

Correspondence Column  
Helps for Home-Keepers  
Recipes and Style Notes

# A PAGE FOR WOMEN

Bright Articles Daily on  
Women's Interests and  
Activities Here and There

## KATHERINE LESLIE'S HOME CHAT

### LINGERIE—ANCIENT AND MODERN.

As one looks in the shops at the new wash net and chiffon petticoats—they are surely called out of courtesy!—one thinks of the old ladies one has known—women who all their lives have worn many petticoats, and who would literally die of shock before these modern apologies for petticoats. As I examined a number of these transparent skirts the other day, a vision of two excessively petticoated New England spinners whom I know rose before my mind's eye; and I laughed to myself as I conjured up the homely, grim, uncomely, promising face of one of them in particular. The salesgirl looked enquiringly at me and not a little alarmed at my unaccountable chuckling. But when I said to her that I was thinking of the expression upon the face of a Puritan friend of mine could she see these diaphanous confections, she too laughed and said, "Well, I should certainly not care for mother to know that these are petticoats!" Scandalous substitutes for petticoats, these undoubtedly would be in the eyes of the older, and—was it?—a more modest generation of women. Even did one assure these dear old women that a thin—skirt of bastiste or muslin went under the net petticoat, they would surely regard us as creatures lost to all sense of decency and propriety. Words would fail them, but how eloquent would be their looks, their silence! I am not sure that a number of older women have not died of shock in seeing our tight outer skirts. How could it be otherwise when they wore skirts of such volume that if one were ripped down it would make skirts for a family of five girls today. Their lingerie was something all opaque, all covering, all substantial, all enduring. No wonder a trousseau was designed to last all their days! Beside the scant filmy, dainty and ephemeral lingerie of today, how awful seem those heavy, high-necked, long-sleeved night gowns of theirs! And to think that in the dog days as in mid-winter they got nightly into those things! Nothing short of absurd modesty, a wholly different point of view from ours, or was it principle?—could have made women who are naturally lovers of pretty things, wear those really, really sacrificial garments.

### PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, and all letters must be answered in turn as they are received. No letters can be answered privately.]

#### About Balkan Blouses.

Dear Miss Grey: Will it be too much trouble for you to answer a few questions for me?

1. Do you think the Balkan blouses suitable for girls of 16, and do they look nice when made up?

2. What inexpensive material would you select for a Sunday dress for a girl of 16?

3. I have dark hair, dark brown eyes and a dark complexion. What are my colors?

4. I am about 5 feet 4 inches tall. Am I very short for my age? How long should my dresses be?

5. When introducing a gentleman and a lady whose name should be pronounced first?

6. Do you think a girl of 16 far enough advanced in her studies if she has passed her examination for entrance into a normal school?

7. Do you think girls of 16 too young to go driving with boy friends in the evening?

8. Are they too young to correspond with boy friends?

GYPSY.

A.—The Balkan blouses will be worn a great deal this summer by girls of your age. I cannot say I consider the specimens I have seen extremely graceful or becoming, but opinions differ, no doubt. Personally I prefer the Norfolk or Russian blouse.

2. Allover embroidery, flouncing, cotton voile in a floral design, or a color-muslin.

3. Doubtless pink would look pretty on you and also shades of pale yellow for summer dresses, while shades of brown, dark blue and colors like raven's wing or prune, should make becoming suits.

4. I should think that was quite an average height. You may grow a couple of inches more before you are 20. I think your dresses would look nice about six inches off the ground.

5. A very safe form of introduction is, "Mrs. Brown, may I (or 'allow me to present') introduce Mr. Blank?" The gentleman should always be introduced to the lady.

6. I think so.

7. No, if the girls' mothers know who is with them and approve of their company.

8. As long as the letters are just chatty, friendly letters, I think such correspondence is all right. The trouble with some young folks is they are apt to drift into "mushiness" and sentiment when writing to a member of the opposite sex. Avoid this, my child.

#### An Ant Riddance.

Dear Miss Grey:—As I am drawing near the time of year when the many "anxious inquirers" of your interesting column will be asking "How can I get rid of ants?" I would like to give you my remedy for the little pests. I can't say it will never fail, but it has never failed with me, and I have rid the house of them four different times—both the black and red ones. I got a ten-cent package of hyposol pairs, the round ones; lay one on an old plate, put on a tablespoonful of sugar and a couple of spoonfuls of water, and let it set till it forms a thick, dark-brown syrup. As this is deadly poison, keep

### The Poets' Corner

#### SAY NOT.

The labor and the wounds are vain,  
The enemy faints not, nor fatteth,  
And as things have been they remain.

If bones were dunes, fears may be lars;  
It may be, in yon smoke concealed,  
Your comrades catch'd as now the darts,  
And, but for you, possess the field.

For while the faint waxes vainly break-  
ing,  
Seem here no painful inch to gain,  
Far back, through creeks and inlets making,  
Comes silent, flooding in, the main.

And not by eastern windows only,  
When daylight comes, comes in the night;  
In front the sun climbs slow, how slowly,  
But westward, look, the land is bright!

—ARTHUR HUGH CLOUGH.

### If Yours Is a "Bottle Baby,"

Mother, You Must Study the Baby's Food Problem the First Three Months More Closely Than You Ever Studied Anything Before.

By Dr. Margaret Vaupel Clark.  
The mother should be the only one who may prepare the milk for the unfortunate baby who is bottle-fed to insure perfect cleanliness.  
There should, if possible, be a bottle for every feeding, and after thoroughly rinsing in cold water every bottle and nipple should be boiled for five minutes after every feeding and again five minutes before you give it to your child. It is impossible to give a recipe for preparing babies' milk as no two children thrive under the same feeding.



I would advise consulting a doctor or your nurse about this. In selecting the milk for the feedings you must be sure that it is pure and kept in air-tight vessels at a temperature of 40 degrees Fahrenheit. One bottle of tainted milk may be fatal to your baby.

Bowel and digestion troubles come from unclean milk and milk that is not kept in the coolest compartment of the refrigerator than any other cause in the "bottle-fed" baby.

Don't buy milk from dealers who use preservatives.

There is no cow's milk so pure and good that it is suited to the digestion of a baby without modification.

When you find that with a milk and water feeding your baby's bowels are becoming loose, use barley water in the milk instead of boiled water.

The accepted way of making barley water in the children's hospitals is one level tablespoon of barley flour to one quart of cold water. Mix the flour

with a little water to a smooth paste and add remainder of water and cook one hour in a double boiler. Remove from the fire and strain. Add enough boiled water to make a quart.

When the baby grows constipated use oatmeal water to dilute its milk.

Oatmeal water is made the same way as barley water, using a heaping tablespoonful of oatmeal instead of barley.

Give the baby a little cool boiled water if it cries and appears hungry between meal times.

Dr. L. Emmet Holt says: "The question whether a child shall be strong and robust or a weakling is often decided by its food during the first three months."

"The problem is not simply to save the child's life during the perilous first year, but to adopt those means which will tend to a healthy and normal growth of the child."

Not JUST BABIES, but BETTER BABIES is what we want.

### WOMEN'S INSTITUTES

#### ST. HELEN'S.

[Special to The Advertiser.]

St. Helens, June 9.—Miss Gilholm, of Bright, will address the Women's Institute today. Her subjects are: "The Plant and Its Relation to the Dairyman," "Will the Dairy Cow Remove the Mortgage," "Thoughts of Old Friends and New," "Canadian Women," "Our Opportunities."

MILK.

It is medicine.

It is a stimulant.

Anacardes should drink milk.

A quart a day will work wonders.

When taken hot it is a gentle laxative.

Boiled milk, allowed to cool before drinking, corrects indigestion.

As a body builder milk in addition to meals is a splendid article.

### Women and Flying

Women might as well abandon the science of flying, says Mrs. Maurice Hewlett, wife of the noted British novelist.

Mrs. Hewlett speaks with authority, for she is a woman, has an aeroplane pilot's license, and has done considerable flying herself.

"Women have not the right kind of nerve," explains Mrs. Hewlett; "the nerve that unites full knowledge of every danger with judgment in handling difficulties with cool daring. That is the kind of nerve they do not possess. They have physical courage, and some have made interesting flights, but very few have any practical knowledge of flying."

Take poor Miss Quimby, for example. She had plenty of reckless courage, but really knew very little of aviation, never fully realized her danger. When she was face to face with necessity of judgment and presence of mind she failed. And I think it has been so and will be so with the majority of women pilots."

### Daddy Will Never Come Home to Son of Great Man



[BY AUNT GERTIE.]

Children, dear, have you ever sat at the window in the evening when the lights were beginning to twinkle in the street lamps, watching for DADDY to come home?

Wasn't it a long, long wait? Weren't you happy ALL OVER, from the tips of your toes to the top of your head, when you got the first glimpse of his hat?

And if sometimes he didn't come home till after your bedtime, don't you remember how sad and lonely you felt?

Well, then, maybe, boys and girls, you have a loving thought for poor, little PETER SCOTT, the son of Capt. R. F. Scott, who died in a terrible blizzard, a short time ago, while returning from an expedition to the South Pole.

Little PETER NEVER even saw HIS daddy! And his daddy never had a chance to cuddle the dear baby boy in

his arms, because, you see, Capt. Scott started on that wonderful trip in all

search of the South Pole before his baby was born.

Peter was named after "Peter Pan" in the play of that name. His godfather was J. M. Barrie, who wrote the pretty story of "Peter Pan."

Peter is a very beautiful child and he's about four years old.

Though he never has had a daddy to play with him or to rock him or to take him long walks, he will always know and be proud of the fact that his WONDERFUL DADDY lost his life on a daring trip made for the purpose of helping the world know about a new country.

Peter will always know and be proud in knowing that his daddy died a hero; that he was one of the BRAVEST MEN WHO EVER LIVED, and that all the people in the world, who know about him, love him and respect him.

So, you see, Peter can be happy after

PETER SCOTT.



USED BY NEARLY ALL DRESSMAKERS

And women of taste who make their own clothes.

MISS M. E. LIND-SAY, of New York, representative of the manufacturers of Ladies' Home Journal Patterns, will be with us, June 11, 12 and 13.

Bring her your pattern and dressmaking problems. You'll be welcomed.

Gray's LIMITED.

Corset Covers

12 dozen Nainsook Corset Covers with yoke of Val. lace and finished with baby ribbon. Sizes 34 to 42. These are exceptionally good value, for each .....19c

15 dozen Corset Covers of good quality English Lonsdale, prettily trimmed with lace or embroidery, and finished with ribbon. There are four different designs, and all are very dainty. Sizes 34 to 42, each....35c

Drawers

10 dozen Drawers of good quality cambric cloth, trimmed with frill of hemstitched tucks. Assorted sizes. Special at, pair .....25c

6 dozen Drawers of extra fine quality English longcloth, trimmed with frill of cluster tucks and finished with linen lace. All sizes. Regular 45c, for pair .....35c

Gowns

Ladies' White Slipover Gowns of extra fine Lonsdale cambric, short sleeves, neck and sleeves trimmed with linen lace, and finished with ribbon. Sizes 56, 58 and 60. Special value .....69c

Ladies' White Gowns, slipover or open fronts, in four different designs, trimmed with lace or embroidery. Short and long sleeves. Sizes 56, 58 and 60, for.....98c

Underskirts

Ladies' White Cambric Underskirts with deep flounce of embroidery, others with tucks and lace trimmed. In the lot are several different styles to choose from. All are exceptional value, at each .....75c

5 dozen pretty Cambric Underskirts with flounce 12 inches deep, trimmed with tucks and insertion, and finished with lace and embroidery edging. All sizes. Regular \$1.50 values...98c

Ladies' Princess Slips

Ladies' Princess Slips of fine Lonsdale cambric. Skirt has deep flounce and neatly tucked and finished with lace. Neck and sleeves trimmed with lace and ribbon. All sizes at .....98c

Ladies' Princess Slips, made of an extra fine quality Lonsdale. Skirt has a deep flounce of embroidery. Yoke is made of lace insertion and embroidery; neck and sleeves are finished with lace. All sizes, at .....\$1.50

LADIES' VERY Dainty PRINCESS SLIPS of fine quality Lonsdale cambric. Skirt has deep flounce of lace insertion and embroidery, and is finished with baby ribbon. All sizes. Splendid values at .....\$2.50

Gray's LIMITED

Pattern Demonstration Wednesday, Thursday and Friday, June 11, 12 and 13.

Gray's LIMITED

Soft draped mantlets of supple taffetas and crepon sole harmonize in coloring with the afternoon gowns they are worn over.

## June White- wear Sale

### A Rare Opportunity to economize all this week

Our annual June Whitewear Sale with its always generous reductions in prices, and an additional reduction on account of the near approach of our "Moving Day," is now here. This is an opportunity for you to obtain needed goods at bargain prices.

Corset Covers

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Daily Menu

TUESDAY.  
BREAKFAST.  
Cream of Wheat, Cream.  
Beef Hash on Toast.  
Coffee.

DINNER.  
Mutton Stew.  
Mashed Potatoes, Stewed Tomatoes.  
Strawberry Shortcake.

SUPPER.  
Potato and Lettuce Salad.  
Cake, Fruit, Tea.

ADDITIONAL RECIPES.  
Ham Salad.  
[By Caroline Coe.]

Chop fine one cup of cold boiled ham. Take one cup of stock or water ham was boiled in and add one small clove of garlic. One bay leaf and two small red pepper pods. Dissolve one even tablespoon of gelatin in one tablespoon cold water and add to stock and heat it very hot, but do not BOIL.

Strain into the cup of chopped ham. Mix thoroughly, turn into mold and set aside to get cold. When ready to serve place on lettuce leaves.

Serve with mayonnaise dressing. May be molded in small individual portions and garnished with hard-boiled egg slices if you wish something very tasty.

Strawberry Cake.  
Beat one egg until foamy, then add a quarter teaspoonful of salt, one tablespoon each of melted lard and butter. Sift two rounding teaspoonfuls of baking powder in two cupfuls of flour, add alternately with one pint of milk, then add more flour to make a dough pan. Have the cake an inch thick before baking.

Place in a moderate oven for twenty minutes or more. When done split with a hot knife and butter generously; then spread with crushed berries, dust thickly with butter and the hot layer on top. Place more of the crushed berries and sugar on top and serve as hot as possible.

Fannie—"Now that Percy has thrown you over, I suppose you're sending back his presents?" Minnie—"I should say not; I don't mind losing Percy, but some of those presents are really valuable."—Judge.

Daily Healthgram

Food must assimilate as well as digest if a person is to benefit by what he eats. Sometimes very thin people are large eaters. They may digest their food, but perhaps it doesn't assimilate.

Footwear for the Athletic Maid.

Women with very high insteps are frequently unable to wear ready-made laced boots, because the eyelets spread so far apart over the instep arch that the leather tongue beneath is not wide enough to hide the stocking. Laced boots—or in fact any boots made to order—are expensive and few women care to pay the extra price for outing footwear. This year there is a low-top buttoned walking boot with a broad swing to the welled sole and heel as low as those on a boy's boot; yet the lines throughout are trim and dainty and make the foot look slender and aristocratic. These boots come in the new tan leather which may be cleaned perfectly clean with ordinary soap and water; and the leather does not become stained from mud or wet turf—a feature the golfer appreciates.