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McLAUGHLIN FORUM DAY

DISARMAMENT AND ARMS CONTROL: ALTERNATIVES FOR THE FUTURE

Panelists:

Moderator: Prof David V.J. Bell John Gellner William Epstein

Ernie Regehr **Rod Byers**

Department of External Affairs Representative

Friday, Nov. 25, 1977 1-5:30 p.m.

McLaughlin J.C.R.

Registration Free

CANADIAN OURSE INC.

- 22 hour review course for Dec., Feb. & April.
- No additional charge for repeating course

CLASSES AT THE ROYAL YORK HOTEL IN TORONTO CALL (416) 633-9971

Today, 8 p.m. - Poetry and Folk Night - interested participants are asked to call Hollis Rinehart at local 3420 - Orange Snail Coffee Shop,

8 p.m. - Review of Revues (Theatre) a look at vaudeville and popular musical theatre in Canada by Mavor Moore, Jill Courtney and John Oxley; performance by the Fourth Year Performance Ensemble - free tickets are available from the Burton Box Office (local -2370) -McLaughlin Hall

Friday, 12 noon - 2 p.m. - Jazz in Bethune - featuring the Eugene Amaro Quartet - Junior Common Room, Bethune

5 p.m. & 8 p.m. - Review of Revues (Theatre) see Thursday

8:30 p.m. - Bethune Movies - "New York, New York" (Liza Minelli and Robert DeNiro) - general admission \$1.75 - L. Curtis

9 p.m. - The Stong Show - admission 50 cents - Stong Dining Hall

Saturday, 8:30 p.m. - Bethune Movies - see Friday's listing at 8:30

Wednesday, 3 p.m. - Art Film Series (Calumet) "Jack Chambers" -Calumet Living Room, Atkinson 4 p.m. - 6 p.m. - Concert (Music) Music for Baroque Flute and Fortepiano with Susan Prior

223-8111

223-4960 LOW, DAILY, WEEKLY **MONTHLY RATES**

SPECIAL WEEKEND \$3995

PLYMOUTH VOLARE OR ASPEN **24 HOUR RESERVATIONS** SOUTHWEST CORNER YONGE & SHEPPARD

(baroque flute) and Leslie Kinton and James Anagnoson (fortepiano) - F, Curtis

8 p.m. - Winters College Music Series - featuring music from the 16th - 18th centuries performed by Student Ensembles - Senior

Common Room, Winters
Until Dec. 16: - An Exhibition of
Puppets at the Glendon College Art Gallery; 11 a.m. - 5 p.m. (Mon -Fri), 8 pm - 10 pm (Mon-Thurs), 2 pm-5 pm (Sun)

Review of Revues

In 1948, Toronto's New Play Society presented Spring Thaw, a musical revue directed my Mavor Moore. Every year thereafter, for 24 seasons, Spring Thaw charmed its audiences wherever it played, bringing with it the names of people like Robert Goulet, Jane Mallet, Jean Templeton, Rich Little, Wayne and Shuster, Norman Jewison, and many others.

Today, with the assistance of co-directors Jill Courtney and John Oxley and the enthusiastic cast of York's department of Theatre, Mavis Moore, a distinguished member of that same department, has taken the highlights from all those successful seasons to create Review of Revueswhich is playing all this week in McLaughlin Hall.

The material for the show, written by Johnny Wayne, Pierre Berton, Donald Harron and others, will offer the audience a unique and entertaining look at Canada's musical past. For those unable to get tickets for the last performances (today at 8:00, Friday at 5:00 and 8:00) from the Burton box office, we'll have a story and pictures next week.

Student dining: health without wealth



By Denise Beattie

Has Mexican food got you in its clutches yet? If not, here is a very easy, surprisingly authentic casserole version of Mexican fare. If you're already familiar with the wonderful world of tacos, enchiladas, burritos and such delights, you may be pleasantly startled by a pseudo-ethnic dish utilizing typical household items.

Here's what comes between the half hour you decide you're hungry and dinner...

Gather: One can of beans. This can be baked beans, the chili variety, or kidney beans but preferably ones without flavourings which would clash with chili-type spices. You'll also need about 1 tablespoon chopped onion or scallions (green onions), a bunch of grated cheese (about 11/2 cups cheddar's best), a bag of cornchips and some chili seasoning (you can get prepared chili seasoning in small packets fairly cheap - use about 1 tablespoon

or, if you prefer, scrounge up 1/2 teaspoon chili powder, 1/4 teaspoon cumin and a few pinches of cayenne pepper and garlic powder).

Procedure: Set your oven for 425 degrees. Get a medium size baking pan (8" x 8", etc).

Now for the nitty gritty. Slightly break up just enough cornchips to cover the bottom of the pan. Sprinkle the onion over the cornchips. Now combine your spices with the beans and spread the entire concoction over the onion and chips. Top all of this with the cheese and a few more corn chips.

Bake: About 20 minutes in the oven will leave the cheese hot and bubbly. This is your cue to indulge in dinner.

Add a green salad to your Mexican casserole and you've got something filling, healthy (protein!) and a brand new addiction!

By the way, the spices can be adjusted to suit your taste. The amount I've suggested will give flavour but no pain so all spicey food diehards should increase

A SINCERE APOLOGY TO THE UNIVERSITY OF TORONTO

SUNSTONE ASSOCIATES LTD. **EXPRESSES ITS SINCERE APOLOGY TO ALL STAFF AND** STUDENTS OF THE UNIVERSITY OF TORONTO FOR THE **ADVERTISEMENT WHICH RAN** IN THE EXCALIBUR, NOVEMBER 10th ISSUE FOR A PRODUCT **CALLED HI SIGN WHICH MAY HAVE BEEN IN BAD TASTE** AND UNWARRANTED. WE **DEEPLY REGRET THIS INCIDENT** AND ASSURE OUR READERS THAT IT WAS A MISGUIDED ATTEMPT AT HUMOUR.

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