

Theatre Attractions

Italian Star... ENNETT... Righteous... ENYON... "Hand"... Malia... Novelty... of the World... nday, Tues- Wednesday... CKFORD... test Success... of Clothes... Alley"

MATINEE & NIGHT

Matinee 4.15... evening 8.15

SIDESHOWS

Feminine Per-... of Amaz-... Wonderful.



NOW... \$ and \$1.00... STORE.

OATMEAL RECIPES

Steamed Oatmeal De Luxe.—For those who are familiar only with the ordinary cooked oatmeal as a breakfast cereal, this recipe will be a revelation: It rolled oats are used, a shorter time will be required for the cooking, but if the regular oatmeal in bulk is employed, three or four hours in the upper part of the double boiler will not be too long. Stir into a generous pint of actively boiling water, salted to taste, three-quarters of a cupful of oatmeal, adding the meal so slowly that the water does not stop boiling. Bring to the boiling point, cook, stirring constantly, for five minutes and place over hot water. Cook for the requisite time the night before using, adding half a cupful of milk while cooking, and half a cupful of shredded dates. Let stand covered overnight. In the morning reheat, stir in another half cupful of milk, and just before serving add the stiffly whipped white of one egg.

Oatmeal and Onion Soup.—This soup really tastes much better than the name implies, and it furnishes a very satisfying luncheon soup. Fry in two tablespoonfuls of not shortening, until slightly yellowed, two large sliced onions; add one generous quart of water, two bay leaves, half a cupful of chopped celery leaves, salt and paprika to taste and one cupful of oatmeal. Bring to the boiling point, cover and let simmer for two hours. Strain with pressure to get through all oatmeal particles, add two table-spoonful of tomato catsup and serve very hot.

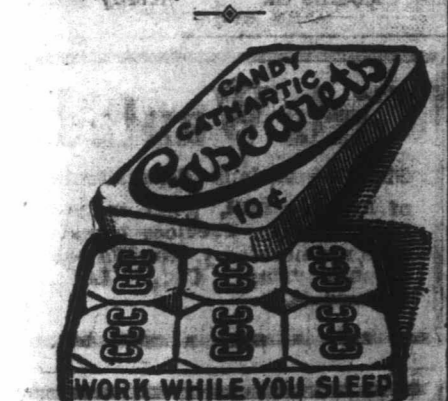
Oatmeal and Honey Bread.—This is an old-fashioned recipe, in vogue long before there was any necessity for economizing on the wheat supply. Sifted half a yeast cake in half a cupful of tepid water. Scald one cupful and a half of skim milk and add two tablespoonfuls of yeast, one cupful of cooked oatmeal, free from lumps, one teaspoonful of salt and a quarter of a cupful of strained honey. Mix well and cool to blood heat. Add the yeast, three cupfuls of graham flour and one cupful of wheat flour. Blend thoroughly, but the bread will not be stiff enough to knead. Cover and let rise over night. In the morning cut the bread through and through with a knife, turning it over and over and then turn it into two greased bread pans. Make smooth with a knife and stand until almost double in size. Bake about 1 1/2 hours.

Oatmeal Pudding.—This pudding is particularly rich in protein. It is made in very much the same manner as plain rice pudding. Bring to a boil one generous quart of milk and add half a teaspoonful of salt and one-quarter of a cupful of oatmeal (rolled oats) and one-quarter of a cupful of brown sugar. Stir constantly until it reaches the boiling point and turn into a buttered pudding dish. Add one table-spoonful of oleo or nut-butter and cook in a moderate oven for two hours. As it begins to crust over stir it down into the pudding and half an hour before it is cooked add half a teaspoonful of vanilla extract and a dusting of grated nutmeg. Remove from the fire, spread with any tart jelly and cover with a meringue made from the stiffly whipped white of one egg and one table-spoonful of powdered sugar. Return to a slow oven to brown over.

Interned Germans at Camp Kapuskasing, in Northern Ontario, began to cheer when they heard of the big German advance.

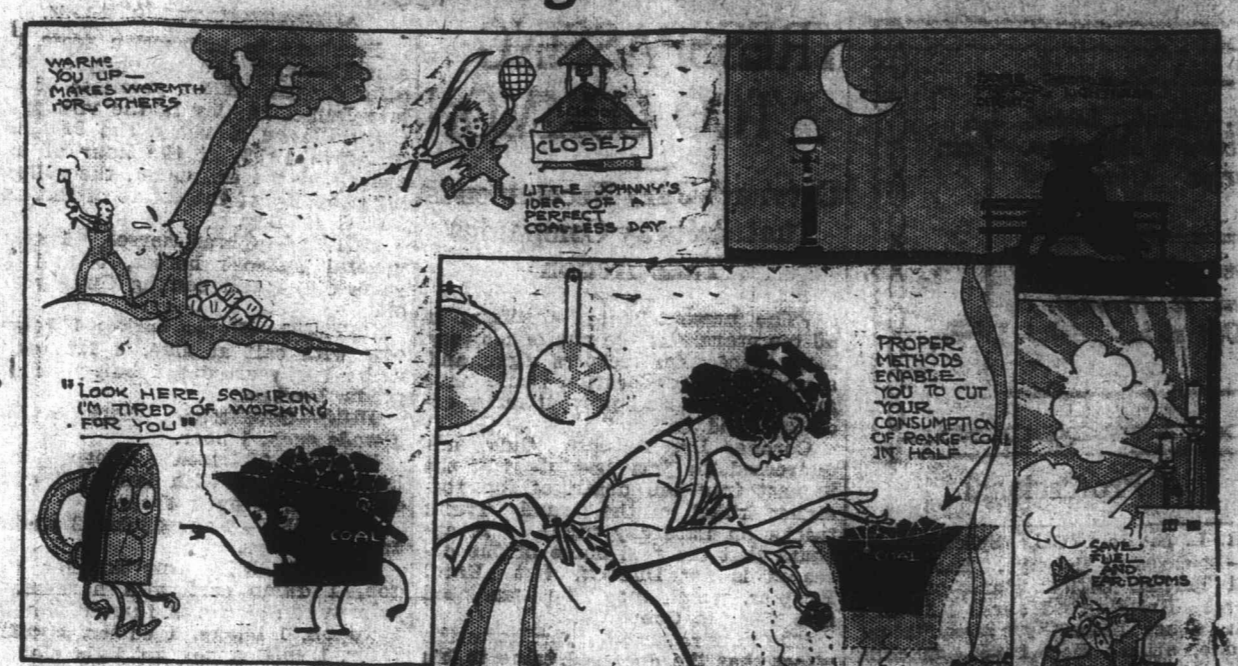
CASCARETS SELL TWENTY MILLION BOXES PER YEAR

Best, safest cathartic for liver and bowels, and people know it. They're fine! Don't stay bilious, sick, headachy or constipated.



Enjoy life! Keep clean inside with Cascarets. Take one or two at night and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Wake up feeling grand. Your head will be clear, your tongue clean, breathy, right, stomach sweet and your liver and thirty feet of bowels active. Get a box at any drug store and straighten up. Stop the headaches, bilious spells, bad colds and indigestion. Brighten up. Clean up. Clean up. Mothers should give a whole Cascaret to children when cross, bilious, feverish or if tongue is coated. They are harmless—never gripe or sicken.

From Nation Over Come Coal Saving Plans to Fuel Head



Thousands of Letters Received by Garfield, Some Humorous, Others Queer, but All Showing Evidence of a Sincere Desire to Help.

One thing the U. S. Fuel Administration's efforts toward the economical use of fuel has brought out, and that is that once the need for saving was understood and appreciated the people rallied to its support with a readiness which will.

Some of the writers have ends of their own to serve, but that does not mean that the suggestions are as naively made as it is by a punster from Edmonton, South Carolina, who writes: "Dear Dr. Garfield—I like your ideas very much in saving fuel at this time. You could save more by closing schools. Graded schools so I could go hunting."

Equally queer may seem the suggestion that much fuel might be saved by doing away with ironing. The writer specifically mentioned the articles of clothing that might just as well be worn without ironing and added: "I believe that many of our people would be willing, even eager, to make this sacrifice of eye-pleasure and which is not otherwise a desirable, during the further period of war stress."

This seemed to be rather fact-fetched, but when an expert in the Fuel office put it down in figures, and announced that failure to iron underclothes, handkerchiefs, socks, rashes, sheets and pillowcases in 'olive drab' color, throughout the nation, of work on more than 1,000,000 pieces, it was to be seen that the saving might be a big thing. The writer of the letter estimated the non-ironing coal saving at \$1,000,000 a week, but to get the most optimistic these figures seemed a trifle too cheering.

Then comes a letter from an amateur, and a copy of reports who suggest that the blowing of steam whistles be prohibited so as to save fuel. This may seem a little lack of power, though steamship captains realize full well what it means, but the expert says: "When we realize that thousands of factories blowing their whistles six or ten times each time of from two minutes up a day, say 300 factories blow a continuous whistle for 12 hours, necessitating an average two-inch pipe, the fuel to produce this steam adds up into thousands of tons—a total loss."

Did you ever hear of the village of Chisholm in the State of Minnesota? If not, this will let you know it is on the conservation map. By a formal resolution Chisholm has declared itself within the boundaries of the territory embraced in the Fuel Conservation order and went on to some purpose with: "BE IT FURTHER RESOLVED, That the next Monday shall be observed as a day of non-ironing in the village of Chisholm and that the entire population of the village shall be assembled on those days for the purpose of ironing and announced that failure to iron underclothes, handkerchiefs, socks, rashes, sheets and pillowcases in 'olive drab' color, throughout the nation, of work on more than 1,000,000 pieces, it was to be seen that the saving might be a big thing. The writer of the letter estimated the non-ironing coal saving at \$1,000,000 a week, but to get the most optimistic these figures seemed a trifle too cheering.

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Rippling Rhymes

I've bungled everything I've tried, I've shown a child's such a word as fall; and always I have let the hide go with the horns, the hoots and fall. I used to run a mart of trade until the sheriff closed my door, and peeped into my room, and I sold till I went broke once more. I used to sell hot dogs and wurst, but couldn't make the business pay, and once again was I immersed in never-lands of consumption. I can't conduct a peanut stand, nor make the popcorn business go; I am no good at pounding seed, at shearing swine or baling hay. And having failed at all, I've tried, lost everything I've strangled for. I feel that I am qualified to show how we should run the war. Italy and Pershing ought to do it, if they would make the Kaiser yell, and show him to his proper pew. And I explain how Daniels lost the confidence of men like me, and made the navy such a frock that it has chilled the deep blue sea. I climb on Baker's tortured frame, and show just where he quered; the same, and gave the foe a base on hills. I cannot wind an eight-day clock, or cut the weeds or till the loam; but I can stand around and talk until the ring-tailed coon comes home.

REGULATIONS OF BENEFIT.

Ottawa, April 2.—Reports are being received by the Canadian Food Board relative to the new bakery regulations, including the prohibition of the wrapping of bread. The general opinion expressed is that the regulations are proving advantageous both to those engaged in the industry and to consumers.

MEMBER OF ELKS DEAD.

Philadelphia, April 3.—Col. T. Alton Brown, widely known stage historian, died yesterday. He was 83 years old and probably was the oldest member of the Benevolent Order of Elks.

KILBANE IN CHARGE.

Camp Sherman, O., April 3.—Johnny Kilbane of Cleveland, featherweight boxing champion, who has had charge of boxing instruction here, has been placed in general charge of boxing instruction in military camps all over the country, according to word received here.



HOPE RIOTS OVER.

Quebec, April 3.—General Lesard this morning stated he was glad that there was no rioting in Quebec. He hoped that the rioting was now over. If, however, there was a renewal of it, the military would not fail to use all means to suppress it.

WORKMEN RETURN.

Norwich, Va., April 3.—Most of the workmen who were arrested in the Hampton Roads districts, who went on strike Monday for higher wages, returned to work to-day pending a settlement.

STEAMERS SUNK.

London, April 3.—The steamer Gonzaga was torpedoed in the Irish Sea on Sunday morning, according to The Evening News-to-day. (This is a British steamer of 4,312 tons gross, owned by the Commonwealth of Australia).

PILOT RELEASED.

Halifax, April 3.—Mr. Justice Russell's decision, releasing Pilot Francis Mackey from custody as a result of habeas corpus proceedings, was reviewed by the Supreme Court of Nova Scotia, the court deciding this morning that it had no jurisdiction to entertain a motion to review a decision of the chief justice on habeas corpus.

CASTORIA

For Infants and Children In Use For Over 30 Years Always bears the Signature of Dr. J. C. Williams

MISS AND GIRL'S OVERALLS.

By Anabel Worthington. A pair of overalls is a garment that many a girl has looked for when she has had to do various tasks which require activity, such as hanging pictures, cleaning windows, etc. Little girls, too, will have greater freedom to romp and play if they are properly dressed in a pair of overalls like No. 8983. The bloomers may be long or short, and they are buttoned all around to the short waist. The garment buttons down the front and the lower edges of the bloomers are gathered into straight bands. Large pockets may be stitched over the hips if the long bloomers are used. The sleeves may be long or short.

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LORD ST GERMAN TO WED DAUGHTER OF DUKE OF BEAUFORT

Lady Blanche Somerset Comes From House Celebrated for Its Hunters.

Lord St. German, Captain of the Scots Greys, serving at the front in France, where he recently won the Military Cross, is about to wed Lady Blanche Somerset, eldest daughter of the Duke and Duchess of Beaufort, and their engagement has been formally announced in London. Sixth earl of his line, and about 28 years of age, Lord St. German is the chief of the old West of England house of Elliot.

The Elliots originally hailed from Devonshire, but have been settled in Cornwall and have occupied, their present home there since the Reformation. Henry VIII, in distributing the various confiscated monasteries and church lands, bestowed Port Eliot, in Cornwall, upon a certain John Champenourne, one of his particular cronies and boon-companions. John, however, found the place too remote and, accordingly, he effected an arrangement with Richard Elliot, Lord of the Manor of Coteland, near Kingsbridge, in Devon, by which he ceded to him the priory, in Cornwall, taking in exchange Coteland in Devonshire. Even in those days the Elliots were accounted one of the most ancient families in that portion of the kingdom, their abode, according to records still in existence, of a contemporary heraldic visitation, showing no less than twelve quarters.

Port Eliot dates from the tenth century, but has been extensively modernized, in spite of which it retains a great air of antiquity and stillness, has been reconstructed. Port Eliot stands in the midst of the most picturesque park, watered by the River Tidd, which there extends into a spacious lake. Close to Port Eliot is the grand old manor of St. German, which in ancient times was the Cathedral church of the Anglo-Saxon Bishops of Cornwall. Lord St. German also owns extensive lands in the suburbs of London, and as the Duke of Beaufort is far from rich and will be unable to lower his daughters to any extent, the union is a very desirable one from every point of view.

The present Earl owes his possession of the family honors and estates to the suicide of his eldest brother, Edward Lord Elliot, an officer of the Coldstream Guards, who, while suffering from an attack of temporary dementia consequent upon a sunstroke received in Sudan, blew off his brains in the gunroom at Port Eliot, some ten or twelve years ago.

As for the future Lady St. German, now still Lady Blanche Somerset, she is a very attractive girl of London, who, as might be expected from the daughter of her house, is a superb equestrienne, and at her best the Duke stands well over six feet four in his stockings, and weighs considerably more than 200 pounds. He is quite as passionately devoted to sports as was his father, and is recognized one of the best shots and finest whips in England. Perhaps the best indication of his taste for coaching is shown by the circumstances that he has in his stable at Badminton no fewer than forty-two coaches, nearly every one of them gifts from friends.

The royal arms borne by the Duke of Somerset are due to his descent, through John of Gaunt, from the latter's father, King Edward III.

St. Thomas will hold its annual tulip festival on May 10, 11 and 12, the last day being Tulip Sunday and Mothers' Day.

Catarra Deafness Cannot be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Deafness is caused by an inflammation of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a running ear, or imperfect hearing, and when it is entirely closed hearing is the result. Unless the inflammation can be reduced and the tube restored to its normal condition, hearing will be destroyed forever. Every case of catarrh, which is an inflamed condition of the mucous surfaces, Dr. Hays' Catarrh Cure gets into the blood on the mucous surfaces of the system.

We will give One Hundred Dollars for any case of Catarrhal Deafness that cannot be cured by Hays' Catarrh Cure. Circulars free. J. H. Deane, Inc., Toledo, O.

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F. J. CHENEY & CO., Toledo, O.

DRINK DALEY COFFEE

Fragrant Satisfying DALEY Coffee brings to your cup just the right blend of the finest coffees grown in both South America and the Orient, roasted by our improved process. Ask for DALEY Coffee. Follow the directions on the label, and it is easy to make.

"The Most Delicious Drink"

Morning—Noon—and Night. Serve the coffee piping hot. Make sure the coffee pot is scoured clean. In 1 lb. and 3 lb. tins, stoutest units. Never sold in bulk.



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DRINK DALEY COFFEE. Fragrant Satisfying DALEY Coffee brings to your cup just the right blend of the finest coffees grown in both South America and the Orient, roasted by our improved process. Ask for DALEY Coffee. Follow the directions on the label, and it is easy to make. "The Most Delicious Drink" Morning—Noon—and Night. Serve the coffee piping hot. Make sure the coffee pot is scoured clean. In 1 lb. and 3 lb. tins, stoutest units. Never sold in bulk. The F. Daley Corporation, Ltd. Sole Distributors in Hamilton, Canada. Manufactured by this Mark of Quality Daley Coffee Co. Ltd. Daley Coffee Co. Ltd. Daley Flouring Extracts Daley Mosaic Dressing