

THE BOARD ROOM has been enriched by the presentation of a very fine portrait of the former Association President; an old time homœopath of sixty years standing.

REMEMBER the quarterly meeting of the Governors on Thursday, March 27th. Some amendments to the by-laws will be offered, and important reports are to be read; a full attendance is expected.

A PORTRAIT of the hospital's first president and very generous benefactor should now adorn our walls.

DR. A. R. GRIFFITH, Medical Superintendent, intends taking a two months' post graduate course in New York, beginning this month.

FOR THE FIRST TIME in a year, the maternity wards were unoccupied for a period of two weeks.

THE MONTHLY meeting of the committee of management was held on Feb. 24th, attendance small, routine business only; next meeting will be Monday, March 24th.

LAST MONTH'S subscription list is an improvement on that of the previous month, yet it falls short of what it should be, by about 75 per cent.

THERE IS NO limit to the number of offers the hospital is ready to receive anent the debt raising proposition.

WE ARE TOO poor to buy apples by the barrel and we use too many to buy them by the peck; what have you to say about it.

AS SPRING draws near, house cleaning seems to be in order and here is where boxes of soap come in.

LLOYD POLLOCK, our genial house officer, was confined to his room for a few days, with influenza.

REMEMBER the proposition, that the hospital collects an amount equal to that which you give towards its debt clearing crusade.

ONE EFFECT of the small subscription list will be noticed in the hospital report: in the number of public patients cared for.

MISS E. R. LORENZ, Lady Superintendent, has been re engaged for another year, by the committee of management.

THE DISPENSARY is open every week day from 11.30 a.m. to 1 p.m. for the free advice and treatment of the deserving poor, a fee of 10 cents for medicine being charged those who can pay. If you know of any poor people in need of medical services tell them about our outdoor department.

THE QUESTION of paying off the old maintenance debt is still largely with us and the necessity for determined effort to rid us of this incubus becomes more apparent daily, when we see the hindrance it is to the performance of thoroughly satisfactory work in the hospital's appointed mission.

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### HOW TO READ THE TONGUE.

The perfect tongue is clean, moist, lies loosely in the mouth, is round at the edge, and has no prominent papillæ. The tongue may be furred from local cause or from sympathy with the stomach, intestines or liver. The dry tongue occurs most frequently in fever, and indicates a nervous prostration or depression. White tongue is diagnostic simply of the feverish condition, with perhaps a sour stomach. When it is moist and yellowish brown, it shows disordered digestion. Dry and brown indicates a low state of the system, possibly typhoid. When the tongue is dry and red and smooth, look out for inflammation, gastric or intestinal. Sharp-pointed red tongue will hint of brain irritation or inflammation, and a yellow coating indicates liver derangement. When so much can be gained from an examination of the tongue, how important it is that the youngest child should be taught to put it out so that it can be visible to the uttermost point in the throat---Jour. Med. and Surgery.

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"Medicine," said the little girl, "is something that makes you be careful not to catch cold again."