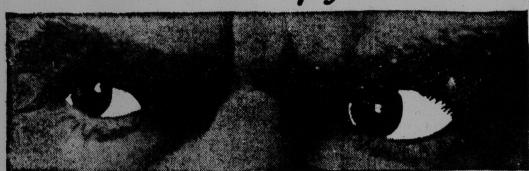
"The Spy"



The thrilling narrative of a German spy who penetrated the Belgian line as a cook when the How he sent code messages to the German foreign office on cabbage leaves-How he faced

An amazing and intimate expose of the spy sysem in times of war. THIS SERIES OF ARTICLES WILL APPEAR IN THE EVENING TIMES

British Submarine Attack Successful; Summary of The Morning War News

London, Oct. 7, 8.30 p. m.—Submarine E-9, of the British navy, under command of Lieut. Commanfer Max Horton, yesterday made another raid into German waters, off the mouth of the Rievr Ems, and succeeded in sinking a German torpedo boat destroyer. It was this same submarine, under the same commander, which made a similar dash and sank the German cruiser Hela off Heligoland September 13. As on the former occasion, the E-9 has safely returned to her home port. The action took place at 1 o'clock yesterday, and was witnessed by the Dutch coast guards on the Dutch Island Schiermonnikoog, in the North Sea, off the province of Friesland.

Paris, Oct. 7, 2.30 p. m.—The Messagero publishes a despatch from Ancona, in Italy, on the Adriatic, telegraphs the Rome correspondent of the Havas Agency, which declares that four Austrian torpedo boats and two Austrian torpedo boat destroyers have been lost off the coast of Dalmatia as a result of coming in contact with

The Ancona despatch adds that a majority of the members of the crews of these vessels lost their lives.

While the world awaits news of the great battle twenty-six days, the meagre official reports from the front vouchsafe little in- ties. In Ontario the No. 1 Spies, Snows formation of the actual operations. Today it is a small piece of ground lost, and McIntosh Reds could have been sold and tomorrow the same ground has been regained. Meanwhile the French many times over. I am told that it is forces are moving northward, but are gaining little to the eastward, which the same with the Gravensteins and would be essential to the outflanking of the German right wing.

IN PRAISE OF APPLES

(By Peter McArthur.) The apple-lovers of the country have be come altogether too finicky in their

forces are moving northward, but are gaining little to the eastward, would be essential to the outflanking of the German right wing.

As a matter of fact, Gen. Von Kluck, in command of that section of the German army, with heavy reinforcements, which have reached him in the past week, has taken a decided offensive, and day by day the same announcement is made by the French war offlice that the "violent battle continues."

The British official bureau reports that the French army is lighting with the greatest dash and bravery, but is silent on what the British are doing.

The French officials report an advance on certain points on the centre, and the re-taking of the ground previously yielded in the Roye district.

The situation as between the Russians and Germans and Austrians is somewhat problematical, but a very frank statement from Berlin admits that the German forces on the frontier of East Prussia have assumed a strategical defensive movement, and that they abandoned the bombardment of Ossowetz fortress, in Russian Poland.

The forty-third German casualty list, issued at Berlin, contains 10,600 names in dead, wounded and missing.

The Belgian government has been removed from Antwerp to Ostend, several of the ministers and many thousands of refugees having reached there. The bombardment of Antwerp, it is reported, has already begun, following a notification after an exhausting engagement.

HAMPTON BELGIAN FUND.

HAMPTON BELGIAN FUND.

Allandale Parm, Hampton, N. B. breeders of pure bred Ayrshire bull calf, one month old, to be drawn for his horse in a recent battle. Already with a long the proceeds to be given to the Belgians.

The length of the defensive proving the proving a motification of the resource of the ministers and many thousands of refugees having reached there. The bombardment of Antwerp, it is reported, has already begun, following a notification and the proving and the land of the resource of the ministers and many thousands of refugees having reached there. The bombardment of Antwerp, the res



Thoughts are Sparks

-flashes of the mind that decide for success or failure.

The question is, what kind of sparks does your brain generate?

The brain, like a battery, must be supplied with certain elements to generate thought properly. These brain elements are water, albumen and phosphate of potash. If any of these are lacking in the daily food, brain and body energy are vitally lessened.

Are any lacking? Listen! Water and albumen are plentifully supplied in ordinary food, but phosphate of potash—together with other mineral elements—is almost wholly lacking

Grape-Nuts

-containing all the nutriment of wheat and barley, including the precious phosphates so essential to perfect bodies and active brains, provides a food at once delicious, nourishing and

A morning dish with cream furnishes POWER for accomplishment that many a man has come to appreciate.

Common sence goes a long way toward success. To eat right often means to BE right.

"There's a Reason"

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

gal son lived with fared like that he would not have much to complain of.

But those were calls of choice varieties. There are other varieties of which you cannot all even the No. 1 grades provided by the property.

"I cannot help thinking that the great lake of criving the orthogolar late of the property of the provided provided by the provided was covered with them.

"No market," was the complete and conclusive answer. Because there is no market for the Strewberry apple—that is its name—the spale grower. did not be would only be wasting his time and his money. And yet, with the pick of all the orthard before me, I filled my pockets with those despised Strawberry apple and the year we should not allow even the "marvial front before the provided was covered with them. Colober sunshine.

Apples, are apples, my friends, and this year we should not allow even the marvial for the portest spiles were already begun work the would outlied by the would outlied be a sunshine.

"No market," was the complete and conclusive answer. Because there is no market for the Strewberry apple—that is its name—the spale grower. did not be would outly be wasting his time and his money. And yet, with the pick of all the orthard before me, I filled my pockets with those despised Strawberry apple and the year we should not allow even the "marvial fruit" to did hero, referring to charge so of accounting the power to the provided was appled to the provided with the power to the provided was any special marvial to the provided was any speci

TWENTY BOTTLES OF SCOTCH the cities would not be so fastidious if they could get a chance to dispute with these luxurious country pigs for some of the apples I have seen wasted this year. GRAND OLD MAN OF BRITISH ARMY Lord Roberts Gives Sound and Steadying Advice to British Fighters New York, Oct. 8—The Sun "Cord Roberts at 82—he attained that age last Wednesday—is too old for war but not too old to give his countrymen sound and steadying advice. He realizes the magnitude of the struggle in which Britain and her allies are engaged. Quite likely his countrymen was proposed the struggle in which Britain and her allies are engaged. Quite likely his countrymen was forgotten what Lord Roberts, when urging conscription, wrote about raw volunteer levies—food for powder, he callinded them. Britain is now drilling half a million recruits, drawn from shop and farm and counting house, to take the field against the scientifically trained TWENTY BOTTLES OF SCOTCH Amherst News:—Rev. H. R. Grant, who had such a trying experience at proposal and time has such a trying experience at two had such