BRAIN TONICS.

se Timely Talk as About Their Use and

I am going to say something about medicines and what I call brain tonics, but first let me counsel a little change of air, and mayhap change of compan- butter for Christmas; shall make a ionships. Remember that seeing the the same faces day after day, and going through the routine of work or pleasure induces a weariness of mind and body which is little short of positive illness, and might lead to such.

Nux pomica is much used in the treatment of nervous disorders and it certainly is a very useful remedy when judiciously administered. It should be remembered, however, that nux vomica in any shape or form is a posion, and should be dealt with most cautiously. It should be taken in smaller doses than drops three times a day, ir a small wine- mas eve he added to his scanty savings count of the personal appearance of the grassful of quassia or gentian water for next day's feast half of his bread and King :
grassful of quassia or gentian water for next day's feast half of his bread and King :
GUEL, JOLI GARCON!

Iron. -This is a valuable blood tonic, in small doses, and I do not know a better form of it than the muriated tincture, in doses of ten drops, not more, three times a day in a little water after meals. The danger of iron lies in its being apt to produce constipation, and also congestion of various internal it will do good. The symptoms of its not agreeing would be fullness of the not agreeing would be fullness of the two cans to each mess. At 1 o'clock in head, ringing in the ears, or heat of the

Quinine.-Combined with iron in the form of citrate, this is of great advanthe head.

taken up by the system, and it does not two Esquimaux 50 cents from each memdo this without causing mischief. I have long thought that as regards tonics the dose should be extremely small and very frequently taken. Here is a plan, for example, that would be sound advandance of the syndician of the expedition, to be kept for next Christmas. Kislingbury was kind enough to make for each party a cigarettee. Many of us are now out of to bacco entirely." On the day after Christmas he writes as follows: "Yester-day has passed but I find my notice." tageous to a person who must be at work all day, say at a desk. Let him put thirty minims of the tincture of iron and a wineglassful of the infusion of quassia to a very large of the control of the con into a small decanterful of water. Stand this on the table, and sip it every now this on the table, and sip it every now nothing be said to mar the pleasure of and then all day long.

more valuable remedy in cases of nervousness and brain exhaustion than many had songs in all languages including imagine. The oxide of zinc is usually French, German and Inpult. The punch given in doses commencing with one grain, and gradually increasing up to ten, most of us were too full for utterance, most of us were too full for utterance, and proceeding to the large convents with beautiful care-them large convents with part of individually also have and there large convents with part of individually also have and them large convents with part of individually also have and them large convents with part of individually also have and them large convents with part of individually also have and them large convents with part of individually also have and them large convents with part of individually also have and them large convents with part of individually also have and them large convents with part of individually also have a solution of the continents, and proceeding further seaward from the borders of the continents, and proceeding further seaward from the borders of the continents, and proceeding further seaward from the borders of the continents, and proceeding further seaward from the borders of the continents, and proceeding further seaward from the borders of the continents, and proceeding further seaward from the borders of the continents.

not take cod-liver oil without causing feel a little uncomfortable at times.

dyspepsia and loathing of food may take

Nevertheless we all slept well. Our talk this delightful tonic. The dose is from this morning was of home and our famithis delightful tonic. The dose is from a dessertspoonful to a tablespoonful to three times a day. It may be mixed this morning was of home and our families. I have extended a general invitation to all the members of the expedition to visit my father's house. I spoke this enter to conduct themselves decently and three times a day. It may be mixed to visit my father's house. I spoke this morning of the reunions of my family

tage in case of debility of the brain, but have been in this country. those which I have mentioned are the

Beware of narcotics and stimulants : they invariably make matters worse.

of wholesome exercise in the open air. must not be forgotten by the individual who suffers from brain weariness, -[Cassel's Family Magazine for November,

Painless Corn Extractor alone is entitled to all the credit. It raises more corn to the acre, than anything else the world can supply. Safe, sure, and act; Wentworth, 41 against the act; painless. Take no substitute. Only 25 Chatham, 49 against the act; majority cents. Try your hand. A good crop against the act, 34, with six polls to hear guaranteed. Beware of flesh-eating sub-from. guaranteed. stitutes. N. C. Polson & Co., proprietors. Kingston

Mr. Spurgeon says: "The suggestion and swear that it would be advisable for Christians Can draw you to her with a single hair. to frequent the theatre that the characabout as sensible as if we were bidden to ensured by the use of CINGALESE HAIR and he will give you a 12 oz. bottle of medical authority, and is regarded as pour a bottle of lavender water into a Renewer. Sold at 50 cts. by I Wilson, medical authority, and is regarded as pour a bottle of lavender water into a RENEWER. Sold at 50 cts. by J. Wilson great sewer to improve its aroma."

STARVING MEN'S CHRISTMAS. Extracts from Lieut. Lockwood's diary

ember 21 Lockwood writes: "By great effort I was able to save one ouns of my bread and about two ounces We look forward to to-morrow and Christmas," and "I offered to give any one a roast turkey on reaching home for takers." He says on the next day: "I saved nearly all my hard bread for Christmas, though I need it sorely," and that to make Christmas dinner grander though apparently simple, remedy for dyspepsia (especially for the overworked), in headache, in atonic constipation, in nervous tremblings, acidity, etc.

Some people, however, are very austined to remain the second remains and to enjoy it at home with those I

The system should be kept open while taking a tonic, if not naturally so. This may be effected by using a mild aperient pill at bed time twice a week, and a glass of Pullna water in the morning.

The system should be kept open picture to myself my dear father and mother, sisters, Harry, my niece and brothers in-law, all sitting around the table to-morrow. Turkey and minoe pies are strewn on the table. Many thoughts are turned toward me and white satin, with long, tight sleves, two where I am a this moment." The entry rows of diamond buttons, and his insig but much abused. It should be taken for Christmas day is as follows: "December 25. Barmometer 39.93, thermometer 27.5. Christmas. We have all been talking and waiting anxiously for the hour, and now it is here (5 o'clock in the afternoon) and nearly gone. Breakfast played with a yak hair fan, without. consisted of a thin soup of peas and caralso congestion of various internal rots, with a little blubber and some I meither smoked nor chewed tobacco, and organs. But, if no bad effects are felt spoonfuls of potatoes. This we had at pathetically; he is somewhat stout for 6 o'clock. Cloudberries were served out his age, being twenty-one years old, but

event of the day-dinner. Dinner consisted of a fine, rich stew of tage in the treatment of nervousness and all seal meat, onions, a little blubber, brain weariness. It must not be given, we had in the course of an hour or so a however, in doses large enough to effect Although not a homeopathic physithe same as Thanksgiving, but the cooks cias, I must take this opportunity of made a great deal on that day and the cias, I must take this opportunity of remarking that, as a rule, tonics are given in too large doses. To give larger that will be followed by a punch of one doses than the blood can take up is surely gross tolly. Iron, for example, is usually prescribed almost recklessly; it passes through the body instead of being

nd then all day long.

Zinc.—I believe that this is a much expressed for those at home, and oh! grain, and gradually increasing up to ten.
This should be made into a pill, with a tonic and aperient extract, and given three times a day after meals. It may be continued for a month or six weeks.

Extract of Malt.—Thousands who can much yesterday, but only so much as to prove plate. Some of us ate to much yesterday, but only so much as to prove plate. bearing the following in-

There are dozens of other tonic remedies which may be taken with advanted in the first time I had shed tears, since I Rev. J. G. Fallis, Dutton, certifies "For some years my wife has been trouhey invariably make matters worse.

I need hardly add, in conclusion, that temple, no bazar, nothing but dull.

I need hardly add, in conclusion, that attention to the diet is of the greatest consequence, and that the morning tub, with a dash of sea-salt in it, and plenty decided improvement, and can with conthe best medicine extant for Dyspepsia. This invaluable medicine for Liver Complaint, Indigestion, Kidney Complaint. is purely vegetable. Sold at G. Rhynas' drug store. Trial bottles given free.

It may surprise the good people of Canada to learn that the corn crop has heard from the vote on the Scott Act in the County of Argenteuil is as follows. No doubt the N.P. people will claim this as a product of protection, but Putnam's and parish, 40; Grenville village, 10 for Painless Cora Extractor alone is enthe act; Gore, 31 for the act; Milleisle, the act; Gore, 31 for the act; Milleis 13 for the act: St. Andrews, 8 against the act; Grenville parish, 30 against the

Savs Dryden :

She knows her man, and when you rant But it must be beautiful hair to have

THEBAW AND MANEALAY. name Rescription of the Ducky

(The Pall Mail Gazette.)
Thebaw, important as he has butter for Christmas; shall make a one personage, the detail true about vigorous effort to abstain from eating it his personality being very stant. This is no wonder, for the youngest member of the Alomps, dynasty reigns in lonely splender in his palace at Mandulsy, and it was probably the first time that even

of his face when recently he was com a single dog biscuit now, but found no pelled to lead his army against the English. To foreigners be is very rarely visible, and it was by special favor that 1880, when on a tour through Burmah he made a tremendous effort, and went Joest related at the time his experiences had an audience with Thebaw. Dr. It should be taken in smaller doses that without his rum in order to have it for in the columns of The Kolnische Zeitung, surest form, the dose to be not over ten Christmas to add to the punch. Christ from which we take the following ac-

in nervous tremblings, acidity, etc.

Some people, however, are very suspectible to the influence of tincture of nux vomica; so that the dose to begin with should not be over five drops, and it should not be used more than ten days at a time.

The system should be kept open.

The system should be sho nia, also in diamonds. In his ears and

> GLITTEE OF PRECIOUS STONES A silken putno, in green and yellow stripes, completed his apparel: his feet however, altering his position at all. He neither smoked nor chewed tobacco, and

the afternoon long lighted up for the Turning from the young King, who, following the custom of his country caused all his kith and kin to be slaug tered on his ascension to the throne, Dr. Joest gives a charming picture of banks of the Irrawaddy and

THE CAPITAL MANDALAY :-'The surrounding country, shortly be fore we come in sight of the hill on the foot of which the capital is stretched out, is extremely beautiful, and perhaps unique in its way, for on either bank of little piece of level ground, on the terraces of rocks which rise on both sides, gigantic lions guarding the entrance, and enormous Buddhas sleepily staring at us. All this was evershadowed by old borees, under which the priests, able and calm, read the sacred books, the parasol-shaped roofs ring a fitting accompaniment to the grand, melancholy picture. The few forts which, by the King's command, have been built in the district by an Italian 'general,' look quite prosaic in this surrounding : they night become dangerous, but, fortunatethey are only fortified toward the river. THE REAL TOWN

of Mandalay-the city-in the centre of which stands the King's palace. lies isolated inland, while the majority of the population have settled down in the plain divisions of the animal kingdom are bronze plate, bearing the following in-scription: -- This is the capital and morally, otherswise the reader is request ed to look at a painting on the opposite ments of those are depicted who had not obeyed the royal orders. The gates are painted bright red and richly gilded; the town is divided into regular squares by the roads which run from each of the twelve gates to the one opposite. There is hardly a sign of life in

A Profitable Life.

Few men have accomplished the same 000 of his works have been sold in Canada alone. We want every person troubled with Liver Complaint, Dyspepsia, Headache, Kidney or Urinary Troules, to call in at Wilson's drug store, and buy a bottle of Dr. Chase's Liver Cure, it will cure you. Medicine and Recipe Book \$1.

The plebiscite at Kilmarnock resulted n 4,380 voting for local option.

SCROFULA is known by swelling of the glands of the neck, abscesses, sores, a pale countenance, low vitality, and gen-clergymen is lower than that in any Bitters cures the scrofulous condition by making pure blood.

Why Employ Doctors? Consult a doctor, for a 6 or 8 oz. hot-Dr. Chase's Liver Cure for \$1, and a dema

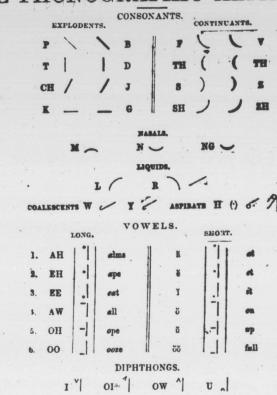
valuable Recipe Book free.

SHORTHAND BOOKS

FOR SALE.

Every Boy and Girl should Learn SHORTHAND.

a German traveller, Dr. W. Joest, in THE PHONOGRAPHIC ALPHABET.



ADDRESS

McGILLICUDDY BROS., GODERICH, ONT.

Scientific Miscellany.

LIFE IN THE DEEP SEA. - Perhaps no more remarkable additions to human knowledge have been made during the last twenty years than those pertaining to the oceans, whose dark abysses have the river the ruins of three capitals are picturesquely scattered about; on every now become comparatively familiar re-

gions. The physical features have been a pagoda or a temple is built, all of the quite clearly determined, while most same kind, and yet infinitely varied, surprising, and until recently unsuspecdepths have been revealed. The most extensive explorations were made by the British expedition on the Challenger, which returned home in 1876 after three and a half years investigation in all the oceans. By this famous expedition thousands of new organisms were discovered, in all localities and at all depths in the sea, and have been or are now s, there are no cannon in them, and being described by specialists in all quarters of the world. There seems to be no part of the ocean bed so deep, so dark, so still, or where the pressure is so great as to have effectually raised a barrier to life in some of its many forms. Even in the greater depths all the great near the river. The streets are wide, presented Descending into the deeper species and the number of individuals become fewer and fewer, till a minimum is reached in the greatest depths farthest from the continental land. In the adaptation of organisms to deep sea conditions curious modifications have occurred, such as the disappearance or enlargement of the eyes, the elongation of fins and antennae, the increase in size and decrease in number of eggs, and the development of phosphorescent organs.

> In a new process introduced at Frankfort artificial lithographic stones are made by compressing finely powdered cement carbonate of lime.

A garnet crystal weighing nine and a half pounds was lately found eight feet below the surface of a New York street. DETERIORATION OF BOILERS-In a late

paper read before the Scotch Institution of Engineers, Mr. Peter Carmichael pressive silence. That is Mandalay stated that all qualities of iron become within the city walls. hard and brittle after service in boilers for more than a dozen years, especially where exposed directly to the fire. In the furnaces even the best iron becomes amount of work and good in this world as brittle as common iron in that time, as the celebrated Dr. Chase. Over 500, and great care has to be taken in making repairs to prevent the plates from cracking. For this reason sixteen or seven teen years is long enough for a boiler to be in use, at a pressure of forty to fiftyfive pounds. If used longer the pressure ought to be lowered. In two boilers which had been used nineteen years even the rivets were so brittle that their heads flew off on being struck.

"PHYSICIAN, HEAL THYSELF"-From English mortality statistics extending over a considerable period, Dr. Wm. Bitters cures the scrofulous condition by the three years 1880-82 among ministers be represented by 556, that among farmers will be denoted by 631, among law-yers by 841, and physicians by 1122. The high mortality rate among the doc-

Notes for Good Housewives. Raspberries six minutes : eight ounc

of sugar to the quart. Boil plums ten minutes ; eight ounces of sugar to the quart is needed. Boil blackberries six minutes, with Boil cherries five minutes ; the amoun of sugar to a quart is six ounces

Boil ripe currents six minutes; amoun of sugar to a quart eight ounces. Boil peaches, whole, fifteen minusing six ounces of sugar to a quart. Boil whortleberries five minutes ; the mount of sugar to a quart jar should be

four ounces. Boil Siberians, or crab apples, whole, twenty-five minutes; eight ounces of ugar to a quart.

Boil pears from twenty to thirty minutes—twenty for halves, and thirty for whole pears—using six ounces of augar to a quart can of fruit.

Crutches Rendered Tseless. The poor cripple who has to use crutches on account of Rheumatism, stiff and swollen joints, contracted cords, and other aches, pains and lameness, may throw aside crutches if he will try Hagvard's Yellow Oll faithfully.

How He Decided.

I once heard a wealthy farmer telling of his experience in hiring a boy. He said while working in his barn one morning a boy of about fifteen years of age came to him inquiring for work. was much in need of I boy, and he liked this one's appearance, but being an en-tire stranger he was much in doubt ebout hiring him. He said what he wanted to know most was if the boy would be faithful in the little duties. The farmer showed the boy through the large barn, leaving him to pass last through the doors. He stopped and carefully closed every door after him.

Two or three tools that some one had Two or three tools that abdie one side. The picked up and laid to one side. The farmer said that as unconscious as the boy was that ne was doing anything in his favor, these little acts desided the question of doubt in his mind.

He record to the boy and desirable in juvenile literature.—Boston Courier.

An epitome of every:hing that is attractive and desirable in juvenile literature.—Boston Courier.

An epitome of every:hing that is attractive and desirable in juvenile literature.—Boston Courier.

Lit is wonderful in its wealth of pictures, information, and interest.—Christian Advocate, The body was hired. He proved to be a caveful workman, which fact was so appreciated by his employer that he assisted the boy in obtaining an educa-tion, and remembered him substantially when he started in life.

THE DECIDED alterative action of Kot inson's Phosphorized Emulsien upon the blood, adapts it in a remarkable degree as a blood purifier well worthy of the trial of those suffering from a diseased condition of the circulating fluid. Al-ways ask for Robinson's Phosphorized Emulsion, and be sure you get it

A Passion for Violets.

Sick wife—If I should die, John, will you see that my grave is planted with violets? I am so fond of them, you Rusband (with the control of t know. Husband (with emotion)—Yes, dear;

and if you wish it I will see that "Sweet not soil the skin. Violeta" is sung at the funeral.

As a hair dres-

Lady, 'in registry office—"I am afraid that little girl won't do for a nurse; she is too small. I should hesitate to trust | her with the baby. " Clerk-"Her size, adam, we look upon as her greatest medical authority, and is regarded as recommendation. You should remem-demanding the most through investiga-ber that when she drops a baby it doetn's have far to fall."

Turn ip eeds, Millet, Hungarian Grass eed, Corn and Buckwheat.

MONEY TO LOAN Private funds to invest at reasonable rate

SAMUEL SLOAME. Hamilton Street, Goderich. Goderich, May 13th. 1885.

> 1885 GODERICH

WOOLEN To the Wool Growers of the Surrounding Country:
We wish to say that we are prepared to take your Wool in exchange for Goods, or work it or you into any of the following articles, viz:

for you into any of the following articles, viz: Blankets—White, Grey or Horse. Shirtings—Grey or Check.
Cloths—Tweeds or Full Cloths,
Light or Heavy.
Flannels—White, Grey, Colored,
Union, Plain or Twill. Sheetings—Broad or Narrow.
Stocking Yarn — White, Grey,
Clouded or in Colors.

Carpet Warps made to order. ROLL CARDING. Our facilities for this work cannot be sur-passed. We will endeavor in most cases to do t the day it is brought in, if required.

Custom Spinning and Reeling, or Spinning on the Cap, coarse or fine, hard or soft twist, a required. we are in a position to do all kinds of cus tom work, usually done in a full set custom mill, and we will guarantee to do for you fully equal, if not a little better than any in our surroundings.

E. McCANN



WORKS. JOSEPH VANSTONE.

Marble & Granite MONUMENTS HEADSTONES.

Window Door Sills

and House Trimmings of all kinds in OHIO STONE. Best Style.

N. C. BURWASH, Manager Goderich Branch. Goderich, Sept. 10th, 1885. 2012-3m

1886. AN ILLUSTRATED WEEKLY.

The position of Harper's Young People as the leading weekly periodical for young readers is well established. The publishers spare no pains to provide the best and most attractive reading and illustrations. The serial and short stories have strong dramatic interest, while they are wholly free from whatever is pernicious or vulgarly sensational; the papers on natural history and science, travel, and the facts of life, are by writers whose names give the best assurance of accuracy and value. Illustrated papers on athletic sports, games, and pastimes give full information on these subjects. There is nothing cheap about it but its price.

formation, and inte

TERMS: Postage Prepaid, \$2.00 Per Year. Vol. VII commences Nov. 3, 1885.

SINGLE NUMBERS, Five Cents each.
Remittances should be made by Post Office
Money Order or Draft, to avoid chance of loss,
Newspapers are not to copy this advertisement without the express order of HARPER &
RECTHERS. Address. THERS. Address
HARPER & BROTHERS,
New York



AUTHOR OF "JACOBI'S FALSE PRETEN te.T of CHAPTER THE BEGINNING QF A It is sometimes difficu how and why a friendsh

human beings has tak persons who call themsel would wonder less at fin was this the case with whose friendship gave r the events with which Never were two m Never were men in cir. calculated to lead to str ousy, and all unholy kind. Yet half an hour

A little band of horsen dispirited, made its way over a wide undulating North of India. There skirmishing; and that had proved unfortunate party. The officer in fallen, and his body his covered. The English slowly and sullenly bac from which they had st morning; but they were distance from it. They moved slowly-

they had with them a Bertie Douglas, a subcavalry regiment, had wounded in the right not guide his own horse, est jolt or jerk agony to 1 delicate looking young fe twenty, and it could b pain of his wound was though not a sound esc set lips. But he had bee of fainting more than or ride across the plain. A warning cry audder

the lips of their native gu ped and pointed with a le finger to the horizon. moving point-if disappe came forward into the sit it was no longer a me gathering black mass, occasional gleam of brill sunbeams were flashed by uplifted spear shield. "The enemy," said the

The little party halted

The officer in command horse to a little rising gr veyed the approaching to spy-glas. The guide, who not need this additions to him and poured or words. His swarthy far livid with fear; his large and loose white garment effect of the pestures of with which he spoke. were waved wildly above lithe body, distinctly ou his single garment, swa his bare brown legs seem moment's notice, to tal man was thoroughly af proaching troop, and, cal as the English officer a squarely upon his charge the moving cloud of dust

ed but gloomy air, he kn that there was much grot After a brief consultati command ordered a retr been fighting all day, a were wounded and the fagged out. They acco their horses in a direction

enemy's advance. But Douglas was not hard riding. He kept or two, and then he fell ing a brave word to his they swept past him. he after you in a momen he said it only to reas

knew that he could not would not be fair to dela He stopped and glanc The sun was sinking ra soning the earth as if w few minutes it would be zon, and the short twili gion would come to en might favour him. I

not advance too quick escape. In the coolnes the night he faucied t his way back to his Eng looked at his compani scarcely noticed his def glad of it, for he was : fellow, and would no have imperilled anothhis own. And yet it die so soon, when the ing out before him, as lair and sweet. Suddenly one of the

and looked over his sh el in his saddle, place horse's flank and seem e tly in Bertie's dir who was slowly and p ing, scarcely noticed his heart gaye a great panting with pain a