

DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As A Germ Laboratory.

AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-LIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-lives" are taken to correct Constipation.

"Fruit-a-lives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs. 50c. a box, 6 for \$2.50, trial size 25c. At all Dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.



Are Your Eyes as Good as Your Memory?

It is easy to think back to the days of your youth, but only a few people can see as well as they could as children.

WEAR KRYPTOKS

If you need two pair of glasses in order to see at both the near and far points of vision, you should wear a pair of our invisible bifocals. These wonderful glasses hide this fact so nicely that they take years off your age. They make you both look and feel younger.

Harvey Optical Co. OPTOMETRIST 8 South Market St., Open Tuesday and Saturday Evenings

AUCTION SALE

Of Household Furniture S. P. Pitcher has received instructions from the undersigned, to sell by public auction on TUESDAY, AUGUST 20th, at 115 Victoria St., at 1.30 the following goods: Parlor, upright piano (Duchess Karm); 2 upholstered rocking chairs; turned oak table; fumed oak pedestal; axminster rug; fern pot; 3 pictures; two pair curtains, electric globe; vases and ornaments. Hall: Hall rack, and carpet. Diningroom: 6 diningroom chairs; round table; buffet; linoleum; clock; couch; leathered upholstered; White sewing machine; and carpet sweeper. Kitchen: Kitchen cabinet; 3 chairs; high chair; kitchen table; shovel; rake and axe. Bedroom No. 1: brass bed and bedding; carpet; dresser; commode and bureau. Bedroom No. 2: baby's iron bed; pair curtains; stretchers, also carpenter and machinist's tools and other articles. Terms, cash. The Trustee and Guarantee Company, Limited, Brantford. Administrators of the estate of Wilford Clarence Sackrider, deceased. S. P. PITCHER, Auctioneer.

GRAND TRUNK RAILWAY HARVEST HELP EXCURSIONS \$12.00 TO WINNIPEG

Plus 1-2c. per mile beyond. August 20th and 29th From all stations between Lym, Ont., and Toronto, Weston, Meaford and Palgrave, inclusive, also from stations north of Toronto to and including Huntsville.

August 22nd From Toronto and a station west and south thereof in Ontario. For further particulars apply to any Grand Trunk Ticket Agent or C. E. Horning, District Passenger Agent, Toronto.

DR. DOVAN'S FEMALE PILLS Restores Vitality for all Female Complaints. Monthly medicine for all Female Complaints. 25c. a box, or three for \$1.00 at drug stores. Mailed to any address on receipt of price. Dr. J. S. Dovan, 115 St. Catharines, Ontario.

PHOSPHONOL FOR MEN Restores Vitality for Nervous and Brain "Overwork" and "Exhaustion." Builds you up. 25c. a box, or three for \$1.00 at drug stores. Mailed to any address on receipt of price. Dr. J. S. Dovan, 115 St. Catharines, Ontario.

NORFOLK NEWS

TAXATION FOR NAVY LEAGUE WAS FAVORED

No House to House Canvass Will Be Made in Norfolk

TOWNSHIPS TO GIVE County Council Meets Next Week—News From Simcoe

Simcoe, Aug. 17.—(From Our Own Correspondent).—In response to a circular sent out early in the week from the office of the secretary of the County Patriotic Association, at the request of the business manager of the Ontario branch of the Navy League, some thirty prominent citizens met at the county building here yesterday to hear Mr. King of Toronto, and to discuss the question of Norfolk's contribution. British Navy Bulwark of Freedom. Mr. King stated that the 20,000 merchant marines of the summer of 1914 were increased to 100,000 on the outbreak of war and now numbered 300,000, though 15,000 serving in the auxiliary fleet have lost their lives. These men face all the dangers of the sea with meagre defensive weapons and up to the present the home government has made no pension allowance for them or contribution to their dependants. For this and for the maintenance of coastal hospitals and for the fostering of the marine spirit in some of Canada's youth by placing training boats on the lakes water was required. This was the war aspect of the league's work. The United States has recently opened its eyes to the fact that for decades the nation has dwelt in safety under the protection of Britain's fleet, and now acknowledges that this fleet has made it possible for the republic to engage in war with the Hun.

The Peace Aspect. Merchant marine development will continue in days of peace and it is well to be astir now. The Educational Aspect. At present a school text book calculated to let the young Canadians know what the Empire's fleet is in strength, its influence, and in protection and development of competition and far points of vision, you should wear a pair of our invisible bifocals. These wonderful glasses hide this fact so nicely that they take years off your age. They make you both look and feel younger.

League Wants a Million. The speaker said that the League's program called for a million dollars and Ontario's allotment would require 50 cents per capita of population in Norfolk, or about \$1,300. He thought that not too much in view of the fact that rural Ontario found a market for produce through the fleet of the Empire.

Senator McCall Leads. His Honor Judge Boles threw the meeting open and Senator McCall was the first to rise. He endorsed the movement and would assist in any way he could. He thought \$13,000 too much for Norfolk, but dwelt on the necessity of alluring some of Canada's sons to marine life.

Col. Atkinson and others followed and the meeting got down to ways and means. House to House Canvass Unpopular. The two methods of contribution supported by many speakers were: (1) Straight grant of County Council. (2) Grants from councils of minor municipalities, on the basis of equalized assessment. The latter method met with most favor, but how to set the question before the municipalities brought out some debate. Finally it was decided that the Council be requested to call on the matter as part of the coming special session and either make grant or pass the matter down to the minor municipalities.

The sum which found most favor was \$7,115, which is half a million the dollar, equalized assessment, and this figure out for the various municipalities thus: Charlotteville \$ 750.00 Houghton 262.50 Middleton 675.00 Townsend 1,450.00 Windham 1,075.00 Woodhouse 750.00 N. Walsingham 4,875.00

Government F-I-S-H Depot

Cor. Talbot and Robinson Sts. Whitefish Trout Finnan Haddie Kippers Flounders Fresh Fillets Mackerel Pickerel Herring ROBERT RAWLING Phone 434 Prompt Delivery Open Evenings.

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in the North ward, while the pond is down. Process Supt. Richards called yesterday to say that there was a good response to the call for help yesterday, but Saturday, generally speaking, is a day of a big run and short help. The shortage yesterday was in chicken. Yesterday, when grocers were offering \$1.75 a hundred lbs. for bean pickers, an unheard of figure. And there are not yet sufficient pickers.

MARKETS

Reports of a heavy pack of salmon published late last week cannot be confirmed, and there is no reason to believe statements published in the Canadian Grocer will be far from the truth in this connection. The amount available for domestic use may be curtailed to comparatively small amounts should the Dominion government commandeer a proportionate amount to that taken by the United States government. Licenses for the import of prunes and peaches are being granted by the authorities at Ottawa, though it is indicated that orders are being cut down to some extent where purchases appear to be too heavy. Distribution on an equitable basis is being aimed at by the Food Board, and supplies for Canada may be expected to work out on this condition.

Montreal—Markets are firm for the most part. Some lines of canned goods are still selling on the old basis, and in view of the outlook for fruits, such favorable quotations on old pack goods are available. Molasses promises to hold with a steady price basis, and some think higher prices will be named as time goes on.

The new salmon prices just out have shown considerable advance. At the new prices it is expected there will be a good sale for prunes. Corn will be steady, while the promise is that tomatoes will be a good yield. Tea markets still are strong, with trading quiet from a retail standpoint, but with a heavy buying movement freely. Few changes are registered for the week, devilled crabs, lobster paste and raw sugar crystals, with a 10c advance for Canada Sugar Refiners' sugar being the only revisions.

Toronto—Cereals as applied to corn products show an advance during the week. Cornmeal is up from 15 to 40c per 98-lb bag, and white corn flour is up from 20c for similar quantity. Corn is reported very scarce, and hard to get, and of very poor quality. High prices continue to rule on fresh fruits and vegetables. Blueberries and black currants are higher, while deciduous fruits from California show no declines as yet. Tomatoes took a sharp advance, and supplies during the week are comparatively light, but the rule fairly high, but freer offerings in another week or two will tend to lower prices.

A distinct improvement in the demand for tea is reported. Indications are that stocks are pretty well cleared up in jobbers' hands, and reorders are now in order. Good supplies are available, though fine teas will show a scarcity until new crop arrives. Opening prices on jams as a whole have been withdrawn, and new quotations available in some sources point to further sharp advances in both strawberry and raspberry. The government requirements may absorb a large percentage of this season's pack seems possible.

Sugar shows no easier feeling. Supplies are scarce, and it is thought to become more so. An advance of 10c in Redpath sugar has been recorded, while the freight differential now being worked out will mean higher landing costs to the retailer. Winnipeg—The trade here all expect that licenses will be issued to importers of prunes and peaches—at least they are advised to that effect by the Board of Ottawa. The report that no prunes or peaches would be allowed into this market caused a temporary flurry which had the effect of upsetting calculations materially. However, in spite of the turn in events, it is thought there will be a shortage of prunes, as there is only 65 per cent of last year's crop, and seventy million pounds have been commandeered by the government. The apricot market jumped two cents following the report that the government had commandeered prunes and peaches. New evaporated apple prices have been named and are about on a level with present prices, and it is pretty well understood by everybody in the trade that the tea market is very firm, and that some of the well-known tea packages are likely to advance before very long. Brokers state that it is merely a question of time when this will take place. They seem to agree that tea is a good buy at today's prices. Brokers state that there is not likely to be much change in the rice situation until the new crop reaches Vancouver.

HE WANTED TO BE LOCKED UP

And Nearly Got His Wish—Family Quarrel in Simcoe Court

(From our own Correspondent). Simcoe, Aug. 17.—"Look me up or I'll shoot that woman," said Chas. Phillips, of Bonny Heath Farm to Magistrate G. H. Boles, about to leave the court room after the magistrate had disposed of a case of assault preferred by him against his daughter-in-law.

The sitting was the outcome of a fracas between the couple, resulting from incompatibility in a household containing two families, father and son-in-law living together, having all in common, even to the daily newspaper, and dividing profits. And both of the principals in the action were with difficulty kept down to proper ethics. The final ejaculation was only one of the brain storm type of which Crown Prince Charles is opined were quite common about Bonny Heath.

Both Wanted the Newspaper. On Wednesday, it appears, the defendant got two catalogues and a copy of the Mail and Empire from the rural delivery box, and returning to the house met the complainant, who asked for the paper, and attempted to snatch it. She had the young woman get a glance at the catalogues. The paper was torn and the assault got a bad handling. The woman was locked up. Defendant denied kidnapping when it was found that a 44 inch skirt on which most women will know was not of the old style gone type.

Following this recessionist threat, the son-in-law got busy to have the peace. But the latter had gone to call on H. P. Jones, K.C., and the latter got the son-in-law to agree that he was able to apply the law of the land at which he is a recognized specialist, and so successfully was the job done that the informant paid the costs of the court, saved on the accused, and the matter dropped.

It was a nasty family row, such as seldom figures in the local court. Two farmers, working on the farm, were accused, and gave disturbed evidence quite unimpeachable to the pair.

After 30 Years Absence. Mr. and Mrs. John J. Fairbairn of Montreal, on a recent day, were came over from Beamsville, on Thursday with Mr. and Mrs. Fairbairn of this place, and paid a flying visit to Mr. and Mrs. C. A. Chalkwick continuing to Port Hope, and on Mrs. B. H. Jackson. It was probably the first time that Mr. Fairbairn had been in Simcoe for the past 30 years since the death of his first wife who will be remembered by Simcoeans of long standing as Mary Chadwick. This notice may recall some of the splendid concerts of other years in which Mr. Fairbairn always took a prominent part when in town.

Odd Ends of News. Bart Osborne leaves on Monday to make over a 112 acre fruit and dairy farm at Niagara-on-the-Lake. Henry Altzig, of Woodhouse, died on Thursday evening. Another small boy and a stone are responsible for a hole in still another down town place on Front. This time John Sutton is the victim. The street force has been busy for some days making repairs to bridges

Butter 0.50 to 0.60 Eggs 0.48 to 0.50 Cherries 0.00 to 1.50 Raspberries 0.25 to 0.30 Black Currants 0.30 to 0.40 Honey, 5 lb pails 1.25

Hay, per ton . . . \$11.00 to \$13.00 Oats 1.20 to 1.30 Rye 1.60 to 1.80 Straw, baled 6.00 to 7.00 Wheat 2.10 to 2.20 Barley 1.00 to 1.10

Beans, quart 0.00 to 0.05 Cabbage, doz 0.20 to 0.30 Cabbage, head 0.10 to 0.20 Carrots, basket 0.00 to 0.25 Onions, peck 0.40 to 0.50 Celery, 2 for 0.25 to 0.35 Parsnips, basket 0.00 to 0.15 Potatoes, per bushel 1.00 to 1.50 Potatoes, basket 0.45 to 0.50 Turnips, bushel 0.40 to 0.50 Lettuce, bunch 2 for 15.00 Tomato plants, doz 0.15 to 0.25

Green Peas, quart 15c for 25c New beets, peck, 10c 3 for 25c Cucumbers, bunch 0.00 to 0.60 Pumpkins 0.10 to 0.20 Corn, dozen 0.00 to 0.50 Egg Plant 0.25 to 0.30 Green peppers, large basket 0.75 to 0.80 Cauliflower 0.10 to 1.25 Tomatoes, large basket 0.50 to 0.60 Apples, basket 0.25 to 0.40

Halibut, trout, lb 30 Salmon, head, lb 0.10 Salmon, sea 0.30 Mixed fish 0.10 to 0.15 Earring, fresh 0.10 to 0.15 Dry salt pork, lb 0.30 to 0.35 Fresh Pork carcass 0.21 to 0.24 Bacon, back trim 0.35 to 0.40 Bacon, back 0.45 to 0.50 Beef, bolting, lb 0.25 to 0.35 Beef, roast, lb 0.25 to 0.30 Beef, steak 0.30 to 0.40 Chickens, dressed 1.00 to 1.95 Chickens, per lb 0.00 to 0.35

One of the large sugar refiners is off the market in Manitoba. The tendency for sugar seems to be upwards, and that seems to be the feeling among the trade. Sugar in Winnipeg is going out as fast as it can be gotten. EQUALLED RECORD. By Courier Leased Wire. New York, Aug. 17.—Duke Kahanoku, the Hawaiian swimmer, equaled his world record figure of 54 seconds for the 100-yard swim in a 75 foot pool, in winning that event at the annual Brookline carnival in Brooklyn last night.

"The Wife," by Jane Phelps, is a worthy successor to "Margaret Galt's" and "The Beginning to Day," see Page 4.

NOTICE TO CREDITORS

IN THE MATTER of the estate of Wilford Clarence Sackrider, late of the City of Brantford in the County of Brant, Merchant, Deceased. NOTICE IS HEREBY GIVEN, pursuant to Section 56 of the Trustee Act, R. S. O. 1914, Chapter 121, that all creditors and others having claims or demands against the estate of the said Wilford Clarence Sackrider who died on or about the seventh day of July, 1918, at the latest, shall present and verify the same to the undersigned, at the office of the said Administrator, at the City of Brantford, Ontario, on or before the third day of September, to be held by, prepaid, or delivered to the Trustee and Guarantee Company Limited, 114 Dalhousie Street, Brantford, Ontario, Administrator of the estate of the said deceased, their Christian names and addresses, and descriptions of their claims, and the nature of the security, if any, held by them.

AND TAKE NOTICE that after the said day mentioned in the said advertisement, no creditor shall be able to claim or demand against the estate of the said deceased, or any part thereof, until such time as the claims of the said creditor shall not have been received by it at the time of such distribution. HENDERSON & BODDY Solicitors for the Trustee and Guarantee Company Limited Administrator. Dated at Brantford this fifteenth day of August, 1918.

COAL CEMENT LIME JOHN MANN & SONS BRICK

323 Colborne Street BELL 90 MACHINE 46

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Silver Stocks

The fixing of silver metal price at \$1.00 means great prosperity for Cobalt properties. This price will remain for years to come. The purchase of \$350,000,000 ounces by the United States Government cannot be completed under five years, possibly ten. Buy now before the boom starts in Silver shares. The New York Curb is beginning to take an active interest in Silvers. We have direct wire to that market. Orders Executed for Cash or Moderate Margin. Charles A. Stoneham & Co. 23 Melinda St. TORONTO 41 Broad St. NEW YORK "No Promotions."

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Children Cry FOR FLETCHER'S CASTORIA G. H. W. BECK Bell 560. 132 Market St.

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HELP SAVE WESTERN CROP 20,000 Farm Laborers Wanted \$12 to Winnipeg Returning half a cent per mile beyond. Comfortable Through Trains, Lunch Service at moderate prices, Special Accommodation for Women and a Scenic Route by C.N.R. Excursion Dates from Brantford, Aug. 22nd Special Train Service: From Toronto Union 10:00 p.m., Aug. 22nd Nearest C.N.R. Agent—J. S. Dowling & Co. Ltd., City Agents, Brantford. For information see: or write General Passenger Dept., 43 King St. E., Toronto, Ont. Ask for "Harvest" Work and Wages' Leaflet.



Park BAPTIST Church

Corner George and Darling Sts. Opposite Victoria Park. Sunday services—At 11:00 a.m. and 7 p.m. The pastor, Rev. Roy White, will preach at both services. Morning Subject—"The Threefold Increase of the Christian Life." Solo—Mrs. J. A. Hatford. Bible School—Bible classes will be held at 12 o'clock noon, immediately after the morning service. Evening subject—"The Perils of Dissolving God." Solo—Mr. Cecil Disher. To all you Sabbath-breakers I say "At the end of life is God."

Some good lots near the Motor Trucks, cheap, and houses in all parts of city. Prices from \$500 to \$18,000. C. COULSON. Phone Appointments 1779 Office Hours, 2 to 4.

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NOTICE! Our patients say their cures are aculous. Don't think yourself rabble any longer but give us a chance to make you well and enjoy again. No drugs, no knife, only natural methods used. Dr. E. L. Selman, Chiropractor, 222 Dalhousie St. Bell Phone 1318.

For Sale 254 feet frontage, by 100 feet, \$3.00 per foot; red brick cottage, near Motor Trucks, \$1,200, 50 down. Houses in every ward. Prices from \$500 to \$18,000. Apply C. Coulson, Commercial Chambers. Office hours to 4. Phone appointments. C. Coulson

Children Cry FOR FLETCHER'S CASTORIA

ALL WHEAT?