

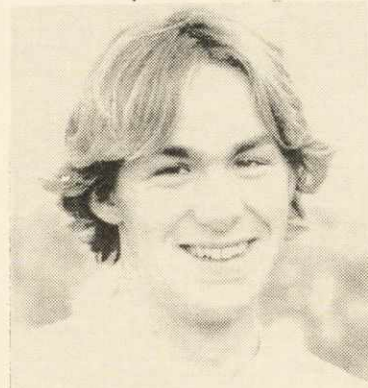
Swimming 101

by Katharine Dunn

Before giving the results from last weekend's successful swim meets for the Tigers, it's important to clarify a few of the finer points of the sport for fans.

First of all, it's essential that the avid Tiger fan know exactly where the swimming events take place: The pool!

It seems many of you have been



Ian Jackson getting lost along the way. Dalplex is equipped with stands so you can sit, watch and perhaps even cheer for our swimmers. A few fans showed up on the weekend but the pool was

virtually silent.

This brings me to the next helpful hint for newcomers since swimming is a loud and energetic sport: cheering is a necessity. Ask any varsity athlete which team has the most spirit on campus and they mention the swimmers.

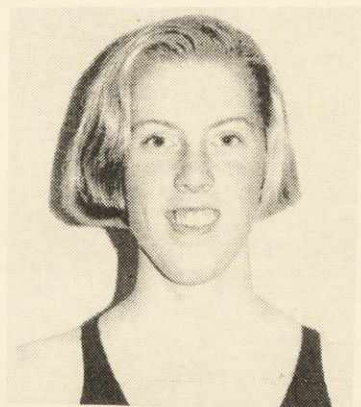
Still say you don't know enough about swimming to really appreciate it? Here are the basics: varsity swimmers compete in a 25-metre pool. There are four strokes: butterfly, backstroke, breaststroke and freestyle (front crawl), and swimmers race several distances in each. The individual medley is a race with all four strokes.

Nothing compares with the excitement and anticipation when eight swimmers step up on the blocks for the final of an event. It's the swimmer against the field, the clock and him or herself. Swimming at the university level isn't just an individual sport. It's a team sport. Give it a chance—you won't be disappointed.

Last weekend, the Tigers dominated in their dual meets against UNB and Mount Allison. The men's and women's teams won on both

days. Kirsten Taberner, Sarah Woodworth, Shawn Dupuis, Steve MacDonald and Ian Jackson all turned in great performances, and each one set a meet record. Woodworth and Jackson were subsequently named AUAA Swimmers of the Meet.

Congratulations to Sarah Woodworth and Kirsten Taberner who qualified for the CIAU championships taking place at Laval in March.



Sarah Woodworth

The Tigers will compete once more before the holidays against the local club team—the Halifax Trojans—on December 3-4.

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ST. THOMAS	4	7	1	36	53	9
UNB	3	3	2	38	30	8
MOUNT ALLISON	2	9	0	41	76	4

as of Monday, Nov 21

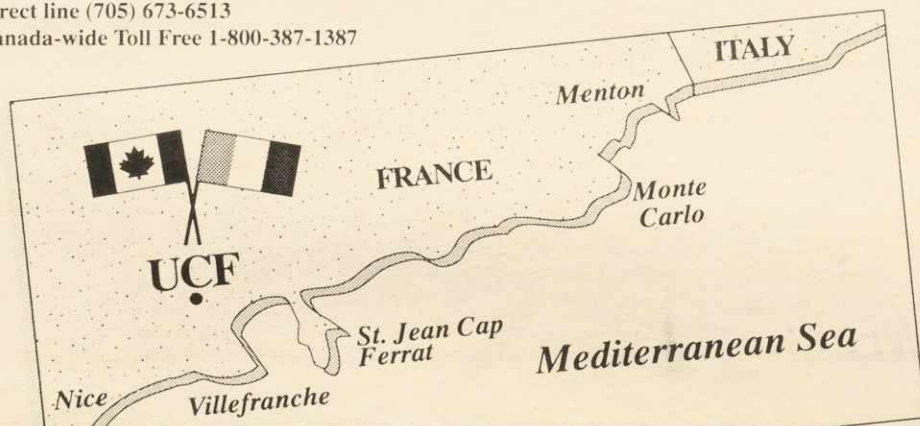


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