

cally—accepting Dr. Clouston's statement that insanity is the product of heredity and strain.

1. Given a condition of pelvic or abdominal disease in an insane woman of not less than forty-five years of age, whose physical condition necessitates section, providing the necessary manipulation does not necessarily render her sterile, *it is* the duty of the surgeon, with the consent of husband or friends, to render her incapable of reproduction.

2. Given a history of recovery from one or more attacks of insanity, in a married woman of less than forty-five years of age, *we are justified*, with the consent of the husband, or friends, in rendering her sterile by the smallest necessary manipulation.

3. Given a first attack of insanity in a woman of good heredity, if, after an examination by the best skill obtainable, without finding any physical lesion, *it is* justifiable, considering the surprises many of us have met with upon opening the abdomen, and also in consideration of the pathological conditions within the abdomen and pelvis that cannot be determined by any method of external examination, also considering the fact that we are dealing with a condition that may doom the patient to a death to all that we hold dear in life, and with a method of examination which has a risk scarcely more than that of the anesthetic, *we are justified*, I repeat, in opening the abdomen for the purpose of diagnosis.

4. Considering the somatic basis of insanity, or that mental disease is but the psychic sum of physical abnormality, and since it has been shown that the recovery rate is greater in recent cases, before the habits of vicious cortical metabolism have become established, we should endeavor to concentrate our efforts upon the treatment of recent cases, and endeavor to discover and remove the under-lying physical lesion. In order to facilitate this treatment, I suggest that in connection with each of our city hospitals a special ward be erected, or if necessary, and possibly better, at the present time, an additional hospital be established, specially adapted for the reception and care of recent cases of insanity, with Dr. Manchester as consulting physician; that they remain there for from one to three months under the care of their family physician, associated preferably with a nervous specialist, and a surgeon (which latter term now includes gynecologist), that if after receiving treatment, they do not recover, they then be passed into the provincial hospital. It would be folly to detain such cases as idiocy, senile dementia, or general paresis.