, Marjorie.

2. What are the birthday stones of October and December. I remain, Thanking you in advance, UNION JACK.

1. Walter, woodmaster; Louisa, bold; Beatrice, happy; Marjorie, a pearl.

2. The opal is the stone for October, and the turquoise for December.

Come again Union Jack, we are always proud to have you with us. Three cheers!

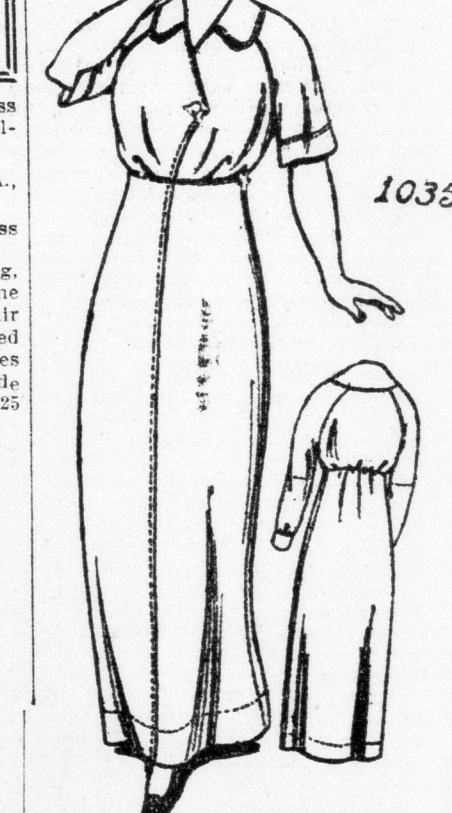
A Line From Patient.

Dear Miss Grey:—Will you please answer the following questions for me in the morning edition of The Advertiser?

1. What are the meanings of the following names: Clifford, Ida, Evangeline, Llewellyn.

2. What are the meanings of these

Advertiser Patterns



1035.—A Dress of Charming Simplicity.

Ladies' Dress of Home Dress, with raglan sleeve in full or elbow length (in raised or normal waistline).—For morning wear, as a porch dress or for outing and business, this style has many attractions. The sleeve is comfortable, the shaping of the waist most unique and pleasing. The model is easy to develop, and in other lengths the sleeve is effective. The skirt is a three-piece style, with slight fullness gathered in back at the waistline. The closing of the pattern is good for silk, cloth, linen, lawn, ratine, duvetyne, serge or voile. The pattern is cut in 6 sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. It requires 3 yards of 36-inch material for a 36-inch size. The skirt measures about 2 1/2 yards at the lower edge.

A pattern of this illustration mailed to any address on receipt of 10c in silver or stamps.

PATTERN DEPARTMENT, LONDON ADVERTISER.

Please send above-mentioned pattern, as per directions given below, to:

Name.....

Town.....

Province.....

Age (if child's or misses' patterns).....

Measurement—Bust..... Waist.....

CAUTION.—Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is sent you need only mark 22, 24, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "yards." Patterns cannot be returned. The price of each pattern is 10 cents, in cash or in postage.

Some Garden Notes
For the Season.

You may have November blooms by potting Roman hyacinth bulbs now. The flowers will bloom through the holidays.

Grass mulch serves very well not only for all sorts of fruit trees, apples, pears, cherries, peaches, plums—but it is also excellent for such small fruits as currants and gooseberries. It is also good for many ornamental shrubs.

The first step to take in keeping your plants healthy is from day to day to look over your garden and inspect the condition of your growing crops.

Crysanthemums are calling for attention. Disbudding must cease and the plants be encouraged to develop their remaining buds. Unless rains are frequent, copious watering and occasional applications of liquid fertilizer are needed.

Order your spring bulbs now, if you have not attended to this important matter.

Iris and peonies may be transplanted any time between August 2



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Greatly enlarged are both of these popular departments for made-to-order Suits, Coats, Dresses, Waists, etc., and we are ready to execute all orders at shortest notice. No more delays or disappointments. We guarantee every garment. Give us a trial.

Lowest Prices—Highest Quality.

Kingsmill's
DRYGOODS, CARPETS, ETC.

afternoon, the 8th instant, at 2 p.m.

An interesting program is being prepared and will call be to be answered by suggestions as to how we spend our spare institute funds. All ladies are welcome.

Richards' QUICK NAPHTHA
THE WOMAN'S SOAP

Attractively situated. Picked faculty.

For prospectus and terms write the Principal R. I. Warner, M.A., D.D., St. Thomas, Ont.

Mrs. Winslow's Soothing Syrup has been used for over SIXTY YEARS by MILLIONS OF MOTHERS for their CHILDREN WHILE TEETHING, with the CHILD, SOOTHENS THE GUMS, ALLAYS ALL PAIN, CURES WIND COLIC, and is the best remedy for diarrhoea.

Main & Collyer
Price List.

Lettuce, head, each	5c
Lettuce, cos, each	5c
Endive, each	5c
Hubbard Squash, each	15c
Essex Hybrid Squash, each	15c
Carrots, each	5c
Celery, each	10c
Egg Plant, each	10c
Cauliflowers, each	10c and 15c
Tomatoes, selected, pound	5c
Tomatoes, 16-pound basket	5c
Marjorie White Plum, head	5c
Cabbage, large, 7c; small	5c
Cucumbers, each, 5c, 3 for	10c
Vegetable Marrow, each	5c and 8c
Sweet Corn, per dozen	12c
Watercress, Radish, Parsley, Mint, bunch, 4c	5c
New Potatoes, peck	35c
Table Beets, peck	15c
Carrots, peck	20c
Onions, peck	20c
Onions, silver-skin picklers, a quart	10c
Onions, yellow picklers, quart	10c
Cherries, per 100	40c
Green Tomatoes, peck	15c
Hot Peppers, per dozen	8c and 10c
Apples, large Alexandrias, peck	20c
Orders received from 7 a.m. to noon delivered same afternoon; noon to 6 p.m. following morning.	
Minimum charge 25c. Mail orders solicited.	
Telephone 2831. P. O. Box 275.	

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A small deposit will hold any stove for you, and delivered when wanted.

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COCOA

Eat More Bread
It is the most nutritious and most economical of all foods. The best bread is made with Fleischmann's Yeast.

ANNOUNCEMENT

In spite of the increased cost of other foods, due to European war, the price of GRAPE-NUTS food has not advanced, but remains the same as heretofore.

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

The longer war lasts, the higher the prices that will be demanded for food products.

GRAPE-NUTS food is a sturdy ration for young and old—summer and winter, the year through. Full of true nourishment, delicious to taste, with keeping qualities that make it dependable, Grape-Nuts is unexcelled as a war food.

Europe, where it is well known, is calling for GRAPE-NUTS.

"There's a Reason"

Every package sealed tight in waxed wrapper—as has been done for years—moisture and germ proof.

No Advance In Price of Grape-Nuts

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