

REFERENCE PAPERS

WARTIME INFORMATION BOARD, OTTAWA

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CONSUMER RATIONING IN CANADA

Foods

Q. What foods are rationed in Canada and in what quantities?

A. Coupon rationing now in operation entitles each Canadian to the following rations:

Butter: half a pound weekly, coupons for this amount becoming valid in pairs every other Thursday. Coupons becoming valid before the 15th of the month expire at the end of the same month and coupons becoming valid after the 15th of the month expire at the end of the following month.

Sugar: half a pound weekly, two coupons each of double this amount becoming valid every four weeks. Special seasonal allowances are also available to housewives for canning.

Meat: one to two and a half pounds weekly according to the type of meat chosen, two coupons each of half a pound, three quarters of a pound, one pound or one and a quarter pounds becoming valid each Thursday. Coupons becoming valid before the 15th of the month expire at the end of the same month, and coupons becoming valid after the 15th of the month expire at the end of the following month.

Tea or Coffee: one ounce of tea or four ounces of coffee weekly, single coupons for double this amount becoming valid every other Thursday. This ration is available only to persons 12 years of age and over.

Q. What steps must a visitor to Canada take on crossing the border in order to procure a ration book?

A. On crossing the border the visitor will receive from the customs authorities a blue application form (RB 23) which he should fill out and take to the local ration board at his destination, or the application form itself may be obtained at the local ration board.

Q. What steps must a visitor to Canada take in applying to the local ration board at his destination?

A. He should present or complete an application form, indicate his status as a visitor and state the period during which he will require ration coupons.

Q. Will the temporary ration book be issued while he waits, or must he call for it in person, or will it be mailed?

A. Under normal circumstances, and provided the request is authentic, the temporary ration book will be issued while he waits, or otherwise it will be mailed. The temporary ration book, consisting of a separate cover into which are affixed the appropriate ration coupons, must be surrendered at the point of issuance on termination of the visit.