LE AND WEAK **VES AND MOTHERS**

3.1

gain Health and Strength arough Dr. Williams' Pink Pills.

Many women who had a good color in their girlhood grow pale and color-less when they become wives and mothers. When the fading color in murders that find their way into the less when they become wroto an mothers. When the fading color in the cheeks and lips is accompanied by a loss of brightness in the eyes and an increasing heaviness in the step, the cause will be found in the state of the blood.

e cause will be round in the state of the minority of dismal failures in mar-riage and parenthcod. the blood.
Many causes contribute to the con-Many causes contribute to the con-dition of the blood known as anaemia.
Overwork in the home, a lack of out door exercise, insufficient rest and sleep, improper diet—these are a few of them. The important thing is to restore the blood to normal, to build it up so that the color will return to checks and lips, brightness to the eyers and lightness to the step. Dr. Wil-liams' Pink Pills are the great blood builder and nerve strengthemer. Ther begin with the very first dose, and through a fair use make new blood that carries strength and health to every part of the body. The appetite increases, digestion becomes more perfect and energy and ambition re-turn. The case of Mrs. Wm. McNish, Abbott Street, Brockville, proves the value of Dr. Williams' Pink Pills are the bass of the klish or the step. Dr. Williams' Pink Pills are the great blood that carries strength and health to curre the step. Brockville, proves the value of Dr. Williams' Pink Pills are the groet of the klish of value of Dr. Williams' Pink Pills are the great blood that carries the body. The appetite increases, digestion becomes more perfect and energy and ambition re-turn. The case of Mrs. Wm. McNish, Abbott Street, Brockville, proves the value of Dr. Williams' Pink Pills are value of Dr. Williams' Pink Pills of the blass are value of Dr. Williams' Pink Pills of the provent blass are value of Dr. Williams' Pink Pills of the provent blass are value of Dr. Williams' Pink Pills of the provent turn. The case of Mrs. Wm. McNish, Abbott Street, Brockville, proves the value of Dr. Williams' Pink Pills in cases of this kind. Mrs. McNish says: "I was quite young when I married, and In raising my family I became all run down and a nervous wreck. I be-came so weak that I could hardly walk across the floor without šitting down to get my breath. I slept poorly and at times my nerves would twitch so that I could not keep still, spil indeed my condition was growing worse, until one day a friend told me that she had been in a somewhat simi-lar condition and had been helped by Dr. Williams' Pink Pills, so I decided to try this nedicine. After the use of a couple of boxes I felt they were helping me. My appetite was better and I slept better. By the time I had I sole the date of the power compose a family Is inced why appetite was better and I slept better. By the time I had I sole the addition on the power boxes I for the was built and I slept better. By the time I had I sole the date of the power boxes I for the was better and I slept better. By the time I had I sole the date of the power boxes I for the was better and I slept better. By the time I had I sole the compose a family Is I sole the date of the power boxes I for the was better and I slept better. By the time I had bill a couple of boxes r left into the structure of the s liams' Pink Pills have done for me I all. cannot recommend them too highly. The Self-Reliant Raven.

The best time to begin taking Dr. Pink Pills is the moment el the least bit out of sorts. The ou do so the sooner you will mail at 50 cents a box or \$2.50 from The Dr. Wil-Co., Brockville, Ont.

sn't hurt a bit

See Themselves. r. and Mrs. Martin lives on Malekula

What brought t of the can-t of the can-bin a gen-for a mo-ine. He of what will pay and what will not the structure of the can-ter bind's keen intellectual perception of what will pay and what will not the structure of the can-ter bind's keen intellectual perception the bind's kee

e. He of what will pay and what will not. e palm Like most of his tribe, the **raven** is, of the in the strictest sense of the word, due the mathematic His dictary ranges from ler the otion

hat too times be discovered by the remains of ore rabbit neatly laid in the short grass at ally.

rabbit neatly laid in the short grass at the top of the cliff in what might be called his "larder." But a larder im-plics an amount of economy and self-restraint that it is not in the raven to FALLING? HERE'S

practise. In districts where food is scarce the WHERE IT SHOWS ill attack without scrup "I was adviced to try Cutteura Soap and Olntment, and after using them three weeks I was healed." (Signed) Miss Edith Grover, West Oldtown, Me., Dec. 16, 1918. newly born lamb or even a sheep that Don't worry! Let "Danderine" has been cast. The raven has a passion for solisave your hair and double He will tolerate no rival, not tude. its beauty Use Cuticura Soap, Ointment an even his own offspring, in the neighborhood of his throne. He drives m for all toilet purposes. them ruthlessly away as soon as they ap 25c, Ointment 25 and 50c. oughout the Dominion. Canadiant mans, Limited, St. Faul St., Mont Cuticure Soan shaves without are able to shift for themselves in a ves." Are Handkerchiefs Dangerous? When you have been suffering from bad cold have you noticed what a long time it hangs about? The handkerchief is responsible, for each time you use it you reinfect your-self. No one would think of cleansing a wound and then replacing the dirty hout Pain a would and then replacing the drift bandage on it, yet that is what we do when we continue to use the same handkerchief for a cold. The power of eucalyptus to kill the germ is well known, and a handker-chief liberally supplied with it is ren-dered as nearly disinfected as possible, considering that the chief is repeatedly used. Unfortunate-ly, so many people dislike it. I have discovered that by using I have discovered that by using eucalyptus on a supply of paper hand-kerchiefs, when used once only and destroyed, a bad cold can be cured within a very few days, for by this treatment every application of the handkerchief to the nose carries with it fresh disinfectant, and being used once only no reinfection can possibly take place. A clean, properly disin-fected handkerchief is of the greatest value to use for breathing through where there is dust, bad smells, or in-fection of any kind. To stop falling hair at once and rid the scalp of every particle of dandruff, get a small bottle of delightful "Dan-derine" at any drug or toilet counter for a few cents, pour a little in your hand and rub it into the scalp. After several applications the hair usually any dandruff. Your hair will grow strong, thick and long and appear soft, glossy and twice as beautiful and abundant. Try it! ED. 7. ISSUE No. 27-'20. Drop a little zone" on an aching corn, instant-at corn stops hurting, then shorta lift it right off with fingers ur druggist sells a tiny bottle of

The "Weaker" Sex.

Members One of Another. If it is charged against women that their brain weighs less than the male Family loyalty is not the least of the virtues. The household divided against itself, we are assured, cannot stand. A young man or woman facing life brain, the quality of the female brain is much higher than the male. s much higher than the male. It has been noted, too, that few great A young man or woman facing life and entering the world without the faith and the love of a home in the background is destitute of one of the most valuable assets. It is not news that most households it is not news that most households woman - Florence Nightingale live at peace and in equity behind closed doors, and so it is quarrels and roused the world to make warfare humane

It was women-Queen Elizabeth murdens that find then way into the newspapers preferentially. Could we but see at close range how most families lead their lives we should be reassured, and we should not become cynical because of the and Queen Victoria—who lifted the prestige and standing of the Empire to higher points than any male ruler. In paying our thanks for "services rendered" to such great statesmen as Gladstone, Salisbury, and Chamber-lain, to mention but three of many, we are really honoring their wives, from

and make the baby healthy and happy Concerning them, Mrs. Albert Hamel Pierreville, Que., writes:-"Baby's Own Tablets are the best medicine I gins with Noah and Elijah. Natural- know of for little ones. They relieved ou do so the sooner you will ur old time energy. You can vills through any medicine has also been described as grave, dig-recommend them to other mothers."

The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., this historical bird. The bill of the raven is a formidable

Water We Carry.

lives on Malekula on pictures of the captured by the ate, and had to st managing to hater these in-captured by the ate, and had to st managing to hater these in-captured by the ate, and had to st managing to hater these in-captured by the ate, and had to st managing to hater these in-captured by the ate, and had to st managing to hater these in-captured by the ater these in-captured by the ater these in-captured by the ater these in-captured by the apair of pincers. It can also be used as a pair of pincers. It can dill a rat at one blow. The raven can drive its beak right through the spines of a hedgehog. It is said that the raven

When beginning to give a foal cow's milk do so most gradually. If omnivorous. His dietary ranges from it is suddenly given a full meal, indiomnivorous. His dietary ranges from "a worm to a whale." When his nest is built, as it general-ly is, beneath some overhanging rock which quite conceals it from view or complaints. When once accustomed to a cow's milk there will be few or no dangers in feeding more liber



first attempt to solve the housing problem.'

Deaf to Duty's Call.

CI

Will pay yo

TOR SALE

PT BEN WANTED.

TELM WANTED, 2 IN. thicker, shipped green from not self until you communicate Weenan Bros, Limited, Owen

to for \$1.500 on quick sale.

DEUTPPED NEWSPAPI ob printing plant in Easter successing signal signal

An American was boasting about his country, and stacking wonders tier on tier, when a listening Britisher inervened with :-

tervened with:---"Pretty good, all those things! But we have a bugle which was sounded in England in 1914, and it wasn't heard in the United States till nearly three years afterwards."

One On the Parson. "It is not always safe even for a clergyman to quote Scripture," re-marked Bishop Weldon the other day, "For instance (he continued) one very cold day a certain vicar and one of his elderly parishioners were walking home from church when the latter

slipped and fell flat on his back. The clergyman looked at him for a moment, and being assured that he was not hurt, said: "'Ah, sinners stand on slippery

places "The old man looked up and smiled

slyly. "'Yes, I see they do,' he said, 'but I can't.'

Minard's Liniment Co., Limited Dear Sirs,—This fall I got thrown on a fence and hurt my chest very bad, so I could not work, and it hurt me to breathe. I tried all kinds of Liniments and they did me no good. One bottle of MINARD'S LINI-MENT, warmed on flannels and ap-LINI plied on my breast, relieved me completely. C. H. COSSABOOM.

Rossway, Digby Co., N.S.

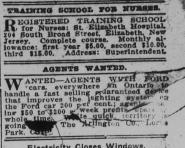
"The essential charm of the farm remains and always will remain: the care of crops, and of cattle, and of orchards, bees and fowls; the clearing and improving of the ground, the building of barns and houses; the di-

only-look for the name California on rect contact with the soil and with the elements; the watching of the clouds and of the weather; the priva-cies with nature, with bird, beast and plant; and the close acquaintance with the heart and virtue of the world." —John Burroughs.









George Stev

Electricity Closes Windows. Electrical apparatus has been inented to close all the windows in a house when rain begins, to fall, the first few drops moistening blotting paper, putting the mechanism in

MOTHER!

"California Syrup of Figs". Child's Best Laxative



Accept "California" Syrup of Figs

Templeton's RAZ-MAH Cap-sules are guaranteed to relieve ASTH MA. Don't suffer an-other day. Write Templetons, 142 King St. W., Toronto, for freesample. Reliable druggists sell them at \$1.04 a box. His Grave.

His grave is far away

Across the sea, Away from home and love-Away from me. I'd go and lay on it,

NEURITIS

Templeton's

So many have Neuritis, that painful, paralyzing inflammation of the nerves. Do notsuffer an-other day. If you are a victim, try

Rheumatic

Nothing else brings relief so quickly and so surely. Send for free sample to Templetons, 142 King St. W., Toronto.

For sale at reliable drug gists for \$1.04 a box.

ASTHMA

Gapsules

If it were near, The spring-time flowers he loved When he was here. I'd plant the summer roses,

White and red, Beside the wooden cross Above his head.

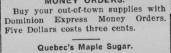
Lord, I believe his soul Is in Thy care, Yet from my heart doth rise

This human prayer: "Oh Lord, beside his grave

May flowers spring, And in the air above May sweet birds sing!

"Oh, may the spot be blessed And brightness shine! May Nature take the charge

That should be mine!" MONEY ORDERS.



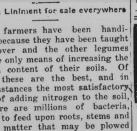
The Province of Quebec has three schools in which maple sugar making

Many farmers have been handicapped because they have been taught that clover and the other legumes were the only means of increasing the nitrogen content of their soils. Of course, these are the best, and in many instances the most satisfactory

many instances the most satisfactory, means of adding nitrogen to the soil, but there are millions of bacteria, waiting to feed upon roots, stems and organic matter that may be plowed under and make it into available nitrogen for another plant.

FACE COVERED WITH PIMPLES Hard and Awfully Sore.

Itched. Cuticura Heals. "I had never had a pimple and then my face became covered. Later on the pimples became hard and awfully sore, and they itched so that I could not rest one moment. I had to scratch so that at late I thought my face was poisoned.



maple sugar

is taught. The Province's output of maple sugar for 1919 was 12,353,667 pounds, and 1,470,275 gallons of syrup. Minard's Liniment for sale everywhere

remove every hard corn, soft corn, corn between the toes, and the cal-ises, without soreness or irritation. fection of any kind.

For Colds, Pain, Neuralgia, Tooth-nche, Headache, Earache, and for Rheumatism, Lumbargo, Sciatica, Neu-ritis, take Aspirin marked with the name "Bayer" or you are not taking Aspirin at all. Accept only "Bayer Tablets of Aspirin" in an unbroken "Bayer" Earger"-You must say "Bayer" There is only one Aspirin-"Eaver"-You must say "Bayer"

Applrin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-aceticacidester of Falley!toach. While it is well known that Asplrin means Bayer manufacture, to assist the public against initiations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

A management and a management

THE freshness, and flavor, of ANCHOR PLUG is not equalled, nor approached by any other chewing tobacco. That is why ANCHOR PLUG is supreme.

It Holds its Flavor