

Get Rid

of it. If you have catarrh, why don't you try to get rid of it? The first thing you know it will go down your lungs or stomach and cause scrious trouble. You should use Vapo-Cresolene at once.

The cure is so easy and so pleasant. You put some Cresolene in the vaporizer, light the lamp beneath and breathe-in the vapor while sleeping, that's all. The healing, soothing vapor, goes all up through the nose, quieting inflammation and restoring the parts to a healthy condition. Doctors prescribe it.

Vapo-Cresolene is sold by druggies everywhere.

A Vapo-Cresolene outfit, including the Vaporizer and

Lamp, which should has a life-time, and a bottle of

Cresolene, complete, \$1.501 extra supplies of Cresolene 25 cents and 50 cents. Historized booklete. taining physicians' testimonish's five upon request. Vapo
CRESOLEME Co., 110 Fullou St., New York, U.S.A.

#### Die fast Indian Your

It is reported in authentic that a banyan tree on the dda once covered a space so great that it sheltered 7,000 men. The power of the floods has now much educed it in size, but it is still 2,000 feet in circumference, and the trunks, large and small exceed 3.-800 in timber. Other trees have known to cover an area of 13 acres. They are frequently found near temples and on or near funeral mounds. The figs are insipid but abundant. The leaves are of a oright green and form a They are five inches long and four inches wide and they are used by the Brahmans as plates The wood of tree is porous and is almost worth-The natives use various portions of the tree for medicinal pur-

# MALT BREAKFAST FOOD

Is The Kind That Aids Digestion.

The human digestive apparatus is better understood to-day by all classes than it was ten years ago. Simple school lectures and sensibly written newspaper articles have all contributed to public benefit.

To-day, the wise and prudent exercise commendable care regarding the character of the fuel used for the sustenance of life, and demand foods easily digested-nourishment for body and brain that will not waste existing energy or hamper the action of the

digestive machinery.

Tests and strict chemical analysis have proven that Malt Breakfast Food is the only pure and true health food; the only form of concentrated nour-

ishment that favors digestive vigor, Users of Malt Breakfast Food never have their periods of gastric discord, no torments or agonies from dyspepsia no paroxysms or fits of indigestion. Malt Breakfast Food used regularly at the morning meal is a guarantee of daily physical happpiness that users of common starchy grain foods know nothing of. Ask your grocer for Malt Breakfast Food.

#### The New Dead Sea,

The new dead sea discovered by Dr. Seven Henin in Tibet is des cribed as enormous in extent, so shallow that to navigate must wade half a mile to reach the boat and must drag the "boat half a mile before it can be floated with a load. But the most re markable characteristic is the almost incredible amount of salt. Boats and oars quickly become as the rowers soon becomes whitened. while drops of water sprinkled upon a dry surface leave globules like candle drippings.

## DIAMOND DYES

Are Invaluable in The Home.

#### A Voice From The Gaspe Coast Mrs. John A. Gallichom, Gaspe, P.

Q., after testing Diamond Dyes in her home for twenty years, says :-"When I commenced housekeeping twenty years ago, I began the use of

Diamond Dyes. In every class of dye. ing, Diamond Dyes have always given me the best results. I have recently used Diamond Dyes for staining my floors and stairs; after a coat of varnish the wood look very pretty. may say that the people here are astonished at my work. In my hall and rooms I have mats and rugs the materials of which were dyed with the Diamond Dyes which give such levely colors. They are truly the best of all

Upon receipt of postal card with your address The Wells & Richardson Co. Limited, 200 Mountain street, Montreal, P. Q., will send you post paid sheets of new designs for making up the celebrated Diamond Dye Mat and Rug Patterns.

You can't afford to keep a poor

A LONG Record of success in curing cuts, burns and bruises, as well as all bowel complaints, is held by Pain-Killer—over 60 years. Avoid substitutes, there is but one Pain-Killer, Perry Davis'. 25c. and 50c.

Fit of harness is as much to a horse

IMITATIONS abound, but insist up-on getting the genuine "The D. & L." Menthol Plaster. "The D. & L." has stood the test of years. It cures. Its imitations are impotent. "The D. & L." is made by the well-known Davis & Lawrence Co., Ltd.

Live stock live longer without food

fants too young to take medicine may be

#### \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* BEAMS OF SUNSHINE:

Chatham Branch of the International Sunshine Society. Motto-Good cheer. Have you had a kindness shown! Pass it on.
'Twas not given for you alone-Pass it on. Let it travel down the years, Let it wipe another's tears,

Till in heaven the deed appears-

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Pass it on. The Juniors were busy last Wednesday afternoon, working on their quilts and discussing further openings for Sunshine. Three new members were addded to the list. now making a total of ten members. Some time in the future they are going to have a little entertainment, "all their own, not one of the big ones in it all," so they say, and they certainly will make a success of it. When the quilts are finished they will dress dolls, to be held in reserve to gladden the hearts of some other little ones from time to time. Each member reported what they had done to pay "dues." One had taken toys to a child who had none, others had taken flowers and dainties to the sick, and so on. They are very practical Sunshiners.

At a meeting of the Senior Branch last week, it was decided to give up the idea of a bazaar, as there are a number of others to be held soon. The members were asked to be preapred to give suggestions at the next meeting, for other ways of raising enough to defray hospital expenses. If the members would make it a point to give an individual report of their work, their ideas could be passed on. It would encourage others and help to spread the good work.

There is something in a Sunshine column of the Montreal Herald, which seems to fit in pretty well with the weather of the past week or so-"Rain in the morning-that's all right Afternoon will turn out bright! Rain comes later-don't repine, Wasn't the morning fresh and fine

Rain all day-it's been right dry, Things'll grow when the clouds pass Rain or shine, or dry or wet, Never a brave heart grumbled yet

Fate herself can't help but grin At a happy soul that won't give in! And bad luck turns to good straightway When such a soul sets in to play! Wet or dry, rain or shine, It's in the heart where the weather's

Sun or cloud, grey sky or blue It's the soul's mood makes your day

Mrs. Ayres, the head of Detroit Sunshiners, tells us the following-"In some special correspondence to the Chicago Post, May 25, one of the Mr. Roswell Field, a brother of the lamented "Poet of Childhood," discloses the fact that he has been reading Sunshine somewhere-he doesn't

say where. He says"Since that time I have followed this column, which we may call the chair of applied Christianity, with the keenest interest, and the evidence seems to point to a great outpouring of active charity. I find that 'a worthy family' has received upwards of \$81 from 'two brothers,' 'Miss H.,' 'A Friend,' 'Previously acknowledged,' and others, though I dare say not a single contributor had the remotest idea of the facts of the case. An 'Unfortunate Seamstress' is \$76 ahead up to date, for which I am devoutly thankful, and 'To meet Emergencies' acknowledges the receipt of \$78. Fancy a letter appearing in a Chicago newspaper, asking voguely for money 'to meet emergencies,' and bringing almost immediately a return of \$78! • • And so I could go on indefinitely, for the argumen-tum adhominem bobs up continually, and if we are not weary of well-doing we may find plenty of opportunity for our display of the chief of Chris-tian graces. And I think that these worthy instances, with many more I might cite, speak volumes for the humane impulse of the population, and fully establish the reputation of the people for benevolence, kindheartedness, and unostentatious charity."

Prof. Robertson at Home Professor Robertson, Agricultural Commissioner of Canada, has built a charming home for himself in the chief residential street of Ottawa; it stands in a small plot of ground of its own, but, like most dian dwellings, it is not sur-rounded by a wall or a railing. He married the daughter of a wellknown Canadian, and his one lit-tle daughter, Ishbel-not Isobelis named after the Countess Aberdeen, who was so much beloved in Canada during her busband's Governor-Generalship. The Robertsons home life is a very happy one; the professor is too busy to care much for society, and when he has any spare time likes to spend it with his wife and little daughter. His is well stored with volumes, and bluebooks make substantial litter upon his writing-table. I met many interesting people at his house which is quite a centre of light and learning in Ottawa. No won-der the Duke and Duchess of Cornder the Duke and Duchess of Cornwall and York—as they were then—were quite delighted with Ottawa and the wonderful view from the Parliament House; but I wonder if they enjoyed driving over those awful roads! The town is in some ways very new, and the houses of-ten fine; but the roads are far from all that could be desired,-Pall Mall

The Governor of Louisiana has reported to President Roosevelt that in his opinion the British Government is maintaining a military camp at New Orleans. He asks for interference.

### HEALTH IN SPRING

NATURE REQUIRES ASSISTAND CURING THESE MONTHS.

To Help Throw off the Impurities That Have Accumulated During the Winter Months—Purgatives Should not be Used—It is a Tonic That is Needed.

In this climate there are many rea-

sons why people feel all out of gear in the spring months. Perhaps the chief of these is the long hours in imperfectly ventilated offices, shops and houses during the winter months. You may feel that there is nothing serious the matter; you are only, a little tired after slight exertion, or perhaps your appetite is fickle, or little pimples or eruptions on the skin show that the blood is not as pure as it should be. If you feel this way, not only your comfort but your health demands that you take proper steps to cleanse yourself of the blood impurities that are responsible for your condition. You need a tonic, blood purifier, nerve strengthener and general up-lifter of the entire system. Dr. Williams' Pink Pills for Pale People meet all these requirements more perfectly than any other medicine. These are tonic pills and not violent and weak-

ening liké purgative medicines. Nature does not require a violent measure in spring, but a helping hand to throw off the impurities which have accumulated during the winter, and so toning and strengthening every oragn and function that a condition of perfect health will prevail. Everyone - old and young - ought to take Dr. Williams' Pink Pills in the There is no other medicine spring. There is no other meather that will do you so much good. Mr. James Salmon, postmaster, Salmon Creek. N. B., says ;—"Last spring I was feeling decidedly unwell. I was ly felt tired. My appetite was poor and I was losing in weight. I tried several medicines, but nothing did me any good until I began the use of Dr. Williams' Pink Pills, and a few boxes of these made me feel like

a new person. I would advise all who feel run down and out of sorts to take Dr. Williams' Pink Pills." Dr. Williams' Pink Pills are also effective in the cure of all diseases due to poor, thin, watery blood or weak nerves. Do not take a substitute for these pills-it is a waste of money and a menace to health to do so. See that the full name "Dr. Williams' Pink Pills for Pale People" is on the wrapper around every box. Sold by all medicine dealers, or sent postpaid at 50 cents a box, or six boxes for \$2.50, by addressing Williams Medicine Co., Brockville,

HIGHGATE.

Miss Queenie Gosnell spent Sunday with friends in Shedden.

Miss Flossie Whiting, of St. Thomas,
is visiting her sister, Mrs. J. Frank

Miss M. E. Gordon, of Glenwood, is pending Easter at her home. Master Carl George, of Chatham, visiting friends in town.

Miss Emily Lee left on Monday for

Saginaw, where she will take a course nursing.
Master Oliver Ellwood, is the guest of Harold Fetterly, Chatham, The Y. P. S., of the Church of the Redeemer, gave a very enjoyable entertainment on Monday. Mr. Chrystal Brown, of Toronto, delighted the audience, as also did Miss Wilson and Miss Burwell, of Ridgetown. Miss Bury gave some interesting violin solos. Miss Eva Smale, spent Easter Sun-

day in Ridgetown.

Miss Grace Logon has returned to Detroit, after spending a few days at

## EARNEST ADVICE

A Quebec Gentleman Offers a Plain Straightforward and Truthful Statement of his Case and its Cure for the Benefit of other Sufferers There can be no more worthy mo-tive than the desire to help another.

There are but few who after having suffered and found a cure hesitate to give their fellow sufferers the benefit of their experience.

As there are many to-day whose lives are being rendered miserable by the tortures of Dyspepsia and other Stomach Trouble, the story of Ademard Coderre, of St. Jacques de L'achigan, Que., which he declares is told for the sole purpose of helping other similar sufferers, will be read

Mons. Coderre says :-"I certify to having suffered the lock to Mr. George Runnings of Degreatest misery for two years with troit, by Rev. Alex. MacGregor, B. A., Dyspepsia, caused by inflammation of "I have taken many medicines and

treatments but failed to find anything

that would give me any relief.
"I was very low spirited and discouraged, and many times felt like giving up.
"At last one day I chanced to read an account of the cure of Dyspepsis performed by Dodd's Dyspepsia Tab-lets, and after thinking the matter over I decided to commence a treat-

"I bought two boxes and began to use them at once. I noticed an improvement almost from the very first provement almost from the very lirst, and was thus encouraged to continue till now I can confidently assert that I am completely and satisfactorily

eured.
"I have not the slightest symptom of Dyspepsia or any form of Stomach Trouble left. "I can eat and drink as heartily as ever and experience not the slightest distress afterward.

"I desire to make my case known to the public so that all who may be suffering from that awful malady may know that Dodd's Dyspepsia Tablets cured me of this very serious case, and that they may be led to use this remedy which I believe to be the only one that will perfectly cure Dyspensia."

Dyspepsia."
Dodd's Dyspepsia Tablets promptly and effectually cure even the most serious and aggravated cases.

### \*\*\*\*\* District Dashes

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Miss Annie Wilson, of Chatham, was the guest of Miss Laura Fellows this week.—Blenheim News,

Mr. and Mrs. Joseph H. Mitton, of Chatham spent the Easter season here.—Ridgetown! Dominion.

Mr. E. Stevenson, of the Chatham Business College, is spending his holi-days at his home here.—Glencoe Tran-

The Benton House, Ridgetown one

the oldest and best known hotels in Western Ontario, was completely destroyed by fire Friday morning. The Chatham Temperance as tion is talking of Running E. E. Par rott as an independent candidate for

the Legislature.-Highgate Monitor.

An Indian on the Kettle Point re serve trapped a wildcat last week weighing 100 pounds. This is the largest specimen ever captured there

C. G. Creighton, formerly of the Leamington Post, has taken over the management of the "Angelus," a wellknown Catholic weekly published in

The St. Thomas Street Railway Co., will proceed at once with the construc-tion of the electric railway to Port stanley. The contract for the work has been awarded.

Mr. Robert Cosbay passed away yes, terday at the age of 70 years. Deceased was born on the county of Down, Ireland, and came to Canada when a young man. He had lived in weak, dizzy at times, and continual- Blenheim for many years, and was a highly respectived citizen. His wife prendeceased him nearly a year ago. -Blenheim Tribune.

> Married-On Wednesday, March 26, 1902, at the Methodist parsonage, at Ridgetown, by the Rev. Jasper Wilson, M. A., Samuel T. Hannon, of Caistor township, Lincoln county, to Bertha, daughter of W. E. Gawne, Esq., of the township of Howard.

The spring assizes for Essex county will be held at Sandwich, commencing Tuesday, April 8th. No criminal cases will come before Judge McMahon, who will preside ,but there is long list of civil cases. J. C. Hegier, K. C., of Ingersoll, has been selected to represent the crown.

The North Essex Conservatives a candidate for the Provincial elec tions on Saturday April 19. This date was decided on at a meeting of the executive committee held in Windsor Saturday afternoon.

James · Quirk, the hotel proprietor, who was murdered last week in Brantford, spent a couple of weeks last fall in this district hunting. He was the guest of Mr. Forbes, while in was the guest of Mr. Forbes, Comber. He w Comber Herald. He was a genial fellow .-

We regret to learn of the very ser. ious illness of Mr. Jas English, Com-munication Road south. He fell ill with pneumonia, in the latter part of last week, and by Monday his case was so serious that a trained nurse was obtained from Chatham. many friends hope for a speedy recovery.-Blenheim News.

Another respected resident has been called away in the person of Mr. Chas. Coutts, Sr., at the advanced age of 81 years. For agout fifty years deceased has been a prominent figure in this community, and his death, which occurred on Wednesday, March 26th, was received by a wide circle of friends with much regret. The remains were interred in St. Matthew's church on Friday last, service conducted by R. H. R. Diehl. An aged widow and one son survive him.—Florence Quill.

On Thursday Archibald McGugan, rominent farmer of Dunwich township, near Cowal, West Elgin, was found dead on the roadside. He was 70 years of age, and returning from Dut-ton. It is thought he died of heart failure and dropped out of his buggy, the horse being caught by a farmer who met it on the roadside.-Ridgetown Dominion.

The home of Mr. Wm. Agnew, Ainslies avenue, was the scene of a happy event Wednesday morning, March 26, 1902, when his second daughter, Annie, was united in the holy bonds of wedpastor of the Presbyterian church. The ceremony over, the gathering partook of the wedding dinner, after which the happy couple left on the noon train for Detroit and western points, amid a shower of rice and the good wishes of their friends. The bride was one of Comber's popular bride was one of Comber's popular young ladies.—Comber Herald.

#### Where Me Got His Boof.

An eastern Canadian business man whose home was in a fine mansion h spacious grounds, and who owned, among other things, a fine farm, stocked with pure-bred cattle, used to tell with much amusement how his hostess at a dinner in Liverpool said to him:

"Mr. —, I know you will excuse my asking you, for you know how interested I am in the colonies, but will you tell me how you fresh manage out there to get fresh meat? You are so far from any market that beef must spoil before

The Canadian said, in telling the story, that he did not feel able to enlighten such colossal ignorance at the dinner table, and so he replied: "When we feel we must have some, we go out and shoot a bear." The answer was accepted as bear." The answer was accepted as satisfactory .- London (Eng.) Cana-

# MOTHERS MUST GUIDE

Should Watch the Physical Development of Their Daughters. Earnest Words From Mrs. Pinkham to Mothers.

Every mother possesses information of vital value to her young daughter. That daughter is a precious legacy, and the responsibility for her future is largely in the hands of the mother. The mysterious change that develops the thoughtless girl into the thoughtful woman should find the mother on the watch day and night. As she cares for the physical well-being of her daughter, so will the woman be, and her children also.

When the young girl's thoughts become sluggish, when she experiences headaches, dizziness, faintness, and exhibits an abnormal disposition to sleep, pains in the back and lower limbs, eyes dim, desire for solitude, and a dislike for the society of other girls, when she is a mystery to herself and friends, then the mother should go to her aid promptly. At such a time the greatest aid to nature is Lydia E. Pinkham's Vegetable Compound. It prepares the young system for the coming change, and is the surest reliance in this hour of trial.

The following letters from Mrs. Southard are practical proof of Mrs. Pinkham's efficient advice to young women.



Mothers Who Allow Their Daughters to Suffer are Cruel When Relief is Easily Obtained. Read This Mother's Experience.

"DEAR MRS. PINKHAM: — I wish advice in regard to my daughter. She is thirteen years old and never menstruated. We have had the doctor to her and he said she did not have enough blood. She has been taking iron fer three months but is no better. In the morning she vomits, some days she cannot keep anything on her stomach until twelve o'clock. If she tries to do anything she gets faint. Has headache all the time, is as white as marble with great dark rings under her eyes. Please write and tell me what to do as I am discouraged with the doctor." — MES. CHAS. SOUTHARD, Phomix Mills, N.Y. (Jan. 19, 1900.)

and told you what our family doctor said about her. I saw another and told you what our family doctor said about her. I saw another doctor and he said she had quick consumption. After receiving your letter, I began giving her your remedies, and after taking four bottles of Lydis E. Pinkham's Vegetable Compound and four of Blood Puriser, she is now well and strong as ever. Menses have appeared and are regular. I can never praise your remedies enough for they saved my daughter's life."—Mrs. CEAS. SOUTHARD, Phoenix Mills, N.Y. (Dec. 16, 1900.)

Any young girl or any mother is cordially invited to write to Mrs. Pinkham at Lynn, Mass., for advice in regard to her sickness. No one has had greater experience or success in guiding mothers and their daughters to health. Thousands have trusted her and are glad. She charges nothing for advice. Write to-day.

Kerosene oil and lard will kill lice PIVE LITTLE MINUTES are all he time Perry Davis' Painkiller needs

tations. 25c. and 50c. Of all studies, study present condi

to stop a stomach-ache, even when it is strong enough to make a strong

man groan. Don't be fooled by imi

"THE D. & L." Emulsion of Cod Liver Oil taken in cases of general debil-ity and loss of appetite, is sure to give best results It restores health and renews vitality. Davis & Lawrence Co., Ltd., manufacturers.

Japan has begun to practice economy by dismissing 9,000 servants, or 14 per cent. of the total number em-

Americans are known as a dyspeptic people. The extent of this disease may, be inferred from the multitude of so-called "medicines" offered as a emedy. They are often in tablet form and have no value except as palliatives of the immediate effects of dyspepsia. The man who used them may feel better but is surely getting worse. They do not touch the real cause of the disease. Dr. Pierce's Golden Medical Discovery is a medicine specially prepared to cure diseases of the stomach and organs of dis gestion and nutrition. It is not made to give temporary relief but to effect permanent cure. In ninety-eight cas s out of every hundred it cures per-

es out of every hundred it cures per-fectly and permanently.

It has cost Dr. Pierce \$25,000 to give away in the last year the copies of his People's Common Sense Medical Adviser, which have been applied for. This book of 1008 pages is sent free on receipt of 31 one-cent stamps to nav expense of mailing and customs. pay expense of mailing and customs Address Dr. R. V. Pierce, Bufflao, N

The loan oft loses both itself an

Open rebuke is better than secre

# \*\*\*\*\*\* Any of

**Your Friends** 

the nicest Rings. Jewelry, Watches. Chains, Etc., and cheapest in the city and they tell you at the sign of the Big Clock.

Where they get 1

A A. Jordan Sign of the Big Clock

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Desirable Property for Sale in the City of Chatham.

The Late William Oldershaw Estate.

Parcel No. 1—Brick Store on north side of King Street, opposite Geo. Stephens & Co.'s hardware store.

Parcel No. 2—Two-story Brick Tenement Dwelling, on corner of Elizabeth Head Streets. North Chatham.

Farcel No. 3.—Two storey brick dwelling on east side of William street, north of Stanley avenue.

For full particulars apply to James L. Oldershaw, 63 Head street, or to Geo. A. Sayer, Barrister, Eberts Block

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L. E. TILLSON, Gen. Agent, Chatham.
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cheap Excursion to California

The Wabash Railway Company will sell round trip tickets to Los Angeles and San Francisco, Cal., at less than the one way first class fare. Tickets on sale April 19th to 27th good to re-turn any time before June 25th, 1922. Choice of routes going and returning All tickets should read via Detroit and over Wabash, the short and true route from Canada to California.

This will be the grandest opportunity ever given the people of this country to visit this land of sunshine and

Full particulars from any Railroad J. A. RICHARDSON.

Dis't. Pass. Agent N. E. Cor. King & Yonge Sts., Torsate and St. Thomas. W. E. RISPIN, City Pass. Agent.

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Settlers' Second-Clas Excursion

-To-KOOTENAY and PACIFIC COAST POINTS -Chatham-

Midway, B. C.

Seattle and Taccma, Wesh. Portland, Ore. Tickets on sale MARCH 1st to APRIL 10th

\$42 00

Proportionate Rates from and to other points.

Also rates to points in COLORADO, EDAMO, TTAH, MONTANA and WASHINGTON. To Manitoba and Canadias Northwest

Will leave every TUESDAY during MARCH and APRIL if sufficient business offers.

For full particulars apply to your leave candian Pacific agent or to

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Muskoka Lakes District CANADA Elegantly Furnished Fine Cuisine Beautiful Surroundings 1000 Feet Above Sea Level

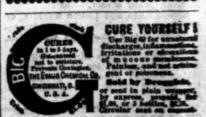
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Most Charming Summer Resort

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Capital \$1,000,000 Money to Lend on Morrigages. Be ers wishing to erect buildings, pun property or pay off incumbrances, a apply personally and save expense cure best rates and other advantage Money advanced on day of applice

S. F. GARDINE Manager.



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are always fresh and tasty. Customer you will stay with us Wm. Somerville, Confectioner

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