

not inclined sufficiently. If coming very fast it can only be stopped, and picked up afterwards. If coming on the bound, gently, it should be received on the crosse (inclined, of course); if hard, block it with the crosse inclined forwards, so as to throw the ball straight down on the ground: catch on the rebound.

As to catching the ball when coming in the air there is not very much to be said, except that it requires much the same qualities as catching a ball in the hand. Receive the ball on the net, and of course drop or draw back the crosse slightly at the moment of contact. A practised hand will catch the ball with more facility than can well be imagined, even when it comes straight breast high, or even overhead. When coming straight at you above the waist, hold the crosse perpendicular to stop it. As the ball