

ANNUAL MEETING V. O. N.

REPORTS—ELECTION OF OFFICERS — PRESIDENT'S ADDRESS — ADDRESS BY REV. D. C. ROSS.

Academy Hall, Truro, Jan. 23, 1918.

The eighteenth annual meeting of the Truro V. O. N. was held in Academy Hall on Thursday evening, Jan. 23rd at 8 o'clock.

That the work is of glowing interest was in evidence from the unusually large, representative audience.

Mrs. A. A. Archibald presided with her usual winning dignity and the meeting was opened with prayer by Rev. J. W. Godfrey.

Reports being first in order, the Nurse's Report of Town and County was read by Miss Murray, the county nurse. Miss Dunwoodie was also present.

The House Committee's Report was submitted by Mrs. Richardson, Mrs. Birrell being absent from town, and Mrs. J. D. McKay presented the Treasurer's Report.

The President's Report was very interesting and instructive, showing the wide scope of the year's work. Rev. B. D. Knott, rising to move adoption of Report, paid a tribute to Mrs. Archibald, who gave so much of her time and energy to this great work. He also commended in highest terms the Nurses.

who through slush and mire were doing more work than they should, both night and day. Their method and heroism were deserving of immeasurable thanks and appreciation.

Prof. Benoit deemed it a privilege to support the adoption of Report as proposed by Rev. Mr. Knott.

Dr. Patton moved the adoption of Reports of House Committee, Financial Committee and Nurses. Principal Davis seconded this motion and strongly expressed himself that the V. O. N. of Truro was erecting to itself a lasting monument in launching a great work for the welfare of children.

After the presentation of the Nominating Committee's Report by Mr. W. M. Ferguson, Mrs. Owens very kindly favored the audience with a solo. "When you Come Home." Mrs. Owens, who is a comparative stranger to many in Truro, has a voice of wonderful range and pathos and rendered as encore "A May Morning." It is to be hoped that lovers of music on many occasions may have the pleasure of this musical treat.

Rev. H. C. Ross, the speaker of the evening, was an inspiration to all privileged to hear a lecturer of his ability. His subject was "Women and the War," a very appropriate one in these times and on this occasion he paid a tribute to the mothers and sisters, who had given to the Empire so unsparingly of their loved ones, and who had rendered them indomitable by their cheery letters and by their prayers. The Red Cross workers, the Nursing Sisters, Women-workers in Munition factories and in Shipyards were evidences of the tremendous leaps woman has taken since the war began.

Inspector Campbell moved and Mr. Ferguson seconded a very hearty vote of thanks to Mrs. Owens for excellent music and to Rev. H. C. Ross for a very instructive address.

The meeting was closed with the National Anthem.

Reports, all unanimously adopted, were as follows.

President's Report.

The Annual Report of the Victorian Order of Nurses for the town of Truro and County of Colchester, notwithstanding the many handicaps, the report for the year 1918 is a good one—when we consider the odds against occasioned by war conditions, etc., it is remarkably good. Too much cannot be said in favor of the efficient way in which Miss Dunwoodie carried on the work of two nurses in both town and county, also keeping in touch with the schools, from January until April, cheerfully giving of her best day and night sustained by the knowledge that she was doing her part in making possible the realizing of the Order's ideals and that the Committee were doing all in their power to procure assistance.

Miss Kendall arrived from Ottawa in April and devoted her time principally to the schools of town and county until the end of June. Her resignation was accepted to take effect the end of September and Miss Murray of New Brunswick, having just returned from Labrador, accepted the post the first of November in time to help cope with the influenza epidemic in town and northern part of the county also doing school work in both municipalities.

In glancing over the statistics in the preceding annual reports and comparing them with those of the year just

closed, we certainly have cause to rejoice at the very appreciable progress in the work, speaking proportionately, as the urgent demand made upon the nursing profession both for work overseas and in the Military Convalescent Hospitals at home caused the entire burden to be thrown much too frequently upon our nurse for the town, whose Spartan blood will not permit her to give up or give over while there is suffering to be soothed. In the report we find an aggregate of 2118 visits made during the year upon 662 patients—172 of which were in response to night calls—approximately half the nights of the year. Who can rightly measure the value of these visits made by our trained nurses, how many lives have been saved, how much comfort brought to the homes of the sick and suffering? We note the birth of 162 infants included in this work, which give the nurses great opportunities for disseminating helpful instruction in general health rules. The surgical and operative work has been heavy. Miss Dunwoodie has made six trips to Halifax with sick patients, which spells work; and responded to 80 Ambulance calls. In summing up, we find the report represents a wonderful year's work.

While we feel sure that the school and county nurse is rendering excellent service throughout the county, we cannot get away from the idea that the time has arrived when the county should have not only one, but two or three nurses exclusively for the country work. I would say to those in authority that if you fulfil the trust laid upon you, you will look to this. The conservation of health has never before been so necessary as it is today to offset the wastage of human life caused by the War. What a comfort and protection it would be to the people if they had trained nurses in north, east and western sections of the county, where Doctors are long distances apart! The life and suffering that might be saved would be adequate returns on the investment.

Notwithstanding the interruption of school work due to the epidemic, the school report is awakening. Miss Murray in November made an individual inspection of the pupils, there being 460 in attendance out of 1190 enrolled in Willow, Centre and Alice Street Schools; also through the height of the epidemic period, examined daily for influenza symptoms. We could scarcely credit it if we did not know that we had an expert on the work, that out of the 460 examined there were found 299 defectives—65 per cent. 135 nose and throat cases which means that many children starved for oxygen, making them an easy prey to tubercular trouble and mental deficiency; 129 children having their systems poisoned and weakened for want of dental treatment; also 32 eye and 3 ear cases, which we all know entail suffering; and miscellaneous troubles, we find 184 recommended for treatment, 16 of which have already received treatment. These figures are startling and must make us think when we realize that this is what we are building on for the future to carry on the world's work. If we expect these boys and girls to make efficient men and women, they must have a chance from the start.

Miss Murray found the same trouble existing in the country, a number of the schools closed and in such districts where possible, the nurse turned her attention to nursing the flu infected patients, thus rendering timely and comforting aid; but apart from the drawbacks, the school work stands well in the country and it is most commendable the way the parents procure promptly the proper medical treatment for the children.

Authorities show us that there are physical defects in 75 per cent of the school children of today, most of them preventable and remediable. Surely the time is right here when more thought should be given to these vital questions, more skilled nurses employed to detect the many hidden defects; There is plenty of money for conserving our wild game and farm stock, but what are we spending on our greatest national asset—the health of body in our school children? Body is the foundation on which mental structure must rise and it is of the first importance that the physical foundation be made and kept sound and strong. This we will plan for if we do our part in the scheme of nation building. It is hoped that Truro may rise to the responsibility of maintaining two nurses' full time. They are needed; our nurse in the town is working too hard to overtake the regular work, leaving no time for pre-natal and child welfare work which are so essential. Statistics show that practically one child out of every eight born in Nova Scotia dies before reaching the age of one year. Let us do our part in reducing this abnormal death rate. A great campaign in the interests of conservation of child life has been instituted in the United States and it is stated that a campaign of similar nature is being

planned for this year, 1919, to cover the whole British Empire. Such a campaign would be productive of most wonderful results. We should be preparing to do our part in this most promising undertaking. The Metropolitan work shows an increase each year and is satisfactory to both Insurance Company and the Order. A strong House Committee stands ready to assist at all times. The Executive of the Order felt grateful for the contribution taken on the Annual V. O. N. Sunday. It did not quite compare with the preceding year, owing to so many demands but now that the war is over, we shall have more time to remember our home charities.

Our thanks are due the clergy of the town, the contributors and all assisting with this annual fund. Also thanks to friends for donations during the year, which are most interesting coming unexpectedly.

Our appreciative thanks are due the I. O. D. E. for infant apparel, delighting the heart of Miss Dunwoodie as well as the mothers.

Mrs. Hanington, Miss McKenzie's successor, has not yet been able to overtake this Branch of the Order due to so much constructive work in the West. The Press is the Order's strong friend and simply thanks will ill repay them. We record our appreciation of all who have shown their interest and generosity in the Order this year the municipalities school Board and our Nurses for their devoted work.

"He will see that you wanted to serve Him
He will know that you gave Him your best:
And trusting His tender compassion
You leave in His hands all the rest."
All of which is respectfully submitted.

MRS. A. A. ARCHIBALD,
President Truro V. O. N.

REPORT OF HOUSE COMMITTEE.

The Annual Meeting of the House Committee was held in the Civic Building, Monday, Dec 9 1918. The same officers were chosen to act namely:—

President—Mrs. R. T. Craig
Vice-President—Mrs. W. Richardson.
Treasurer—Mrs. Birrell
Secretary—Mrs. Lingley.

During the past year two meetings were held one in March and one in June. The house linen is in good condition and a full supply is on hand. The members are ready whenever called on by the V. O. N. Nurse to respond liberally with comforts.

A mother and baby ill at the Hospital with Influenza were provided with clothing when able to leave; the mother with second hand clothing and for the baby a new outfit was bought. Kent's Shoe Store donating the boots. Other sick comforts for poor patients were provided during the year. The ladies also made a number of pneumonia jackets for the epidemic.

This Committee consists of twenty-eight members, four representing each Church in town.

NURSES ANNUAL REPORT.

Total cases nursed during year 662
Medical Cases.....176
Surgical Cases.....136
Gynecological Cases.....15
Obstetrical Cases.....173
Infants from Obstetrical Ca es. 162

Chronic Cases.....5
Tubercular Cases.....6
Infectious Cases.....45

How many cases more than one visit.....282
Grand total number of visits during year.....2118
Nursing V sits.....1903
Casual Visits.....90
Pre-natal Visits.....11

School Inspection Visits.....114
General Fees.....\$628.40
Metropolitan Fees.....\$79.65
Grand total amount received in Fees.....\$708.05

Continuous nursing, 8 days 9 nights.
Night Calls.....172
Operations.....99
Confinements.....168
Metropolitan patients.....22
Metropolitan visits.....167
Number Nurses V. O. N.....2

Number Nurses on probation.....0
Number Relief Nurses.....0
Number of Doctors.....11
Number of Deaths.....11
County Calls.....104
Trips to Halifax.....6
County Schools visited.....17
Influenza patients.....27
School pupils examined.....460

Visits to influenza patients.....94
Ambulance calls.....80
HELEN DUNWOODIE,
Town Nurse
MARIAN A. MURRAY
County Nurse
Dec. 31, 1918
Truro, Nova Scotia Branch

REPORT OF NOMINATING COMMITTEE, V. O. N. 1919.

President—Mrs. A. A. Archibald
1st Vice-President—W. R. Campbell
Secretary—Miss Lois Richardson
Treasurer—Mrs. J. D. McKay
Executive:—
His Worship the Mayor,
Chairman Poor Committee, Truro,
Warden and Clerk of the Municipality,
Medical Doctors of the town and Mun,

Clergyman of the different churches, Truro,
C. E. Bentley,
C. W. Montgomery,
Rev. Dr. Johnson,
A. J. Campbell,
Geo. A. Layton,
W. P. Carter,
J. A. Benoit,
D. G. Davis,
Mrs. Olive
Mrs. J. E. Barteaux,
Mrs. N. J. Layton,
Mrs. John Stanfield,
Mrs. O. C. Cummings,
Mrs. Rowley,
Mrs. Hiltz,
Mrs. Peel,
Mrs. A. R. Coffin,
Mrs. Blomqvist,
Mrs. John Spencer.

FINANCIAL REPORT OF HOUSE COMMITTEE.

Receipts.	
Amount brought over from 1917.....	\$37.05
From Pleasant St. Methodist Church.....	5.00
From First Baptist Church.....	5.00
From St Andrew's Presbyterian Church.....	5.00
From Emmanuel Baptist Church.....	5.00
From St John's Anglican Church.....	5.00
From First Presbyterian Church.....	10.00
From Church of Immaculate Conception.....	5.00
Donation.....	1.00
Total.....	\$78.05

Expenditures.	
Paid Crowe Bros.....	\$45.65
Paid R S Boyd.....	8.44
Total.....	\$54.09
Balance on hand.....	\$23.96
Total.....	\$78.05

MRS W RICHARDSON
Treasurer (protem)

TREASURER'S REPORT.

Truro, N S, January 20, 1919.

Victoria Order of Nurses,
In Account with Treasurer.

Receipts. (Current account)	
Jan 1917. Balance on hand.....	\$189.57
Donations, Mrs. Slackford.....	5.00
Nursing Sister Mosher.....	7.05
Miss Rachel Blair.....	2.50
Friends.....	16.00
Total.....	\$209.12
Collection, "Victoria Sunday".....	308.45
Fees collected by Nurses.....	710.15
Grant, Town of Truro.....	400.00
Grant School Board.....	200.00
Grant County of Colchester.....	320.00
Total.....	\$2158.22

Disbursements (Current account)

Nurses' Salaries.....	924.00
Board & Phone.....	472.70
Personal Expenses.....	62.46
Uniforms, Coats &c.....	40.79
Travelling Expenses.....	23.07
Cab Hire.....	67.10
Printing envelopes &c.....	7.50
Stamps, Expressage flowers &c.....	8.26
Pneumonia "Jackets".....	6.46
Transferred to Savings account.....	300.00
Total.....	\$1912.34
Balance in Bank.....	\$240.88

Truro, N S, January 20, 1919.

Victoria Order of Nurses,
In Account with Treasurer.

Life Membership Account.

1918	Jan 17, Balance in Savings Bank.....	119.81
1919	Jan 20, Interest on deposits.....	7.97
	" " Victory Bonds.....	51.25
	Received from Current account.....	300.00
Total.....		\$359.22
1918	Nov. Invested in Victory Bonds.....	\$250.00
Total.....		\$229.03

Disbursements

1918	Nov. Invested in Victory Bonds.....	\$250.00
Total.....		\$229.03

Anemics, Victims of Pulmonary Troubles, Convalescents
the tonic you need is

VIN MORIN

CRESO-PHATES

unequaled to tonify the Lungs, enrich the Blood, nourish the Nerves and strengthen the whole organism.

On Sale Everywhere. DR. ED. MORIN & CO., Limited, Quebec, Canada.

THE FOLLOWING LETTER WAS RECEIVED BY A MEMBER OF THE TRURO CITIZENS R. S. & R. and W. COMMITTEE.

Dear Friend:—
I am taking the liberty of scribbling you a few lines on behalf of the boys who passed through Truro today, and thanking you all for the kindness which you showed us. We can hardly realize that we are back home in God's country again after this terrible struggle.

We cannot describe the Hell we have passed through, but it is all finished now, and we are more than glad. In the Canadian spirit we fought the hard battles and now in that spirit we return as men, soldiers, and we hope good citizens. It is great to get back to good food again and to get a good square meal. We do not grumble or regret anything we have passed through. Some had to go and we had to leave behind some in France, but it was for a good cause and had to be done. Again I ask you to please thank the people of that little town of Truro. It is one day in our travels which lots of us will never forget. Wishing you and all the townspeople the best of luck health, wealth and happiness. Keep smiling.

Yours respectfully,
PTE. HARVEY JENNER
No. 276069 28th Battalion,
Regina, Sask. Canada.
January 17, 1919.

EVIDENCE CROPS UP EVERY DAY.

That Dodd's Kidney Pills Always Help Kidney Disease.

Quebec Man Who Suffered From A Rundown System and Kidney Disease Finds Quick Relief.

Misquasha Point Que. Jan 31st. (Special)—More evidence crops up in this vicinity every day to prove that for rundown people there is no remedy to equal Dodd's Kidney Pills. Among the many who have come forward with statements is Mr. Paul Landry, a well-known resident, whose testimony can easily be corroborated. "It is with great pleasure that I write to tell you your Dodd's Kidney Pills are the best medicine that I have ever taken." Mr. Landry states. "When I commenced to take them there was not much hope for me. After taking four boxes I felt like myself again. I advise all persons who suffer from kidney disease to take Dodd's Kidney Pills.

Dodd's Kidney Pills are popular all over this country, because they not only cure the pains and aches of the different diseases springing from disordered kidneys, but also give new life and energy all over the body. They do this naturally. They cure the kidneys. Cured kidneys strain all the impurities out of the blood, and the pure blood carries nutriment instead of poison to all the nerves and muscles. You have never heard of a person Dodd's Kidney Pills harmed. You hear of thousands who have benefited by them.

AIR POLICE FORCE.

It is the intention of the authorities in New York City to at once establish an Air Police force for that city.

They will render services in observing big fires, explosions etc. The Aero Club of America is assisting in the formation of this force, assisted by Col. William A. Bishop, the celebrated Canadian "Ace."

Major James A. Meissner, who won such honors in the War, a native of Londonderry, Col. Co., N. S. has been invited to join this new and unique aerial protective force.

This Force will be constituted like an army air squadron and will include 20 officers, 12 pilots and 154 non-commissioned officers and men. The squadron would be subdivided into three Companies.

So New York will be the first city in the world to have real "flying cops."

Rev. B. D. Knott, of Truro, president of Colchester county Social Service Council; Rev. James E. Forbes, of Bass River, and Rev. Vincent Forbes, of Maitland, were in Halifax, attending the sessions of the Social Service Council and Temperance Alliance at Y. M. C. A.

Mrs. Gladys Smith, is the matron in charge of Ainslie Hospital now, and under her management, everything is progressing very smoothly.