FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-tives" **Beca**use They Did Her Good

Rochon, P. Q., Jan. 14th, 1915. "I suffered for many years with terrible Indigestion and Constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try "Fruit-a-tives". I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with "Fruit-a-tives".

I consider that I owe my life to "Fruita-tives" and I want to say to those who suffer from Indigestion, Constipation or Headaches—'try Fruit-a-tives' and you will get well". CORINE GAUDREAU. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-



a-tives Limited, Ottawa.

YOU CAN SECURE A POSITION

If you take a course with us. The demand upon us for trained help is many times the number graduating. Students are entering each week You may enter at any time. Write at once for our free catalogue of Commercial, Shorthand or Telegraphy department.

D. A. MCLACHLAN - PRINCIPAL

A.D. HONE

Painter and Decorator WATFORD ONTARIO

GOOD WORK PROMPT ATTENTION REASONABLE PRICES

> SATISFACTION GUARANTEED ESTIMATES FURNISHED

RESIDENCE - ST. CLAIR STREET

INSURANCE

J. H. HUME.

FIRE, ACCIDENT AND SICK BENEVIT COMPANIES. BEPRESENTING ·
Bive Old and Reliable Fire Insurance

If you want your property insured call on J. H. HUME and get his cates. -ALSO AGENT FOR-

U. P. R. Telegraph and Canada Permanent Loan and Saving Co.

Ticket Agent For C.P. R.—Ticket sold to all points in Manitoba, Northwest and British Columbia

THE LAMBTON Farmers' Mutual Fire Insurance Company.

J. W. KINGSTON JAMES SM TH JAMES SM TH JAMES ARMSTRONG, A. G. MINIELLY, THOS. LITHGOW, GUILFORD BUTLER, Vice-Pres. DIRECTOR DIRECTOR DIRECTOR W G. WII LOUGHBY, MANAGER AND SEC. TREAS. J. F. ELLIOT, R. J. WHITE, FIRE INSPECTORS. P. J. MOEWEN, ALEX. JAMIESON AUDITOR PETER McPHEDRAN, Wanstead P.O., Agent for Warwick and Plympton.

Veterinary Surgeon.

J. McGILLICUDDY Veterinary Surgeon,

ONOR GRADUATE ONTARIO VETERIN ary College, Dentistry a Specialty. All asses of domestic animals treated on scientific les,

—Two doors south of the Guide-Advocate
Residence—Main Street, one door north
trandon's office.

Children Cry FOR FLETCHER'S CASTORIA Children Cry FOR FLETCHER'S CASTORIA

INEZ HERRARA

A Story of Old Mexico

By F. A. MITCHEL

In the early part of the nineteenth century Don Manuel Herrara, a grandee of Spain, suddenly sold all his effects in that country and set sail for Mexico. The reason for this change of residence was that Don Manuel's daughter, Inez, a girl of fifteen, had become infatuated with Jose Alvarez. a young man whose reputation was none of the best. Alvarez, though but twenty-five years of age, had already been a leader of several uprisings against the government, and his methods indicated not only a turbulent disposition, but that he was conscienceless. By changing his residence from the old to the new world Don Manuel hoped to rid his daughter of

Don Manuel, on arriving in Mexico, purchased a ranch in the state of Durango, near the base of the Sierra Madre chain of mountains. On the property he built a handsome residence and became an influential citizen of the country. His wife, who had been loath to quit Spain, left her heart there. But Inez took kindly to the new country. Young as she was, she had had no taste of the formal life led by the higher classes in Spain and delighted in the freedom she was accorded in Mexico.

Inez had not been in her new home long before she was considered the best horsewoman in the state. grew very fond of hunting and, though living in a country always more or less subject to lawlessness, did not fear to go anywhere alone. This her father permitted because he could not prevent it, though so great was her popularity among those living in the vicinity of her home that he felt she was always in a measure protected. Added to this, she was always well armed.

Among Inez's many suitors was Miguel Coral, a young man who had when he came of age inherited a hacienda near that of the Herraras. was as much in favor with Don Manuel as Jose Alvarez had been in disfavor. Coral was the soul of honor, and Don Miguel did not hesitate to trust Inez with him anywhere. Time and absence seemed to have cured her of her infatuation for Jose. At any rate she never mentioned him and turned a not unwilling ear to Miguel. In the hunting season Inez was fond of riding up among the foothills of the mountains for game, and Miguel was often her attendant on these excursions. This was permitted not because Mexican etiquette allowed a young girl to go off with a man alone, but because Inez had a code of etiquette of her own. What she did another could not do, and much of what others did she disdained to do, for keeping girls under watch tends to make them deceitful.

When the Herraras had lived in Mexico eight years and soon after a revolution which had been unsuccessful. the Sierra Madre mountains became the lair of a band of robbers, who made occasional descents upon the people of Durango, each time carrying off booty or levying contributions of money. Every ranch or hacienda that was worth plundering except that of Don Manuel Herrara was robbed. Why he was left immune while others far le promising of plunder were attacked

was a mystery.

One thing, and one only, was known about the band. It was composed of persons that had been engaged in the unsuccessful recent revolution in the City of Mexico. It was reported that their leader had been one of the lieu-tenants of the leader of the insurgents, and some said that he was the leader himself. At any rate but few of the insurgents were captured; but, being hunted for their lives, most of them took to inaccessible points and lived by robbery.

In the autumn Inez was eager to go up into the hunting grounds. Her fa-ther objected to her going. The lair of the robbers was supposed to be in the region where she usually hunted, but they had been quiet for some time, and it was surmised that, having gained all they could get from Durango, they had gone elsewhere. Inez, who seemed to have a fancy for danger, started on horseback one morning alone to spend the day at her favorite sport. Besides her rifle she carried pistols in her holster and a knife.

Having attained considerable height. she was riding on a plateau when she met a horseman coming toward her. He was dressed in the costume of a He was dressed in the costume of a Mexican gentleman, including the gaudy trappings. Bringing her rifle to a position which would enable her to use it readily. Inez rode on. The man drew rein a few paces from the point of meeting. She, too, stopped.



What was her astonishment to recog nize Jose Alvarez. He had changed somewhat in his appearance since their separation, but not from age. devil may care look that had fascinated her when she had scarcely budded into womanhood had become intensifi-And Inez saw what she was blind to then-the spirit of evil in him.

"What are you doing here?" she asked, biting her lip to maintain her courage.

"I came here because you are here. cannot live without you.

His voice was soft and smooth, that same voice in which he had made love to her in Spain. It caused her besom to rise and fall more quickly than "You have lived eight years without

"You were a child when we parted. I could not rely on one so young. Now you are a woman.' "As a woman I shall not act as a

child." "Then you no longer love me?" She hesitated. She did not know

whether she did or did not. Her heart was fluttering. "You are mine. You were born to

be mine. You shall be mine." There was something in his looks, his tone of voice, when he said this that excited not exactly fear, but a realization that she had to deal with one who might make trouble for others, if not herself. She was drawing quicker breaths, but said nothing. Emboldened by her silence, he continued:

"I am going with you to your father to demand your hand."

"And suppose he refuses you?"
"You will not fail me." Inez felt that this was an evasion. Something in the man told her that he was changed from what she had be lieved him to be when she was a girl. He had been sinking morally from what he had been then, and though she knew nothing of this descent she felt the difference. She was not afraid of him for herself, but for others. The image of Miguel Coral came up before her, and between him and this man she had loved so passionately she saw a great difference. She dreaded a meeting between them. She concluded to show Jose that all was over between him and her, trusting that he would leave her and those she feared for in

"Jose," she said, "my love for you was that of a child. 'As a woman I will never be yours. I am going home. Goodby."

She said this resolutely, at the same time riding on. She did not look back. Had she done so she would have seen him start to follow her, then change his mind and turn away.

When a bad man, a reckless man, is in love there is no knowing what he will do. We constantly read in the daily journals of such men killing the women they love, then themselves. Jose Alvarez's love that had been no great passion for the child was fanned into a flame at meeting her again as woman. He cared nothing for his life, and he was ready to take any chance to gain his ends. It was his disposition to do desperate deeds that had fascinated her as a child. He believed that he could play the same game with her as a woman.

One day Don Manuel, his wife, his daughter and others of the household were sitting on the veranda of the house when a horseman rode up to the gate, dismounted and came up the walk to the house. Inez recognized Jose Alvarez at once. The others did not recognize him till he had reached the veranda and, holding his conical hat in his hand, thus addressed Don Manuel:

"Senor, I am Jose Alvarez. your daughter was budding into womanhood you refused her to me. Now that she is a woman and capable of deciding for herself I have come again to ask you for her."

"There is no need," said Inez, rising and confronting him, "for you to ask my father for me, for you have my own answer refusing you."

It was evident that his bold stroke was not successful. But he had not hoped for success at once. He was about to speak again when all were startled by a shot. Alvarez paused and clapped his hand to a pistol at his side. From every direction men were seen converging upon the house. When they came nearer all were seen to be carrying rifles in a position for immediate use. In advance of the others was Miguel Coral, and he seemed to be their leader.

Alvarez understood what this meant, though the others with him did not He knew that it was a matter of life and death with him or rather the kind of a death he should die, for if these men who were coming took him-and their taking him' was inevitable-he would be executed for a felon, and he was thinking of taking his own life. Raising a pistol to his head, he looked a farewell to Inez. That look vented his intended action. That look pre-Manuel, who was now beside him and slightly in his rear, knocked the weapon from his hand.

Those coming closed in on Alvarez and seized him. "What does it all mean?" asked Don Manuel.

"This man." replied Miguel, "recently led a revolution in the City of Mexico to depose the president and put him-self in his place. The movement was a lamentable failure, but its leader escaped and with a number of his men took to the mountains above us, and it is they who have been robbing us. Recently I organized a force to hunt them down. We were in the mountains watching an opportunity to bag them when one of our men saw this one about to descend the mountain and recognized him, having been robbed by him. We followed him and tracked him here."

"What are you going to do with him?" asked Inez excitedly. "Take him to the capital."

"Jose," she continued, "if I can save you will you promise to quit Mexico never to return?" "Inez," said her father sternly, "you

cannot save him;" then to the others, "Take him away."

Alvarez was taken to Mexico, where was executed by the garrote. Most of his band, deprived of their leader, were captured. Inez was kept in igporance of the fate of the man she formerly loved. Indeed, she never asked what had become of him, for she married Miguel Coral.

Miller's Worm Powders will not only expel worms from the system, but will induce healthful conditions of the system under which worms can no longer thrive. Worms keep a child in a continual state of restlessness and pain, and there can be no comfort for the little one until the cause of suffering be removed, which can be easily done by the use of these powders, than which there is nothing more

A POET IN A PANTRY.

The Surprise That Awaited Tom Tay lor, the Playwright. Writing of Tom Taylor, the famous

playwright and former editor of Punch, Leslie Ward in "Forty Years of 'Spy' says:
"At dinner his appearance was re-

markable, for he usually wore a black velvet evening suit. A curious trait of the dramatist's was his absentminded manner and forgetfulness of convention. Sometimes when walking in the street with a friend he would grow interested and to emphasize his remarks turn to look more directly into the face of his companion, at the same time placing his arm around his waist. In the case of a lady this habit sometimes oved rather embarrassing.

"Mr. Tom Taylor was a man of unbounded kindness in helping every-body who was in need of money or in trouble. * * One day Mr. and Mrs. Taylor returned from a walk to be met a startled parlor maid, who announged the presence of a strange looking man who was waiting to see them. Her suspicions being aroused by his wild appearance, she had shown him into the pantry, fearing to leave him in the drawing room. On repairing to the pantry with curiosity not unmixed with wonder they discovered Tenny. son!-quite at home and immensely tickled by his situation.

NOT A LOST CHORD.

Bach Had the Melody In Him and Just Had to Get It Out.

The Duke of Saxe-Weimar once invited John Sebastian Bach, the Nestor of German music, to attend a dinner at the palace. Before the guests sat down to the feast Bach was asked to give an improvisation. The composer seated himself at the harpsichord and straightway forgot all about dinner and everything else. He played so long that at last the duke touched his shoulder and said, "We are very much obliged, master, but we must not let the soup get cold." Bach sprang to his feet and followed

the duke to the dining room without uttering a word. But he was scarcely seated when he sprang up, rushed back to the instrument like one demented, struck a few chords and returned to the dining room, evidently feeling much better. "I beg your pardon, your highness," he said, "but you interrupted me in a series of chords and arpeg-gios on the dominant seventh, and I could not feel at ease until they were resolved into the tonic. It is as if you had snatched a glass of water from the lips of a man dying of thirst. Now I have drunk the glass out and am content."

CASTORIA For Infants and Children

In Use For Over 30 Years

Always bears the

PERSONAL.

St. Catharines, Ont.—"Two years agu I was in a very nervous, generally run-down condition, so that I awoke in the



The doctors thought I had heart trouble and treated me for it but I got no benefit. I heard of Dr. Pierce's remedies through a friend who had been

friend who had been to your Invalids. Hotel for an operation (which proved entirely successful) and I at once got the 'Favorite Prescription.' I took three bottles altogether and at the end of three weeks I felt entirely cured and have been well and strong since, without a single bad spell. I stopped taking it about three months ago and am glad to tell any one how splenand am glad to tell any one how splen-didly your medicine has healed me."

MRS. JOHN LEWIN, 53 Niagara St., St.

Catharines, Ont.

The mighty restorative power of Dr.
Pierce's Favorite Prescription speedily
causes all womanly troubles to disappear
and brings back health and strength to
nervous, irritable and exhausted women.

It is a wonderful prescription prepared
only from nature's roots and herbs with
no alcohol to falsely stimulate and no
narcotic to wreck the nerves. It bannishes pain, headache, backache, low spirits,
hot flashes, worry and sleeplessness surely
and without loss of time.

Get it now! All druggists.

Great Book Every Woman Should Have. Over a million copies of the "The Peo-ple's Common Sense Medical Adviser" are now in the hands of the people. It is a book that everyone should have and read in case of accident or sickness.

m case or accident or sickness.
Send fifty cents or stamps to Dr. Pierce;
Invalids' Hotel, Buffalo, N. Y., and enclose this notice and you will receive by
return mail, all charges and customs duty
prepaid, this valuable book.

POLITENESS IN CHINA.

It Takes a Peculiar Form at Time Particularly at Dinner.

Chinaman prides himself on his politeness more than on anything else. So when he meets you he shakes his own hand. When he goes to leave you he folds his hands across his breast and makes three bows.

Some places in China it is considered polite, when you are invited to friend's house, to throw the chick bones on the floor. As you are having dinner and chatting about the rice cros it is proper form, when you get throug with a drumstick, to toss it on the floor and go on with the conversation

The host takes this as a compliment for it shows that you know that he ha servants enough to clean the things of the floor. If you put the bones on the plate it reflects on the number of server ants that he can afford to keep.

If you leave a dollar on your dressing table your room boy wouldn't steal it for anything; he would lose face if he did, but when your back is turned he will exchange it for a counterfeit. He can do this and still keep his face. If you miss something about your room and know positively that your boy stole it and accuse him he will deny it as long as he has breath. Under a slow fire and salt he would still deny that he had taken it: to admit that he had stolen your knife would be to lose face.

But after accusing him, if you will let it go for a day or two the knife will mysteriously return, or you will find it under a handkerchief on your dresser. You know that he has returned it, and he knows that you know, but his face has been saved, and as a result he is light hearted and happy.-Homer Cros in Leslie's.

How to Build a Campfire For a noon halt gather a couple of

heaping double handfuls of dry twigs about the size of a lead pencil. If there are no leaves at hand for tinder shave a few of the twigs as finely as possible with a sharp knife, leaving the shaving attached to the twig at one As a support for the kettle set two flat stones on edge at an angle about two sides of the fire with their rear edges touching, so as to keep the 'fireplace'' from collapsing. The bright blaze which this little fire gives at the start will get up steam in short order, and the glowing coals which it leaves will be just right for frying. If no stones are handy the kettle may be swung from a forked stake driven into the ground at an angle so that it will jut over the fire.-Outing.

English Golf Courses. A glance over the plans of the severi

championship golf courses of Great Britain reveals the fact that not one possesses a single hole which measures 550 yards, the longest being the seventeenth at Westward Ho, which is 542 yards. St. Andrews possesses two holes of over 400 yards, the fifth is 533 yards and the fourteenth of 516 yards. The twelfth at Prestwick measures yards and the sixteenth at Hoylake 510 yards. There is not a single hole at either Murifield or Deal which measures 500 yards.

10 : Do the or

in

oris

lati

like

2 a

"The

OFFICE C. W

JAMES

FORMER 23 A. Reside W. C

WATFORI Formerly of OFFICE-ME by Dr. Bran

GE

IL4con PROMPT at terms, of Advocate office

Fergu LICEN For t All sales tion on shable. Phone

Court L



For ADVA Advocate of church ente

charged, a c the object o to some pers per line will tion. Minin words make