

ICE POSTUM

(With a dash of lemon)

A Summer Food Drink that is delicious and refreshing, and with the nutritive elements of the field grains.

It feels good to get free from the coffee grip, and it's like a continuous frolic to be perfectly well.

Ten days' trial proves!

"There's a Reason"

Postum Cereal Co., Ltd., Battle Creek, Mich., U.S.A.

1780 The Leader 1905
for 125 Years

Walter Baker & Co.'s Chocolate & Cocoa



It is a perfect food, highly nourishing, easily digested, fitted to repair wasted strength, preserve health and prolong life.

A new and handsomely illustrated Recipe Book sent free.

Registered,
U. S. Pat. Off.

Walter Baker & Co., Ltd.

Established 1780 DORCHESTER, MASS.

45 Highest Awards
in Europe and America

Branch House, 86 St. Peter St., Montreal, Can.

WE WANT

you to give "Five Roses" Flour a trial for pastry next baking day. If you do so you will realize that there is no longer any need to buy one flour for bread and another for pastry, as "Five Roses" will give you better satisfaction for either, or both, than any ordinary brands.

LAKE OF THE WOODS MILLING CO.

Limited
MONTREAL, WINNIPEG and KEEWATIN, ONT.

IN ONE BOTTLE.
REQUIRES
NO HEATING OR
MIXING

Melanyl

Indelible and Harmless
On any Fabric.
Try it once and you will
use no other kind.

Inventors,
MARKING INK FOR LINEN.

Green & Widdowson, Limited LONDON, ENGLAND

SHIRTS AND COLLARS

W. G. T. N. Mark

Trade Mark

by druggists at the same price as in the United States, viz: 50 CENTS PER QUART.