

fatal misconception, that religion, even in its most pure and triumphant exaltations, can flourish nowhere else. The home of holiness is in the heart, irrespective of outward situations and alliances; therefore we may expect to find it, if there are hearts adapted to its reception and growth, in the haunts of business as well as in the silence of retirement; in the palaces of Rome as well as in the deserts of the Thebais. It is a fatal mistake to suppose that we cannot be holy except on the condition of a situation and circumstances in life such as shall suit ourselves. It is one of the first principles of holiness to have our times and our places, our going out and coming in, our wasted and our goodly heritage entirely with the Lord. Here O Lord hast thou placed us, and we will glorify thee here.

## XIV.

In the agitations of the present life, beset and perplexed as we are with troubles, how natural it is to seek earnestly some place of rest! And hence it is that we so often reveal our cares and perplexities to our fellow men, and seek comfort and support from that source. But the sanctified soul, having experienced the uncertainties of all human aids, turns instinctively to the great God; and hiding itself in the presence and protection of the divine existence, it reposes there, as in a strong tower which no enemies can conquer, and as an everlasting rock which no floods can wash away. It knows the instructive import of that sublime proclamation of the Psalmist, lxii. 5, "My soul wait thou ONLY upon God; for my expectation is from him."

## XV.

Speak not often of your own actions, nor ever, when it can be properly avoided, make any allusion to yourself, as an agent in transactions which are calculated to attract notice. We do not suppose, as some may be inclined to do, that frequent speaking of our actions is necessarily a proof, although it may furnish a presumption, of inordinate self love or vanity; but it cannot be denied that by such a course we expose ourselves to temptations and dangers in that direction. It is much safer, and is certainly much more profitable, to speak of what has been done for us and wrought in us,—to speak, for instance, of ourselves as the receipts of the goodness of God,—than to speak of what we have ourselves done. But even here, also, although it may often be an imperative duty, there is need of deliberation and caution.

OUR ADDRESS.—If our brethren and friends in the United States will please attend to our frequent remarks on this subject, they will do us a great favour. Write on all papers, exchanges, &c., "*The Christian*," Eastport, Me., NOTHING ELSE.

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