

nobility ; it unites very well with the most irreproachable distinction ; it agrees perfectly with the highest science. Hence I conclude that the educated as well as the uneducated will always learn something by reading our publication.

Are we agreed ? — Perfectly. — Thus our *Annals*, which will never be too serious, bring joy and consolation to those who take the trouble to read them, precisely because they are serious.

But here is the other discordant note : « I do not like reading ; I read neither your *Annals* nor any other publications. » I reply : « Dear friend, you reveal to me in this a most alarming symptom. When a sick person no longer has an appetite for any kind of food, if this state of things continues even for a short time, his case soon causes anxiety and all the efforts of the physician are directed to restore the normal condition of the stomach. Now the mind needs food like the body. Food for the mind consists of the teachings of faith received at the foot of the pulpit from which truth is preached and of sound ideas gathered while reading good works. The greater one's mind the greater need is there to nourish it with sound, luminous and strengthening ideas, just as our bodies have to be supplied with sound and strengthening food.

The French adage says : *L'appétit vient en mangeant* : Appetite grows while eating. I will not discuss the nobleness of this old adage ; in any case what is true for the body might also be true for the mind. Begin by reading the *Annals* of Good St Anne. I warrant them to be very sound food for any Christian man. Perhaps at the outset you will not find any taste in them. Never mind ; continue and I wager that before long appetite will come and you will devour them.

Of course it is better not to read at all than to read works that lead the mind astray and poison the heart.

In saying *au revoir*, dear subscribers, I pray Good St Anne to smile upon you — a smile from the grandmother of Jesus is not to be despised — to grant your requests and to lead you by the hand to paradise.

CL. M. LECLERC, C. SS. R.

