"Here, Jake, he said, "keep these [illegible]"

[illegible] Jake [illegible] "I [illegible] a great piece of [illegible] the wall.

"Oh, look here!" cried John, "do [illegible] make a wolf's head? Put your two hands together, so, [illegible] the three first fingers of your left hand a little [illegible] and [illegible] wide, now move it up and down [illegible]"

The same boy burst into a merry laugh at the shadow of a wolf's head, with moving jaw, fell upon the white wall.

"Here, another," said John, eagerly. "But it is harder to do. Put your right hand over the left, leaving the first and fourth finger tips up for ears, second and third fingers bent this way for a snout; two fingers of left hand for lower jaw, thumb and other fingers for legs—there!"

Another peal of laughter greeted the shadow of a pig sitting upright.

"Now I must run," said John; "I wish I had some money to give you"—

"Lord love you, young master," said a voice at the door, "you is done give

## A Man is Only as Old as He Feels.

**Some people are always young in spirit and vigor. The man who feels his age is the man who neglects his stomach and liver. As the years pile up the delicate organisms grow weaker.**

# Abbey's Effervescent Salt

**strengthens the system to resist the added strain. A perfect laxative—it removes all poison from the system. Purifies and enriches the blood. It keeps the liver and kidneys active. Abbey's possesses the rare quality of being a bowel and stomach tonic, without any re-actionary effects.**

**At all Druggists 25c. and 60c.**



## THERE IS GREAT DANGER IN CATARRH

### It Leads to Ruin In Course Unchecked It Often Causes Death

Catarrh start in the nose and throat and then spreads through the entire system. The stomach and lungs are affected by the droppings that fall into the throat and are swallowed during sleep. Dyspepsia, inflammation of the stomach, bronchitis and consumption are the results. The blood also becomes contaminated and carries the poisons to all parts of the system. Frequently in the more advanced stages, the bones of the head become decayed and the air passages are a putrid mass and create a stench so foul and offensive as to be unbearable. The expression "rotten with catarrh" is not overdrawn or exaggerated.

Stuart's Catarrh Tablets strike at the root of this terrible, odious disease, and eradicate it from the system. They are a constitutional remedy that cleanses the system thoroughly of all poisons and purifies the blood. Under their influence the head becomes clear, the discharges at the nose and droppings into the throat cease, the lost sense of smell is restored, the eye brightens, the foul breath becomes pure and sweet, and the odious, disgusting disease is thoroughly expelled from the system.

A Cincinnati man says: "I suffered the misery and humiliation of catarrh for twelve years. My case became so aggravated that it seriously interfered with all my business relations. The disease became so offensive that I would not venture into anyone's presence unless it were absolutely necessary. I tried every remedy that I could get hold of. Some helped me temporarily, but as soon as I ceased taking them, I would relapse into the old conditon.

"Finally a friend told me of Stuart's Catarrh Tablets and insisted that I try them. I had about despaired of ever finding help, but bought a box anyway. I began to notice the improvement within twenty-four hours after I began taking them. Before the first box was gone I felt like another man. I kept up the treatment till I had taken three boxes and was entirely cured. I have never had a recurrence of the trouble from that day to this. My head is clear and well and none of the offensive symptoms of the disease ever trouble me. It has been two years since I stopped taking them."

Stuart's Catarrh Tablets are for sale by all druggists at 50 cents a box.



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**HEAD OFFICE, - - TORONTO, CANADA.**


## FINDING OUT HOW TO BEGIN.

Two boys had sat down together to work out some problems in algebra. One of them had been busy with his pencil a full minute when he noticed his companion sitting with folded arms and knitted brows.

"What is the matter?" he exclaimed. "Why don't you begin?"

"I'm finding out how to begin," returned the other, quietly, and he went on thinking. The first speaker covered a page of foolscap with figures, found himself in a labyrinth from which there seemed no escape, and, looking back over the statement of the problems, discovered a mistake in his first equation. Long before this, however, his companion had worked the problem through and reached the correct result. He had not wasted time, because he had looked at all sides of the question before he began.

A little hard thinking before we begin to act would save us not only much precious time, but many a heart-ache as well.


**The Mother's Friend**

when nature's supply fails, is Borden's Eagle Brand Condensed Milk. It is a cow's milk adapted to infants, according to the highest scientific methods. An infant fed on Eagle Brand will show a steady gain in weight. 13


## MOHAMMEDANS.

That is the name of the people who are followers of the false prophet, Mohammed. Out of every seven people in the world one is a Mohammedan. They are found in many countries, especially in North and Central Africa, in Turkey, in Palestine, Arabia, Persia and India. The Mohammedans pray to the one God, but not to Jesus Christ, Whom they do not believe to be the Son of God. They believe that Mohammed was a prophet of God. Their sacred city, called Mecca, is in Arabia, and whenever they pray they turn facing in the direction of Mecca. Five times each day they are called upon to say their prayers, and wherever they are, at the railway station or by the roadside, they kneel down and go through their form of worship before every one.


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