

ANNUAL REPORT

Of Chairman of the School Board.

Wolfville, N. S., Feb. 14th., 1921.
To the Gentlemen of the School Board:
As Chairman of the School Board, it devolves upon me to give a brief summary of work done during the year.

We have had twelve regular meetings and two extra special meetings. The first to consider buying the Schofield property; the second to ask the town for \$20,000 for a new School Building—the latter was granted.

The first work taken up by the Board was enforcing the Compulsory Educational Act, (this as you know has been the law of the town but was not put in practice) I consider the results excellent for the time the law has been enforced. Children of the ages of eleven and nine years not having attended school before are now making splendid marks.

To get attendance is all a matter of education and if the School Board will persevere children will soon attend school as naturally as some of them now stay at home. It means constant vigilance.

Another important move was increasing our teachers salaries. Our female teachers have been working in the past for a mere pittance. I am pleased to say that the Board was unanimous in advancing the salaries 50%. They are still insufficiently paid, but this is a step in the right direction.

The seats in the rooms were next considered and raised to a proper height. You may be interested to know I received messages and congratulations from old pupils who attended this School and were cramped in seats too low for them all their school days. This is a matter which needs earnest attention and is too often neglected throughout the Province generally. Ill adjusted seats and the lack of sufficient Physical Drill is the cause no doubt, of the round shoulders and contracted chests of many of our children.

I think we may hope for good results amongst our boys from the Cadet Drill under the leadership of our Principal, Mr. Ford. It would be well if teachers and parents would work together on these subjects. A "Teachers and Parents Association Club" to include High School pupils such as they have in many parts of Canada and United States would be very beneficial. They hold sociable meetings, talks and entertainments, the proceed, to go towards improving school equipments I feel sure it would be the means of parents visiting the schools more often than they do and taking more interest.

We need a better library than we have at present. We have certain standard works but we should have some new books and magazines and make it attractive. We have tried to obviate this by placing tables in several of the rooms and encouraging the children to bring books they are willing to lend, and I think it has given a great deal of pleasure. I would like the library open to the pupils. I think it is a great thing for children to browse among books and learn not only to read them but to use and not abuse them. The school maps were all gone over and repaired as well as they could be but the only satisfactory way will be to buy new ones. More new black-board is needed. I would strongly urge a course in 'Manners' in our School. This has been adopted in some of the Provinces. Many of our best papers are writing this matter up, I have noticed several references lately in the Halifax Chronicle and in our own ACADIAN. A course in manners for our School Children would be of more importance and more far reaching than many of the studies they are poring over today.

Owing to the overcrowding of the Primary department, the Board found it necessary to provide a new room. A bright and sunny room has been fitted up. Miss Haley was engaged as teacher for this department and opened the school with thirty pupils.

During the summer vacation both school houses were renovated, walls calcimined, much of the woodwork painted, floors thoroughly scrubbed. The latter have been washed three times in the year and swept with dustbane two or three times a week. They should be swept every day. The county nurse has inspected most of the grades in the School. She reports round shoulders and contracted chests prevalent. We might call the county nurse a pioneer. We should have a school nurse to do "follow up work."

The school rinks under the superintendence of Mr. Percy Brown might be called a "Happy Thought". It has given so much pleasure and amusement to the children.

As regards the financial statement: The amount set aside by the Town for School purposes was \$8500.00
Income from other sources \$1138.51

Total \$9638.51
Expenditures \$8362.70

Credit Balance \$1275.81

I would like to call attention to the fact that \$500 of the above expenditures was bills contracted last year and paid out of the estimate of this year, really adding \$500 more to our balance.

I wish to thank the Board for the courtesy and consideration they have always shown me and for their ever ready assistance.

Respectfully submitted
LAURA HALIBURTON MOORE
Chairman.

Nothing Like Internal Bathing for Constipation

If people only knew what internal bathing is doing for thousands of others there would be fewer Pills and Laxatives swallowed and very much less suffering from Constipation and the accompanying Stomach and Nervous Troubles resulting from it. J. A. Darrach, Copper Cliff, Ont., writes: "I have been using your J. B. L. Cascade for the past three months, and am convinced that it is the most modern and scientific method of dealing with Constipation that has ever been devised, and I will lose no opportunity to promote its use among my friends, as I can speak truthfully and enthusiastically as to its merits."

By the proper application of Nature's cure, warm water, by means of the J. B. L. Cascade, the lower intestines are kept free from all poisonous waste. Drugs force Nature. Internal bathing assists her.

Dr. Chas. A. Tyrrel of New York, a specialist on Internal Bathing, invented and perfected the J. B. L. Cascade which has done more during the past twenty years in restoring health and lessening disease than all other means combined.

Ask A. V. Rand, Druggist, Wolfville, for booklet, "Why Man of To-day is Only 50 per cent. Efficient." They will also be pleased to show and explain the J. B. L. Cascade to you, or write to Tyrrel's Hygienic Institute, 163 College Street, Toronto.

THE CUT IN WAGES

Prices are dropping, and so are wages. Almost every day the newspapers contain reports of cuts in wages by manufacturing concerns in the United States and Canada. The same condition prevails in the Old Country—only they are harder hit there, for food is still very high and there is a great shortage of work, as well as much lower wages.

Of course there is really no need to be pessimistic, especially in the great Country of the Maple Leaf. The prospects for the future are bright if only we all put our shoulder to the wheel. As a matter of fact, it is inevitable that wages drop, if we are to have lower prices.

We must remember that during the period of higher prices wages have been high, too. However, there has been a general complaint among working men that they were no better off with higher wages because commodities were proportionately higher. Eventually, conditions will right themselves, and working men will find that they are equally as well off with lower wages because prices are lower too.

SHORT SKIRTS AND COLDS

Short skirts worn by women and stockings that leave the knees bare on children are blamed by several medical authorities for the prevalence of colds. "These short stockings worn by young children are absolutely dangerous," said one health expert. "It is a foolish style. Some folks think it toughens children, but I doubt it. The delicate tissues of the knee are exposed to the cold winds and the entire body is chilled."

"The women wear furs. But they are for ornamentation not for protection against the cold. They clothe their bodies and leave their necks and limbs virtually bare. Short skirts and exposed necks and knees cause more colds and pneumonia than more persons realize. Of course poor ventilation and overcrowded quarters supply their quota to the ranks of the sick, but when we cater less to fashion the health of the nation will be improved."

—N. Y. Sun.
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Minard's Liniment For Colds, Etc.

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For children from 6 months to 16 year of age, boys and girls. Apply to H. STAIRS, Wolfville Agent Children's Aid Society.

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George Lee, who has been appointed chairman of the Temiskaming and North-eastern Ontario Railway Commission. The headquarters of the railway have been removed from Toronto to North Bay.

GOVERNMENT PAPER WASTE

(From the Ottawa Journal)

It is said that the Government at Washington wastes a vast volume of paper. Probably it does. It is the disposition of governments to be prodigal in such matters. The habit was formed when paper was cheap, and somehow there grew up a notion that the measure of consumption was the measure of work performed. But cellulose fibre is now a precious commodity. What could be bought at one time for \$20 now costs \$120. This refers to newsprint. Finer grades have probably risen higher in proportion, and Government uses a very large quantity of the more expensive varieties. It is just possible that our own Government could do something in reducing the waste of paper. Any economy which might be brought about by the larger consumers of paper would be worth while. Owing to the alleged scarcity of raw materials, and the increasing cost of manufacture, the paper people insist on holding over their customers the prospect of further advances in price. While there does not appear to be any particular sympathy with the newspapers, which have been driven to despair over the matter this is really a thing which concerns everybody. Government might at least set the example in reducing the present waste to the minimum. It would help. If a premium, or some other form of recognition were given to clerks who effected the highest measure of saving in the use of paper on Parliamentary Hill the thing might become infectious. If such efforts became general there would be results of a positive nature. Prices might be arrested; they might even be reduced. As it is, the waste goes on at a frightful pace. Everybody in one way or another, has to pay for it.

Cause of Early Old Age

The celebrated Dr. Michenhoff, an authority on early old age, says that it is "caused by poisons generated in the intestine." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 18 to 30 drops of "Seigel's Syrup" after meals makes your digestion sound.

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PLANTING A TREE FOR EACH TREE CUT DOWN

Sometimes it is said that in certain European countries the law compels the planting of a tree for every tree cut down and it is urged that such a law should be enacted in different provinces of Canada. The expression, however, is only metaphorical. What Europe an countries do provide is that for every acre of forest cut down in certain areas unsuitable for agriculture another crop of trees must be started by natural or artificial methods of regeneration on that area. When forest trees are planted, the trees are set, say 2,000 to the acre, and when they are harvested, sixty or seventy years later, they stand from 150 to 200 to the acre. If they had been planted 200 to the acre they would have grown short and full of limbs from the ground up, and would be useless for lumber. Planted thickly they reach upward for the light, making long clear trunks. The trees which never reach maturity are thinned out with the axe after they have served their purpose. Important facts about tree growth are set out in Forestry Bulletin No. 69 "Care of the Woodlot" which may be had free upon application to the Director of Forestry, Ottawa.

VIRTUE IS ITS OWN REWARD

(From the Boston Globe.)
"Six years ago," said Smithson, "I made up my mind that I was smoking too much. It didn't seem to affect my health in the least, but I thought it a foolish waste of money and I decided to give it up."
"A very sensible idea," remarked Brownlow.
"So I thought at the time. I reckoned up as closely as I could how much I had been spending each day on cigars and tobacco. That sum I set aside each morning and started a banking account with it. I wanted to be able to show exactly how much I had saved by not smoking."
"And how did it work?" inquired Brownlow.
"At the end of six years I had a thousand dollars in the bank."
"Good. Could you let me—"
"And a few days later," interrupted Smithson, "last Tuesday, in fact, the bank failed. You haven't got a cigar about you have you?"
Ministers, like alarm clocks, get most of their abuse for doing their duty.—Kansas City Star.

Persuasion Failed, They Took to Force!

SHE was so proud of her first cake. It was so light so tempting! But her young brothers had an eye on it, too, and—

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