

Dread of Asthma makes countless thousands miserable. Night after night the attacks return and even when brief respite is given the mind is still in torment from continual anticipation. Dr. J. D. Kellogg's Asthma Remedy changes all this. Relief comes, and at once, while future attacks are ward off, leaving the afflicted one in a state of peace and happiness he once believed he could never enjoy. Inexpensive and sold almost everywhere.

WINTER TERM FROM JANUARY 3rd

Central Business College STRATFORD, ONTARIO

Western Ontario's best commercial school with Commercial, Shorthand and Telegraphy departments. We individual instruction, hence "Entrance" standing is not necessary. Graduates assisted to positions. Get our free catalogue for rates and other particulars.

D. A. McLACHLAN, Principal.

FALL TERM OPENS AUG. 28TH

ELLIOTT Business College
Yonge and Charles sts., Toronto.
Strictly First Class. Graduates readily obtain employment. It pays to attend the best. Catalogue free.
W. J. ELLIOTT, Principal.

MEDICAL
JAMES NEWELL, PH.D., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DENTAL
GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work. Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON
J. McGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER
J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

INSURANCE
THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY
(Established in 1875)

JOHN W. KINGSTON... President
JAMES SMITH... Vice President
ALBERT G. MINIELLY... Director
THOMAS LITHGOW... Director
GULFORD BUTLER... Director
JOHN PETER McVICAR... Director
JOHN COWAN K.C.... Solicitor
J. F. ELLIOT
ROBERT J. WHITE... Fire Inspectors
ALEX. JAMIESON
P. J. McEWEN... Auditors
W. G. WILLOUGHBY... Manager and Watford
PETER McPHEEDRAN... Sec.-Treasurer
Agent for Warwick and Plympton

Protect the child from the ravages of worms by using "Mother Graves' Worm Exterminator." It is a standard remedy, and years of use have enhanced its reputation.

Everyone reads the "Guide-Advocate Want Column" on page 4.

BEFORE BABY COMES

Watchful Care Necessary

Lydia E. Pinkham's Vegetable Compound is a splendid medicine and should be taken by the expectant mother. It will assist her in keeping well and strong. This is very necessary, not only for her own comfort but for the future as well.

Read the experience of Mrs. Barton of New Brunswick, and please bear in mind that every letter published recommending Lydia E. Pinkham's Vegetable Compound is genuine and unsolicited. It is the expression of gratitude from women who have been helped.

Cumberland Bay, N. B.—"I was troubled with weak feelings, headaches, all the time, a cough, fainting spells and pains in my back and side. I could not do a single bit of work and had to be helped out to the hammock where I lay in the fresh air from morning until night and I had to be carried up and down stairs. After other medicines had failed a friend advised me to take Lydia E. Pinkham's Vegetable Compound as she said it was excellent for anyone in the family way. Before the first bottle was taken I could walk alone and as I kept on with it I got stronger, until I was able to do all my work. My baby is now six weeks old and is a big fat healthy fellow. I am sure Lydia E. Pinkham's Vegetable Compound has done wonders for me and I recommend it."—Mrs. MURRAY J. BARTON, R. R. No. 1, Cumberland Bay, N. B.

A. D. Hone
PAINTER AND DECORATOR
PAPER HANGING
WATFORD - ONTARIO

GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
ESTIMATES FURNISHED
SATISFACTION GUARANTEED
RESIDENCE—ST. LAIR ST.

SHARTHORN CATTLE
LINCOLN SHEEP
SILVER GRAY DORKINGS
BLACK LEHORNS
Sheep trade looks better. Inquiries starting for fall trade already. Some nice calves coming on, and eggs for sale at a price you can afford to pay.

CHANNY FARM
ED. DE GEX
KERWOOD ONTARIO

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE

Trains leave Watford station as follows:

GOING WEST
Accommodation, 11.11 a.m. 8.42 a.m.
Chicago Express, 17.11 a.m. 12.40 p.m.
Detroit Express, 8.55 a.m. 6.54 p.m.
(a) Chicago Express, 9.11 p.m.

GOING EAST
Ontario Limited, 8.00 a.m. 7.48 a.m.
Chicago Express, 6.11 a.m. 11.22 a.m.
Express, 11.22 a.m. 2.28 p.m.
Accommodation, 11.22 a.m. 5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.
C. W. VAIL, Agent, Watford.

remember

WHEN WE advertise that we are baking first-class bread and cakes we back that up with our goods.

That also applies to our Confectionery, Chocolates and Etc. Just try us and see for yourself.

Lovell's

Wedding Cakes a Specialty

A Prime Dressing for Wounds.—In some factories and workshops carbolic acid is kept for use in cauterizing wounds and cuts sustained by the workmen. Far better to keep on hand a bottle of Dr. Thomas' Electric Oil. It is just as quick in action and does not scar the skin or burn the flesh.

BOSANQUET COUNCIL

Council met on the 17th inst at 2 p.m. All the members present. Minutes of previous meetings confirmed. A by-law for the improvement of the Canada Co. Canal was provisionally adopted.

A. S. Code is instructed to make a report, assessment, etc., for the repair of the Nesbit drain, and to examine Mud Creek drain on lots 15 and 16 con. 8 and make report, assessment, etc., for its repair on those lots.

The reeve and Mr. Shepherd were appointed to have Haney drain repaired on lot 38, in the S. B. con.

Council adjourned to meet on Monday, July 3rd, at 10 a.m., and as a Court of Revision on the bylaw for the improvement of the Canada Co. Canal on Wednesday, July 19th, at 10 a.m.

Geo. Sutherland, Clerk.

THERE IS DANGER IN WATERY BLOOD

Not Corrected Serious Results May Follow.

In no trouble is delay or neglect more dangerous than anaemia, a poverty of the blood. It is very common in young girls and in persons who are overworked or confined within doors. It makes its approach in so stealthy a manner that it is often well developed before its presence is recognized.

But taken in time there is a tonic medicine which increases the number of red blood corpuscles thus enabling the blood to carry the life-giving oxygen to all the tissues of the body. Dr. Williams' Pink Pills have had much success in the treatment of this stubborn trouble because of this wonderful property.

The correction of anaemic conditions by Dr. Williams' Pink Pills is as certain as anything can be. Take as an example the case of Miss Mary D. Kelly, Charlottetown, P.E.I., who says:—"My blood was thin and watery, and my system very much run down. I could not do any work or walk upstairs without resting. I suffered greatly from headaches, my appetite was poor and I was also troubled with indigestion. I began taking Dr. Williams' Pink Pills and in a short time the results showed they were just the medicine I needed. I only used six boxes but am now feeling stronger and better than I have done for several years. From my personal experience I can strongly recommend Dr. Williams' Pink Pills."

These pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for \$2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

The Highly Bred Stallion



PETER V. DILLON
(63080-1895)

Enrolment No. 4324. Form II. Inspected on the 23rd day of Oct. 1920, and Passed.

Dated at Toronto, April 7th, 1922. 2 year old record 2:28 1/4, 3 year old trial 2:15. Foaled in 1912. Bred by Vimont Brothers, Millersburg, Ky. Sired by Peter the Great, by Pilot Medium, Dam, Little Wonder, by Baron Dillon.

Peter V. Dillon will make the season of 1922 at the Race Track, Watford, with the exception of Tuesday night when he will stand at Chas. Anderson's stable, Forest.

For particulars address George Kilmer, Forest, or James O. Brush, Watford.

ARE YOUR EYES GETTING BETTER?

Your eyes are either getting better or they are getting worse. If your eyes need correction, any delay in getting glasses is slowly but surely damaging them.

Do not hesitate to wear glasses if you need them. You can select a style which is becoming, and the comfort to your eyes will be well worth while.

Mave you had your eyes examined lately?

"Take care of your eyes!"

Carl A. Class
Jeweller and Optician

OF PASSING INTEREST

The Charlottetown Examiner, the second oldest paper in Canada, has suspended publication.

An Atchison, Kas., young woman is trying to make her young man friend quit drinking, and he is trying to make her quit smoking.

The bigger they are the harder they fall. The largest mail order house in the United States lost \$16,435,469 in 1921, the result chiefly of falling prices.

An Omaha woman sought to compliment her minister by telling him that after hearing him preach a funeral service she almost wished she was the corpse.

The Ontario Legislature has amended the Municipal Act by giving the wives of property owners or tenants the right to vote at municipal elections if the property is assessed sufficiently high to entitle both to a vote. If the wife is the owner of the property then the husband too is entitled to a vote.

With possible changes in the regulations in prospect and to secure a more convenient arrangement of the board's official "year," only six months' renewals of standard hotel licenses have been granted this spring by the Ontario Board of License Commissioners, and, consequently, the hotelkeepers will have to submit their applications again this autumn.

Canada leads the world with volume of exports per head of population. Computations made by the Department of Trade and Commerce show that Canada's exports now amount in value to \$150 per capita as compared with \$98 for the United Kingdom and \$65 for the United States. In 1902, Canada was exporting products to the value of \$28 per capita, as compared with \$40 per capita for the United Kingdom, and \$15 per capita for the United States.

The increased rates of stamp taxation on cheques, post office orders and express orders will not become effective until August 1, next. Until that date the present flat rate of two cents on all cheques will continue in force. After that date, the rate will be two cents for every fifty dollars or fraction thereof with a maximum tax of two dollars. The proposed stamp tax of two cents on receipts for payments of ten dollars and upward will not become operative until January 1, 1923, the proposed excise tax of 24 cents a hundred pounds on beet sugar produced in Canada, will also remain inoperative until the beginning of next year.

The postal guide for June reports that during the last fiscal year \$90,000 was collected on shortpaid matter at those offices where care was exercised in collection of deficient postage. Many offices are, however, neglecting their duty in this respect. Revised instructions are being issued to postmasters in connection with insurance of parcel post. The number of cases where postal notes are filled in with lead pencil appears to be increasing, and postmasters are instructed to see that purchasers are instructed to use pen and ink in filling in their names and names of payees and offices of payment, because names written with pencil can be too easily erased and others substituted.

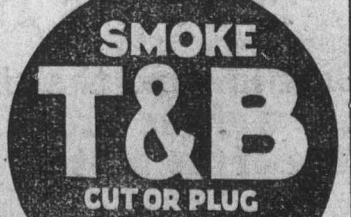
CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears

Signature of *Barth H. Hutton*



Don't pass our door if you need anything in our line. We take as much care in serving our customers as we do in selecting the goods we sell.

'Tiny' Rogers
Billiard Parlor

THE TORTURE OF INDIGESTION

Thousands Made Miserable By This Trouble

"FRUIT-A-TIVES" Relieves It

What is Indigestion and what causes it? As you know, solid food must be changed into a liquid by the stomach before it can be taken up as nourishment by the blood.

The stomach acts as a churn. It is covered by a strong, muscular coat and lined with a soft, delicate membrane which secretes the Gastric Juice which digests or dissolves solid food.

When food enters the stomach, the muscular coat squeezes and presses the food from end to end, or churns it, with the gastric juice to dissolve or digest it.

But—if the stomach muscles are weak—or if the dissolving fluid is poor or insufficient—then food cannot be digested properly and you have Indigestion.

"FRUIT-A-TIVES" is the most wonderful medicine in the world for strengthening the stomach muscles and providing an abundance of pure, full-strength dissolving fluid to completely digest every meal.

"FRUIT-A-TIVES" does this because it keeps the kidneys active, the bowels regular and the blood pure, which insures pure Gastric Juice.

"FRUIT-A-TIVES" will correct your Indigestion or Dyspepsia and enable you to enjoy every meal.

Try it.
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

THE HIGH SCHOOL PICTURE

JUNE, 1922

I'm looking at the picture and thinking while I look

That man was not created on the level with the brute

Those noble human features with faculties divine.

The expression of the mental, a beautiful design.

The varied expressions are puzzling to the mind

Blest object of creation is easy for to find.

I'm looking at their faces not looking at their feet

Pastidious surroundings, or beauty of their street.

The womanhood, and manhood, the vision of the soul

The character, and fragrance, of those who have control.

The sun was surely shining, the skies were surely clear.

When the image of our scholars was printed to us here

The leaders in the centre the trainers and the trained.

No worry on their faces but happy what they've gained

But one seems to be wanting or rather out of place.

We see him in the background so that must be the case.

Their youth seems to be radiant we like the happy glow

There's one a little awkward perhaps a little blue

But you must rest contented it is not me or you.

Some are extra natural you feel like speaking out

And ask where's their importance, and what are they about

The heart of every picture is deep down in the mind

Individuality the grouchy, or the kind. Oh, scholars lay foundations to stand the rugged test.

Whatever we intend to be, intend to be the best

Lads and lassies, clear and clean, wherever we may roam

An honor to our hamlet and every rural home

A high and noble object to every earnest scholar

Before we can be tainted by the unhealthy Dollar.

—W. B. L.

The wife of Dr. Harry Lindsay of Vancouver, formerly of Strathroy, passed away last week after a long illness.

