giving food contained in this heavenly bread. Now, would the eternal wisdom of God have sported with his poor creatures in so egregious a manner, if the literal sense had not been his true meaning? Would he who came to seek and to save those that were lost, and to enlighten them who sat in darkness, and in the shadow of death, have so positively led poor sinners into so gross a mistake, and in a matter of such importance for their salvation, if he had not meant what his words implied? It would certainly be the height of blasphemy to suppose it.

NOT ENOUGH PRAYER.

Prayer is a soothing medecine for the soul, and the Doctor who works the cure is the Lord Himself. Nevertheless there is not enough prayer in the world today. There cannot be, for faith is sadly wanting in the nations. War, of course, is almost as old as time, but we are supposedly more civilized at this stage of the world's progress than at any other time in its history. Hence it is a sad commentary on modern civilization that scientific savagery should be so cruelly rife in this "advanced" age. I often feel that, were it not for the many and mighty prayers that go up from the faithful, and the particularly powerful pleadings which are voiced in the Sacrifice of the Mass, by our priests, this proud world would go to utter wreck and ruin.

Though Jesus is a hidden God, though He seems not to waken or to break the silence of the tabernacle, still to our hearts He whispers: "Peace, be still."