

GENERAL SUGGESTIONS CONCERNING THE TREATMENT.

PART III.

Unlike drug medication of whatever description, the process of flushing the *colon*, as herein set forth, can produce only a good effect upon the general system, whether this reservoir of the intestinal canal be unduly charged with deleterious matter or not.

If cleanliness produced by bathing the external body be beneficial to health and conducive to longevity, by assisting to ward off disease, how much more beneficial must be the cleansing of the interior of the organism and thereby purifying the blood, in which all disease, as a rule, originates!

As certain as that the washing of the accumulated dirt from one's face, hands, feet and body never of itself produces injurious effects, so certain may the reader rely upon this flushing treatment of the interior structure as impossible to produce any harm to the most delicate and fragile constitution. This can not be said of drugs taken into the stomach, of whatever kind that are strong enough to produce a sensible pathological or therapeutic effect as a treatment for disease, whatever good they may do as a choice of two evils.

The hygienic treatment herein set forth not only does effective execution in counteracting disease, by removing its cause,—impurities in the circulation, picked up by absorption from the contents of the intestines,—but what is equally beneficial to humanity in general, it will, if practised by those in perfect health, permanently and surely guard and protect them against the incipient formation of diseased conditions in any part of the vital structure.