

## You Can Make Better Foods For The Children With "Beaver" Flour Than You Can Buy

Next to a returning Arctic Explorer, the hungriest mortal on earth is a growing boy. He is always ravenous. "He will eat anything". But why should he?

Right now is the time when his parent should be most particular about his food—to prevent injudicious eating and to protect him against unsuitable food.

Good, home-made bread, made of "Beaver" Flour—light, flaky biscuits made of "Beaver" Flour—these are real foods for growing children. "Beaver" Flour is a blended flour. That is, it is made of exact proportions of nutritious, beautifully flavored Ontario Fall Wheat and a smaller proportion of the stronger Western Spring Wheat.



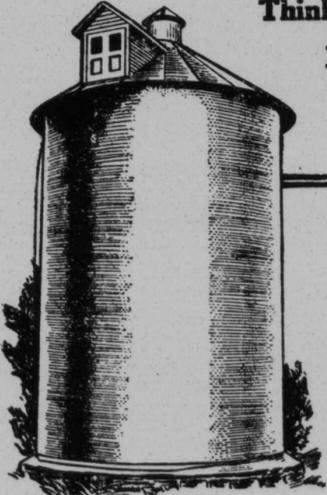
It is both a bread flour and a pastry flour—and makes the real nutty flavored home-made bread and delicious pastry such as cannot be made with any purely Western Wheat Flour.

Just try "Beaver" Flour—and see for yourself how thoroughly satisfactory and dependable it is for all kinds of baking. Your grocer sells "Beaver" Flour or can get it for you. Dealers—Write us for prices on Feed, Coarse Grains and Cereals.

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THE construction of a Silo affords an excellent example of what the farmer can do with Concrete—and of the superiority of Concrete over all other material for various structural work about the farm.

The usual wooden silo, besides being expensive, is far from satisfactory. In the first place, it does not endure; and, more important still—being far from weather-proof—its contents become water-logged—producing an unsanitary condition.

A Silo built of Concrete, on the other hand, is practically everlasting—it is proof against heat, cold and moisture—and it has the merit of comparative economy.

This economy feature is further explained in our free book—"What the Farmer Can Do With Concrete,"—which tells how to mix and use Concrete for the making of silos and other buildings on the farm.

"What the Farmer Can Do With Concrete."

Tells you how to use Concrete in constructing:

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|----------------|----------------|------------------|
| Barns          | Hitching Posts | Stalls           |
| Clats          | Houses         | Steps            |
| Dairies        | Poultry Houses | Tanks            |
| Dipping Tanks  | Root Cellars   | Troughs          |
| Foundations    | Silos          | Walks            |
| Fence Posts    | Shelter Walls  | Wall Curbs       |
| Feeding Floors | Stables        | etc., etc., etc. |
| Gutters        | Stairs         |                  |
| Hens' Nests    |                |                  |

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You may send me a copy of book entitled "What the Farmer Can Do With Concrete."

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#### NEW CARLISLE NOTES

In St. Andrew's Episcopal church Sunday evening service suitable for Christmas Eve was conducted by the Rector, Rev. E. A. Dunn. The Christmas carols—"Carol Sweetly Carol," "See Amid the Winter Snow," "Good Christian Men Rejoice" and "In Excelsis Gloria," and Christmas Hymns were sung. On Christmas Day Holy Communion was celebrated at 8 a. m. Signon and Holy Communion at 9 with large congregations at both services.

Thursday morning at 10 service was conducted in St. Andrew's, it being Holy Innocents' Day. A watch night service was held in this church New Year's eve at 11:30 p. m. a good congregation being present.

Mr. and Mrs. Wilson Smith of New York are visiting friends here.

Miss Bessie Hall who has been teaching school in Port Daniel is spending the Xmas holidays at her home.

Mr. Claude Caldwell, former brakenan on the Quebec Oriental is ill, at his home.

Mr. Sweatman of Port Daniel spent Sunday with Mr. H. Chisolm and family.

Miss Winnie Caldwell and Miss Eva Smith have returned from Montreal.

An entertainment for the Presbyterians. Sunday School took place in the Zion church, Thursday Dec. 28. Very few people were present on account of the snow storm.

Miss Annie Cooke has returned from Broadlands.

Miss Jessie Smith is visiting her uncle Mr. J. L. Smith of this place.

We are sorry to learn of Mr. Percy Caldwell being confined with illness at his home.

The annual entertainment for the St. Andrew's Church Sunday school was held in the Parish Hall on Wednesday evening Dec. 27. Tea and cake was served to the children followed by the singing of Christmas carols. Magic lantern views were shown by the rector, Rev. E. A. Dunn after which the Superintendent, Miss E. Munson read the report of the Sunday School during the year. Prizes were distributed to 150 children also bags of candy were given to each child.

A carnival was held at Mr. Menard's rink Friday Dec. 29. Quite a number were in costume. First prize was won by Miss Alta Caldwell who represented "A Bride." Second prize, Miss Winnie Caldwell who represented "Minne-baba." Third prize, Mrs. George Kempfer, who represented "A Joker."

John Hall Kelly M. P. P. and Mrs. Kelly are spending a few weeks in New York City.

### COULD NOT WALK FROM RHEUMATISM

#### GIN PILLS STOPPED THE PAIN

55 UNIVERSITY ST., MONTREAL.  
"Just a word of praise for GIN PILLS. About fifteen months ago, I could not walk across my room, suffering severely with Rheumatism. I took GIN PILLS and became quite well. Two months ago, I had Rheumatic Pains with Neuralgia and Diarrhoea. I resorted to Gin Pills again for one week and became quite well."

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Here is our straight guarantee, given with every box of GIN PILLS. We know that Gin Pills will positively cure Rheumatism, Sciatica and Lumbago—as well as Pain in the Back, Irritated Bladder and weak, strained Kidneys. We pledge ourselves—the largest wholesale drug house in the British Empire—to promptly return your money should Gin Pills fail to give satisfaction. 50c. a box, 6 for \$2.50. Sample free if you write National Drug & Chemical Co. of Canada, Limited, Dept. N B Toronto. 90

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Remedies

The trustees of the National Sanitarium Association have announced to the Medical Profession in Canada that they have appointed Dr. W. F. Caven, Dr. J. T. Fotheringham, Dr. H. B. Anderson and Dr. Harold Farnon, consultants to the Muskoka College Sanitarium and the Muskoka Free Hospital. These well-known physicians will spend a day regularly once a month at the Muskoka Sanitarium. The visits of Dr. Farnon, who has charge of the tuberculosis clinic at the Toronto General Hospital, will be made every two months.

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