

Preserving Time
 Oh! For a Good Preserving Kettle
 Aluminum or Enameled
VIE & FEELY
 NEXT NEW POST OFFICE.

Classified Advertising

The waste paper basket in some offices is emptied a day, sometimes twice a day. Besides the paper and envelopes it usually contains circulars addressed to the man who seldom reads them.
 Thousands of dollars are wasted by circulars. There is no surer method of reaching the man you want than through the CLASSIFIED ADVERTISING OF THE COURIER. There is no publicity in CLASSIFIED ADVERTISING. You can reach a greater number of possible buyers at far below that of sending circulars, and the time needed is to write your copy.
 Eliminate office basket waste and turn your waste into CLASSIFIED ADVERTISING.

Crumples



of the wheat,
 "krumbled"
 ily toasted,
 or and sweet-
 ts own.

this signature—

W.K. Kellogg

At your grocer's
10¢

Made in Toronto, Canada.

BOWLING HAS HISTORY LONG AND HONORABLE

Popular Pastime of To-day Was First Played Centuries Ago.

ONCE WAS "UNLAWFUL."

Brantford Now Has Devotees of the Game by the Hundreds.

Bowling is a game that has grown wonderfully popular in Brantford, as elsewhere throughout Ontario. When, only 1 year ago, the late Mr. Thos. Woodruff carried off the honors at the annual tournament at Niagara, the Brantford Club possessed practically the only green in the city. To-day there are three large and flourishing clubs, each with hundreds of members—the Heathers, the Pastimes, and the Dufferins. There are besides, numerous smaller clubs, such as St. Basile, Echo Place, and Sydenham, on Terrace Hill.

The Original Heather Club. It was about 8 or 9 years ago that the game began to flourish suddenly all over the city. Many churches took it up, and laid out two and three-rink greens. The Heather Club was started later, on the site of what now is the Y.M.C.A. An off-shoot of the Heathers was formed, the present Pastime Club, while the Dufferins followed, filling a long-felt want in the North Ward.

With the starting of these larger clubs, the church greens lapsed, but the number of greens was reduced, but the number of players was much increased.

To-day "everybody bowls." Modern Lighting System. The final perfection in bowling has come with the latest system of lighting. Instead of long strings of incandescent lights, most greens are now illuminated by huge arc lamps, showing much more light and eliminating all shadows.

Every bowling club in the city has a proud record in the matter in the matter of patriotism. The honor roll of each of them is a long one.

Its Origin.

How old is the game of lawn bowling? The minds of all will of course revert almost immediately to the legend of Sir Francis Drake and his game of bowls on Plymouth Hoe, when the "Invincible" Armada was sighted, and will reply, "Well over three centuries, at least." And they will be right. While there is dependable foundation for the above legend, the game of bowls is much older than the 16th century. It has been proven to have been in vogue as early as the 13th century, and there is reason to believe that it was common one hundred years before even that. Bowling, in fact, the oldest British outdoor pastime still in vogue, if anywhere, he excepted.

Away Back in 1190. In William Fitzstephen's biography of Thomas-a-Becket, published before the author's death in 1190, there appears a list of favorite pastimes among which is mentioned that of "the casting of stones." By many this is taken to refer to the form of bowling then extant, while others profess to see in it the origin of the modern pastime of putting the shot. Be this as it may, however, certain evidence is furnished that the game of bowls was fairly common in the 13th century, as manuscripts of that period in the royal library at Windsor depict a party engaged in the sport.

Once Was Unlawful Game. From then on, the game grew in popularity rapidly, until the king and the nobles came to see in it a menace to the practice of archery.



PHOENIX LIKE COCHRANE RISES FROM ITS ASHES.

Newest pictures from the fire zone showing how the rebuilding of Cochrane has already begun. Top picture shows base of water tank at Cochrane. Middle picture shows Chief of Cochrane's police force, J. A. Crawford, talking with a couple of business men over the reconstruction of the town. The bottom right hand picture shows Lt. Warrell, of Warrell and Son, flour, feed and implement merchants, breaking open the firm's safe.

Why Suffer From Heat In THE CITY WHEN YOU CAN COOL OFF ON THE GREAT LAKES? Take the Canadian Pacific Steamship Express from Toronto any Tuesday, Thursday or Saturday at 2.30 p.m. for Port McNicoll, where direct connection is made with either the "Assiniboia" or "Keewatin" for Sault Ste. Marie, Port Arthur and Fort William. An ideal vacation trip at small cost. Particulars from any Canadian Pacific Ticket Agent, or W. B. Howard, District Passenger Agent, Toronto.

Look and Feel Clean, Sweet and Fresh Every Day

Drink a glass of real hot water before breakfast to wash out poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath. Folks who are accustomed to feeding and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store which will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.

Anachronism is one of Shakespeare's greatest faults, and the passage need not imply that women bowled in the days of Richard II, but only in the poet's own time.

Mentioned in Mathematics. That the use of biased bowels was in vogue in the 14th century, is also evidenced in the mathematician Robert Recorde's "Castle of Knowledge," published in 1556, wherein he says, "a little altering of the one side maketh the bowl to run bisse wales."

There is ample foundation for the legend of Drake and his bowls, although the story itself is disbelieved by many. At any events, at this time bowling was a favorite pastime for Sundays, being considered perfectly legitimate; indeed, it is recorded that when John Know visited Calvin at Geneva on Sunday, he found the preacher engaged in the game.

Charles I. Bet On It. With the Stuarts, the game found ready favor, and flourished greatly. The quasi-scholarly James I. recommended it in his "Book of Sports," published in 1618, while his son, Charles I, when king, played to excess, making heavy wagers and on occasions losing as much as 1000 pounds on a game. Even in his capacity the monarch was allowed to engage in his favorite pastime. During the brief period of the Commonwealth every effort was made to suppress bowling, together with all other sports, but with the return of Charles II. to the throne the game found the favor of the monarch once more, so dissolute

Great Strike is Threatened in New York

Every Surface Car Line in Nearly Whole City Inevitable. By Special Wire to the Courier.

New York, Aug. 3.—A strike of street railway employees, tying up every surface line in Manhattan, the Bronx and Queens county, seemed inevitable to-day. The leaders of the union recently organized among the employees, to-day delivered a multi-maturn to the railway companies giving them until 3 p.m. to-morrow to grant their demands and efforts to-day by Mayor Mitchell to bring about arbitration, failed.

CROP EXPECTED

After a thorough canvass of various points throughout Western Canada, Dr. McMill of the Dominion Grain Commission, is quoted in Calgary as saying that Alberta would have a crop as good as last year, that the Dominion would have a billion dollar grain crop and that the grain crop of the three Prairie provinces would be little, if any, behind that of last year.

"The country as a whole never looked better than it does at present," said Dr. McMill. "The weather was made to order, as you might say and I am of the opinion that this year's harvest will be another wonderful one."

Those who contemplate going West will do well to remember that the most fertile districts in Western Canada are served by the lines of the C.N.R. and that this season they can travel from their home districts to destination. Canadian Northern all the way.

Arrangements have been made whereby passengers may travel in comfort. Colunist and lunch counter cars being a feature.

The first of these excursions will be run in August, the date will be announced later.

For further information apply to nearest Canadian Northern Agent, or write to R. L. Fairbairn, General Passenger Agent, 68 King St. E., Toronto.

Children Cry FOR FLETCHER'S CASTORIA

LILY WHITE CORN SYRUP for Preserving

Use one-third "Lily White", and two-thirds sugar. This delicious white syrup—so pure and sweet—brings out the natural flavour of fruits and berries—prevents jellies from candying—protects preserves of all kinds against fermentation and mold—and improves the quality and flavour of everything you put up. Try "Lily White" Corn Syrup for Preserving this year. At all dealers in 2, 5, 10 and 20 pound tins.



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"RADNOR"

Empress of Table Waters
 Flowing pure and sweet from
 Our Own Canadian Laurentides
NOT MADE IN GERMANY

A Consignment just received in cases 100 Splits and 100 Pints or by the Dozen

J. S. Hamilton & Co.
 Brantford Agents
 44 - 46 Dalhousie St. Brantford



Hereafter your home must be your club

That is what Prohibition means. All entertaining must be transferred to the home. Every man who likes an occasional drink, or who likes to have it to offer his friends, will have to think ahead—and order by the case. Why not think a little further ahead and order now? Our sale enables you to save wonderfully on the price of many Wines or Spirits required. Only the imperative need of disposing of our entire stock by September 16th would induce us to depart from our established custom of selling only to the trade. It's because we have to act quickly that we are

Selling direct to the consumer at these wholesale prices: (ALL PRICES QUOTED ARE F.O.B. TORONTO)

CANADIAN WHISKY	SCOTCH WHISKY	GINS	BRANDY
G. & W. Special... \$2.75	Usher's G.O.H. Black Label... 15.00	Jno. De Kuyper Imperial... 15.00	Sazerac Qts... \$13.00
G. & W. Ordinary... 2.50	Usher's The Very Finest... 20.00	Qts., 15 bottles... \$17.50	La Rose Qts... 12.00
Walker's Imperial Qts... 8.50	Dewar's Special Qts... 12.00	Van Ziegler Imperial... 15.00	Brandy... from \$5.00 to \$7.00
Walker's Club Qts... 10.50	Dewar's Blue Label Qts... 13.50	Coats's Plymouth... 11.50	PORT Per Case
Walker's Rye Qts... 7.25	Dewar's Special Liqueur... 15.00	Carton Dry Gin... 10.50	Convido... \$15.50
Seagram's Star Qts... 7.50	Dewar's Extra Special... 17.00	Burnett's Dry Gin... 10.50	Commendador... 16.00
Seagram's White Wheat... 8.50	Buchanan's Red Seal... 12.50	South's Old Tom... 11.00	Taylor's Tronco... 17.00
Corby's Special Selected... 10.00	Buchanan's Black & White... 14.00	Rose's Irish Sho Gin... 12.00	Magnifico... 8.00
Sovereign Qts... 9.50	Walker's Kilmarnock... 14.50	Holland Gin, London... 12.00	Priorato... 9.00
National Qts... 6.50	Walker's Kilmarnock... 15.50	Dry Gin and Old Tom... 14.00	Port... from \$3.00 to \$7.00
G. & W. Special... \$1.75	Walker's Kilmarnock... 15.50	Qts... \$4.50	SHERRY Per Case
G. & W. Rye 2 year old... 2.50	Walker's Kilmarnock... 17.00	IRISH WHISKY Per Case	Burke's Imperial Qts... \$16.50
G. & W. Rye 5 year old... 3.00	Walker's Kilmarnock... 17.00	Burke's Ordinary Qts... 12.00	Burke's Special Qts... 15.00
Walker's Imperial... 3.75	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Walker's Club... 4.50	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Walker's Rye... 4.50	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Sovereign... 4.50	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
SCOTCH WHISKY Per Case	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Mackie's White Horse... \$12.50	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Mackie's Laird of Largs... 14.00	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Hill Top... 16.00	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Teacher's Highland... 12.50	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Usher's O.V.G. Qts... 13.00	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Usher's Special Reserve... 13.00	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Usher's Green Stripe Qts... 14.50	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Usher's Special Reserve... 13.00	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Usher's Special Reserve... 13.00	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00
Usher's Special Reserve... 13.00	Walker's Kilmarnock... 17.00	Burke's Special Qts... 15.00	Bullfinch Imperial Qts... 15.00

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