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Methods Suggested for Utilizing Vacant Ground For Gardens

Experimental Farm Notes
From the experience gained in several Canadian cities and towns during the past few years in utilizing vacant lots for garden purposes, the following methods are suggested for those who have not yet undertaken this work.

1—An organization should be formed, on the executive committee of which are, at least, two men or women who are enthusiastic and will be willing to devote some time to looking after the preparation of the land and the laying out of the plots.

2—Owners of vacant land should be invited to offer such property for garden making.

3—Assuming that a fairly large number of lots have been offered by their owners, it should be widely advertised that one of these is available to any citizen who will be willing to work it, experience having shown that all classes in the community are interested in this work.

4—It has been learned by experience that it is important for the organization to, at least, plough and harrow the land for the plot holders the first year. Few persons who have not done any gardening before can be induced to prepare land for seed sowing on their own initiative.

5—There are four methods by which funds may be raised to prepare the land.

(a) By an appeal to wealthy citizens for contributions.

(b) By a grant from the city or town council, if necessary, on the understanding that the money will be returned by the plot holders when they have harvested their first crop.

(c) The city or town council might appoint a committee to carry out such work, the city to aid in every possible way. In order that a movement of this kind may have at least the greater sympathy of the civic officials, it would seem desir-

able for the organization to have a room in the city or town hall for its meeting.

(d) By charging each plot holder a small amount for preparing the plot for him.

The last method is the one which is likely to be the most satisfactory for most cities and towns and is the one recommended here.

For information in regard to rules or by-laws the reader is referred to the accounts of the work of the several organizations in Canada referred to in a bulletin being printed by the Dominion Government, as in it there will, no doubt, be found sufficient suggestions to enable by-laws to be drawn up for particular needs.

Boy Scouts Can Help

Boy Scouts can be made very useful in encouraging garden making and the use of vacant lots. In Ottawa they were employed in 1915 by the Public Health Committee of the Local Council of Women in delivering vegetable seeds which had been donated for the purpose of encouraging the poorer people to make gardens. Seed can be obtained in bulk at a cheaper rate than in packages and can be put up in packages by the Scouts. The Scouts also delivered pamphlets on Vegetable Gardening. This personal touch did much, it is believed, to decide those to make gardens who had been in doubt before, as many people would accept pamphlets if brought to them, who would not take the trouble to get them in themselves.

The Northwest Mounted Police, after a service of 43 years in Alberta, went out of business, in that Province on March 1, The Provincial Police now do the business.

For more than a year from China and Indo-China men have been arriving in France to work in munition factories. There are fully 100,000 such stalwarts in France from the Orient.

There is to be another general election in Australia.

NERVOUS CHILDREN

The Trouble is Often Really St. Vitus Dance—Do Not Neglect It.

Many a child has been called awkward, has been punished in school for not keeping still or for dropping things when the trouble was really St. Vitus Dance. This disease may appear at any age, but is most common between the ages of six and fourteen years. It is caused by thin blood which fails to carry sufficient nourishment to the nerves, and the child becomes restless and twitching of the muscles and jerking of the limbs and body follow. In severe cases the child is unable to hold any thing or feed itself. St. Vitus Dance is cured by building the blood. The most successful treatment is to remove the child from all mental excitement, stop school work and give Dr. Williams' Pink Pills. These pills renew the blood supply, strengthen the nerves, and restore the child to perfect health. Here is proof of their power to cure. Mrs. S. Sharpe, Oakville, Ont., says:— "When my daughter was nine years old she was attacked with St. Vitus Dance. She was sent to a sanatorium where she remained nine weeks, without any benefit. Indeed when we brought her home she was as helpless as a baby. I got a supply of Dr. Williams' Pink Pills and continued giving her half a pill after each meal for several months, when she had fully recovered and has never had a symptom of the trouble since."

You can get Dr. Williams' Pink Pills through any dealer in medicine of by mail at 50 cts. a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

CONSTIPATED CHILDREN

Constipation is one of the most common ailments of childhood and the child suffering from it cannot thrive. To keep the little one well the bowels must be kept regular and the stomach sweet. To do this nothing can equal Baby's Own Tablets. Concerning them Mrs. Romain Poirier, Misonette, N. B., says:—"My baby suffered from constipation but thanks to Baby's Own Tablets he is perfectly well again." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

S. E. Muggah, Elected Mayor of Sydney

Sydney, N. S., March 6—S. E. Muggah was elected Mayor in today's civic elections, defeating retiring Mayor Richardson a former editor of the Western Chronicle by eight hundred, the largest majority ever given a mayoralty candidate in the history of Sydney. The vote stood: Muggah 2017 Richardson 1157 The Citizens' League which was organized to secure the enforcement of the Nova Scotia Temperance Act and carry out other reforms, elected all of its candidates for the council board.

The Government is sending overseas shortly 6 more portable saw mills for the preparation of lumber for the western war front.

Outbreaks Among German Troops Fill Prisons Till They Overflow

Amsterdam, March 13—Serious disturbances among the German troops in the vicinity of Namur and Huy are reported by the Telegraaf. The paper says that only fragmentary reports of the trouble have reached Holland, but that it is known that such large numbers of soldiers have been imprisoned at Namur and Huy, on charges of insubordination in connection with the outbreak, that the prisons in the two towns are crowded to four and five times their normal capacity.

The Telegraaf also publishes an account of further food riots in Barmen, in which the chief of police was seriously wounded by the stones of the women rioters.

The account says that the police were helpless and that even the troops failed to disperse the rioters, who were finally got in hand by firemen turning their fire hose on them. A rioter who cut a hose with a knife, was sentenced to ten years imprisonment.

The Only Course For An Able Man

London, March 14—Sir Ernest Shackleton, the explorer, who is now at Sydney, Australia, says he is going into war service, according to a Reuter dispatch from that place. He declares that is the only course for any man who is free and able to fight.

Printer Wanted—At once good pay, steady job. Apply by phone, wire or mail. Spectator. Annapolis Royal.

Germany Making Great Efforts To Sink Shipping

London, March 13—A dispatch to the Daily Chronicle from Amsterdam yesterday says:

News brought from Germany today is to the effect that two of the largest submarines of the Deutschland type are now acting as supply ships for smaller craft operating in the Atlantic. Four others of the largest submarines are also about to be commissioned for similar service. Great efforts are being made to sink shipping, especially between America and England. Germany is attempting to perfect a plan whereby in case of war with America, a decisive submarine campaign could immediately be put into operation.

Hun Attacks Repulsed By The French

Paris, March 13—Several attacks were made by the Germans last night and all were repulsed, the war office announced today. A strong German detachment, which attempted to advance on the Courcy Road, was checked. Another futile attempt was made near Beaulnet Chivy. Two German attacks, on hill 184 and on Louvemont works, on the Verdun front, were countered easily. The French took 150 prisoners yesterday. During the night the Germans bombarded Soissons. The French successfully raided German trenches between the Avre and Taisne.

Horse For Sale—11 yrs. old, weight 1050 lbs. Good worker. Apply to B. H. Porter, East Halls Harbor. 2ax

ORGANIZER OF WOMEN'S LABOR



Mrs. J. W. Bell



WOMEN workers have been so successful in the factories in Great Britain that they are being invited in the great work-shops of Canada. Everywhere they are proving themselves to be keen rivals to the men. It is now evident that the home is not the only place where a woman may excel in work calculated to advance the welfare of mankind. The Canadian Pacific Railway Co. has just employed 125 male employees in the service in Eastern Canada, and as a consequence the women workers have become more numerous in various departments of industry. In 1915 women workers were employed in the Canadian Pacific Railway Shops at Montreal. At present there are two hundred of them engaged in the shops.

That he is observing the world such a way from the old era of prejudice and convention and common sense. The spheres of the activity of the Angus Shops women workers are made cheerful and comfortable as it is possible to make them. Each woman has a locker in which she places her belongings before donning her overalls and cap. At the outset of the experiment it was difficult to induce some of the women to take kindly to the garments which tradition had marked out as male preserves, but after a little while every woman found these working dresses were more convenient than skirts. The overalls have three distinct recommendations: they are tidy, they are sanitary, and they are safe, allowing their wearers to move amongst the machines without danger of being drawn into machinery clutches.

The women work on the piece system, and they are paid at the same rate as their brothers. They work amongst the men with the harmony that prevails in offices where there are female and male clerks. In the Angus Shops the women are to be found sweeping, coach washing, coach painting, working on drills, at lathes, at various kinds of machinery, filing and drilling in the brass shops, brass polishing, operating nut-tapping machines, cleaning dynamo brushes, and doing a wide variety of work in the electrical department, and at making mattresses and pillows. No woman is asked to do heavy work.

The women bring the material for their lunch with them, and this they may prepare in the lunch room which accommodates two hundred. Soup and bread are provided by the Company at cost price. Attached to the lunch room is a rest room, and near the rest room is a first aid room where any accidents that may occur

are treated. No less than seventeen of the women workers hold certificates of proficiency in first aid work. Should any accidents occur the services of these trained women are very valuable.

There has been no scarcity of applications for work at the Angus Shops. The liberal treatment which they receive women have been anxious to secure work there. But only those who are specially in need of employment are taken on. Many of the workers are widows, soldiers' wives, and women who are the sole means of the support of dependants. These nifty and industrious women lessen to a considerable extent the strain on the Patriotic, Red Cross, and other charitable funds.

Mrs. Bell makes a thorough investigation of the circumstances of each woman before she is given employment, and a close watch is kept on each worker for the first few days after her appearance in the work-shops. This is done so as to guard against the danger of alien enemies, for many nationalities are represented among the female employees of the Angus Shops. Mrs. Bell says that every effort is made to have each woman placed at the task that is most congenial to her tastes and ability. Those who show exceptional talent and skill are promoted. There have been instances where girls entered as coach washers and in a short time found themselves installed as office assistants. Many of the women, says Mrs. Bell, "are one hundred per cent efficient, and this efficiency is in no small way due to the suitable conditions under which the women perform their tasks. The women are reliable and models of punctuality, and only in cases where there is illness of the worker or some member of her family do workers absent themselves from duty. Women are a decided success in the Angus Shops."