

Correspondence Column
Helps for Home-Keepers
Recipes and Style Notes

A PAGE FOR WOMEN

Bright Articles Daily on
Women's Interests and
Activities Here and There

KATHERINE LESLIES HOME CHAT



CLEANING POINTS FROM A PRACTICAL HOUSEKEEPER.

All the year round the cleaning of furniture is an important household detail, says the practical housekeeper. Tapestries and coverings may be cleaned with warm bran, although an upholster has assured me that there is nothing so good as rubbing the material well with stale bread. The vacuum cleaner has also its merits, and there are new methods of dry cleaning, which may be applied to furniture without taking it to pieces. This, however, is very expensive, although quite satisfactory as to results.

Many old fashioned housewives are afraid to touch their polished wood with a wet cloth, and this is a great mistake, though, of course, woodwork should never be left damp. When doing out the rooms in spring the furniture should be washed with soap and water to remove dirt and grease, but it must then, of course, be carefully dried, and last of all, it should be polished with any of the reliable furniture polishes, or a well-tested home variety.

Pillows may be washed at home instead of being sent out to be cleaned, and in the country, or where there are conveniences for drying in the

open air, the result, from a hygienic standpoint will be much more satisfactory if they are washed with soap and water and dried in the fresh air than if they are dry cleaned. Nearly all a large clothes boiler with water, dissolve in it plenty of good soap powder, and if necessary add a tablespoonful of ammonia. When the water is nearly tepid put in one or two pillows according to the capacity of the boiler, and let them boil for twenty minutes. Then have ready a large tub with quantities of clean hot water, and plunge the pillows into this, and wring them out well. They will be found excellent for lifting the pillows out of the boiler—sousing up and down to remove all soap. Next in a fresh tub of tepid water repeat the sousing process. When the pillows are clean press as much water out of them as possible and hang them on the clothes line to dry. Choose a sunny, breezy day for this, and while the pillows are drying keep punching them and shaking them as often as possible.

A down quilt may also be quite successfully washed in this way, but it does not require to be boiled if plenty of good soapy water is used. Indeed unless the pillows are very soiled the boiling may be dispensed with, but when dirty the boiling process is more thorough.

PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

Peanut Brittle Recipe.

Dear Cynthia Grey.—Will you please print in your corner a good simple recipe for peanut brittle? A. C. B.
A.—Peanut Brittle.—Boil together a cup each of brown sugar and molasses, a tablespoonful of butter, and two tablespoonfuls of vinegar. Cook without stirring until a little dropped into cold water is crisp. Add immediately a cup of freshly-roasted peanuts, shelled and skinned, and a teaspoon of baking soda. Beat quickly and pour into buttered tin.

What Shall She Do?

Dear Miss Grey.—I have known a very nice gentleman for some time, but he would like to become better acquainted with him, and don't know how, so I am asking your advice. I am sure you can help me out of my difficulty.
A.—Invite the young man to your home some time. You might arrange a little party and include him, or you might invite him to some social affair in connection with your church or your club.

A Popular Girl.

Dear Miss Grey.—I am going with a girl two years older than myself. This girl always seems to be friendly and nice when we are out, but goes with an awful lot of fellows. I have only known this girl for a short time, so do you think it would be proper for me to ask her to stop going with them? We are not engaged, and she does not go with the class of people I go with.
A.—It certainly would not be proper to ask the girl to stop going with another fellow as long as you are not engaged to her.

Has Told Her to Ask Him.

Dear Miss Grey.—Do you think it is correct for a girl to ask a boy to go anywhere with her when she has told him a great many times to ask him when she wants to go? There is also another I want your advice on. Should a girl assist her boy friend when he is putting on his overcoat?
A.—If the young man has extended the privilege it would be entirely proper for you to ask him to accompany you to places. Of course, this applies only to such things as will entail little or no expense to the young man. It is not considered good taste to assist a young man with his overcoat. He is able to get into his coat, isn't he?

Lost Color From Office Work.

Dear Miss Grey.—Since I have been working in an office I have lost my color. How can I get it back?
B. L. N.
A.—Anything that you do to improve your general condition will restore some of the color to your face. When it is possible for you to do so, walk to and from your office, or take as much of the journey on foot as you can take without fatigue. Avoid fried foods and many sweets, also such indigestible viands as pies, pork, etc. Eat an abundance of plain, nourishing food, take fruit as your first course at breakfast, and eat a cereal with milk or cream. For your luncheon eat slowly some digestible article, "Boiling" a hard-boiled egg, a slice of cake, washed down with some

sweet liquid, will ruin any digestion except the kind owned by the ostrich. Take a rapid bath each day, followed by a sponge on your head and a vigorous rubbing with a rough towel. Sleep in a room with all the windows open. Keep all the functions of the body regular, and avoid drugs.

How to Clean a Refrigerator.

Dear Miss Grey.—What is the best thing after cleaning to put in refrigerator to absorb the odors? A. C. B.
A.—In cleaning your refrigerator or ice box use hot water and washing soda, adding ammonia freely. Scald out the inside of the box and be sure that the drain pipe is made clear by running boiling water through it, then washing with the brush that comes for this purpose. If your refrigerator is thus cleaned twice a week and allowed to cool before the food is returned to it there should be no odor about it. If you like you may put a lump of charcoal on each shelf of the ice box, as this is supposed to absorb any foul odors.

Always arrange to clean the refrigerator when the ice supply is almost exhausted and several hours before fresh ice is delivered. Thus you will have less loss from the melting of ice from the warmth in the ice box consequent upon the scalding to which it has been subjected.

A Boy of 27.

Dear Miss Grey.—I am 17 and in love with a boy of 27. He seems to love me very much, and tells me that he loves me better than any other girl. I tell him that I love him, but he doesn't believe me. He calls on me every Sunday afternoon. Do you think he really loves me? He doesn't allow me to mention any other boy's name. He seems to think that I care more for some one else than for him. What can I do to show him that I love him better than anyone else? I have been going with him four months. He has asked me to marry him. Would you take him now or wait a while?
FOOLISH!

A.—Yes, Foolish, you are too young. Wait a while yet. You know her girlhood days are the very happiest days a woman ever knows. Instead of trying to shorten them with the responsibilities of married life you should prolong them as much as possible. Don't think of marrying for three or four years, at least.

The Value of Rest.

Anxious.—You are surely burning the candle at both ends, to use a homely expression. It does not pay in the long run. Everyone can do better work, and more of it, if they get the proper amount of restful sleep. Try retiring at 11 o'clock sharp and rising at 7 for two weeks and see if you do not really accomplish more work than you can by rising at 6 and working until 12:30 at night. We always do our best work when we are not over-tired.

Going to Make Butter.

Dear Miss Grey.—I wonder could you help me as you have helped others.
I would like to start making my own butter, and would appreciate your kindness, if you could publish a good recipe, or tell me the name of a good

book, wherein I could find same. Trusting you will publish your answer as early as possible. I am,
"INEXPERIENCED."

A.—I am sorry I cannot give you any instructions for making butter. I have made inquiry at the Public Library, and find there is a book entitled, "Milk and Its Products," by Henry H. Wing. This will give you all instructions for the making of butter.

When Baby Travels

When the baby goes travelling—and no consideration of distance or climate deters the up-to-date Canadian infant from accompanying its wandering parents—it should have a combination bag of the latest pattern. This so-called bag is a reinforced braided strip of rubber-lined moire of one-half by one-quarter yard dimensions, handstitched on the outside, and on the inner side having compartments for wash-cloth, sponge, absorbent cotton, gauze, talcum powder, ear-sponge, soap, brush, comb and vaseline. The soap, vaseline, and talcum powder are in ivory-finished pyroxylin cases the ear-sponge, brush and comb are of ivory-finish pyroxylin, and in addition to these toilet conveniences a sack lined with waterproof material runs the entire length of the case, which, when closed, has two inside flaps over the fittings and snap buttons which hold the front and back in position.

STYLE NOTES

Beautiful border designs are shown in the new summer materials, and foulards, voiles, dimities, lawns and Swisses all have taken upon themselves borders—wide or narrow. As a rule, these borders are charming, although it is not always easy for the uninspired dressmaker to use them successfully. Radium foulards have improved until at their best, their texture is marvelously light, supple and lustrous, and yet they are more practical than ever, uncrushable, spot-proof and serviceable. The prettiest things shown in this class of silks are the fancy designs—quaint floral effects in old-fashioned colors.

White silk and linen stockings show hand embroidery, and patterns are sold for stamping them. Satin stitch, outlining, chain stitch and seedling embroidery are effective when combined in carrying out these patterns—fine dross is preferable—whether the stockings be of silk or linen. It is hardly worth while to embroider on quality silk stockings, as the embroidery, to look well, must be well done, and so would outwear the stocking.

The jewelers are showing numerous beautiful designs in earrings, and among them there is a pair of small platinum formed of extremely fine wire with elongated ends. The three loops of the bow at the top are set with diamonds, and a large diamond is placed in the centre position of the knot. In the centre of the bow, where the loops join the bow, and gradually widening for the length of an inch, where a row of pearls and a pearl drop form the termination.

Daily Healthogram

A woman is penny wise and pound foolish who shuts out the sunshine by pulling down the shades in order to prevent fading of her face. Faded cheeks are more to be feared than faded furniture. Let the sunlight in.

ROYALTY AT THE THEATRE.

The King and Queen of England are counted among the "good public" class at the theatre, laughing heartily at comedy, and following with interest the more tragic parts of the entertainment.

The czar and Czarina, in a somewhat more subdued fashion, exhibit attention all through to play and players. Kaiser Wilhelm essays the role of "unlighted spectator" criticising in technical terms, piece, actors, scenery, and all.

The aged Austrian Emperor has been among the most constant of crowned theatregoers. He loves a good play and has often saved a piece from failure by his hearty and kindly applause.

A GARDEN UNIFORM.

The woman who makes a business of gardening will find a regular uniform indispensable. This of course will be adapted to the individual needs. Some women have found the divided skirt plaited in such a way that this fact is not visible answers the purpose, but the amateur who may not care to go to this extent in her costume will find a short skirt of corduroy or the most worn with a loose blouse comfortable and convenient. A big apron of brown Holland which completely covers the dress will also be serviceable, this will be especially useful if made with large pockets which button to prevent the wearer from dropping the various articles carried in them.

To make brass articles like new, heat a little, then rub with hot salt and lemon juice.

To darn a rent in dark material, ravel out and use threads of the same instead of silk or cotton.

HAVE YOUR PIANO TUNED

The Callaghan Piano House has engaged the services of Mr. Alec B. Stein for their tuning and repairing department. Mr. Stein is a thoroughly competent man, and all his work will be guaranteed by Callaghan—phone 708. Write or call at 613 Wellington street.

FOR THE GIRL WHO LIKES A SEPARATE BLOUSE.



For the girl who likes a separate blouse, the one illustrated is particularly pretty and really more artistic than a white one.

The skirt is of black satin caught up at the side most gracefully, and the blouse is of black crepe de chine with Bulgarian figures embroidered on it.

Every occupation has its disagreeable side. You cannot reach success along any line without coming to hard places. Stead yourself to that fact and go on your way with a brave determination to do your best. Love your work. Take pride in it. Do not let yourself consider the idea that it is beneath you, that you are fitted for better things. The people who climb to the top of the ladder are not those who are eating their hearts out by dwelling on the difficulties of their surroundings. The successful one is he who is engrossed with his work, not with himself.

The Poets' Corner

RULE BRITANNIA.
When Britain first at heaven's command,
Arose from out the azure main,
This was the charter of her land,
And guardian angels sung the strain:
Rule Britannia! Britannia rules the waves!
Britons never shall be slaves.

The nations not so blest as thee
Must in their turn to tyrants fall,
Whilst thou shalt flourish great and free,
The dread and envy of them all.

Still more majestic shalt thou rise,
More dreadful from each foreign stroke;
As the loud blast that tears the skies,
Serves but to root thy native oak.

These haughty tyrants ne'er shall tame:
All their attempts to bend thee down
Will but arouse thy generous flame,
And work their woe and thy renown.

To thee belongs the rural reign;
Thy cities shall with commerce shine;
All things shall be the subject main,
And every shore it circles thine!

The muses, still with Freedom found,
Shall to thy happy coast repair;
Blest isle, with matchless beauty crown'd,
And many hearts to guard the fair.

Rule Britannia! Britannia rules the waves!
Britons never shall be slaves!

AN ALLEGORY.

Four flies, which have made their way into a certain pantry, determined to have a feast.

One flew to the sugar and ate heartily, but soon died, for the sugar was full of white lead.

The second chose the flour as his diet, but he fared no better, for the flour was loaded with plaster of paris.

The third sampled the syrup, but his six legs were presently raised in the air, for the syrup was colored with aniline dye.

The fourth fly seeing all his friends dead, determined to end his life also, and drank deeply of the fly-poison which he found in a convenient saucer.

He is still alive and in good health. That, too, was adulterated.

WITTICISMS.

No doubt a henpecked man feels bad even if he is not.

Wise men worry over a lot of things that fools never think of.

It is easier for a young lawyer to get practice than paying cases.

The mantle of charity is not synonymous with the cloak of friendship.

No men can serve two masters, and few women can master two servants.

When a woman trusts to her intuition, she likes to have it corroborated by gossip.

Whenever a man gets into trouble, he always complains that some one pushed him.

Bed in Summer

BY ROBERT LOUIS STEVENSON

In winter I get up at night
And dress by yellow candle-light
In summer quite the other way,
I have to go to bed by day.

I have to go to bed and see
The birds still hopping on the tree,
Or hear the grown-up people's feet
Still going past me in the street.

And does it not seem hard to you,
When all the sky is clear and blue,
And I should like so much to play,
To have to go to bed by day?



Want to Stop Snoring?

BY A PHYSICIAN.

The proverbial snorer is usually the object of amusement or disapproval, according to the temperament and good nature of those who occupy the same house with him.

"How can I cure myself of the snoring habit?" is frequently asked by readers of this paper. Most of these queries come from elderly persons whose habits of life are difficult to change.

There probably is no sure cure for such persons. But there are many small aids which if adopted early in life may help the growing generation.

SCOLDING won't help the offenders. But arousing them, when they are snoring, and getting them to sleep on their side, instead of their back, WILL HELP.

Preventing adenoids, preventing enlargement of the tonsils, keeping the nose space clear by preventing colds; sleeping in a cool room; eating light evening meals are all useful if instituted as habits when young and retained faithfully through life.

Kingsmills

SILK SALE

This is the greatest Silk event we've ever held. All this week we've been busy cutting off these special values, but we've still a complete choice in every line. You'd better buy these beautiful new Silks now and save money.

\$1.25 Yard Paillette
Silk, 85c
36 INCHES WIDE.

Splendid quality, which will not cut or crush. Choice of 16 fashionable shades; navy, sky, Copenhagen, reseda, cardinal, pink, cream, maize, champagne, apricot, old rose, white and black. Full yard wide. Regular \$1.25 yard. On sale85c

\$1.50 Yard Silk
Foulards, \$1.00
42 INCHES WIDE.

And these are the most fashionable patterns in a wide range of new colorings; navy, Copenhagen, tan, pink, rose, white and black. A good wearing silk for summer dresses. Regular \$1.50 yard. On sale\$1.00

75c Yard Art
Silks, 35c
40 INCHES WIDE.

10 pieces in four colors only; gray, tan, champagne and cream. A splendid new silk and linen mixed fabric, which washes perfectly. Note the wide width. Four to five yards enough for a dress. Regular 75c a yard value. On sale35c

Natural Shantung 39c

6 pieces the same as we sold last Saturday. Extra fine, even finish, which will wash perfectly and will not knot. Be sure to see this special value. On sale39c

A few pieces Corded Dresden, Bulgarian and Persian Silks in a good variety of colors.

MAIL ORDERS FILLED.

Kingsmills

Daily Menu

FRIDAY.
BREAKFAST.
Beef Croquettes With Warm Potatoes.
Orange Marmalade, Muffins, Coffee.

DINNER.
Sutton Loaf.
Baked Potatoes, Beef Salad, Lemon Pie.

SUPPER.
Macaroni and Cheese, Olives.

Fruit Drop Cakes, Preserves, Tea.

Macaroni and Cheese.—Boil ½ pound macaroni in slightly salted water, after breaking it in small pieces. This will require about half an hour. Then make a sauce with 1½ cups hot milk and 1 tablespoonful each of butter, flour and salt. Place a layer of grated cheese in the baking dish, then one of macaroni, and cover with the sauce. Continue in this way until the dish is nearly full. Lastly put fine bread crumbs on the top; dot with pieces of butter and a little cheese, and bake for about 20 minutes.

Fruit Drop Cakes.—Cream together two-thirds of a cup of butter and one cupful of brown sugar. Add one teaspoonful of cinnamon, one-third of a cupful each of cleaned currants and seeded raisins cut fine, two-thirds of a cupful of chopped English walnuts, two well-beaten eggs, a half-teaspoonful of vanilla, one pint of flour sifted with one scant teaspoonful of baking powder. Drop by small teaspoonfuls in flat pans, shaping them as round as possible. Bake in a moderate oven.

SUIT SALE

Clearing every Ladies' Suit in stock at and below cost. Come in and look them over.

\$7.85 up to \$20

H. Wolf & Sons

263, 265, 265½ DUNDAS STREET,

Near Wellington Street.

Deviled Sardines



BY CAROLINE COE.

Bone and skin a dozen sardines. Dust each with a seasoning of sifted mustard and paprika. Dip in egg and fine crumbs and fry a golden brown. Drain and serve at once on strips of hot buttered toast, with a garnish of sliced lemon and water cress.

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Mistakes are impossible. Don't fail to send for Color Card and Booklets.

Booklets. 11 11 11 11

The Johnson-Richardson Co. Limited, Montreal.

COMFORT SOAP

Positively the Largest Sale in Canada.

Day dresses are cut comfortably at the neck.