

MOTHER OF LARGE FAMILY

Recommends Lydia E. Pinkham's Vegetable Compound to Other Mothers

Hemford, N. S.—"I am the mother of four children and I was so weak after my first baby came that I could not do my work and suffered for months until a friend induced me to try Lydia E. Pinkham's Vegetable Compound. Since taking the Vegetable Compound my weakness has left me and the pain in my back has gone. I tell all my friends who are troubled with female weakness to take Lydia E. Pinkham's Vegetable Compound, for I think it is the best medicine ever sold. You may advertise my letter."—Mrs. GEORGE I. CROUSE, Hemford, N. S.

My First Child

Glen Allen, Alabama.—"I have been greatly benefited by taking Lydia E. Pinkham's Vegetable Compound for bearing-down feelings and pains. I was troubled in this way for nearly four years following the birth of my first child, and at times could hardly stand on my feet. A neighbor recommended the Vegetable Compound to me after I had taken doctor's medicines without much benefit. It has relieved my pains and gives me strength. I recommend it and give you permission to use my testimonial letter."—Mrs. IDA RYK, Glen Allen, Alabama.

Women who suffer should write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for a free copy of Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women." c

Asthma Victims.—The man or woman subject to asthma is indeed a victim. What can be more terrifying than to suddenly be seized with paroxysms of choking which seem to fairly threaten the existence of life itself. From such a condition Dr. J. D. Kellogg's Asthma Remedy has brought many to completely restored health and happiness. It is known and prized in every section of this broad land. m

Wedding Stationery

ANNOUNCEMENTS
INVITATIONS
CAKE BOXES
CARDS

Newest Designs
Finest Quality

The Guide-Advocate

CANADIAN NATIONAL RAILWAYS

TIME TABLE

Trains leave Watford station as follows:

GOING WEST

Accommodation, 111.....8.42 a.m.
Chicago Express, 17.....12.40 p.m.
Detroit Express, 83.....6.51 p.m.
(a) Chicago Express.....9.11 p.m.

GOING EAST

Ontario Limited, 80.....7.48 a.m.
Chicago Express, 6.....11.22 a.m.
Express.....2.50 p.m.
Accommodation, 112.....5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.

C. W. VAIL, Agent, Watford.

Central Business College

STRATFORD, ONTARIO

- prepares young men and women for Business
- which is now Canada's greatest profession. We assist graduates to positions and they have a practical training which enables them to meet with success. Students are registered each week.
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A. D. Hone

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WATFORD - ONTARIO

- GOOD WORK
- PROMPT ATTENTION
- REASONABLE PRICES
- ESTIMATES FURNISHED
- SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

Slats' Diary

By Ross Farquhar

Friday—Was at the Pitcher show tonight & pa begun skolding me because I dropt my chewing gum on the seat just before he set down. I gess he wood of ben jaying yet if I haddent of suggested to him he shuddent ought to let fokes see how uncarelessly I have ben brung up.

Sat—They was a quiet wedding in are neighborhood tonite. The yung couple had ben a going to gather for over 10 years and ma sed that the woman in the case must of got tired seeing the fellow of the opposing sex so much and married him to get rid of him. Witch is a pritty good plan to pass on to the fare sex namely Women.

Sunday—They was a neibor iady in here at are house this evning and she is very fat and hevny and they got to talking about reducing yure wait and etc and she sed she had tried the fonograff method and wood of kep it up only it was to much truble to go and wind up the fonograff evry time it runs down.

Monday—Since evrybuddy has ben tawking of Dieting and reducing and etc cetry, pa dissided to see a doctor and get him to lern him to be healthy and the dr. sed to wirk hard and go to bed erly and get up erly and not to eat only a little bit and take a bath evry day but pa sed Whats the use of killink yureself just to get to live a long time enny ways.

Tuesday—Went out to see Mr. and Mrs. Killox tonite and there baby. They have had it moren a yr. now and it still looks nice. Mebby they will trade it on a new 1 wile they got a good chance.

Wednesday—Well at skool today we had a lesson on trees and the teacher tried to make it plane by nameing each 1 of us kids after a part of the tree. Pug was the root and Blisters was the bark and Jake was the trunk and Elsie the leafs and Sarah the branches and it was a toss up between Jane and me as to witch 1 was to be the Sap. I win.

Thursday—Ant Emmys sistern law and husband has ben saving there money to by a car. last week they got enuff saved but insted of bying a otto they went and spent it for a divorce.

Children Cry FOR FLETCHER'S CASTORIA



To Secure Repeat Orders

Re-ordering goods by Long Distance is one of the most popular uses made of it.

One enterprising Ontario merchant says "We distribute our product to a considerable number of surrounding towns. To increase sales we send a circular to all our customers requesting them to use Long Distance when re-ordering. The plan has worked very well."

Such orders come in on Station-to-Station calls, which makes it inexpensive. Try it.



Every Bell Telephone is a Long Distance Station

PEPS

Stop That COUGH!

DISSOLVE a Peps tablet in the mouth whenever your chest feels raw and sore or the cough troublesome.

The powerful medicinal vapours given off by Peps, are instantly breathed into every part of the chest and lungs. They strengthen and protect against the dangers of wet, cold and changeable weather. They soothe and heal inflamed air-tubes, end soreness and irritation and quickly check the worst cough or cold.

Peps are equally good for sore throat, bronchitis, children's chest weakness, bronchial asthma, etc. Free from opiates and all harmful drugs.

See box all chemists. "THE REMEDY YOU BREATHE"

ITEMS FROM FAR AND NEAR

Some Wise, Some Otherwise Some Newsy, All Readable.

Mitchell's Old Home Week Committee were able to hand back to the merchants the whole of their guarantee, and still had a balance of \$300 after paying all expenses.

A litter of pigs recently born on an Ontario farm were minus hind legs and tails. As they are not adapted for ham sandwiches the owner contemplates converting them into head cheese.

After hiding for 27 years in the mountains of Boone county, West Virginia, Albert Gibson has been arrested charged with the murder of Daniel Webster, a justice of the peace, at Roanoke, Va., in 1896.

In China, when a bank fails they behead the banker. Only one bank has failed in China in 400 years. They punish a profiteer by making him stand in front of his place of business, ringing a bell and holding a banner that advertises his crime.

So sharp is the competition for labor and so urgent the necessity for completing the harvest, that farmers are paying as high as \$10 a day to potato diggers in the Elmira, Mich., district. Every school has been closed and almost every inhabitant—man, woman and child—is out harvesting potatoes.

The Post office Department invites attention to the fact that the use of other than standard size envelopes frequently results in delay to the letters with consequent annoyance to the public. "When we urge you to use standard size envelopes it is to facilitate the handling of your own letters," says the communication. "Therefore, if you wish to have your letters handled promptly use envelopes where possible about 4 inches wide and from 6 to 9 inches long."

In submitting the report of the Ontario Stallion Enrolment Board for the year ending July 31st, 1923, the chairman, Robert McEwen, and secretary, R. W. Wade, call attention to the fact that more than 15 per cent. of the 1,317 stallions enrolled are A1 and over 73 per cent are Form I horses, leaving only 10 per cent. in the defective class and one per cent. undesirable. This indicates that Ontario occupies a fairly strong position as regards the quality of the stallions used. A summary of breeds of stallions enrolled for the years 1912 to 1923, inclusive, shows Clydesdale leading in numbers all through the period, with Percherons second and Standard-bred third.

IN CASE OF AN ACCIDENT

Section 18 of the Motor Vehicles' Act reads: "If an accident occurs to any person on foot or horseback, or in a vehicle, or to any horse or vehicle in charge of any person owing to the presence of a motor vehicle on a highway, the person in charge of such motor vehicle shall return to the scene of the accident and render all possible assistance and give in writing to any one sustaining loss or injury, his name and address, and also the name and address of the owner of such motor vehicle and the number of the permit."

Everyone reads the "Guide-Advocate Want Column" on page 4.

PETROLEA

Mr. Levi Cameron has disposed of his pool room in the Archer Block to Mr. Frank Jamieson of Forest.

Two accidents have occurred at the Oil Well Supply Co's plant during the past week. One was when Allan Wyant threw out his shoulder while using a big sledge necessitating him taking a prolonged holiday and the second occurred Wednesday when Robert Webb cut the index finger of his right hand, to the bone. At the time of the accident Bob was holding a piece of iron in his right hand and hitting it with a sledge in the other. The accident was caused by a miss.

An autumn wedding was solemnized on Oct. 10th, at the home of Mr. and Mrs. John Sauvey, Oil Springs, when their youngest daughter, Annie Nora, was united in marriage to Edwin Arnold Shaunessy, elder son of the late A. E. and Mrs. Shaunessy of Petrolea, in the presence of a number of relatives and friends. The ceremony was conducted by Rev. R. S. Hosking, pastor of the Methodist church, assisted by Rev. G. V. Collins of Almonte, uncle of the bride.

Mr. Alex McDougall met with an accident on Saturday night while driving home from Petrolea in his Ford. Travelling along the Blind line at a fair rate of speed he failed to make the turn on the sideroad and went through the wire fence down the bank. Fortunately the car did not turn turtle and with the aid of a team of horses it was drawn back on the road, none the worse of the leap. Nothing but a miracle prevented the driver from being injured.

FOREST

L. P. McKindsey and family have removed to Lambeth where he is manager of a large mercantile business.

Charles and John Fitzpatrick returned home Tuesday evening after a three-months trip through Western Canada to the Pacific coast. They returned home via the Western States. Both report a fine time.

A miscellaneous shower was tendered Miss Marjorie Van Valkenburg a bride-elect, by her friend Miss Velma Gage at the home of Mr. and Mrs. A. G. Ross. About fifteen young ladies were present and a most pleasant time was spent together. At an opportune time little Miss Beth Ross appeared on the scene carrying a basket containing many useful gifts to the bride-elect.

Mr. and Mrs. Dillon Coristine of Brooke moved to Forest last week. They are taking over the management of the Brown Betty Tea Shoppe for a year.

Mr. and Mrs. A. W. Gifford and son Clifton, who spent the past two years in Regina, are now with Mr. Gifford's daughter, Mrs. Geo. Hooper, Royal Oak, Mich.

THE CAUSE OF SICKNESS

Almost Always Due to Weak and Impoverished Blood.

Apart from accident or illness due to infection, almost all ill-health arises from one or two reasons. The mistake that people make is in not realizing that both of these have the same cause at the root, namely poor blood. Either bloodlessness or some other trouble of the nerves will be found to be the reason for almost every ailment. If you are pale, suffering from headaches, or breathlessness, with palpitation of the heart, poor appetite and weak digestion, the cause is almost always poor blood. If you have nervous headaches, neuralgia, sciatica and other nerve pains, the cause is exhausted nerves. But run down nerves are also a result of poor blood, so that the two chief causes of illness are one and the same.

If your health is poor; if you are pale, nervous or dyspeptic, you should give Dr. Williams' Pink Pills a fair trial. These pills act directly on the blood, and by enriching it give new strength to worn out nerves. Men and women alike greatly benefit through the use of this medicine. If you are weak or ailing, give Dr. Williams' Pink Pills a fair trial and you will be pleased with the beneficial results that will speedily follow.

If your dealer does not keep these pills you can get them by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

When a mother detects from the writhing and fretting of a child that worms are troubling it, she can procure a reliable remedy in Miller's Worm Powders which will expel all worms from the system. They may cause vomiting, but this need cause no anxiety, because it is but a manifestation of their thorough work. No worms can long exist where these Powders are used. m

CRIPPLED BY RHEUMATISM

Began to Improve After Taking "Fruit-a-tives"

The Medicine Made From Fruit. You can get rid of Rheumatism. You can be free of pain—of swollen hands and feet—of aching arms, legs and back.

"Fruit-a-tives" will drive the cause of Rheumatism out of the system and give you permanent relief.

"For over three years, I was confined to bed with Rheumatism. Finally I decided to try "Fruit-a-tives". Before using half a box, I noticed improvement. I continued taking "Fruit-a-tives" improving all the time. I can now walk about two miles and do chores around the place".

ALEX. MUNRO, Lorne, Ont. 50c. a box, 6 for \$2.50, trial size 25c. At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

ELLIOTT Business College

Yonge and Charles sts., Toronto.

Is well known as the high grade school. Keen demand for our graduates all the time. Write for catalogue. Commence now.

W. J. ELLIOTT, Principal.

MEDICAL

JAMES NEWELL, PH.B., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DR. HAMLET D. THOMPSON

Physician and Surgeon
334 Oakwood ave., TORONTO.
Phone Hillcrest 7012
Office Hours: 9 a.m., 1-3, 7-8 p.m.

6m-d12jan

DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON

J. MCGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER

J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

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THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY

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J. F. ELLIOT
ROBERT J. WHITE, Fire Inspectors
ALEX. JAMIESON
P. J. McEWEN, Auditors
W. G. WILLOUGHBY, Manager and Watford Sec.-Treasurer
PETER McPHERDAN, Wanstead Agent for Warwick and Plymton

YOUR ad. on this page would surely pay you well!