I KNOW.

BY EDWIN H. NEVIN, D. D.

I know! yes, I know! that I once was so That everywhere round me was nothing But now there is shining all over my mind

I know! yes, I know! that the Lord can forgive,

And drive from the spirit the cloud of des-And make it a pleasure to think and to live. A life where the heart is unburdened with

I know! yes, I know! that I fondled with and listless, attracted her notice. And oftentimes felt the strong grasp And now it seems weakened and dying with-

I know! yes, I know! that my heart was To God and to duty; to truth and to love: But now all its coldness has vanished and And all its affections are centered above.

I know! yes, I know! that true gladness and peace, In all their abundance, can dwell in the And faith can make sorrows and troubles to cease, While bidding the shadows within to de-

I know! yes, I know! that the Lord can be | man was rocking a baby clutch-By hearts that are earnest, and pure, and

sincere;
The signs of his presence are seen all around,
And sweetly assure us our Helper is near. I know! yes, I know! that the farther we The brighter the light that illumines our

way; The King in his glory will over us throw The lustre and beauty of unending day.

I know! yes, 1 know! that we'll meet at the last With loved oves before us that wait on the shore; And then, with our doubts and our troubles

all past, How sweet is the thought that we'll never part more. -The Presbyterian.

NER VES.

I was calling with a friend upon her friends one evening. A finelooking old lady, in the loveliest cap, whose delicate white frill lay still erect and elastic, and her and the small crosses of their hapsmile, her eye, and the tones of py lot? her voice showed a lively interest in all the spicy chit-chat of the day. The room abounded in comfort and elegancies. She had children who loved, and friends who revered her, and peacefully the evening shadows were stealing over her lengthened day.

Yes," she said, "I have every thing to be thankful for; but," she added, slowly, "I am dread-fully worried. I am going away to-morrow to try the effect of a change."

"Nerves," whispered her daughter; "mother suffers terribly from nerves. She cannot help it."

O, nerves! upreasonable, pitiless, exacting nerves! were here, then, spoiling the comfort of this placid home. Nervousness is one of the most serious, subtle, dangerous, defying of all complaints; a real disease, requiring the most skillful ministering, both of doctor, nurse, and friends. And because it is so, because nerves are so sensitive and capricious, they have to bear a great deal which does not properly belong to them. Ill-humor, self-will, and selfishness, when they give way to fits and freaks, and render themselves particularly troublesome and disagreeable, like to be called "nerves." Excusing themselves as "nervous," they plead to be pitied, indulged, and nursed; and because it is often hard to distinguish between the true and the false, they enjoy a generous forbearance which does not properly belong to them.

Mary Jones was " so nervous." She was a young wife, with a hustand to love and a house to manage. And nothing could have been lovelier than their married life, had it not been for nerves, which was the apple of discord in their happy Eden. If any thing went amiss-and those who know the perversity of matter, know how amiss things will sometimes go, in spite of the best calculations-if any thing went amiss, I say, Mary went off into a "good cry"-not a cry which clears the moral atmosphere of its long-gathering mists, and brings sunshine out, but a selfpitying cry, which blinks and drizzles, as if the sky were fall-

"Mary has such terrible nerves-every thing upsets her," said her long-suffering husband.

put on her hat and went out.

"It will not do," she said to herself; "I must master myself. l am not the most ill-used woman in the world.'

She walked rapidly out toward The full glowing sunshine of heavenly the outskirts of the town. The air was bracing, the sun cheerful, and every thing seemed nodding and dancing in the sprightly breeze from the northwest. Mary opened herself to the inspiration of the weather. As she went along a child, sitting on the grass, alone

" A penny for your thoughts, my little one," she said. The "I am afraid you are not well, And victory grows surer with each passing said Mary. "I am not sick," hour. said the child, "but mother is." "Show me your mother. Where does she live ?" asked Mary.

The child started in the direction of a small house not far off. Mary followed. On the threshold the child said, "Mother, mother, I have brought you some-

"Both went in. The room was filled with unpacked furniture. A bed was made up on the floor in one corner; near it a woed tightly in her arms.

"I am afraid I intrude." said

Mary, gently.
"Come in," said the woman, Dido, hand the lady a chair. We have just come here. He died the day we came. It 'most killed me.' " Your husband is dead, then,

said Mary. "Dead and gone-dead and repeated the woman, gone," every thing is gone but me and Dido, and the baby.

"And God has sent me to comfort you," said Mary, with a real choking in her throat. " Has he?" asked the poor wi-

This was Mary's first introduction to real trouble-grief, loss, want. And was life tull of this daintily on her snowy hair, gave to weep over, sympathize with, us a cordial welcome. The folds | and relieve, while she had all the of her soft silk covered a frame while been dwelling upon herself

> The incidents of that walk, the work it led the way to, gave a new bent to Mary's life.

> led me out of myself, and I grew strong."

Self, like nerves, is spoiled by too much care, and in their hard exactions we cannot always quite tell which is which—which is real and which imaginary.—Parish Visitor.

WORK FOR GIRLS.

In a recent lecture given at New York, Miss Emily Faithfull, referring to an imperfect social system, said that "while no father can look without anxiety on the future of a boy who is brought up with no fixed position or employment, yet hundreds of girls are brought up in that condition, with its consequent temptations. and the girls of the period have become a byword and a reproach. The excitement of a flirtation is lives which they are made to pur-

that diverges from the standard | campaigns. of true womanhood has its corresponding line in the divergence from true manhood. I do not here care to discuss the theory so often impressed upon us that man is the noun substantive and the woman the abjective to agree with him. We have so long heard that man is for the world and woman for the home; that man's function is to govern and woman's to obey; that man's strength is in the head and woman's in the heart, that we at last believe in it. To return to the condition of our girls. A youth's studies are accepted as a valid excuse for a refusal to answer the demands of society, but with women, these must be answered before all serious pursuits. Then the world turns round and wonders that women have produced so little that is great in art,

literature, or science. The only wonder to me is that under these conditions the world has produced such women as Mary Somerville, as Elizabeth Browning, as Harriet Martineau, Harriet Hosmer, or Rosa Bonbeur. We are beginning to see that mental studies are far less likely to injure women than pinched waists, They were certainly trying to late hours, and gaslight. We

One day, I never knew exactly schools for science than in schools how it happened, but one day, instead of crying, she vigorously upon marriage as her only chance promptly. And yet a large class of change, or as her only means of persons are almost always more of obtaining a comfortable settleof obtaining a comfortable settle-ment in life, acts most injuriouster. Proper preparation for doof no such low standard as that of our present society.

A PAINTER'S STORY.

Some landscape but half finished-what's the meaning, You ask me, of dim wood and waterfall, And why that canvas has been so long lean

In desolation against my studio wall?

Is there an older story than vows broken. child arose, but made no answer. Than one heart sore when two friends had to part— Than words of tenderness so slightly spoken, Yet burnt forever on one tortured heart ?

> Painting that wood, a fair face bent above And came between me and the summer sky Before that landscape sweet lips vowed to love The vows were broken ere the paint was dry.

Such, good my patron, is a painter's story, And here's her portrait taken from the life. With eyes diviner than a saint's in glory— Your wife ! Dear me ! Is Isabel your wife ? And you would buy this? In that she was

From my side to win you and your gold, 'Tis yours by right-a marriage present given; I will not sell her face as she was sold.

CHARACTER AND SUCCESS.

When George Canning, eminent English statesman and one, and beginning to win distinction, he wrote:

"My road must be through character to power. I will try no other course, and I am sanguine enough to believe that this course, though perhaps not the quickest, is the surest."

Likewise indicating the value of character as an element of sucdow, with a gleam of hope in her cess, is a wise remark of Lord without rebuke; but keep them John Russell:

"It is the nature of party in England to ask the assistance of men of genius, but to follow the guidance of men of character.' No better illustration of the

work of character in winning success can be found than that fur- of a wise heart. We need this | full church ceremonies. No such nished by the career of the pre- reverence in the air of our social freedom of intercourse marked liam E. Gladstone. Though pos- piety.—Dr. Washburn. sessed of great natural ability, of "There began the cure of my wide learning, and of many nervousness," she says. "God friends, his noble character so commands the trust of the English nation, that he is intrusted with the most important interests

of England and Europe.

With eminent intellectual qualthe winning of success.

In even war Napoleon said that the moral is ten times more fields. important than the physical considerations. If this is true in a perfect godsend to the colorless | the case of war, it is far more plainly true in the case of ordinary life, where the physical is less "Every line," she continued, important than in battles and

PUNCTUALITY.

When eight Quaker ladies had an appointment, and seven were punctual and the eighth, being a quarter of an hour too late, began apologizing for keeping the others waiting, the reply of from one them was, "I am sorry, friend, that thee should have wasted thine own quarter of an hour, but thee had no right to waste two hours and seven-eighths of our time, which was not thine own." And of Washington it is said, that when his secretary, on some important occasion was late, and excused himself by saying that his watch was too slow, the reply was, " you will have to get another watch, or 1 another secretary." Napoleon used to say to his marshals, "You may ask any thing of me but time." And of John Quincy Adams it is said that in his long service in Congress he was never known to be late, and one day when the clock struck, and a member said to the speaker, "It is time to call the House to order," the reply was, "No, Mr. Adams is not in his seat yet.' And while they were speaking Mr. Adams came in, he being him, poor man; but what could must at least admit that it is bet- he do? punctual, while the clock was three have the Lord's message, deliver minutes fast.

work is always in advance of ly on the formation of her charace them, and so it is with their appointments and engagements. mestic and other spheres admits They are late, very likely, in rising in the morning, and so in going to bed at night; late at their meals; late at church, or at the prayer-meeting; late at their appointments with others. Their letters are sent to the post-office just as the mail is closed. They arrive at the wharf just as the steamboat is leaving it. They come into the depot just as the cars are going out. They do not entirely forget or omit the engagement or the duty, but they are always behind the time, and so are generally in haste, or rather in a hurry, as if they had been born a little too late, and forever were trying too catch up with the lost time!-Ill. Chris. Weekly-

Half the value of anything to

IRRE VERENCE.

Unbelief comes oftener from irreverent association than intellectual doubt. The sneer of a Voltaire has killed more than all his arguments. A jesting tone of talk on religious truths, a habit of reckless criticism on religious things, is to take the name of God in vain, as truly as the vulgar oath; and when I hear him who calls himself a Christian or a gentleman, indulging in a burlesque of this sort, I at once recognize orator, was of the age of thirty- some moral defect in him. Intellect, without reverence, is the head of a man joined to a beast. There are many who think it a proof of wit; but it is the cheapest sort of wit, and shows as much lack of brains as of moral feeling. I would say it with emphasis to each Christian who hears me, never indulge in that habit, never allow sacred things to be jested at as you would the miniature of your mother, for no vulgar hands to touch. There is an anecdote of Boyle that he never pronounced the name of God without an audible pause; and whatever you think, I recognize in it the dictate | they married Indian wives with sent premier of England, Wil- life, and its neglect will palsy our the life of any English settlers.

THE KEY TO CHARACTER.

The places where men meet and mingle are the keys to their character. That man who, in response to a question, said that he found In our own country no one can his bighest delight in a public hope to achieve a permanent po- house, "with a big fire roarin' up sition in any worthy calling, of the chimney, and a fiddle goin', whatever nature, unless his mor- was not, whatever else he may al character deserves the loyalty have been, a lover of the sweet of his associates. No statesman and sacred life of home. He was can wield great and enduring in- decfiient in those refined tastes fluence if he is known to be defound in the family circle, and ceptive and unscrupulous. No had a low ideal of happiness. The lawyer can long hold a high place cow in the meadow, reveling in at the bar if he is regarded as sweet grass and sunshine, drinkbase in conduct or in princi- ing with dilated nostrils the clover scented air, has as high a conception of content. The delight ifications must ever be united of creative thought and the deep strong moral principles to insure joy of a pure soul are missed alike by the man in the tavern and by the brute in the broad, sunny

> How much nobler the type of life realized in such desires as the psalmist's!-' How amiable are thy tabernacles, O Lord of hosts. " My soul longeth, yea, even fainteth for the courts of the Lord." "Blessed are they that dwell in thy house." "A day in the courts is better than a thousand. I had rather be a doorkeeper in the house of my God than to dwell in the tents of wickedness.'

But David was not always pure : and his life did not always breathe the sacred spirit of God's house; but down below the guilt of his outer life were the seeds of reverence for God and his sanctuary, that bore fruitage in lofty aspirations and holy desires. His life was filled with startling contrasts of light and shade, of mensuality and sanctity; but of him, as cynical a critic of character as he was, Carlyle said, " He is the true man struggling with sensual desires; beatendown, sometimes, before his foes: but not kept down; rising with his eye on God."

Such men perplex us by their contradictions of character; but their best self is their true self. and we must estimate them at their best, and not at their worst, So, when one yearns for the temple of God, and envies the priest who is never absent from the holy places, he gives us the key to his best self.—N. Y. Adv.

Make no apologies. If you

THE BRIGHT SIDE.

Many persons get discouraged because they don't know how active the forces of good are, or what victories the army of right cousness is gaining. When it is dark about them, they think it is dark everywhere. They read the long criminal records in the daily paper, and say men are growing "O goody!" worse every day. But if they took one hour Saturday night, and another Sunday morning, to read some good family or church paper, that would tell them of the enevolent institutions of the country and what they were doing; of the temperance gatherings in which hundreds were being reclaimed from drunkenness: of the number who had been gathered into the fold of the saved; of the lost sheep who had been found, the prodigals who had returned home, would they not go thankfully to the Lord's house with cheerful faces and hopeful hearts? I have known men who were familiar with the fraud and rascality and sin that were going on in the city of New York, and yet did not dream that it had nearly 300 asylums and homes for the aged and homeless; knew nothing of the millions that were raised for Christian and benevolent purposes in that city. They knew what evil men were doing, but nothing about the heroic and unseltish lives of God's children. -Chicago Standard.

FRENCH COLONISTS.

The first French colonists were

rarely such in the English or even

the Spanish sense. They were priests, or soldiers, or tradersthe latter at first preponderating. They did not offer to buy the lands of the Indians, as the English colcultural colony was not their aim. They wished to wander through the woods with the Indians, to join in their hunting and their wars, and, above all, to buy their furs. For this they were ready to live as the Indians lived, in all their discomforts; they addressed them as "brothers" or as the "children; to have the Indians with them; the savages were always coming and going, in full glory, about the French settlements; they feasted and slept beside the French; they were greeted with military salutes. The stately and brilliant Comte de Frontenac, the favorite officer of Turenne, and the intimate friend of La Grande Mademoiselle, did not disdain, when Governorgeneral of Canada, to lead in person the war dance of the Indians. singing and waving the hatchet, while a wigwam-full of braves. stripped and painted for war, went dancing and howling after him, shouting like men possessed, as the French narratives say. He himself admits that he did it deliberately, in order to adopt their ways. Perhaps no single act ever done by a Frenchman in America indicates so completely the temperament which won for them the

The pageantry of the Roman Catholic Church had, moreover, its charm for native converts; the French officers taught them how to fight; the French priests taught them how to die. These heroic missionaries could bear torture like Indians, and could forgive their tormentors as Indians could not. This combination of gentleness with courage was something wholly new to the Indian philosophy of life. Pere Brebeuf wrote to Rome from Canada, "that which above all things is demanded of laborers in this vineyard is an untailing sweetness and a patience thoroughly tested." And when he died by torture in 1649 he so conducted himself that the Indians drank his blood, and the chief devoured his heart, in the hope that they might become as heroic as he was.—T. W. Higginson, in Harper's Magazine for March.

nearts of the Indians.

OUR YOUNG POLKS.

Now what shall we do for the baby, To make her a birthday sweet ? She came in the wintry weather,
In blustering wind and sleet.
There is not a flower in the garden.
There is not a bird to sing,
And all in a row on the leafless vine
The where white is leafless ding. The sharp white icicles cling

Oh, what does it matter to baby Her world is warm as a nest; The song that her mother sings her Is the music she loves best. She langhs to hear in the twilight The bleak winds whistle and blow, And the small white icicles swing and ring Like crystal bells in a row.

A PROFOUND SECRET.

"Can you keep a secret, Daisy?" asked Nell Clay of her younger sister.

"Yes indeed !" replied Daisy,

trying to look dignified. Nell bent down and whispered something in Daisy's ear, to which Daisy clapped hands, and cried,

Remember, it's a profound seeret," said sister Nell.

Daisy ran off to school, feeling very important, and overtook Conny Travers on the way.

"O Conny," she said, "I know something awful nice!"

"What is it?" asked Conny, opening ber eyes very wide. "Oh, I musn't tell," said Daisy screwing up her lips. Sister Nell

found secret.' "Oh, my!" said Conny. Can't you just tell me?"

told me this morning. It's a pro-

"Nell wouldn't like it." "She wouldn't mind me,"

pleaded Conny. "Won't you never, never, never

tell?" whispered Daisy. "Never, 's long as I live!"

"Honest and true?" "Truer'n steel!" declared Con-

"Well, Sarah Bell's father is going to give her a piano for her birthday to-morrow, but they wouldn't have her know it for anything until she comes home and finds it in the parlor."

"How splendid!" exclaimed Conny.

"It's a profound secret," said Daisy.

A few days later, Mrs. Bell call-

ed upon Mrs. Clay. "I suppose Sarah was surprised and delighted about the piano," said the latter.

"She was delighted enough," was the reply. "But she wasn't onists aferward did, for an agri- a bit surprised. She heard it at school."

"That Conny Travers must have told," said Daisy indignantly," after Mrs. Bell had gone

"But who told Conny?" asked Nell.

"I did, but I didn't s'pose she'd be mean enough to tell.' "And I didn't think you would,

replied Nell, "Well, children," said Mrs. The Frenchmen appearently liked | Clay, "it's an old saying that 'if you can't keep your own secret, nobody else will keep it for you."

> If you will remember this it will save you a good deal of trouble." "There's an older sentence that I like much better," said sweet Aunt Peace from her window. 'Set a watch. O Lord, before my mouth; keep the door of my lips. -The Myrtle.

JOHNNY'S TEARS.

Johnny had a great trial. He was sitting on the floor, looking over his pictures, and baby toddled up and tore one right across, one of the very prettiest. Johnny called out, "O mamma, see: " and began to cry.

"Johnny," said mamma, as she took baby away, "did you know tears are salt water?

Johnny checked a sob and look-"No," he said, with great in-

terest; "are they? How did you find out, mamma? "Oh, somebody told me so when was a little girl, and I tried a tear and found it was true."

"Real salt water," asked John-

"Yes, try and see."

Johnny would very gladly have tried if he could only have found a tear. But by that time there was not one left, and his eyes were so clear and bright it was no use hoping for any more that time. He looked at the torn picture, but it did not make him feel bad any more. All he could think of was whether tears tasted like salt

"Next time I cry I will find. out!" he determined.

That very afternoon while climbing over the top of the rocking chair he fell and got a great bump. It was too much for any little boy, and too much for Johnny, and he was just beginning to cry loudly when he happened to think what a good chance this was going to be to catch some tears. He put his finger too quick in fact, for there had not a tear come yet worth mentioning, and now that his thoughts. had wandered from the bump, he could not seem to cry about it any more. So that chance was lost.

"I can't get a single tear to taste of, mamma!" he said rue-