

FACTS ABOUT TEA SERIES—No. 1

Tea as a Beverage

Tea first became known in China nearly 2,000 years before Christ. In that country tea was greatly prized, both for its remarkable qualities as a beverage and for the almost religious ceremony attached to the drinking of it. Up to the sixth century, tea was used only for medicinal purposes. Even in the seventeenth century it cost \$25.00 to \$50.00 per pound. All tea caddies were constantly kept under lock and key. Today when even fine quality like "SALADA" costs less than one-third of a cent per cup, it is not surprising that the consumption of tea is increasing tremendously.

"SALADA"

PUBLIC ACCOUNTS

In the matter of its Ontario public accounts are less interesting. Recording receipts during the year of \$2,333,866 and ordinary expenditure of \$2,333,866, a deficit of \$3,325,645 was expressed by the treasurer in his budget speech that it would be cut to \$3,000,000 in the present year, and that the balanced budget would be a standing feature of the state which the public accounts present that close to \$3,000,000 was expended in the interests of the province's agriculturists, one of the largest single items being the \$750,000 granted as rural Hydro bonuses.

Other aid which the province afforded to agriculture through Hon. Mr. Martin's department was indicated in the following entries:—Grants to field crop competitions, \$24,805; to premiums for pure bred stallions, \$5,996; to the campaign for purebred sires, \$12,920; to the bacon hog campaign, \$5,893; to local poultry associations, \$6,368; to local plowing matches, \$2,273; to Women's Institutes' branch, \$30,218; to demonstration and lecture courses in home nursing, \$21,922; to fall fairs, \$84,948; to horticultural societies \$19,545; to dairy associations, \$6,000; to community halls \$9,551.

In addition the Government maintained the following services at the following costs:—Ontario Agricultural College, \$216,534; Macdonald Institute, \$26,822; Eastern dairy school, \$21,721; Agricultural representatives, \$331,348; Veterinary College, \$23,892; Western Ontario Experimental Farm, \$18,154; Kempsville Agricultural College, \$43,480; Northern Ontario Demonstration Farm, \$25,176.

Upon education during the past year the Government expended the sum of more than \$9,500,000. Of this amount \$97,000 was devoted to English-French training schools at Ottawa, Sturgeon Falls, Vanleek Hill and Sandwich. The treasurer's department disbursed upwards of \$51,000,000, the most interesting feature of which was that this year's total of the wolf bounty stood at \$54,000. Other expenditures and receipts were as mentioned in the report of the treasurer's budget speech.

Other incidentals in the public accounts gave \$13,700 as the cost of the agricultural inquiry commission and \$75,000 appeared on account of the expenses of the liquor plebiscite.

Payments to Lambton

The report also gives the amounts paid to various officials, roads, schools, agricultural and horticultural societies, etc., in the county of Lambton, as follows:—
Alex. Saunders, registrar .. \$ 675.00
F. W. Willson, attorney .. 162.00

ASTHMA

POTTER'S ASTHMA RELIEF the well-known remedy of the English Chemists, Messrs. POTTER & CLARKE, is now on sale in Canada.

Asthma Powder and Cigarettes, 50c
Asthma Smoking Mixture, 25c
Chestnut Pastilles, 25c

If not available through your Druggist, write the Canadian Distributors, BRITISH AGENCIES LIMITED, 42-44 Lombard St., TORONTO.

POTTER'S RELIEF

C. S. Woodrow, expenses ..	136.21
Judge Taylor, allowance ..	1000.00
Henry Conn, I. P. S.	1512.00
J. J. Edwards, I. P. S.	1800.00
W. H. Lott, labor supt. ...	1500.00
V. M. Shortt, stenographer ..	780.00
W. P. Macdonald, ag. rep. ...	2390.00
D. J. Matheson, agr. rep. ...	1800.00
Agricultural office expenses ..	2879.34
Forest Free Press, advert. ...	3.60
Administrator of Justice ..	3470.23
County Law Library ..	131.19
Revision of Voter's Lists ..	82.60
Public School grants ..	58417.92
Separate School grants ..	319.95
Continuation Schools ..	2623.25
Fifth class grants ..	358.87
Teachers' Association ..	100.00
Forest High School ..	1269.12
Petrolia High School ..	1352.10
Sarnia High School ..	1931.50
Watford High School ..	1308.28
Sombra Roads ..	34.52
Forest Public Library ..	81.18
Mandaamin Public Library ..	112.22
Plympton Public Library ..	34.46
Inwood, Public Library ..	39.59
Shetland, Public Library ..	70.65
Theford Public Library ..	61.22
Sombra Public Library ..	150.28
Watford Public Library ..	110.20
Rural School Libraries ..	178.73
Mothers' Allowances ..	8160.00
Children's Aid Society ..	600.00
Provincial Roads ..	20970.55
County Roads ..	55657.13
Bosquet Roads ..	2614.27
Brooke Roads ..	3126.55
Dawn Roads ..	2021.64
Enniskillen Roads ..	5432.26
Euphemia Roads ..	1382.73
Moore Roads ..	2162.37
Plympton Roads ..	2491.79
Sarnia Twp. Roads ..	2051.97
Sombra Roads ..	1066.48
Watford Roads ..	2560.87
Forest Spring Show ..	48.00
Bosquet Fall Fair ..	129.00
Brooke Fall Fair ..	438.00
Watford Fall Fair ..	195.00
Florence Fall Fair ..	237.00
Forest Fall Fair ..	217.00
Moore Fall Fair ..	245.00
Enniskillen Fall Fair ..	291.00
Plympton Fall Fair ..	180.00
Sombra Fall Fair ..	95.00
Sarnia Fall Fair ..	412.00
Watford Fall Fair (rain) ..	500.00
Sarnia Reserve Fall Fair ..	164.00
Brooke Field Crop Comp. ..	50.00
Watford Field Crop Comp. ..	50.00
Florence Field Crop Comp. ..	100.00
Arkona Horticultural Soc. ..	73.00
Forest Horticultural Soc. ..	57.00
Petrolia Horticultural Soc. ..	87.00
Sarnia Horticultural Soc. ..	331.00
Watford Horticultural Soc. ..	29.00
Wyoming Horticultural Soc. ..	30.00
County Live Stock Sales ..	42.00

WANSTEAD

Wanstead, March 31.—The administrator's sale of the property of the late Alex. Tait was held last Wednesday on the farm of Victor Tait and was well attended. All machinery, etc., was sold at good prices, but the two fine sugar beet farms were not disposed of. Geo. Brown was auctioneer.

The Crosswell and also the Columbia sugar beet companies are going to buy beets here but the Dominion company has dropped out for this season.

Mrs. Humphries of Bruce Mines and Miss Lily McRorie of Biggar, Sask., who have been visiting at the home of Mr. and Mrs. Silas Parker for the last month, and also made short visits with friends at Warwick, Forest, Port Frank and Wanstead, have returned to their homes.

Use the Want Ads., one cent a word.

The sawmill owned by Alexander Bros., which has done the custom work here for the last twenty years is being torn down and taken to Warwick village where it will be operated by John O'Dell.

J. W. McRorie and Alex and John Campbell were Wanstead visitors on Wednesday.

Thos. Simpson has received the contract for scraping the 2nd line and Jas. Jackson the sideroad.

PETROLIA

D. J. Matheson of the county branch of the department of agriculture has begun placing posters about the county urging war against the European corn borer. Mr. Matheson states that the spread of the dangerous crop destroyer can be stopped by the destruction of refuse in the fields.

There is considerable activity in the buying and selling of rural real estate lately. The latest reported farm exchange is that by which Roy Vanderburgh purchased the 100 acre farm on the twelfth concession from Wm. Elliott who in turn purchased N. Storing's farm on the same concession.

Six Hollanders arrived in town this week to work on farms in the county. W. P. Macdonald, district representative of the department of agriculture experiences no difficulty in placing the newcomers as there is a decided shortage of farm labor in the county.

Albert Squire of 12th line, Enniskillen, received a nasty cut over the eye and the car in which he was riding was badly damaged in collision with a street car on Russell street, Sarnia, last Thursday evening. Squire was admitted to hospital but was able to leave for home on Friday. The car struck the trolley at the front corner while passing in front and later overturned.

SPRING IMPURITIES DUE TO POOR BLOOD

A Tonic Medicine a Necessity at This Season

Dr. Williams' Pink Pills are an all-year, round tonic for the blood and nerves. But they are especially valuable in the spring when the system is loaded with impurities as a result of the indoor life of the winter months. There is no other season when the blood is so much in need of purifying and enriching, and every dose of these pills helps to enrich the blood. In the spring one feels weak and tired—Dr. Williams' Pink Pills give strength. In the spring the appetite is often poor—Dr. Williams' Pink Pills develop the appetite, tone the stomach and aid weak digestion. It is in the spring that poisons in the blood find an outlet in disfiguring pimples, eruptions and boils—Dr. Williams' Pink Pills clear the skin because they go to the root of the trouble in the blood. In the spring anaemia, rheumatism, indigestion, neuralgia, and many other troubles are most persistent because of poor, weak blood, and it is at this time when all nature takes on new life that the blood most seriously needs attention. Some people dose themselves with purgatives, but these only further weaken themselves. A purgative merely gallops through the system, emptying the bowels, but does not help the blood. On the other hand, Dr. Williams' Pink Pills enrich the blood which reaches every organ in the body, bringing new strength and vigor to weak, easily tired men, women and children. Try Dr. Williams' Pink Pills this spring—they will not disappoint you.

Among those who have proved the value of Dr. Williams' Pink Pills is Mr. Austin Wile, Hemford, N.S., who says:—"I have reason to be deeply grateful for what Dr. Williams' Pink Pills have done for me. An abscess developed in my head, and the doctor who was called in said my whole system was poisoned. My appetite completely failed and I grew so weak I was unable to do any work. The doctor's medicine did not help me so I decided to try Dr. Williams' Pink Pills. At this stage I was reduced almost to a skeleton, and my friends did not look for my recovery. I soon found, however, that the pills were helping me and after taking them for about two months I was fully restored to health. My case was known to all my neighbors and my recovery looked upon as almost a miracle."

You can get these pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The president of the Journey-men Barber's Union of America reports that he has discovered a process for exterminating the dandruff germ. While eradication of the unsightly cranium dust might bring relief to countless thousands it would eliminate many high brows.

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ALVINSTON

St. John's Dramatic Club presented their play "Mrs. Temple's Telegram" to a crowded house on Friday evening. Each player took his particular part exceptionally well and all present declared it one of the best plays presented in this village for some time. Owing to so many being turned away it was decided to present it again next Friday evening.

Miss Jessie Whitton of London spent the weekend at her home here. Miss Effadore Campbell returned to Hamilton on Monday after attending the funeral of her mother, Mrs. John Campbell.

Russell Clark of Detroit spent the weekend at his home in Brooke.

Rev. W. A. Montieth and Rev. Hagel of Inwood exchanged pulpits on Sunday last.

Mrs. Harry Thorne left on Monday for Petrolia where she will make her future home.

NAPIER

Mr. Wm. Winter, Sr., is reported to be seriously ill again.

The community was shocked to hear of the death of Mrs. John Dewar at her home in Metcalfe, on March 17th, besides her bereaved husband, she leaves to mourn her loss three small children. She was a daughter of Mr. and Mrs. John Wallace of Metcalfe.

The regular meeting of the Missionary Society was held at the home of Mrs. Herb. Nevin, taking the form of a social afternoon, when three missionary quilts were quilted. Mrs. Nevin delightfully entertained by several selections on the phonograph. A dainty lunch brought the meeting to a close.

The regular meeting of the W. I. will be held on Wednesday, April 8th, at the home of Mrs. John Denning.

A Happy Childhood is a Matter of Health

Little children quickly get out of sorts but by prompt treatment they can just as quickly be set right again. Most of their troubles arise in the first place from the stomach and bowels; that is why a good clearing out is the first thing the doctor prescribes. Mothers, why not let Baby's Own Tablets keep your children well. Unlike that ill-smelling, rank tasting castor oil so dreaded by most children, the Tablets are pleasant to take and their action, though thorough, is gentle and causes no discomfort to either the baby or the growing child. Baby's Own Tablets are a never failing remedy for relieving constipation and indigestion; thus they break up colds and simple fevers, expel worms and make the teething period painless. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

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Praises this Asthma Remedy. A grateful user of Dr. J. D. Kellogg's Asthma Remedy finds it the only remedy that will give relief, though for thirteen years he had sought other help. Years of needless suffering may be prevented by using this wonderful remedy at the first warning of trouble. Its use is simple, its cost is slight, and it can be purchased almost anywhere.

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CANADIAN NATIONAL

TIME TABLE

Trains leave Watford

GOING WEST

Accommodation, 11:10
Chicago Express, 17:10
Detroit Express, 83:10
Chicago Express, 8:10

GOING EAST

Ontario Limited, 80:10
Chicago Express, 6:10
Express, 6:10
Accommodation, No. 112, G. E. McTAGGART, Agent

MEDICAL

JAMES NEWELL, P.I.
L.R.C.P. & S., M.B.M.A.,
Coroner County of Lambton, Ont. Office—Corner Front St. Residence—Pro Block east of Main St.

C. W. SAWERS, M.D.
Watford, Ontario, Office—Residence—Ontario st., ea hours—8:30 to 9:30 a.m., 7 to 8 p.m. Sundays by app.

DR. G. N. URIE,

Licentiate General Medical Cou Kingdom. Member College Physicians of Ontario.

Successor to Dr. W. G. Hours: 8:30 to 9:30 a.m.; 7 to 8 p.m. Sunday by app. Office, Residence Main St., Phone 32.

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G. N. HOWDEN, D.D.S.
Graduate of the Royal C Dental Surgeons of Ontario, University of Toronto. O Latest and Most Approved ances and Methods used, attention to Crown and Bridg Office—Over Dr. Sawers', 1 Watford, Ont.

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Surgeon, Honor Graduate Veterinary College. Dent specially. All diseases of animals treated on scientific principles. Office—Two doors s the Guide-Advocate office, R Main street, one door north Sida's office.

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An Oil for All Men.—The soldier, the fisherman, the erman, the out-door laborer a who are exposed to injury at elements will find in Dr. T Electric Oil a true and fr friend. To ease pain, relieve dress wounds, subdue lumbag overcome rheumatism, it is pl Therefore, it should have a pl all home medicines and be an those taken on a journey.

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Mothers can easily know their children are troubled with worms, and they lose no time in trying a reliable remedy—M. Graves' Worm Extirminator.