

Intramural News



Shirley Cleave

intramural director

The entry deadline for the following fall intramural sports has passed but additional teams or individuals will be accommodated if space permits. All those interested should contact the Recreation Office, Room A120 Gym today.

- Women's Softball
- Men's Flag Football
- Softball
- Soccer
- Tennis
- Golf
- Co-ed Softball

Squash Instruction

The physical recreation and intramural program and the UNB-Fredericton Squash Club are offering classes in squash racquets at the beginner level. The program is open to all UNB-STU students, faculty, staff, alumni (with pass) and their spouses. Classes will be held on Tuesdays and Thursdays Sept. 29 - Oct. 15; one class from 7:10 - 7:50 and one class from 7:50 - 8:30. Anyone interested in participating may register at the Recreation Office Room A120 L.B. Gym beginning Monday September 14. For further information contact the Recreation Office 453-4579.

Children's Swim Instruction

The physical recreation and intramural program is offering swimming instruction for children of UNB-STU students, faculty, staff and alumni (with passes). Classes will be held on Saturday mornings beginning Sept. 26. The new 8 level Red Cross Program will be used. Registration will be accepted Mon. Tues and Wed. Sept. 14, 15, and 16 from 9:00 a.m. until 12:30 p.m. in Room A121 L.B. Gym. The fee is \$18.00 for the first child and \$15.00 for each additional child.

For further information contact: Carol Brander, Head Instructor, 455-3055.

PHYSICAL RECREATION AND INTRAMURALS PROGRAM SOMETHING FOR EVERYONE - SOMETHING FOR YOU

The Physical Recreation and Intramurals Program is ready and waiting for you, the participant. This is your chance to engage in a variety of physical activities in your spare time. The Program is designed to serve the needs and interests of ALL students at UNB and STU regardless of skill level and experience. You do not have to be an athlete to participate. In fact, varsity athletes may not compete at the intramural level in their particular sport(s).

The Program is divided into four units, each providing a slightly different emphasis. **FREE-TIME RECREATION** enables you to participate in your favourite activities at a time that is convenient for you. **COMPETITIVE INTRAMURALS** consists of leagues and tournaments for men's, women's and co-ed teams in a large number of sports. If you have always wanted to learn to ski, swim, play squash, etc. or to improve your skills, the **NON-CREDIT INSTRUCTION PROGRAM** is for you. The 13 sports clubs on campus offer you a chance to learn new skills, engage in a favourite sport and socialize with fellow enthusiasts.

The Physical Recreation and Intramural Program staff is anxious to provide the best possible program for you. If you have any questions, comments or suggestions, please contact the Program Coordinator, Shirley Cleave. The Recreation Office is located in Room A120 L.B. Gym, 453-4579.

Free-Time Recreation

A large variety of athletic facilities are available for your use on a casual or unstructured basis. Available times vary depending on the facility and the time of year. Check *The Brunswickan* and recreation bulletin boards for current schedules. The West Gym is always available for recreational use from 4:30 - 6:30 p.m. on Wednesdays. Make good use of your free time - swim, skate, play basketball, jog, use the weight room, etc.!

Judo Club

The Judo Club works out regularly in the South Gym. An extensive instructional program is offered to teach the rudiments of Judo and to provide members with the opportunity to achieve belt advancement. Club members compete in tournaments in New Brunswick and other provinces.

FREE TIME RECREATION

A. Lady Beaverbrook Gymnasium Facilities

1) Available for basketball, volleyball, badminton, floor hockey, etc.

Campus groups may reserve a gym for a one hour period one week in advance through the Equipment and Facilities Manager.

2) Racquetball and Squash Courts
Phone reservations - 453-4578
Monday through Friday - 8:00 a.m. - 2:00 p.m.
Weekends and Holidays - 1:00 p.m. - 2:00 p.m.

Reservations in Person - Equipment Room.

3) Sir Max Aitken Pool

Casual swimming is held at various times throughout the day.

Copies of the pool schedule are published in *The Brunswickan* and posted in the L.B. Gym.
Swim caps are mandatory

4) Weight Training Room
Circuit training equipment, Nautilus equipment and free weights are available.

B FIELDS - BUCHANAN FIELD
Located beside the Gymnasium
Equipped with a softball back stop and a set of combination football/soccer goal posts

Lit for night use

C TENNIS COURTS

4 courts located above Lady Dunn and Tibbits Halls
No reservations - first come, first serve

D. Fitness Trail

Located at the end of Buchanan Field

Maps and instructions available in the Recreation Office.

E. Aitken University Centre

Skating - free skating
12:30 - 1:30 p.m. Monday through Friday beginning in October

Jogging - upper concourse open for jogging Monday through Friday 12:00 noon until 5:00 p.m.

locker room facilities available

Sports Club Festival

There are presently 13 Sports Clubs affiliated with the Physical Recreation and Intramural Program. Each club has an elected executive, a constitution, and a budget and offers a program of sport and social activities. All clubs provide instruction for both the novice and experienced participant on a formal or informal basis.

The 1981 Sport Club Festival will be held on Tues. Sept. 22, Wed. Sept. 23, and Thurs. Sept. 24 in the Blue Lounge in the Student Union Building (beside the general store). At this time, each club will have club members on hand to explain their club's program, answer questions and accept memberships. This is an ideal opportunity for you to discover what the various clubs have to offer. If you miss the Sport Club Festival and would like information on any of the clubs or would like to join a club contact the Recreation Office.

Badminton Club

The purposes of the Badminton Club are to promote and stimulate badminton in the University. Gymnasium tier is reserved for the club on Monday and Friday evenings in the Lady Beaverbrook Gym. Basic instruction is provided for persons interested in acquiring and/or improving their skills. The club hosts a provincial calibre tournament, the "Early Bird" each fall.

Curling Club

The UNB Curling Club curls regularly at the Captial Winter Club. Instruction is available for those who desire it. The club selects the university's representatives to the AUAA Curling Championships from among its members.

Fencing Club

The Fencing Club is in the process of reorganizing. In the past the club has provided instruction and opportunities for recreational and competitive fencing. If you are interested in helping to revitalize the Fencing Club, contact the Recreation Office.

Rugby Football Club

Rugby football is the most widely played contact sport in the world. The UNB Rugby Club introduces new players to this swift, demanding game and offers players with experience competitive football of a high calibre. All members play every week. The Club fields two teams, both of which play full schedules in the New

Brunswick Rugby Union during the fall. In the spring, after examinations, the Club goes on tour, usually to the U.S.A. The 1981 tour was to New England.

Scuba

The installation of a new 9 CFM 5000 psi compressor has allowed the SCUBA club to expand its program. Instructional courses are now offered in both fall and winter semesters. The club uses the SMA Pool on Monday and Friday evenings for instruction and practice. A basic stock of equipment is maintained for use by club members.

Karate Club

The functions of the Karate Club are to provide instruction for all levels and to provide the opportunity to practice the martial art of Karate.

Ladies Ice Hockey

The ladies ice hockey team is called the Red Blazers. Tryouts are held early in the fall. The club practices regularly and competes against other club and university teams from the Maritimes and Quebec.

Rock and Ice Climbing Club

The club acts as a catalyst in the promotion of safe climbing, offering common ground on which climbers can meet, as well as introducing beginners to a pastime of skill, endurance and adventure. The club maintains a store of basic gear, and arranges purchases of hardware for members at reduced rates. A rock school is held in September and an ice school is held in January at the Cochrane Lane Craggs of Welsford, N.B. Club trips in the past have been to Mt. Albert in the Gaspé, Bar Harbour, Maine; and Huntington Ravine, New Hampshire.

Rod and Gun Club

The Rod and Gun Club is looking for people who are interested in organizing and operating the club. A small stock of guns and facilities for shooting are available. Anyone interested in becoming involved with this club should contact the Recreation Office.

Rowing Club

The Rowing Club takes advantage of the excellent facility that is available in the Saint John River. Instruction is provided for all those interested in learning about the sport or improving their skills. Recreational and competitive programs are organized based on members' interests.

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